



# Transform your Water



BPA Free System

Glass Bottom Tank System

# Transform your Life

**zazen Alkaline Mineral Water**  
Helping you live a longer, healthier life

[zazen.com.au](http://zazen.com.au)

# Water is the most important substance we will ever put into our bodies - next to Oxygen



Adults are 75% **water**  
Children even higher!



Children lose 8 cups  
of water per day,  
adults up to 12 cups

Our Blood is mostly water, this water supports our body functioning at an optimum, every moment of every day!

- Water carries toxins out of cells and transports nutrients in
- Water is found in every cell in our body; bones, eyes, lymph nodes, heart, lungs, liver, muscles and joints
- Your brain is 92% water

“

“If you don't replenish the water you lose every day, you become dehydrated and over time this can lead to illness and disease!”

Dr Batmanghelidj

## Not all Water is the Same



zazen Wheat Seed Growth Experiment

## To hydrate we need the right water... but what is the right water?

By asking this question we go further than other water filter systems in the world today. By asking this question, we are focused on producing the right water for the body to hydrate. That is the philosophy behind the design of the **zazen Alkaline Water System**.

The right water is:

- ✓ Clean with toxins, contaminants & chemicals filtered out
- ✓ Balanced with a range of alkaline minerals to aid absorption by the body
- ✓ Structured with water clusters small enough for absorption at a cellular level

**zazen Living Water Crystal**



Taken by the offices of Dr Emoto, Japan

## zazen Alkaline Water System Recreates Mother Nature's Water Secret

Our zazen Alkaline Water System replicates Mother Nature's natural water filtration and remineralisation process. It transforms your drinking water into refreshing, alkaline mineral water that tastes great and hydrates you at a cellular level. Just like natural spring water.

It has been designed by zazen, in collaboration with leading Japanese and Korean water scientists, who discovered that the health and longevity **secret** of the world's oldest and healthiest people lay in the quality of the water they drank and bathed in every day!

The zazen Water System is designed specifically for Australian and New Zealand water supplies.

# The Benefits of drinking zazen Alkaline Water

- Supports a more alkaline less acidic body
- Helps to eliminate toxins & acidic waste
- Improves absorption & use of nutrients
- Increases cellular energy flow & vitality
- Helps to boost immune function
- Improves performance & focus
- Supports better quality sleep
- Reduces fatigue and headaches

**FACT: A mere 2% drop in body water can trigger fuzzy, short term memory loss, constipation, aches & pains not related to injury, fatigue, yawning, moody behavior and cravings for sugar and caffeine.**

“It’s very important to have a water filter that not only removes the increasing harmful water contaminants such as carcinogenic compounds, but one that replaces the minerals that we do need. zazen Alkaline Water provides the mineralisation we need, and takes out the toxins we don’t need that weren’t in our water 50 years ago!”

**Pauline Roberts PhD., BSc. (Hons), DBM, Naturopath & Scientific Researcher**

## State-of-the-Art 10 Stage Process



**STAGE 1:** Ceramic Pre-Filter to 0.2µm

**STAGES 2-7:** Multi-Stage Filter Cartridge reduces chlorine, fluoride and more

**STAGES 8-9:** Natural Mineral Stones & Silver Anti-Bacterial Stones

**STAGE 10:** Magnetic Tap Enriches & Structures

Glass Bottom Tank System

See our web site for more details!

# Transforming the Water you Drink is the simplest health decision you can make, today!

## Quality Assured

zazen Water is tested independently by SAS Laboratories (a certified Australian Government Water Testing Laboratory).



Toxins & Chemical Micro-Filtration	zazen Water
Chlorine	>99.98%
Copper	>99.98%
Lead, Iron, Arsenic, Aluminium	>99.98%
Fluoride *within a range dependant on water pH level	>78% - 90%
THM'S Chloroforms	>95%
PFAS	>0.1%
Microplastics	>99.98%

Alkaline Minerals in zazen Water		
✓ Magnesium	✓ Silica	✓ Chloride
✓ Potassium	✓ Calcium	✓ Sodium

“...minerals in drinking water are more easily absorbed than minerals in food”

Pauline Roberts PhD., BSc. (Hons), DBM, Naturopath & Scientific Researcher



# zazen Water Mission

Helping you live a longer, healthier life.

