INSTALLATION AND USER MANUAL

> GALLUS





10ft, 12ft, 14ft and 480 cm















Thank you for choosing Akrobat Trampoline!

Your trampoline is so much more than just another outdoor toy. It was designed to provide engaging playtime, create fun memories and active exercise for all members of the family, no matter what age. Akrobat trampolines are built to last. Made of best quality European materials and as a result of skilled craftmanship, your trampoline will serve you for years to come.

Safety comes first! In order to achieve the best trampolining experience that will keep you fit and energised, please read these assembly instructions and safety recommendations thoroughly to minimize any chances of injuries.



EXTEND YOUR WARRANTY TODAY!

Register your trampoline on www.akrobat.com/registration to get an extended warranty for your product and receive useful information on best use of your trampoline.

I.WARNINGS!

Read this manual carefully before assembling and using your trampoline. Keep this manual for future reference.

The responsibility of the owner is to ensure that all users of the product are fully informed about the proper use of this trampoline and all safety precautions.

Maximum user weight is defined by the size of the trampoline:



10 ft – 305cm	100 kg
12 ft – 366 cm	130 kg
14 ft – 427cm	130 kg
480 cm	150 kg

- Adult supervision and instruction required at all times.
- Use gloves to protect your hands from pinch points and sharp points during assembly.
- Do not apply excessive force during assembly that will cause damage to the product.
- The trampoline has to be assembled by an adult and cautiously inspected before first use.
- Make sure the barrier and the enclosure poles are correctly and securely positioned. Replace any worn, defective, or missing parts.
- Minors must be supervised by an adult person regardless of their skills or training. Be sure to prevent access to and use of the trampoline without proper supervision.
- Check the trampoline before each use. Regular maintenance checkups of the trampoline and trampoline parts are advisable to prevent user injuries. Keeping the trampoline impeccable will prolong the lifetime of your trampoline.
- This trampoline is for outdoor use only.
- Not suitable for children under 36 months small parts, choking hazard.
- Wear clothing free of drawstrings, hooks, loops or anything that could get caught while using the trampoline/enclosure and result in entanglement. Do not attach anything to the enclosure that is not a manufacturer-approved accessory or part of the enclosure system.
- Properly secure the trampoline/enclosure when not in use. Protect it against unauthorized use.
- Do not allow a child or other persons under the trampoline.
- Jumping on the trampoline is not recommended during pregnancy.
- Do not use the trampoline under the influence of alcohol, drugs or heavy medication.
- Serious injury, paralysis or even death can occur if the trampoline is not used properly.
- Keep all sources of heat and flames away from the product as it will burn.
- Always close the enclosure door before jumping.
- No animals should be allowed on the trampoline as they can damage both the frame pad and the jumping mat.
- The jumping mat should be kept clean and dry. Jumping on a wet jumping mat is prohibited in order to avoid slips and falls.
- · Remove footwear before jumping on the trampoline.
- · Empty your pockets before using the trampoline.
- · Do not eat food, sweets or chew gum when bouncing.
- Bounce in the center of the mat.
- Stop bouncing by flexing the knees as feet come in contact with the trampoline bed. Learn this skill before attempting other jumps.

- Do not jump off the mat always walk on and off. It is a dangerous practice to jump from the trampoline to the floor or ground when dismounting, or to jump onto the trampoline when mounting. Do not use the trampoline as a springboard to other objects. Do not jump from other objects, buildings, or surfaces, onto the trampoline, or into or over the trampoline enclosure.
- Avoid bouncing too high or for too long, make regular breaks. Stay low to control your bounce and repeat landing in the center of the trampoline. Always control your bounce. Control is more important than height.
- Do not attempt or allow somersaults. Landing on the head or neck can cause serious injury, paralysis, or death, even when landing in the middle of the bed.
- No more than one person is allowed to use the trampoline at a time.
 Collision hazard: multiple jumpers increase the chances of loss of control and this can result in serious injury.
- Misuse and abuse of the trampoline is dangerous and can result in serious injury.
- Glasses, jewellery and similar objects should be taken off before entering the trampoline. Empty your pockets and keep your hands free when jumping. Always jump on the middle of the jumping mat.
- Do not sit on the trampoline safety pad and do not stand on the edge while another person is jumping.
- Keep small children away from the trampoline while others are bouncing on it, because the edge can move in and out vigorously.
- Trampoline should be placed on a leveled grass surface or soft surface such as sand or bark. Do not use trampoline on hard surfaces as asphalt, concrete or some other similar surfaces. Do not place trampoline around swimming pools, swings, slides, climbing walls etc.
- Do not use the trampoline in windy weather.
- Remove all hard objects around and under the trampoline. There
 should be no objects such as fences, roofing, tree branches, laundry
 ropes, electrical cables etc. anywhere near or above the trampoline.
 Clear the surroundings for at least 2 metres in every direction.
- Ensure there is sufficient head space above the trampoline.
- Each modification made to the trampoline must be approved by the manufacturer
- When moving the trampoline, disassemble it in reverse order of assembling. Move to desired location and re-assemble according to these instructions.
- In our commitment to customer's satisfaction and safety, please check our website regularly for important customer updates and all trampoline specifications.
- For additional information concerning the trampoline equipment, please contact the manufacturer or regularly check our website for important customer updates.



