

S T U D Y G U I D E

CREATED FOR



**JASON
HELOPOULOS**

WORSHIP

S T U D Y G U I D E

Created for Worship

Jason Helopoulos



LIGONIER MINISTRIES

Renew your Mind.

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Introduction

One of the most fundamental questions that we can ask is “Why are we here?” God created us with a purpose—to worship Him. In *Created for Worship*, Jason Helopoulos helps us to refocus on our true calling as worshipers. In Christ, we have been re-created to worship God in spirit and truth, and part of what this means is knowing what worship is all about. Worship is what we were created for and worship is what we are destined for, that we will one day worship God in His presence for all eternity.

This study guide is a companion to the video teaching series. Whether you are using the DVDs, streaming the videos on Ligonier.org, or going through the course in Ligonier Connect, this resource is designed to help you make the most of the learning experience. For each message in the series, there is a corresponding lesson in this guide. Here is what you will find in each lesson:

INTRODUCTION	<p>The introduction is a brief paragraph that summarizes the content covered in the lecture and considered in the study guide lesson.</p> <p>How to use: Use the introduction to each lesson to get a sense of the big picture before watching the video. Refer to these statements as you work through the study guide to remind yourself of what you have already covered and where you are headed.</p>
LEARNING GOALS	<p>The learning goals are the knowledge and skills the study guide lesson will endeavor to equip you with as you work through the lecture content.</p> <p>How to use: Familiarize yourself with the goals of each lesson before engaging with its contents. Keeping the overall purpose in mind as you watch each video and reflect on or discuss the questions will help you get the most out of each lesson.</p>
KEY IDEAS	<p>The key ideas are the major points or takeaways from the lecture.</p> <p>How to use: Use these ideas to prepare yourself for each lesson and to review previous lessons. They describe specifically the knowledge each lecture is communicating.</p>

REFLECTION & DISCUSSION QUESTIONS	<p>The questions are the guided reflection and/or discussion component of the lesson that are intended to help you prepare for, process, and organize what you are learning.</p> <p>How to use: Reflect on individually or discuss in a group the questions in the order in which they appear in the lesson. The time stamps in the right margin indicate where the answers to questions during the video can be found.</p>
PRAYER	<p>The prayer section offers suggestions for how to close the lesson in prayer with respect to what was taught in the lecture.</p> <p>How to use: Consider using each lesson's prayer section as a guide to personal or group prayer. These sections follow the ACTS prayer model, which you can learn more about in R.C. Sproul's Crucial Questions booklet <i>Does Prayer Change Things?</i> This helpful guide is available as a free e-book at Ligonier.org.</p>
REVIEW QUIZ	<p>The review quiz is a set of six multiple-choice questions that appears at the end of each lesson.</p> <p>How to use: Use each quiz to check your comprehension and memory of the major points covered in each lecture. It will be most beneficial to your learning if you take a lesson's quiz either sometime between lessons or just before you begin the next lesson in the study guide.</p>
ANSWER KEY	<p>The answer key provides explanations for the reflection and discussion questions and answers to the multiple-choice questions in the review quiz.</p> <p>How to use: Use the answer key to check your own answers or when you do not know the answer. Note: Do not give in too quickly; struggling for a few moments to recall an answer reinforces it in your mind.</p>

Study Schedules

The following table suggests four plans for working through the *Created for Worship* video teaching series and this companion study guide. Whether you are going through this series on your own or with a group, these schedules should help you plan your study path.

	Extended 13-Week Plan	Standard 11-Week Plan	Abbreviated 5-Week Plan	Intensive 3-Week Plan
Week	Lesson			
1	*	1	1 & 2	1-4
2	1	2	3 & 4	5-8
3	2	3	5-7	9-11
4	3	4	8 & 9	
5	4	5	10 & 11	
6	5	6		
7	6	7		
8	7	8		
9	8	9		
10	9	10		
11	10	11		
12	11			
13	*			

* For these weeks, rather than completing lessons, spend your time discussing and praying about your learning goals for the study (the first week) and the most valuable takeaways from the study (the last week).

Created to Be Worshipers

INTRODUCTION

As we consider God's work in creation, we learn about Him and see the reality of His majesty and the complexity of His nature. In light of this grandeur, we can feel small, frail, and inept. We wonder why God created us. In this lesson, Rev. Helopoulos discusses how Scripture reveals that God created men and women in His own image and gave them the purpose of reflecting His own image and filling creation with His glory.

