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Email: recipes@cosori.com

#### On behalf of all of us at Cosori,

Happy cooking!

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## **Playing with Presets**

ICON	Food	Temperature (°C)	Time (min)	Cooked
	Steak: ribeye, sirloin, filet	205°C	6 minutes	Rare
			8 minutes	Medium
			10 minutes	Well-done
	Hamburger	205°C	10 minutes	
STEAK	Beef meatballs	205°C	8 minutes	
JILAN	Sausage	205°C	8-12 minutes	
	Pork chop, boneless	205°C	12-14 minutes	
	Pork chop, bone-in	205°C	16-18 minutes	

ICON	Food	Temperature (°C)	Time (min)	Shake
	Salmon	175°C	8 minutes	
	Tilapia	175°C	6-8 minutes	
SEAFOOD	Sword fish	175°C	8-10 minutes	
	Shrimp	190°C	6-10 minutes	Shake
SHRIMP	Jumbo shrimp	190°C	8-10 minutes	Shake
	Bacon	160°C	6-8 minutes	
	Pancetta	160°C	10 minutes	
BACON	Parma ham	160°C	6 minutes	
	Chicken wings	195°C	20-25 minutes	Shake
	Chicken leg/drumstick	195°C	25 minutes	
	Chicken thigh, boneless, skinless	195°C	10-12 minutes	
CHICKEN	Chicken thigh, bone-in, skin on	195°C	20-30 minutes	
	Chicken breast, boneless, skinless	180°C	12-14 minutes	

## Playing with Presets (cont.)

ICON	Food	Temperature (°C)	Time (min)	Shake
	Potato wedges	175°C	25-30 minutes	Shake
	Potato, baby	175°C	20-25 minutes	Flip
FRENCH FRIES	Chips, fresh	195°C	25-30 minutes	Shake
FRIES	Sweet potato	195°C	25-30 minutes	Flip
	Broccoli	150°C	8 minutes	Shake
	Cauliflower	150°C	10 minutes	Shake
VEGETABLES	Courgette	150°C	10 minutes	Shake
	Carrots	205°C	12 minutes	Shake
(str	Brussel sprouts	205°C	8 minutes	Shake
ROOT	Butternut squash	205°C	10 minutes	Shake
VEGETABLES	Corn	205°C	8-12 minutes	Flip
	Muffins	150°C	15 minutes	
	Cake	150°C	30 minutes	
DESSERTS	Cupcakes	150°C	15 minutes	
	Brownies	160°C	30 minutes	
	Corn bread	150°C	25-30 minutes	
	Cinnamon rolls	165°C	15 minutes	
BREAD	Grilled cheese	160°C	8 minutes	
	Toasted bread	160°C	8 minutes	
*	Chicken nuggets	175°C	10 minutes	Shake
FROZEN FOODS	Onion rings	175°C	10 minutes	Shake



## Breakfast



### Strawberry Cream Scones

#### **YIELDS 6 SCONES**

- **PREP TIME:** 10 minutes **COOK TIME:** 12 minutes
- 240 g all-purpose flour
- 50 g granulated sugar 8 g baking powder
- 8 g baking j
- 1 g salt
- 85 g butter, cold, cut into pieces 84 g fresh strawberries, chopped 120 mL cup heavy cream 2 large eggs
- 10 mL vanilla extract
- 5 mL water

- 1 **SIFT** together the flour, sugar, baking powder, and salt in a large bowl.
- 2 CUT the butter into the flour using a pastry blender or your hands until the mixture resembles coarse crumbs.
- **3 MIX** the strawberries into the flour mixture. Set aside.
- **4 WHISK** together the heavy cream, 1 egg, and the vanilla extract in a separate bowl.
- 5 FOLD the cream mixture into the flour mixture until it combines, then roll it out to a 38-mm thickness.
- **6 USE** a round cookie cutter to cut the scones.
- 7 **BRUSH** the scones with an egg wash made from 1 egg and the water. Set aside.
- 8 SELECT Preheat on the Cosori Air Fryer, adjust to 175°C, and press Start/Pause.
- **9 LINE** the preheated air fryer baskets with baking paper.
- **10 PLACE** the scones on top of the baking paper and cook for 12 minutes at 175°C, until golden brown.



### **Ginger Blueberry Scones**

### YIELDS 6 SCONES

PREP TIME: 10 minutes1SIFT together the flour, sugar, baking powder, and salt in<br/>a large bowl.

aside.

6

7

extract in a separate bowl.

the water. Set aside.

thickness and cut it into eighths.

- 240 g all-purpose flour
- 50 g granulated sugar
- 8 g baking powder
- 2 g salt
- 85 g butter, cold, cut into pieces 85 g fresh blueberries
- 3 g fresh ginger, finely grated 113 mL heavy cream 2 large eggs
- 4 mL vanilla extract
- 5 mL water

and press *Start/Pause*.9 LINE the preheated air fryer baskets with baking paper and place the scones on top.