We're professional women with backgrounds in commerce and natural health. We became aware of the alarming downward trend in child health and wellbeing.

**With this Awareness - We felt a deep Responsibility to Act.**

zazen Water was founded in 2008 focused on addressing the importance of child hydration and giving children free access and education in the classroom on the importance of water in their lives. They gain an understanding of the power of water and experience how water can improve the way they feel, behave and perform.

“Children today are at risk of being the first generation to have a shorter lifespan than their parents.”

**New England Journal of Medicine 2005**

“I had no idea that the water I was giving my children to drink may actually have been making them sicker. My daughter drank 4 glasses of zazen water and my son drank 1.5 glasses when we visited my local Naturopath, I just couldn't believe it as they never drank water. I always just thought water was water, now I know it is not. Thank you for doing what you are doing.”

**Lisa Lawson - Teacher & Mother, Quirindi**


## An Australian Social Business Enterprise

### Contribute to a Wellness Generation


By purchasing zazen Water products you will be supporting the zazen Water Ambassador School Program. This program gifts free zazen Alkaline Water Systems to primary schools across Australia to ensure kids stay hydrated, supporting their physical and mental wellbeing. Visit our web site to discover more about the Program, thank you.


# Ways to enjoy zazen Water


 Drink a litre per 25 kilos of body weight per day


 Use zazen Water when you cook

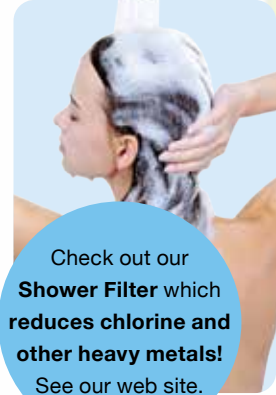
 Wash vegetables, fruit & food

 Fill your water bottle

 Fill the kettle

 Water herbs, bonsais & house plants

 Fill dog and cat bowls, they love it



Check out our **Shower Filter** which **reduces chlorine and other heavy metals!** See our web site.

**Scan the QR Codes below for information and pricing on replacement parts:**



**Scan here**  
zazen Water System replacement parts



**Scan here**  
zazen Shower Filter replacement parts

Only **5c** per litre

### Replacement Parts

Multi-Stage Filter Cartridge	Replace 2 x per year
Ceramic Filter	Replace 1 x per year
Silver Stones	Replace 1 x per year
Mineral Stones	Replace every 5 years
Alkalinity Enhancer (AAE)	Replace 1 x per year (optional)
Streamline Shower Filter	Replace every 2 years



**FREE Reminder Service:**  
**Can't remember when to change your filters, don't worry, zazen Water will remind you.**



### zazen System Measurements

Upper BPA Free Tank holds	4 litres
Bottom BPA-Free or Glass Tank holds	8 litres
Width	315mm diameter
Height with BPA-Free Plastic Bottom Tank	560mm
Height with Glass Bottom Tank	530mm

# zazen Water uniquely designed for Optimum Cellular Hydration

The Hydration Specialists  
Established in 2008



-  Tastes great just like natural spring water
-  Reduces up to 90% Fluoride
-  Reduces Micro-Plastics
-  Only 5c a litre on tap in your kitchen!
-  State-of-the-Art 10 Stage Process
-  Creates balanced, naturally alkaline mineral water
-  All plastics are BPA-Free with a Glass Bottom Tank option
-  Easy to setup - no plumbing or electricity required
-  90-Day Money Back Guarantee
-  Designed and water tested in Australia for Australian water supplies
-  FREE Reminder Service

“

“Not only do we love the taste and how it makes us feel, we are saving over \$1000 per year switching from bottled water!”

**John, Geologist and zazen Customer, NSW**

**5 YEAR**  
PRODUCT  
WARRANTY

**zazen**  
WATER