



High Protein Nutrition Shake

Flavors: Vanilla, Chocolate, and Strawberry

We combine clinical expertise with a wholesome, plant-based philosophy to nourish your best health. Our High Protein Nutrition Shake gives you the nutritional support you need for muscle health, during weight loss, or everyday enjoyment.



Nutrition Facts

Serving Size 1 Carton (325 mL)

Amount Per Serving
Calories 160

% Daily Value*

Total Fat 4 g 5%

Saturated Fat 1 g 5%

Trans Fat 0 g

Polyunsaturated Fat 2 g

Monounsaturated Fat 1 g

Cholesterol 0 mg 0%

Sodium 280 mg 12%

Total Carbohydrate 9 g 3%

Dietary Fiber 6 g 21%

Soluble Fiber 4 g

Insoluble Fiber 2 g

Total Sugars 0 g

Includes 0 g Added Sugars 0%

Protein 25 g 50%

Vitamin D 12 mcg 60% • Calcium 390 mg 30%

Iron 4.6 mg 25% • Potassium 940 mg 20%

Vitamin A 180 mcg 20% • Vitamin C 35 mg 40%

Vitamin E 3 mg 20% • Vitamin K 24 mcg 20%

Thiamin 0.24 mg 20% • Riboflavin 0.26 mg 20%

Niacin 2.8 mg 20% • Vitamin B6 0.3 mg 20%

Folate 80 mcg DFE 20% • Vitamin B12 1 mcg 40%

(45 mcg folic acid)

Biotin 6 mcg 20% • Pantothenic Acid 1 mg 20%

Phosphorus 270 mg 20% • Iodine 30 mcg 20%

Magnesium 120 mg 30% • Zinc 4.2 mg 40%

Selenium 14 mcg 25% • Copper 0.16 mg 20%

Manganese 1.5 mg 70% • Chromium 6.2 mcg 20%

Molybdenum 70 mcg 160% • Chloride 230 mg 10%

Choline 40 mg 8%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Nutrition Shake
Everyday Nutrition



Ingredients

Vanilla

Purified Water, Pea Protein*, **Contains 2% or Less of:** Vanilla Extract*, Monk Fruit Extract*, Stevia Leaf Extract (Reb M)*, Natural Flavor*, Agave Inulin†, Acacia Gum*, Oat Fiber*, High Linoleic Sunflower Oil*, Flaxseed Oil*, Brown Rice Syrup Solids†, Locust Bean Gum*, Rosemary Extract*, **Spectra™ Phytonutrient Blend*** (Extracts and Concentrates from: Broccoli*, Coffeeberry®, Green Tea*, Turmeric*, Kale*, Broccoli Sprout*, Acai*, Cinnamon*, Garlic*, Tomato*, Blueberry*, Carrot*, Beet*, Raspberry*, Spinach*, Tart Cherry*, Blackberry*), **Vitamins and Minerals** (Calcium Carbonate, Magnesium Chloride, Dimagnesium Phosphate, Sodium Ascorbate, Choline Bitartrate, DL-Alpha-Tocopheryl Acetate, Beta Carotene, Cholecalciferol [Vitamin D3], Ferric Pyrophosphate, Niacinamide, Tricalcium Phosphate, Vitamin A Palmitate, Biotin, Calcium Pantothenate, Chromium Picolinate, Cyanocobalamin [Vitamin B12], Folic Acid, Phylloquinone, Potassium Iodide, Pyridoxine Hydrochloride, Riboflavin, Thiamine Hydrochloride), L-Cysteine, L-Carnitine, Taurine, L-Tryptophan.

* Organic

† Adds a trivial amount of sugar

Chocolate

Purified Water, Pea Protein*, **Contains 2% or Less of:** Dutch Cocoa Powder (Processed with Alkali)*, Monk Fruit Extract*, Stevia Leaf Extract (Reb M)*, Natural Flavor*, Agave Inulin†, Acacia Gum*, Oat Fiber*, High Linoleic Sunflower Oil*, Flaxseed Oil*, Brown Rice Syrup Solids†, Locust Bean Gum*, Rosemary Extract*, **Spectra™ Phytonutrient Blend*** (Extracts and Concentrates from: Broccoli*, Coffeeberry®, Green Tea*, Turmeric*, Kale*, Broccoli Sprout*, Acai*, Cinnamon*, Garlic*, Tomato*, Blueberry*, Carrot*, Beet*, Raspberry*, Spinach*, Tart Cherry*, Blackberry*), **Vitamins and Minerals** (Calcium Carbonate, Magnesium Chloride, Dimagnesium Phosphate, Sodium Ascorbate, Choline Bitartrate, DL-Alpha-Tocopheryl Acetate, Beta Carotene, Cholecalciferol [Vitamin D3], Ferric Pyrophosphate, Niacinamide, Tricalcium Phosphate, Vitamin A Palmitate, Biotin, Calcium Pantothenate, Chromium Picolinate, Cyanocobalamin [Vitamin B12], Folic Acid, Phylloquinone, Potassium Iodide, Pyridoxine Hydrochloride, Riboflavin, Thiamine Hydrochloride), L-Cysteine, L-Carnitine, Taurine, L-Tryptophan.

* Organic

† Adds a trivial amount of sugar

Strawberry

Purified Water, Pea Protein*, **Contains 2% or Less of:** Strawberry Flavor (Natural Flavor, Strawberry Puree*), Monk Fruit Extract*, Stevia Leaf Extract (Reb M)*, Natural Flavor*, Agave Inulin†, Acacia Gum*, Oat Fiber*, Brown Rice Syrup Solids†, High Linoleic Sunflower Oil*, Flaxseed Oil*, Locust Bean Gum*, Rosemary Extract*, **Spectra™ Phytonutrient Blend*** (Extracts and Concentrates from: Broccoli*, Coffeeberry®, Green Tea*, Turmeric*, Kale*, Broccoli Sprout*, Acai*, Cinnamon*, Garlic*, Tomato*, Blueberry*, Carrot*, Beet*, Raspberry*, Spinach*, Tart Cherry*, Blackberry*), **Vitamins and Minerals** (Calcium Carbonate, Magnesium Chloride, Dimagnesium Phosphate, Sodium Ascorbate, Choline Bitartrate, DL-Alpha-Tocopheryl Acetate, Beta Carotene, Cholecalciferol [Vitamin D3], Ferric Pyrophosphate, Niacinamide, Tricalcium Phosphate, Vitamin A Palmitate, Biotin, Calcium Pantothenate, Chromium Picolinate, Cyanocobalamin [Vitamin B12], Folic Acid, Phylloquinone, Potassium Iodide, Pyridoxine Hydrochloride, Riboflavin, Thiamine Hydrochloride), L-Cysteine, L-Carnitine, Taurine, L-Tryptophan.

* Organic

† Adds a trivial amount of sugar

Ordering Information

Vanilla

Unit UPC: 811112031352

Case UPC: 811112031376

Packaging: 12-325 mL cartons/case

Chocolate

Unit UPC: 811112031468

Case UPC: 811112031482

Packaging: 12-325 mL cartons/case

Strawberry

Unit UPC: 811112031413

Case UPC: 811112031420

Packaging: 12-325 mL cartons/case

Kate Farms, Inc.
30 South La Patera Lane
Suite #5
Goleta, CA 93117
O 805.845.2446
F 805.832.6119

Not suitable for infants less than 1 year old.

© 2026 Kate Farms, Inc. All Rights Reserved. Kate Farms® and All Good Things® are registered trademarks of Kate Farms, Inc.

*Among surveyed doctors recommending plant-based nutrition products

US-HPNS-00003. 04/2026