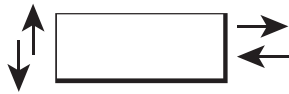


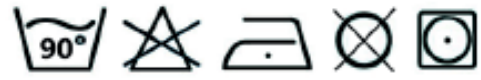
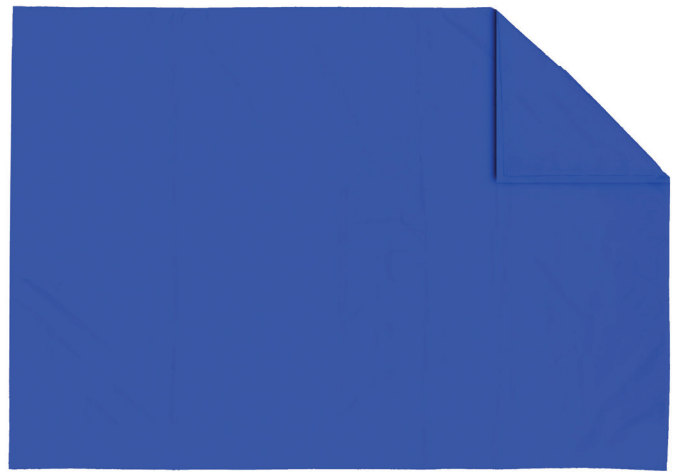
Flat Washable / Re-usable Slide Sheet



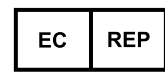
Size: XXX x XXcm
NHS SC Code: XXXXXX
SWL: 400KG
 100% Polyester

RE-USABLE

Multiple use slide sheet.
 Can be laundered for use with different individuals



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Pack Qty:

! DO NOT USE TO LIFT PATIENT

Inspect for signs of wear and damage before use
 Disposal – always follow local guidelines
 Contact manufacturer in case of serious incident
 Consult your moving & handling manager / guidelines before use



Flat Washable / Re-usable Slide Sheet – Instructions

These slide sheets are made from friction reducing material on both sides.

Due to the complex moving and handling risks, before using a slide sheet(s), a complete assessment by an appropriately qualified person should be carried out. The assessment will consider the user, the patient, the task and the environment in which the sliding sheet(s) is to be used. Safe patient handling practices should always be adopted by following your local hospital / facility patient handling guidelines available from your Patient Moving and Handling Advisor. If in doubt always consult your Patient Moving and Handling Advisor before use.

- **Not for Lifting** – Using slide sheets for repositioning should be accomplished without lifting all or most of the patient’s weight.
- **Inspect before use** – Slide sheets and transfer sheets should be inspected prior to use for signs of wear-and-tear and replaced, as necessary. Fabric, thread and stitch degradation caused by continuous use will take place over time (as normal wear and tear and/or washing) and will reduce the slide sheet’s effectiveness. Check the “slipperiness” by rubbing slide sheets together as well as checking for rips, tears and stitching on handles.
- **Slip Hazard** – Slide sheets should never be left on the floor as they are extremely slippery and will create a slip hazard.
- **Tissue Viability Considerations** – Cromptons Healthcare by MIP slide sheets do not present a tissue viability hazard in normal use with healthy patients. Extra care should be taken when using slide sheets with vulnerable patients who may be predisposed to tissue viability issues. The hemmed slide sheet sides or webbing handles may increase the risk of injury from pressure associated injuries, frictional shearing or abrasion damage. You can mitigate these risks by adopting correct patient handling techniques and by correct slide sheet choice. In these instances you may consider choosing a wider bariatric sheet, a sheet without side handles, or an un hemmed patient specific slide sheet.
- **Use as a pair** – It is standard practice to use flat slide sheets as a pair, unless the moving and handling plan states otherwise.

Basic Slide Sheet Manoeuvres

Slide sheets refer to flat sheets or a tubular sheet. The number of people needed to perform each task will depend on the individual risk assessment for each patient. If using flat slide sheets, it is usual to use them as a pair, unless otherwise indicated in a risk assessment carried out by a competent person. Hold the top sheet (flats) only, to reposition/move the patient.

- **Moving a patient up and down the bed** - Assess the patient to ascertain the correct size, type and number of slide sheet(s) to use. For any patient who cannot assist in the manoeuvre, the slide sheet must extend from above their head to below their heels. Position the slide sheet(s) under the patient, so they are central, by either the rolling or folding techniques, as appropriate and taught in your moving and handling training. Move the patient to the desired position according to their moving and handling plan. Remove the slide sheet as trained.
- **Turning a patient in bed** – Assess the patient to ascertain the correct size, type and number of slide sheet(s) to use. Position the slide sheet(s) under the patient as shown in your training, (as above). For all types of slide sheet, ensure as much of the patient’s body is in contact with the slide sheet, as necessary and according to the risk assessment.
- **Lateral transfers** – When transferring a patient from trolley to bed, or bed to bed, a slide sheet should be used if utilizing a lateral transfer board. Position the slide sheet(s) under the patient (as above) and ensure the slide sheet(s) extend far enough onto the receiving surface.
- **Using a slide sheet to reduce shearing** – slide sheets can be used to minimize the risk of shearing for patients who are vulnerable. This can include placing a slide sheet under a patient’s heels when hoisting in/out of bed, or under a patient’s bottom when assisting a patient to swivel around to sit on the edge of the bed. Only use techniques you have been shown in training and have been assessed as appropriate for the patients.

Laundering & Cleaning

Re-usable slide sheets – Re-usable slide sheets can be laundered following standard hospital laundry guidelines and to infection control guidelines HSG(95)18.

- The use of bleaching agents should be avoided.
- Maximum recommended washing temperature 90° C.
- Drip dry, (if necessary a low temperature tumble dry may be used with care. Tumble dried sheets may develop a wrinkled appearance that should not affect performance).
- Lightly soiled sheets may be wiped clean using a dilute chlorine based solution or a good quality sterilisation fluid. If required, small marks and spillages can be wiped clean using a damp cloth then dried.
- To avoid the potential of cross contamination, the slides should be laundered before being used with a different patient or resident.
- Always follow the guidance set out by your infection control policy.

Disposal Instructions

- Please dispose of in a responsible manner in accordance with local general waste guidelines, considering that the product may be contaminated after use and may need to be disposed of as clinical waste.