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Nail Art

Create **FAB**
Nail Art Designs

WARNING!

Only for use by children over 8 years old.

Not suitable for children under 36 months due to small parts that may represent a choking hazard. Adult supervision is recommended. Read the instructions before use, follow them and keep them for reference. The contents of this kit are non-toxic and hypoallergenic, but do not apply to the skin, or close to the eyes or mouth. Do not swallow or inhale the contents. Use contents within 6 months of opening the individual containers. Clean any spills with kitchen paper and clean water. Dispose of any surplus materials in the household waste.

Advice for supervising adults

This toy is for use only for children over the age of 8 years. Read and follow these instructions, the safety rules and the first aid information and keep them for reference. Incorrect use of chemicals can cause injury and damage to health. Only carry out those activities which are listed in the instructions. Because children's abilities vary so much, even within age groups, supervising adults should exercise discretion as to which activities are suitable and safe for them. The instructions should enable supervisors to assess any activity to establish its suitability for a particular child. The supervising adult should discuss the warnings, safety information and the possible hazards with the child or children before commencing the activities. The area surrounding the activity should be kept clear of any obstructions and away from the storage of food. It should be well lit and ventilated and close to a water supply. A solid table should be provided. The working area should be cleaned immediately after carrying out the activity.

Ingredients:

Aqua; Ethylene-Vinyl Acetate Copolymer; Polyethylene Terephthalate; Ammonium Acrylates Copolymer; Trimethyl Pentanyl Diisobutyrate; Sodium Hydroxide; Phenoxyethanol; May contain +/- Titanium Dioxide; FD & C Blue 1 Lake; D & C Red 7 Calcium Lake; FD & C Yellow 6 Lake; D & C Red 27 Lake; Iron Oxide; Manganese Violet.



Contents

- 6 x Solvent-Free Nail Varnish Colours (Blue, Pink, Coral, Lilac, Orange, Clear)
- Unicorn/Star Nail Stickers
- 1 x Pink Toe Separator
- 1 x Heart Shaped Emery Board
- 1 x Pink Sparkly Nail Brush



Instructions

Nail Art



Preparation

Wash your hands and nails well, making sure to remove any dirt under your nails using soap, a nail brush and warm water.

Trim your nails with a finger-nail cutter if they are too long, and file them gently using the nail file supplied to remove any sharp edges. Only file the tip of the nail, not the top surface, as filing the top surface will weaken the nail.

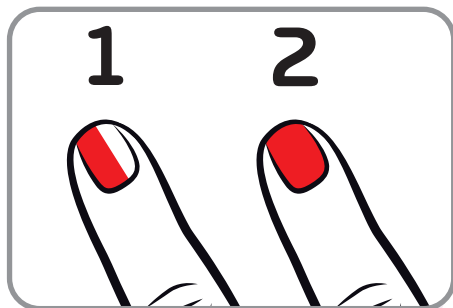
After filing your nails, always wash and thoroughly dry your hands to make sure that nail dust cannot spoil your nail polish.

Painting Your Nails - Base Coat

Always shake the nail polish before use to ensure that the colours are evenly mixed.

For best results you should paint your nails with smooth, continuous strokes of the brush, starting at the base of the nail (the cuticle) and painting towards the tip of the nail in a single stroke, using the brush supplied inside the lid of each nail polish. After dipping the brush in the nail polish, wipe the brush on the inside of the bottle neck to remove the excess paint and form the bristles of the brush into a good shape.

You should be able to paint smaller nails in two strokes of the brush, as shown:



Larger nails will need three strokes of the brush:



It is better to apply several thin coats of nail polish, rather than one thick coat, because this will produce a more even application. Most colours will only need two coats, but light colours, such as white, may need three coats. Allow each coat to dry before applying the next coat - if you apply the next coat too soon, the nail polish may lack gloss, or become streaky.



If you make a mistake, wait for the nail polish to dry, peel it off the nail (or wash it off the skin with soap and warm water), dry the nail and start again.



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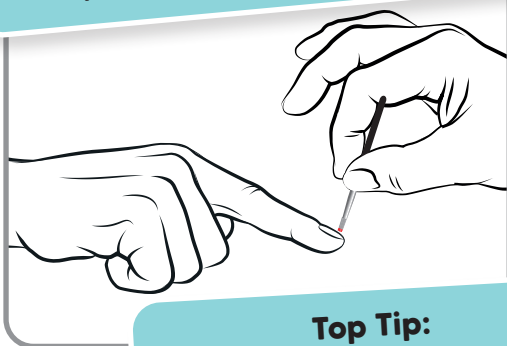
Nail Art

Make sure that the base coat of nail polish is completely dry before painting designs onto it.

Use the small paint brush to paint the designs onto your nails. Apply a tiny amount of paint to the brush, wipe the brush on the inside of the bottle neck to remove the excess paint and form the bristles of the brush into a good shape, then hold the brush vertically (as shown) and lower it gently onto the nail to begin painting. It requires patience to get this exactly right, so you may need to try a couple of times before you get it right!



- Top Tip:**
- Do not overload the brush
 - Paint using only the tip of the brush.
 - Keep the brush vertical at all times.



- Top Tip:**
- To paint a dot, it is best to paint in a very small circle on the nail.

Where possible, it is best to paint paler colours onto the nail first, so to paint the pink heart design onto a black background, it is best to paint the nail pink first, then paint the black outline of the heart shape onto the nail, then paint black around the heart shape.

Stickers

Peel the sticker from the backing sheet by folding the sheet, and apply carefully to the nail. Once your design is complete, paint with transparent varnish.

Design your own

Here are some designs that we like, shown step by step. You can use these as inspiration and then go on to design your own.



Removing the Nail Polish

Once the nail varnish is dry, it can be peeled off your nail in a single sheet. Any excess that is stuck to the skin can be removed using soap and warm water.

Mobile Phone Holder

Included in your Fablab kit is a mobile phone holder, which lets you easily view our cool "how-to" videos packed with exciting content to discover new techniques and styles.

Simply place your phone into the holder and go to our channel at [youtube.com/fablabuk](https://www.youtube.com/fablabuk).

Share your favourite designs!

We would love to see your creations! Share your cool nail art designs with us on social media by mentioning or tagging

@fablabuk



Paint On
Peel Off

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