2.TRAMPOLINE PARTS

		(305 cm)	(366 cm)	(427 cm)	480 cm	
Part A*	Frame part with T-socket	l pcs	l pcs	l pcs	l pcs	
Part B	Frame part with socket	3 pcs	3 pcs	3 pcs	4 pcs	
Part C	Frame part without socket	4 pcs	4 pcs	4 pcs	5 pcs	
Part D*	Leg extension part	8 pcs	8 pcs	8 pcs	10 pcs	
Part E	Trampoline leg	4 pcs	4 pcs	4 pcs	5 pcs	
Part F*	Junction part	7 pcs	8 pcs	8 pcs	10 pcs	
Part G*	Top frame part - short	3 pcs	4 pcs	4 pcs	5 pcs	
Part H	Top frame part - long	4 pcs	4 pcs	4 pcs	5 pcs	
Part I	Safety pad	l pcs	l pcs	l pcs	l pcs	
Part J	Springs	64 pcs	80 pcs	96 pcs	100 pcs	
Part K	Jumping mat	l pcs	l pcs	l pcs	l pcs	
Safety net assembly parts						
Part L	Net pole with PVC sleeve	7 pcs	7 pcs	7 pcs	9 pcs	
Part M	Screw for net pole	9 pcs	9 pcs	9 pcs	II pcs	

Gallus 10 ft Gallus 12 ft Gallus 14 ft Gallus

Part N	Enclosure door with safety net	l pcs	l pcs	l pcs	l pcs	
Part O	Elastic toggle	16 pcs	16 pcs	16 pcs	20 pcs	
Part P	Net rope I 5 mm	I pcs	I pcs	I pcs	I pcs	
Part Q	Net rope II 5 mm	I pcs	I pcs	I pcs	I pcs	
Part R	Top PVC skirt	I pcs	I pcs	I pcs	I pcs	
Part S	Top skirt rope - 3mm	2 pcs	I pcs	I pcs	I pcs	
Part T	Bottom PVC skirt	l pcs	l pcs	l pcs	l pcs	
Part U	Elastic rope	1	I pcs	I pcs	I pcs	0
Part V	Shoe mat	I pcs	I pcs	I pcs	I pcs	® 17
Part W	Ladder	l pcs	l pcs	l pcs	l pcs	

Gallus 10 ft specific parts

Some parts come in different form with the Gallus 10 ft set.

Therefore, assembly steps marked with * have specific instructions, which are presented on page 12.

Gallus 10ft (305 cm)

Trampoline parts*

Part A	Triangular frame part with double socket	l pcs	
Part D	Extra leg extension part – door	2 pcs	
Part F	Extra junction part – door	l pcs	
Part G	Extra top frame part – door	l pcs	



3. ASSEMBLY AND INSTALLATION

We recommend at least two people to assemble the trampoline. Use gloves to protect your hands from pinch points and sharp points during assembly. Do not apply excessive force during assembly that will cause damage to the product.

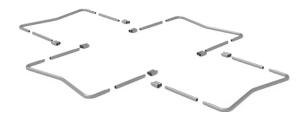


IMPORTANT: The specific steps in the assembly process vary depending upon the size of the trampoline. When assembling **Gallus 10 ft**, follow the specific instructions for steps marked with * Additional instructions for this model are presented on **page 12**.

