

# Treatment Guidelines

All Adults: A comprehensive exam for new or established patients includes a full periodontal exam. Intraoral photos are highly recommended to help monitor progress.

Perio Protect is recommended for all patients with 10+ bleeding or for patients with localized areas of persistent bleeding.

	Prevention for Healthy Gingiva with Comorbidities or Periodontal Maintenance	Gingivitis	Current Periodontal Patients (Unresponsive to previous treatment)	New or Overdue Patients presenting with Periodontitis Stages 1 & 2	New or Overdue Patients presenting with Periodontitis Stage 3
	1-3 mm pockets No bleeding No inflammation	No bone loss 1-3 mm pockets 10 + bleeding points	RBL up to 33% or more CAL 4mm or more Pocket depths over 4mm With bleeding and inflammation	RBL up to 33% CAL up to 4mm 4-5 mm pocket depths	RBL- Mid-third of root or more CAL 5+mm Tooth loss up to 4 teeth Vertical bone loss
Initial Treatment	12701, maxillary arch 12702 mandibular arch Lab fee code 99111 Hygiene Maintenance Therapy	12701, maxillary arch 12702 mandibular arch Lab fee code 99111 Intraoral photos Non-Surgical Periodontal Therapy (NSPT)	12701, maxillary arch 12702 mandibular arch Lab fee code 99111 Intraoral photos NSPT	12701, maxillary arch 12702 mandibular arch Lab fee code 99111 Intraoral photos NSPT begins (Quad or ½ mouth scale with LA)	12701, maxillary arch 12702 mandibular arch Lab fee code 99111 Intraoral photos NSPT begins (Quad or ½ mouth scale with LA)
Delivery 2 weeks Later	Deliver Perio Tray™ therapy Perio Gel™ Trays 1X/day for 15 min	Deliver Perio Tray™ therapy Perio Gel™ Trays 2X/day for 15 min	Deliver Perio Tray™ therapy Perio Gel™ Trays 2X/day for 15 min	Deliver Perio Tray™ therapy Perio Gel™ Trays 2-3X/day for 15 min	Intraoral photos Deliver Perio Tray™ therapy Perio Gel™ Trays 3X/day for 15 min
Re-Eval 2-4 weeks after Delivery of trays	Re-eval only if indicated	Intraoral photos Trays 1-2X/day for 15 minutes (based on patient response)	Intraoral photos Reduce to 1X daily if indicated	Intraoral photos Reduce to 1-2x daily as indicated by healing	Intraoral photos Reduce to 1-2x daily as indicated by healing
Maintenance	Continue Maintenance Therapy Regular assessment Perio Gel™ Trays 1x/day for 15 minutes	Maintenance Hygiene Therapy Regular assessment Perio Gel™ Trays 1x/day for 15 minutes	Maintenance hygiene therapy Regular assessment Perio Gel™ Trays 1x/day for 15 minutes	Maintenance hygiene therapy Regular assessment Perio Gel™ Trays 1-2x/day for 15 minutes	Maintenance hygiene therapy Regular assessment Perio Gel™ Trays 1-2x/day for 15 minutes

- Refractory maintenance patients may need to continue 2x/day in maintenance.
- Refer patients to a periodontist if adequate healing does not occur
- Stage 4 Periodontitis should be referred to a periodontist

## Treatment Guidelines for **IRX Model**

All Adults: A comprehensive exam for new or established patients includes a full periodontal exam. Intraoral photos are highly recommended to help monitor progress.

Perio Protect is recommended for all patients with 10+ bleeding or for patients with localized areas of persistent bleeding.

- In the IRX Model, Perio Trays are recommended **before** NSPT

	New or Overdue Patients presenting with Periodontitis Stages 1 & 2 (IRX model)	New or Overdue Patients presenting with Periodontitis Stage 3 (IRX Model)
	RBL up to 33% CAL up to 4mm 4-5 mm pocket depths	RBL- Mid-third of root or more CAL 5+mm Tooth loss up to 4 teeth Vertical bone loss
Initial Treatment	12701, maxillary arch 12702 mandibular arch Lab fee code 99111	12701, maxillary arch 12702 mandibular arch Lab fee code 99111
Delivery 2 weeks Later	Intraoral photos Deliver Perio Tray™ therapy Perio Gel™ Trays 2-3X/day for 15 min	Intraoral photos Deliver Perio Tray™ therapy Perio Gel™ Trays 3X/day for 15 min
Re-Eval 2-4 weeks after Delivery of trays	Intraoral photos NSPT begins (Quad or ½ mouth scale with LA) Re-eval in 4-6 weeks post NSPT	Intraoral photos NSPT begins (Quad or ½ mouth scale with LA) Re-eval in 4-6 weeks post NSPT
Maintenance	Maintenance hygiene therapy Regular assessment Perio Gel™ Trays 1-2x/day for 15 minutes	Maintenance hygiene therapy Regular assessment Perio Gel™ Trays 1-2x/day for 15 minutes

- Refractory maintenance patients may need to continue 2x/day in maintenance.
- Refer patients to a periodontist if adequate healing does not occur
- Stage 4 Periodontitis should be referred to a periodontist