LEARNING GOALS

When you have finished this lesson, you should be able to:

- Describe how the magnitude of creation reflects the greatness of God
- Identify main purposes for God's creation of humankind

KEY IDEAS

- Experiencing the wonder of the natural world leads us to consider the nature of God, the Creator, and the nature of humankind, the created.
- In the creation account, we see that God created men and women with the distinction of being made in His own image.
- Bearing God's image endows each human life with dignity and purpose: to bring honor and glory to God and to fill the earth as reflections of His image.

REFLECTION & DISCUSSION QUESTIONS

Before the Video

What Do You Think?

Take a moment to answer the following questions. They will prepare you for the lecture.

- Can you recall a time when you were awestruck by something you observed in creation? What did you see, and what did it cause you to think and feel?
- Why does humankind exist? Why did God choose to create us?

Scripture Reading

So God created man in his own image, in the image of God he created him; male and female he created them. And God blessed them. And God said to them, “Be fruitful and multiply and fill the earth and subdue it, and have dominion over the fish of the sea and over the birds of the heavens and over every living thing that moves on the earth.”

—Genesis 1:27–28

- What commission did God give to the first man and woman, and how does His instruction to them reflect the fact that they bear His image?

During the Video

Answer the following questions while you watch the video. They will guide you through the lecture.

Why Are We Here?

0:00–9:15

- In Psalm 8, what motivates David to worship the Lord?
- What are two primary ways in which God reveals Himself to us?

God’s Purpose in Creating Humankind

9:15–22:21

- Did God create humans because He needed them? Because He was lonely? Because He was bored? Why or why not?
- In Psalm 29, how does David’s call for the angels to glorify God relate to us?

After the Video

Answer the following questions after you have finished the lecture. They will help you identify and summarize the major points.

- What does God reveal to us about Himself through the name that He made known to Moses in Exodus?

If you are in a group, discuss how rightly reflecting on God's being and attributes can shape the Christian life. Ask: How can reflecting on attributes of God help you overcome times of difficulty?

- What are various reasons that people may struggle with the question "Why am I still here?" What do we need to bring to mind to recall our purpose or to minister to others?

If you are in a group, discuss with the other members times when you have personally asked or have encountered someone else who was asking, "Why am I still here?" Ask: How would you present the gospel with reference to worship to someone struggling with this question?

- What is a time when you witnessed something in nature that drew you to worship God and glorify His name?

If you are in a group, have the members share their experiences in the answers from the question above and read Psalm 8. Ask: Where else does Psalm 8 call us to experience God?

PRAYER

Commit what you have learned from God's Word in this lesson to prayer.

- Praise God for creating you in His image and revealing Himself to you through His creation.
- Confess the areas in which you are not living to reflect God's image for His glory and honor.
- Thank God for giving you life and breath to exist for His glory.
- Ask God to increase your awareness of His majesty, to give you eyes to see His good work in creation, and to grow your capacity for worshiping Him and delighting in Him.

REVIEW QUIZ

Use these multiple-choice questions to measure what you learned from this lesson.

1. Unlike the world and everything in it, there has never been a time a when God did not exist.
 - a. True
 - b. False
2. “O LORD, our Lord, how majestic is your name in all the earth!” is a quote from which of the following psalms?
 - a. Psalm 139
 - b. Psalm 29
 - c. Psalm 19
 - d. Psalm 8
3. In Genesis 1, we learn that only men were created in God’s image.
 - a. True
 - b. False
4. Why did God call humans to be fruitful and multiply?
 - a. To give them something to do
 - b. To test them and measure their obedience
 - c. To see His own image reflected in creation
 - d. To punish them for the sin of eating of the tree
5. When God called Moses to deliver His people from bondage in Egypt, what name did He tell Moses to give when they ask, “What is his name?” (Ex. 3:13)?
 - a. “The Lord God Almighty”
 - b. “I AM WHO I AM”
 - c. “The Creator God”
 - d. “Deliverer”
6. What was the point of Jonathan Edwards’ treatise *The End for Which God Created the World*?
 - a. There is no meaning in the world greater than what we provide.
 - b. All things were created to provide companionship for God.
 - c. Creation will ultimately be restored.
 - d. Everything exists for God’s glory.