Assembling the frame

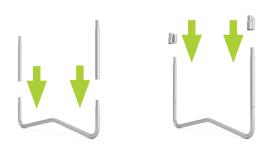


Place the trampoline frame (Parts D, E and F) flat on the ground. This way you will have a better overview.



Place the leg extensions on the trampoline legs (Part D into Part E).

Next, add the junction part to the leg extension (Part F and Part D). The part with closed bottom is the part where the safety net poles will be set.



3*

Continue by joining the frame legs with the frame parts — start with the frame part with T-socket (as shown on the image). Make sure the free part of the junction part is turned to the outside of the frame circle. Continue assembling the frame, alternating the frame parts with and without sockets to form a circle.

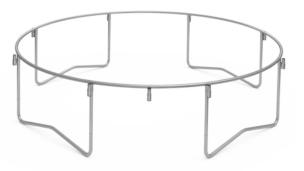




Important:

The trampoline legs could sometimes be slightly tight to fit – it is intended this way to serve as additional strength for the trampoline.

The frame of your trampoline is now assembled and you can place it on the desired location.



Fitting the mat and installing the springs

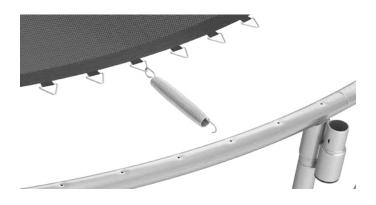


Lay the mat flat inside the frame. Make sure the logo is facing upwards. In order to make the installation of the jumping mat easier, locate the four rings lying directly across each other like clock positions: 3, 6, 9 and 12, and attach four springs on these locations first. Then continue by attaching springs to every eighth ring, followed by every fourth and so on until all springs are attached.

During assembly it may look like the mat won't fit. It will however stretch to the correct size when you finish attaching all springs and this may take a little force.

AKROBAT HINT:

Springs can be hard to attach, you will need a little force. Help yourself by using one spring to pull another towards the frame holes. Do not forget to wear gloves!





Important: Be sure all spring hooks are well attached to the frame.

Attaching the frame pad



Lay the frame safety pad on top of the trampoline, aligning the pad section joints with the joints of the frame and the eyelets facing up. Feed the elastic toggles through the eyelets so the loop end of the tie faces outwards and the toggle end is on the inside.

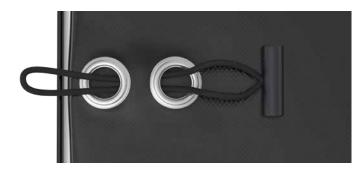


Flip the frame pad over and pull the elastic band around the frame. Insert the toggle into the loop, then rotate the toggle inwards to secure it. Repeat with all frame pad elastics.



Important:

The frame pad must cover the entire frame and all springs.



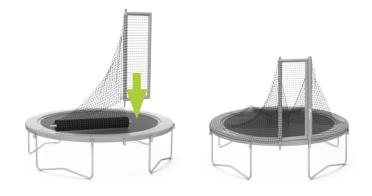


Installation of the safety net

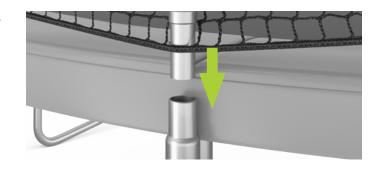


Start assembling the safety net by inserting the enclosure pole attached to the door (Part N) into the frame part with T-socket.

Insert the bottom part of the door and start unrolling the safety net around the mat. Make sure the net is not twisted. After unrolling the entire net, insert the final pole in the socket next to the door - be sure to close the door on the inside of the trampoline before inserting the last pole.



Start inserting the first pole left from the door. Keep the bottom edge of the net stretched before inserting the next enclosure pole. Take the net near the door and pull tightly towards the first pole before inserting the pole through the net and into the socket.



Continue by inserting all of the enclosure poles through the netting into the sockets, all the way stretching the bottom edge of the net, in order to make sure that the safety net goes tightly around the trampoline.

AKROBAT HINT:

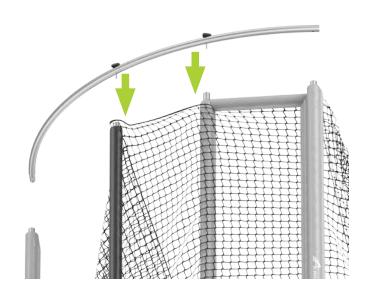
If you find the netting too short or too long towards the end, adjust the entire netting starting from the door towards the last pole.