8 SELECT Preheat on the Cosori Air Fryer, adjust to 175°C,

**2 CUT** the butter into the flour using a pastry blender or by

**3** MIX the blueberries and ginger into the flour mixture. Set

**4 WHISK** together the heavy cream, 1 egg, and the vanilla

5 FOLD the cream mixture into the flour until it combines.

**BRUSH** the scones with an egg wash made from 1 egg and

**FORM** the dough into a round shape with 38-mm

hand until the mixture resembles coarse crumbs.

**10 COOK** for 12 minutes at 175°C, until golden brown.



### Baked Potted Egg

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**PREP TIME:** 3 minutes **COOK TIME:** 14 minutes

- Nonstick cooking spray
- 3 eggs 6 slices smoked streaky bacon,
- diced
- 60 g baby spinach, washed
- 120 mL heavy cream
- 15 g Parmesan cheese, grated
- Salt & pepper, to taste

#### YIELDS 3 SERVINGS

- **SELECT** *Preheat* on the Cosori Air Fryer, adjust to 175°C, and press *Start/Pause*.
- SPRAY three 76-mm ramekins with nonstick cooking spray.
- **3 ADD** 1 egg to each greased ramekin.
- 4 **COOK** the bacon in a pan until crispy, about 5 minutes.
- 5 ADD the spinach and cook until wilted, about 2 minutes.
- **6** MIX in the heavy cream and Parmesan cheese. Cook for 2 to 3 minutes.
- 7 **POUR** the cream mixture on top of the eggs.
- 8 **PLACE** the ramekins into the preheated air fryer and cook for 4 minutes at 175°C, until the egg white is fully set.
- **9 SEASON** to taste with salt and pepper.



### **French Toast Sticks**

**PREP TIME:** 5 minutes **COOK TIME:** 10 minutes

4 slices white bread, 38-mm thick,

preferably stale

2 eggs

60 mL milk 15 mL maple syrup 2 mL vanilla extract Nonstick cooking spray 38 g sugar 3 g ground cinnamon Maple syrup, for serving Powdered sugar, for dusting  CUT each slice of bread into thirds making 12 pieces. Set aside.

- 2 WHISK together the eggs, milk, maple syrup, and vanilla.
- **3 SELECT** *Preheat* on the Cosori Air Fryer, adjust to 175°C, and press *Start/Pause*. Allow to heat up.
- 4 **DIP** the bread sticks into the egg mixture and arrange into the preheated air fryer. Spray the French toast sticks liberally with cooking spray.
- **5 COOK** the French toast sticks for 10 minutes at 175°C. Flip the sticks halfway through cooking.
- **6 MIX** together the sugar and cinnamon in a bowl. Set aside.
- 7 **COAT** the French toast sticks in the cinnamon sugar mixture when done cooking.
- 8 **SERVE** with maple syrup and dust with powdered sugar.



### Muffin Breakfast Sandwich

1

#### **YIELDS 1 SERVING**

#### **PREP TIME:** 2 minutes **COOK TIME:** 10 minutes

- Nonstick cooking spray 1 slice white cheddar cheese 1 slice Canadian bacon 1 English muffin, split 15 mL hot water 1 large egg Salt & pepper, to taste
- **SPRAY** the inside of a 85 g ramekin with cooking spray and place into the Cosori Air Fryer.
- **2 SELECT** *Preheat*, adjust to 160°C, and press *Start/Pause*.
- **3 ADD** the cheese and Canadian bacon to 1 half of the English muffin.
- 4 PLACE both halves of the muffin into the preheated air fryer.
- **5 POUR** the hot water and egg into the heated ramekin and season with salt and pepper.
- **6 SELECT** *Bread*, adjust to 10 minutes, and press *Start/Pause*.
- **7 TAKE** the English muffins out after 7 minutes, leaving the egg for the full time.
- 8 **ASSEMBLE** your sandwich by placing the cooked egg on top of the English muffin and serve.



### **Coffee Streusel Muffins**

**PREP TIME:** 10 minutes **COOK TIME:** 12 minutes

#### **CRUMB TOPPING**

- 13 g white sugar
- 16 g light brown sugar
- 1 g cinnamon
- 2 g salt
- 14 g unsalted butter, melted 24 g all-purpose flour

#### MUFFINS

90 g all-purpose flour 53 g light brown sugar 4 g baking powder 1 g baking soda 2 g cinnamon 1 g salt 112 g sour cream 42 g unsalted butter, melted 1 egg 4 mL vanilla extract Nonstick cooking spray

#### YIELDS 6 MUFFINS

- 1 MIX all the crumb topping ingredients together until it forms coarse crumbs. Set aside.
- 2 **COMBINE** together the flour, brown sugar, baking powder, baking soda, cinnamon, and salt in a large bowl.
- **3** WHISK the sour cream, butter, egg, and vanilla together in a separate bowl until well combined.
- **4 MIX** the wet ingredients into the dry until well combined.
- 5 SELECT Preheat on the Cosori Air Fryer, adjust to 175°C, and press Start/Pause.
- 6 **GREASE** muffin cups with cooking spray and pour batter in until cups are <sup>3</sup>/<sub>4</sub> full.
- 7 **SPRINKLE** the top of the muffins with the crumb topping.
- 8 **PLACE** the muffin cups into the preheated air fryer. You may need to work in batches.
- 9 COOK the muffins at 175°C for 12 minutes.



