

KAMMOK®

# Installation Instructions

for the Hammock Hanging Kit



# Hammock Hanging Kit

## Installation Instructions

**KAMMOK®**

### Materials Included



2 x 25kN Climbing  
Anchors



2 x Wood Stud  
Bolts



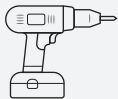
2 x Stainless Steel  
Washers



2 x 23kN Dyneema  
Racer Slings

### Required Tools

Drill



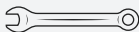
5/16" Drill bit



Tape measure



9/16" Wrench



### Optional Tools

Electronic stud sensor



Hammer



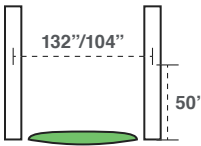
Small nail



### Take Note, Campers.

- 1 Attach this hardware to sturdy wooden structures only. No steel, no metal, no nothing other than wood with these bolts! If attaching to another structure than wood, choose screws or fittings that are specially suited to that structure/material.
- 2 Improper installation of this hanging kit can result in personal injury and damage to property. Please use caution when mounting your hammock and, when in doubt, ask someone with experience for help. Safety first.

## Step 1 ————— Measure Distance

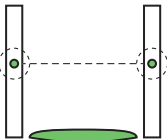


Lay your hammock out on the floor in a straight line to get a sense of how far apart your anchors will be. Measure from carabiner to carabiner.

- For Kammok Roo Double hammocks we suggest 132" between anchors and about 50" from the ground. (This dimension accounts for using the included 2 Racer Slings on the metal hangers.)
- For Kammok Roo Single hammocks we suggest 104" between anchors and about 50" from the ground. (This dimension accounts for using the included 2 Racer Slings on the metal hangers.)

\*Because of variations between models and user preference, these numbers should only be used as a starting point. If you put your anchors too close together, your hammock will hit the floor, but if you put them farther apart, you can always use extra Racer Slings, Python Straps or Python Extenders to span the distance.

## Step 2 ————— Find Two Studs

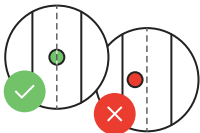


Studs are vertical 2" x 4" beams that make up the form of your structure. From windows to doors to interior walls and exterior siding, studs are part of most structural features in the common household. Locating studs properly will ensure a secure hang, while failing to do so can result in injury.

- If you have an electronic stud finder, use it now and skip to step 3.
- Tapping on a spot where a stud exists will produce a solid sound. Every place without a stud will produce a hollow sound. A good starting place is 16 inches from a corner.

Studs are almost always located next to electrical outlets and light switches. Windows and doors always have studs going up both sides and above them.

## Step 3 ————— Measure Height

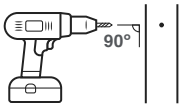


Once you have found studs, decide on a height and mark it on the wall directly on top of the stud.

Before drilling, you will need to find the center of the stud. Studs should be 1.5" wide and perfectly vertical, but that is not always the case.

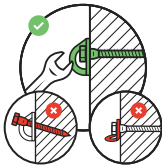
Make a horizontal row of holes every 0.5" with the nail until you find the edge of the stud. Once you have found the edge, measure from there 0.5" back toward the center and make a mark. Fill in unwanted nail holes with putty.

## Step 4 — Drill Starter Holes



Using your drill and a 5/16" drill bit, drill straight into the stud down to a depth of 3".

## Step 5 — Screw Anchor Hangers into Wall Studs



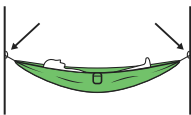
With a 9/16" wrench or socket driver, begin tightening the lag screw (#4992) and anchor (#4991) to the wall by hand. Position the anchor hanger as shown and tighten until snug. The anchor hanger should not be able to move and the sheetrock should be slightly compressed when sufficiently tightened. Over tightening may result in damage to the sheetrock. Rarely, studs are spaced 24" on center. (These are not always on the 16" layout as door and window placement is based on preference, not the consistent stud layout.)

## Step 6 — Attach Racer Slings™



Feed the included Racor Slings through the steel hangers, and loop back using a girth hitch. Now you can attach your carabiners to the Racor Sling. This will ensure a 'quiet hanging experience' and no metal on metal screeching while you're swaying. **Do not attach aluminum carabiners directly to the anchors.** Doing so will damage the carabiners and may result in injury.

## Step 7 — Test and Enjoy.



Gently lower yourself into the hammock, checking anchors for correct and secure installation. Check anchors and attachments before every use to ensure a safe hang.

**WARNING:** Activities involving the use of this equipment are inherently dangerous. You are responsible for your own actions, decisions and safety. Failure to heed any of these warnings may result in severe injury or death.

This product must only be used by competent and responsible persons, or those placed under the direct and visual control of a competent and you assume the consequences of them. You are responsible for your actions, your decisions and your safety and you assume the consequences of same. If you are not able, or not in a position to assume this responsibility, or if you do not fully understand the instructions for use, do not use this equipment.

These instructions explain how to correctly use your equipment. Only certain techniques and uses are described.

The warning symbols inform you of some potential dangers related to the use of your equipment, but it is impossible to describe them all. You are responsible for heeding each warning and using your equipment correctly. Any misuse of this equipment will create additional dangers. Contact [hello@kammok.com](mailto:hello@kammok.com) if you have any doubts or difficulty understanding these instructions.

**Field of Application:** Anchor device and wood lag bolt for permanent hammock suspension into structural wooden beams. For single-person use only. This product must not be pushed beyond its limits, nor be used for any purpose other than that for which it is designed. Do not use this equipment for climbing or as a means of hoisting.

**Inspection Points to Verify:** Your safety is related to the integrity of your equipment.

**Before each use:**

Check the condition of the anchor: surface degradation, wear, corrosion, deformation, cracks. Check the condition of the Racer Slings™: wear, fraying, UV/weather degradation, deformation, thinning.

**During use:**

It is important to regularly monitor the condition of the product and its connections to the other equipment in the system. Make sure that all items of equipment are correctly positioned with respect to each other. Regular inspection of the installation is recommended.

**Liability claim:** Kammok Gear, LLC. (“Kammok”) will not be liable for any damage or injury as a result of incorrect installation, improper use, or alteration. If in doubt, consult a professional for installation. Using any hammock carries an inherent risk. Never hang a hammock higher than 18” above the ground. Always check for wear and damage before using your hammock and hanging kit and immediately replace any damaged or worn components.