9*

After installing all the poles start assembling the top frame. Take the shorter top frame part with a hole in the middle (Part G). This pole should be attached above the door and tightened with the connector screw into the top of the enclosure pole.

Continue by attaching two top frame parts together, then taking a connector screw and tightening it into the top of the enclosure pole.

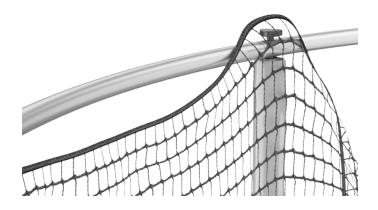




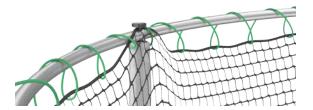
Important:

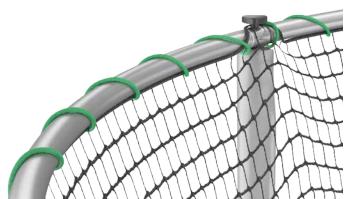
There are two sizes of top frame parts – alternate them according to the frame legs above which the longer top frame parts should be placed.

Now hang the top edge of the net around the connector screws. In order to come all the way around the frame stretch the netting the same way as while attaching the bottom part.

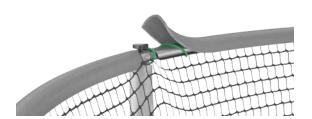


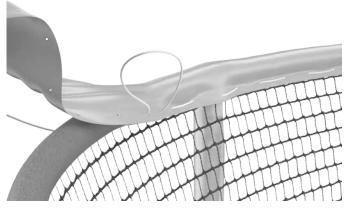
Take the green rope and web it loosely around the top rail and the net. Web the rope through every 4th hole on the top edge of the net. Then return to the beginning and tighten the rope, tying it around the screw on the last enclosure pole.



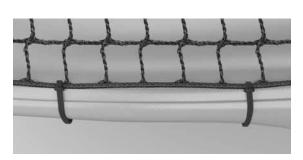


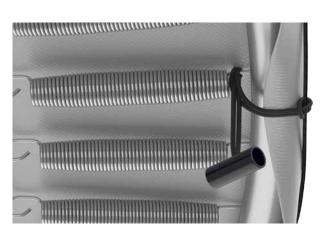
Next, take the protection foam and place it on the top rail to form a full circle. Follow by covering with the top PVC skirt (part R), tying it with the black rope. Attach the cord around the last screw.





Finally, attach the bottom edge of the netting to the frame and around the spring with the remaining toggle elastics.





Attaching the PVC skirt

The final step of the trampoline installation is attaching the bottom PVC skirt (part T) around the frame of the trampoline.

Start by attaching the skirt with the Velcro around the frame under the door.



Then take the black cord and attach the top of the skirt to the net through the holes on the net and the eyelets on the PVC skirt, starting right from the door..



At the end, secure the bottom part of the pvc skirt with the remaining cord and tie it around the legs so as to prevent the skirt from moving.



Place the ladder and the shoe mat under the door and you are all set to jump!



Instructions specific for Gallus 10 ft

3*

After assembling the trampoline legs, continue by joining the legs with the frame parts. Start by adding the triangular frame part with double junction part (Part A to Part F) to the frame and continue with adding the leg extension (Part F to Part D). This is the part where the safety net pole will be set. Make sure the free part of the junction part is turned to the outside of the frame circle.

Continue assembling the frame, alternating the frame parts with and without sockets to form the frame circle.





Continue by fitting the jumping mat and attaching the frame pads as described on the previous pages.

Installation of the safety net



Start assembling the safety net by inserting the enclosure pole attached to the door (Part I) into the triangular frame part with T-socket.

Insert the bottom part of the enclosure door and start unrolling the safety net around the mat. Make sure the net is not twisted. After unrolling the entire net, insert the final pole in the socket next to the door.



Important:

Be sure to close the safety net door on the inside of the trampoline before inserting the last pole into the junction part.

