

Treatment Guidelines

All Adults: A comprehensive exam for new or established patients includes a full periodontal exam. Intraoral photos are highly recommended to help monitor progress.

Perio Protect is recommended for all patients with 10+ bleeding or for patients with localized areas of persistent bleeding.

| | Prevention for Healthy Gingiva with Comorbidities or Periodontal Maintenance | Gingivitis | Current Periodontal Patients (Unresponsive to previous treatment) | New or Overdue Patients presenting with Periodontitis Stages 1 & 2 | New or Overdue Patients presenting with Periodontitis Stage 3 |
|---|---|---|--|--|--|
| | 1-3 mm pockets No bleeding No inflammation | No bone loss 1-3 mm pockets 10 + bleeding points | RBL up to 33% or more CAL 4mm or more Pocket depths over 4mm With bleeding and inflammation | RBL up to 33% CAL up to 4mm 4-5 mm pocket depths | RBL- Mid-third of root or more CAL 5+mm Tooth loss up to 4 teeth Vertical bone loss |
| Initial Treatment | 12701, maxillary arch 12702 mandibular arch Lab fee code 99111 Hygiene Maintenance Therapy | 12701, maxillary arch 12702 mandibular arch Lab fee code 99111 Intraoral photos Non-Surgical Periodontal Therapy (NSPT) | 12701, maxillary arch 12702 mandibular arch Lab fee code 99111 Intraoral photos NSPT | 12701, maxillary arch 12702 mandibular arch Lab fee code 99111 Intraoral photos NSPT begins (Quad or ½ mouth scale with LA) | 12701, maxillary arch 12702 mandibular arch Lab fee code 99111 Intraoral photos NSPT begins (Quad or ½ mouth scale with LA) |
| Delivery 2 weeks Later | Deliver Perio Tray™ therapy Perio Gel™ Trays 1X/day for 15 min | Deliver Perio Tray™ therapy Perio Gel™ Trays 2X/day for 15 min | Deliver Perio Tray™ therapy Perio Gel™ Trays 2X/day for 15 min | Deliver Perio Tray™ therapy Perio Gel™ Trays 2-3X/day for 15 min | Intraoral photos Deliver Perio Tray™ therapy Perio Gel™ Trays 3X/day for 15 min |
| Re-Eval 2-4 weeks after Delivery of trays | Re-eval only if indicated | Intraoral photos Trays 1-2X/day for 15 minutes (based on patient response) | Intraoral photos Reduce to 1X daily if indicated | Intraoral photos Reduce to 1-2x daily as indicated by healing | Intraoral photos Reduce to 1-2x daily as indicated by healing |
| Maintenance | Continue Maintenance Therapy Regular assessment Perio Gel™ Trays 1x/day for 15 minutes | Maintenance Hygiene Therapy Regular assessment Perio Gel™ Trays 1x/day for 15 minutes | Maintenance hygiene therapy Regular assessment Perio Gel™ Trays 1x/day for 15 minutes | Maintenance hygiene therapy Regular assessment Perio Gel™ Trays 1-2x/day for 15 minutes | Maintenance hygiene therapy Regular assessment Perio Gel™ Trays 1-2x/day for 15 minutes |

- Refractory maintenance patients may need to continue 2x/day in maintenance.
- Refer patients to a periodontist if adequate healing does not occur
- Stage 4 Periodontitis should be referred to a periodontist

Treatment Guidelines for IRX Model

All Adults: A comprehensive exam for new or established patients includes a full periodontal exam. Intraoral photos are highly recommended to help monitor progress.

Perio Protect is recommended for all patients with 10+ bleeding or for patients with localized areas of persistent bleeding.

- In the IRX Model, Perio Trays are recommended **before** NSPT

| | New or Overdue Patients presenting with Periodontitis Stages 1 & 2 (IRX model) | New or Overdue Patients presenting with Periodontitis Stage 3 (IRX Model) |
|---|--|--|
| | RBL up to 33% CAL up to 4mm 4-5 mm pocket depths | RBL- Mid-third of root or more CAL 5+mm Tooth loss up to 4 teeth Vertical bone loss |
| Initial Treatment | 12701, maxillary arch 12702 mandibular arch Lab fee code 99111 | 12701, maxillary arch 12702 mandibular arch Lab fee code 99111 |
| Delivery 2 weeks Later | Intraoral photos Deliver Perio Tray™ therapy Perio Gel™ Trays 2-3X/day for 15 min | Intraoral photos Deliver Perio Tray™ therapy Perio Gel™ Trays 3X/day for 15 min |
| Re-Eval 2-4 weeks after Delivery of trays | Intraoral photos NSPT begins (Quad or ½ mouth scale with LA) Re-eval in 4-6 weeks post NSPT | Intraoral photos NSPT begins (Quad or ½ mouth scale with LA) Re-eval in 4-6 weeks post NSPT |
| Maintenance | Maintenance hygiene therapy Regular assessment Perio Gel™ Trays 1-2x/day for 15 minutes | Maintenance hygiene therapy Regular assessment Perio Gel™ Trays 1-2x/day for 15 minutes |

- Refractory maintenance patients may need to continue 2x/day in maintenance.
- Refer patients to a periodontist if adequate healing does not occur
- Stage 4 Periodontitis should be referred to a periodontist