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Designed and manufactured by:
PlayMonster UK Ltd.
Artisan, Hillbottom Road
High Wycombe HP12 4HJ.
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WARNING!

Only for use by children over 8 years old.

A RESPONSIBLE ADULT SHOULD SUPERVISE THE USE OF THE MICROWAVE OVEN.

The surface of the flower press and the pressed flowers can be hot enough to burn when removed from the microwave.

REMOVE FROM MICROWAVE OVEN USING HEAT-PROOF OVEN GLOVES, OR SIMILAR.

This product will only function in a microwave oven. Do not use in a conventional oven.

Always put 1/2 a cup of cold water into the microwave with the Flower Press (in a microwave resistant cup) to prevent overheating.

Allow Flower Press to cool before opening.



Press & Dry Flowers in Seconds using a Microwave Oven!



INSTRUCTIONS

Designed for children by Nature Experts



INTRODUCTION

Pressing flowers is great fun but the problem with using a conventional flower press is that it can take weeks or even months to see results. The Instant Flower Press provides the perfect solution because flowers can be pressed, dried and ready to use in just a matter of minutes!

Also, the results can often be better than a conventional press as the shorter drying time means that flowers retain more of their natural colour.

INSTANT FLOMES VAESS

CONTENTS:

- 2-Part Flower Press
- 2 Hinge Pins
- 4 Felt Pads
- 2 Cotton Sheets

DON'T FORGETI

require the use of a microwave
oven, Therefore, please read
this instruction booklet
carefully and follow
the warning acti-

3

INSTANT FLOWER PRESS INSTRUCTIONS

- Pick the fresh flowers or foliage you would like to press.
- Open the Flower Press by removing one of the hinge pins.
- Place two felt pads squarely on the bottom section followed by a cotton sheet.
- Arrange your flowers on top of the cotton sheet

- Cover the flowers with the other cotton sheet followed by two felt pads.
- Close the press and hold together by reinserting the hinge pin.
- Place the press in a microwave oven with 1/2 a cup of cold water (in a microwave resistant cup) and cook on full power for 20 seconds. The water prevents the flowers from being burned by the microwaves.

PRESSING TIPS!

If the flower is quite thick
you can remove one or both of
the outer felt pads to avoid
squashing the flower.
As the flower dries, the
back in position if necessary.

When cool, remove the press from the oven and check the results. Be careful not to spill the water in the cup as it will be hot!

If the flowers are still damp, assemble the press again and microwave for a further 20 seconds with another 1/2 a cup of cold water. Follow this routine until the flowers appear dry.

When done, carefully remove the flowers from the press. They should now be ready to use in craft projects.

HEATING TIPS!

About 20 seconds on full power produces the best results. You can repeat 2 or 3 times for the flower to fully dry or for larger flowers.

HINTS AND TIPS

The Best Types of Flowers to Use

For the best results use good quality, freshly picked flowers. It is better if they are picked on a dry day so they are not too wet. Flowers that have a naturally flat shape and a single layer of petals such as cosmos, pansies, daises, buttercups and wild geraniums are the easiest to press.

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Also plants that have a lot of small flowers work well like forget-me-nots and Queen Anne's lace. The types of flowers that are far more difficult to press are succulent plants or flowers with multiple layers like roses and dahlias

Part of the fun of pressing flowers is to experiment to see what works best. Not all flowers are suitable for pressing, but if you follow these simple rules you should have no trouble achieving great results.

Loading the Press

You can press a number of flowers at the same time. However, it's better to use similar types and sizes of flower. Do not try to press thick succulent flowers along with delicate small ones. When arranging the flowers on the cotton sheet ensure they do not touch each other as the petals will stick to each other.

PRESSING TIMES

Different types of flowers will take different times to press and dry. The art to microwave pressing is to dry the flowers without burning them. Flowers turn brown if they get too hot and therefore it is always better to give several short blasts in the microwave oven, checking progress as you go, rather than just one long blast. About 20 seconds on full power produces the best results. However, this may need to be repeated 2 or 3 times for the flower to dry.

Separating Delicate Petals from the Cotton Sheet

During the drying process, some delicate petals may stick to the cotton sheet and be damaged if removed too quickly. We have found that the dryer the flower, the less they stick. Also, when removing the flower, carefully

use a 'peeling' technique to release petals from the cotton sheet

PLEASE REMEMBER!
Please remember to be careful
Please remember to be careful
when using a microwave oven
when using a microwave oven
when using a microwave oven
to cool before
to cool before
touching it. The water
touching it. The water
and cup may also be
very hot.

CARING FOR YOUR INSTANT FLOWER PRESS

The Instant Flower Press is easy to care for. The plastic parts can be cleaned in warm water with washing up liquid. The cotton sheets will become stained and can be washed in a washing machine (or you can make a new sheet from an old pillow case or similar cotton material).

The felt can also be machine washed on a gentle cycle. When not in use, keep the flower press and components in its box along with these instructions.



Using Your Dried Flowers for Craft Projects

Dried flowers can be used in all sorts of art and craft projects, and searching on the internet will reveal lots of creative ideas. When sticking your flowers to card or paper, child safe PVA glue or craft glue works best and doesn't damage the flower. Just apply very small drops to the back of the flower and press onto card or paper.





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Written by Nick Baker, Nature Expert and Professional Naturalist