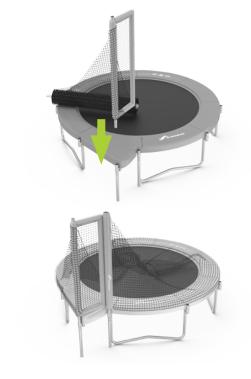


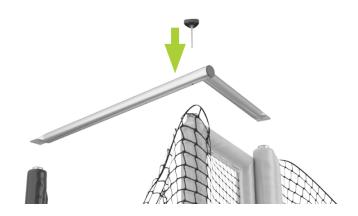
Continue with step no. 7 as described on the page 8.



After installing all the poles, start assembling the top frame. Attach two top rail poles (Part K) together, take a connector screw (Part L) and tighten the connector screw into the top of the enclosure pole.

One of the top rail poles has an additional through-hole to accommodate the door (Part M). This pole should be attached above the door and tightened with the connector screw into the top of the enclosure pole.







Continue by attaching two top frame parts together, then taking a connector screw and tightening it into the top of the enclosure pole.



Important:

There are two sizes of top frame parts – alternate them according to the frame legs above which the longer top frame parts should be placed.



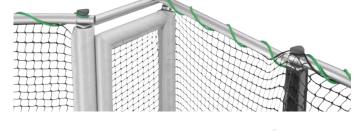


Continue with step no. 10.



After fixing the top of the safety net with the rope, take the protection foam and place it on the top rail to form a full circle.

Follow by covering with the pvc skirt, starting above the door, and tying it with the white cord as shown in the image.







Attaching the PVC skirt



The final step of the installation is attaching the skirt around the frame of the trampoline.

Start by attaching the skirt to the frame under the door. Take the short part of the trampoline skirt and put one of the two extra leg extensions in the sleeve and insert it into the frame socket.

Then take the second black cord and attach the top of the skirt to the net through the holes on the net and the eyelets on the PVC skirt. After attaching the skirt all around the trampoline, put the second leg extension under the door in the PVC sleeve and insert it into the frame socket.



CONGRATULATIONS!

Your Akrobat trampoline is now ready to be used. Enjoy!

If this is your first trampoline, we advise you to start by learning the basic jumps described in this manual.

4. TRAMPOLINE MAINTENANCE

Check your trampoline before each season thoroughly – particularly the frame, frame pad, springs, jumping mat and safety net. We advise regular check-ups during the season as well. In contrary, damaged parts could be overlooked, which may result in severe accidents or injuries.

Your check list should include following points:

- All parts are well attached.
- All springs are well secured to the frame and the rings on the jumping mat.
- The trampoline has no damages, such as rips, holes, sharp, twisted or broken parts. If you notice any damage, change the parts immediately.
- Check the safety net and the poles for potential damages and replace the safety net every 2 years.

For the best maintenance of your trampoline, also make sure no animals are allowed on the trampoline as they could damage both the frame pad and the jumping mat.

The trampoline should be disassembled and withdrawn from use at once in case of any damage or missing parts until the defects are repaired or parts replaced.

Extreme weather conditions can impact the trampoline materials, therefore follow these recommendations:

- Disassemble the safety net in case of strong wind and weigh the trampoline down. Store the safety net in a safe place.
- Remove the jumping mat during winter season as the weight of the snow could damage the mat.
- Protect the trampoline from direct heat, fire, sparks and fireworks.
- · Protect your trampoline from heavy rain and snow as well.

Cleaning the trampoline:

All Akrobat trampoline mats and frame pads are made of durable high-quality materials and should not be cleaned with any aggressive cleaning products! Trampoline surfaces are best cleaned with mild soapy water and thoroughly rinsed with water afterwards.

Remember, the trampoline should only be used by one person at the time!



Maximum user weight is defined by the size of the trampoline:

10 ft - 305cm	100 kg
12 ft – 366 cm	130 kg
14 ft – 427cm	130 kg
480 cm	150 kg

PLEASE KEEPTHIS MANUAL FOR LATER USE.



5.TRAMPOLINE ACCESSORIES

Akrobat trampoline weather cover

Providing year-round maximum protection from damage caused by weather and debris, Akrobat trampoline cover will increase the lifespan of your trampoline and adds durability for countless jumping moments. It is made of UV-resistant high-quality PVC and available for all sizes and shapes of Akrobat trampolines.





