MUSHROOM WITH EGGS

Suitable for easy outdoor camping breakfast.



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Prep time: 5 minutes Cook time: 12-15 minutes Serves 2-6 people

INGREDIENTS

6 x Portobello mushrooms

6 eggs

Olive oil

Grated cheddar cheese

Freshly chopped chives

Salt and pepper

SIDES

6 pork sausages

12 asparagus spears

Pack of bacon

2 vines of baby tomatoes

INSTRUCTIONS:

- Preheat the braai to medium heat, between 160°C -180°C.
- 2. Wipe the mushroom caps with a dry paper towel and remove the stems.
- Scrape out the black gills with a spoon and be careful not to break the edges as you need them in tact to keep the eggs from spilling out.
- 4. Brush some olive oil on the mushroom caps and place them cap side down on the braai.
- 5. Pack your bacon, asparagus spears, and sausages on the braai and crack an egg in each mushroom.
- 6. Top them with a crack of coarse salt and pepper.
- 7. Finish them off with some grated cheese and close the lid. (The eggs will cook between 12 15 minutes depending on how you'd like them done).
- 8. Lightly brush the cherry tomatoes with olive oil, and place them on the braai when you open the lid to flip the sausages and bacon, roughly at the 6 7 minute mark
- Keep your bacon on the braai the entire time if you want it nice and crispy.
- Crack some more black pepper and coarse salt on the mushrooms and tomatoes, and sprinkle some freshly chopped chives over the eggs.

ASPARAGUS

 Grab 3 asparagus spears and take a piece of bacon and wrap them around the asparagus and use a toothpick to keep it all together.

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Chop up the crispy bacon and add the grilled baby tomatoes inside the mushroom then crack the egg over for a mushroom breakfast bomb!



Make sure you regulate your temperature; the lid needs to be closed for the eggs to cook properly. You'll contain flair-ups at

lower temperatures.



You can be very creative with the mushrooms – play around with different cheeses, herbs, and fillings.