Answer Key—Created to Be Worshipers

REFLECTION & DISCUSSION QUESTIONS

Before the Video

What Do You Think?

These are personal questions. The answers should be based on your own knowledge and experience.

Scripture Reading

- What commission did God give to the first man and woman, and how does His instruction to them reflect the fact that they bear His image?

God called Adam and Eve to be fruitful, to multiply, to fill the earth, to subdue it, and to have dominion over the other living things. God's likeness is reflected in the ability of humankind to invest in relationships, to nurture life and livelihoods, to oversee the flourishing of other living things, and to govern them—in essence, to serve as subcreators within God's created world.

During the Video

Why Are We Here?

- In Psalm 8, what motivates David to worship the Lord?

David's observations about God's creation, greatness, and care for him and for all humankind lead him to worship. Creation reflects truth about the Creator and also about how we should respond to Him.

- What are two primary ways in which God reveals Himself to us?

God reveals Himself to us by His works and by His names. God's works show us His power, His character, His presence, and His involvement in our world. The names by which God introduces Himself help us understand His nature and how we can relate to Him.

God's Purpose in Creating Humankind

- Did God create humans because He needed them? Because He was lonely? Because He was bored? Why or why not?

No. God's fullness and sufficiency led Him to create out of His abundance so that the expression of His glory would be multiplied and lead to greater and greater honor and praise for His perfections.

- In Psalm 29, how does David's call for the angels to glorify God relate to us?

One type of creature alone cannot adequately reflect the fullness of God’s glory or give Him sufficient praise. Therefore, all created things—including human-kind—are meant to bring praise and glory to God and thus reflect and magnify the varied aspects of His glory.

After the Video

- What does God reveal to us about Himself through the name that He made known to Moses in Exodus?

God reveals His name to Moses in Exodus 3:14: “God said to Moses, ‘I AM WHO I AM.’” This is a name unlike any other. In this name, God communicates to us that He is pure being. He does not become or undergo change. He always is. He has always existed and has the power of existence in Himself. He is also ever only Himself. He is simple and not dependent on anything for His existence.

- What are various reasons that people may struggle with the question “Why am I still here?” What do we need to bring to mind to recall our purpose or to minister to others?

The difficulties and pain of life can bring people to a point of wondering whether their lives have meaning and whether it’s all worth it. Some of the examples that were given in this lecture of this was an elderly man whose body was failing him and a teenager struggling with peer pressure. Everyone is created to be worshipers, and we ought to worship God and praise Him wherever we find ourselves—even in the midst of the complexity of illness, pain, or other hardships. It is important to remember that if God has given us breath, there is a purpose for our living right now: worship.

- What is a time when you witnessed something in nature that drew you to worship God and glorify His name?

The answers to this question are personal in nature but should reflect on the reality that God’s creation reveals His existence and aspects of His nature. Wherever we live, in whatever season we find ourselves, we can encounter the wonder of God’s created world and consider how it reflects His desire to fill the earth with His glory.

REVIEW QUIZ

1. **A.**

There has never been a time when God has not existed. By His very nature, God exists. As Rev. Helopoulos stated: “He just is. He has always been and He always is and He always will be. . . . Everything else came to be. He just is.”

2. **D.**

“O LORD, our Lord, how majestic is your name in all the earth!” is a quotation from Psalm 8:1. We can imagine David’s looking at God’s creation in awe, marveling at His majesty as it is being reflected in the created order.

3. **B.**

Both men and women are made in God's image. Genesis 1:27 records that "God created man in his own image, in the image of God he created him; male and female he created them."

4. **C.**

In creation, humankind is the high point—not merely because of the wisdom or skill or beauty of humankind, but because men and women alone were created in God's image. God called them to multiply and to fill the earth with sons and daughters made in His image so that He might see Himself reflected in His creation.

5. **B.**

Exodus 3:14: "God said to Moses, 'I AM WHO I AM.' And he said, 'Say this to the people of Israel: "I AM has sent me to you."'" God was communicating to Moses by this name His eternality, that He was, is, and always will be the one true and living God who has never come into being and never has been anything other than Himself.

6. **D.**

*Jonathan Edwards wrote the moving treatise *The End for Which God Created the World* to articulate the point that everything exists for God's glory. God alone is worthy, having all glory in Himself, to have ordered all that He has created unto His glory.*

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