Akrobat UV PVC protectant spray

All weather conditions and UV-radiation PVC trampoline protectant spray leaves an enduring dirt resilient finish, keeping PVC surfaces clean of soil, sweat, body oils and other. It will protect your frame pad from UV rays and extend the lifetime of PVC trampoline parts. It is safe to use on all plastic parts, polyethylene, vinyl and clear vinyl surfaces.

Akrobat trampoline socks

Durable trampoline socks with high quality grips ensure a higher level of safety. The traction material used on the soles of the socks provides friction that reduces sliding and can decrease the likelihood of accidents. In case of numerous users, the socks also help control the spreading of microbes which can be exchanged between bare feet.



6. JUMPING INSTRUCTIONS

Each jumper must start by learning slow and controlled jumps. Safe landings are the base of trampoline jumping skills and are important to learn at the beginning. Lack of these skills may result in severe injuries and/or damage.

Both jumper and instructor should keep in mind that steady balance at each jump represents the base of successful trampoline jumping.

The stopping technique is equally important as jumping. Correct stopping represents one of the most important safety precautions in trampoline jumping. When losing control of the jump and/or balance the jumper has to react quickly to prevent injuries. In order to achieve this, the jumper should simply bend their knees before landing on the jumping mat. This is the safest way to stop the jump and prevent accidents.

While learning and training trampoline jumping, it is advised four persons stand around the trampoline in order to help the jumper if needed. Trampoline jumping is a physical strain and shouldn't last too long. A tired jumper can easily succumb to errors in jumping thus highly increasing risk of injury.

High trampoline jumps are considered advanced jumps and should not be allowed to inexperienced jumpers. It is extremely important to be sure that the height of the jump corresponds to the experience of the jumper.

PLEASE NOTE:



Beginners should learn the basic body positions and practice the basic bounces described in this manual.



To learn how to balance and jump, stand in the middle of the jumping area and bounce softly up and down to control the movement. Increase the intensity gradually, returning to the same position on the jumping mat with each bounce.



Focus on the jumping mat when jumping, failing to do so may quickly result in losing balance and falling.

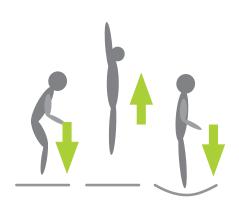


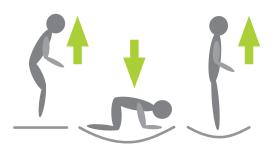
Do not perform somersaults without supervision! Somersaults should be carried out only by experienced jumpers under supervision of an expert and using appropriate safety measurements.

7. BASIC TRAMPOLINE JUMPS

THE JUMPING JACK:

- I. Start from a standing position with feet in shoulder width apart, head up and eyes on the trampoline mat.
- 2. Swing your hands forward, above your head and back in a circular motion.
- 3. Bring your feet together in mid-air and point your toes.
- 4. Land back on the center of the mat with your feet in shoulder width (the same as the starting position).



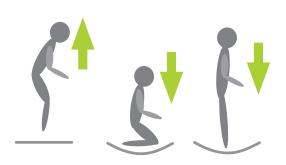


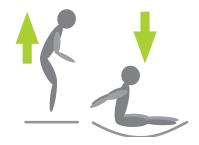
THE FRONT DROP:

- 1. Start by softly bouncing up and down a few times.
- 2. Jump upwards and land with your hands and knees forward.
- 3. Push yourself off with your hands and jump back to the upright position.

THE PRAYING MANTIS:

- I. Start with a low bounce.
- 2. Land on your knees shoulder width apart, keeping your back straight and use your arms stretched out to maintain balance.
- 3. Bounce back to the starting position by using the bounce momentum and swinging your arms upwards.



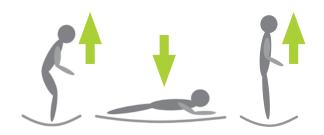


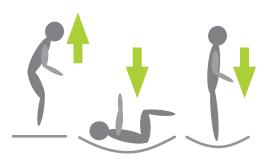
BOTTOM BOUNCE:

- 1. Start with a basic starting position. Jump up, aiming to the center of the jumping mat.
- Land with your legs stretched in front of you, with hands on both side of your hips and keep your back straight
- 3. Push yourself up with your hands to rebound to the starting position.

THE PANCAKE DROP:

- 1. Start off with a soft, low jump upwards.
- 2. Let yourself fall on your front, placing your hands on the jumping mat in front of you.
- 3. Push yourself up to the starting position.





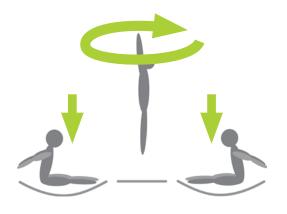
THE TURTLE DROP:

- 1. Start with a soft upwards jump.
- Land on your back, keeping your chin close to your chest and your knees bent Keep your chin towards your chest as you land.
- 3. Kick your legs forward in order to jump up and land in the starting position.

THE ROLLING STONE:

- 1. Start from the front drop position and push to the left or right with your arms to start turning.
- 2. Turn your head and shoulders in the direction that your body is turning.
- 3. Keep your back parallel with the jumping mat and your head straight.
- 4. Return to the lying position to finish the jump, lying in the opposite direction as at the beginning.





THE FLYING BALLERINA:

- I. Start with the sit drop jump.
- 2. Jump and turn your head left or right and swing your hands in the same direction to turn in the air.
- 3. Follow the motion with your hips to complete the turn.
- 4. Land in the sitting position to complete the jump.

You now master the basic jumps and are ready to jump even higher!

But remember to always stay in control of your jumps.

ENJOY IN PURSUING YOUR PASSION FOR JUMPING!



REPORT OF REGULAR DAILY VISUAL TRAMPOLINE **EXAMINATION**

The purpose of inspection is identifying any obvious defects and sources of danger on the outside of the trampoline, which are easily visible from the ground without the use of auxiliary objects. This covers cleanness, various obstacles or objects that are close to the trampoline, missing parts, trampoline or jumping mat damages and excessive wear, etc.

Examination frequency: examinations should be performed daily before use and before each use.

DATE	HOUR	Trampoline is / is not suitable	Checked by	Signature	Notes
:	:	:	ŧ	:	:

REPORT OF MONTHLY OPERATIONAL TRAMPOLINE **INSPECTION**

The purpose of operational inspection is to check the trampoline in detail - it's stability and functionality. Especially identifying any obvious defects of wear due to vandalism and/or normal use of the trampoline. This includes surfacing, safety distance, installation of accessories, labelling, stability and the overall level of wear of the trampoline.

In case of damaged trampoline or it's parts, missing parts or other defects the trampoline must be removed from use until all the defects are repaired.

Incorrect maintenance will result in discontinuing the validity of the trampoline warranty and the manufacturer's liability for any accidents which may occur.

Examination frequency: examinations should be performed at least once a month.

DATE	HOUR	Trampoline is / is not suitable	Checked by	Signature	Notes
E	:	<u>:</u>	:	:	:

MAIN ANNUAL INSPECTION REPORT

Purpose: The main inspection shall be carried out in accordance with manufacturer's instructions on maintenance in order to ensure the level of safety of the trampoline, its base, supporting structure and parts of the trampoline (e.g. wear and possible overall changes in the safety of the trampoline caused by improper changes or repair).

Failure to record regular inspections will result in discontinuing the validity of the trampoline warranty and the manufacturer's liability for any accidents which may occur.

Examination Period: at least once a year.

Trampoline is / is not suitable

Reviewer: An authorized person by the manufacturer or an expert approved by the manufacturer.

REVIEWED ELEMENTS	YES	NO
A.Trampoline base inspection		
Visual inspection of the trampoline base: The trampoline is stable and on a leveLled surface.		
B.Trampoline construction inspection		
Visual inspection of the metal construction		
Inspection of all structural elements and junctions: connecting elements, legs, rails, sockets, springs		
Conformity of the structural elements with the design check-up		
Condition of PVC and textile parts: frame pad, safety net, skirt and weather cover check-up		
C. Jumping mat inspection		
Visual inspection of the jumping mat		
D. PVC parts inspection		
Visual inspection of PVC parts: frame pad, safety net, skirt and weather cover check-up		
Repair or replacement of damaged parts		
E. Overview of safety instructions for the trampoline		
F. Remarks and observations (any defects or damages must be defined and recorded in this field)		
Date and hour: Inspected by:		

Signature







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