### **Stuffed French Toast**

**YIELDS 1 SERVING** 

- **PREP TIME:** 4 minutes **COOK TIME:** 10 minutes
- 1 slice brioche bread, 64-mm thick, preferably stale 113 g cream cheese 2 eggs
- 15 mL milk
- 30 mL heavy cream
- 38 g sugar
- 3 g cinnamon
- 2 mL vanilla extract Nonstick cooking spray
- Pistachios, chopped, for topping Maple syrup, for serving

- 1 SELECT Preheat on the Cosori Air Fryer, adjust to 175°C, and press Start/Pause.
- 2 **CUT** a slit in the middle of the brioche slice.
- **3 STUFF** the inside of the slit with cream cheese. Set aside.
- **4 WHISK** together the eggs, milk, heavy cream, sugar, cinnamon, and vanilla extract.
- **5 SOAK** the stuffed French toast in egg mixture for 10 seconds on each side.
- 6 SPRAY each side of the French toast with cooking spray.
- 7 **PLACE** the French toast in the preheated air fryer and cook for 10 minutes at 175°C.
- 8 **REMOVE** the French toast carefully with a spatula when done cooking.
- 9 SERVE topped with chopped pistachios and maple syrup.



### **BBQ** Bacon

**PREP TIME:** 2 minutes **COOK TIME:** 8 minutes

13 g dark brown sugar

- 5 g chili powder
- 1 g ground cumin
- 1 g cayenne pepper
- 4 slices bacon, halved

- 1 MIX together the seasonings until well combined.
- 2 **DREDGE** the bacon in the seasoning until fully coated. Set aside.
- **3 SELECT** *Preheat* on the Cosori Air Fryer, adjust to 160°C, and press *Start/Pause*.
- **4 PLACE** the bacon into the preheated air fryer.
- 5 SELECT Bacon and press Start/Pause.



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### **Breakfast Pizza**

#### YIELDS 1-2 SERVINGS

**PREP TIME:** 5 minutes **COOK TIME:** 8 minutes

#### 10 mL olive oil

- 1 pre-made pizza dough (178 mm) 28 g low-moisture mozzarella cheese
- 2 slices smoked ham
- 1 egg
- 2 garlic cloves, minced
- 2 g cilantro, chopped

- **BRUSH** olive oil on top of the premade pizza dough.
- ADD mozzarella cheese and smoked ham onto the dough.
   SELECT Preheat on the Cosori Air Fryer, adjust to 175°C,
- and press *Start/Pause*.**PLACE** the pizza into the preheated air fryer and cook for 8
- minutes at 175°C.
- 5 **REMOVE** baskets after 5 minutes and crack the egg on top of the pizza.
- **6 REPLACE** baskets into the air fryer and finish cooking. Garnish with chopped cilantro and serve.



# Entrées



### Santa Maria Ribeye

### **PREP TIME:** 11 minutes **COOK TIME:** 6 minutes

- 2 g kosher salt
- 2 g finely ground black
- pepper
- 2 g garlic powder
- 2 g onion powder
- 2 g dried oregano
- A pinch dried rosemary
- A pinch cayenne pepper
- A pinch dried sage
- 1 ribeye (453 g), boneless
- 15 mL olive oil

### YIELDS 2 SERVINGS

- SELECT Preheat on the Cosori Air Fryer and press Start/Pause.
- 2 MIX together the seasonings and sprinkle over the steak evenly.
- **3 DRIZZLE** olive oil onto the steak.

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- 4 PLACE the steak in the preheated air fryer.
- 5 SELECT Steak and press Start/Pause.
- 6 **REMOVE** the steak from the air fryer when done cooking. Allow to rest for 10 minutes before slicing and serving.



### New York Steak with Chimichurri YIELDS 2 SERVINGS

**PREP TIME:** 10 minutes **COOK TIME:** 6 minutes

#### CHIMICHURRI SAUCE

60 mL extra-virgin olive oil 20 g fresh basil 20 g cilantro 20 g parsley 4 anchovy fillets 1 small shallot 2 garlic cloves, peeled 1 lemon, juiced A pinch crushed red pepper

STEAK

12 mL vegetable oil 1 New York strip steak (473 g) Salt & pepper, to taste

- 1 **COMBINE** all of the chimichurri sauce ingredients in a blender, and blend until your desired consistency is reached.
- 2 **SELECT** *Preheat* on the Cosori Air Fryer and press *Start/Pause*.
- **3 RUB** vegetable oil onto the steak and season with salt and pepper.
- 4 PLACE the steak into the preheated air fryer. Select Steak, adjust time to 6 minutes (this will come out medium rare), and press Start/Pause.
- 5 ALLOW the steak to rest for 5 minutes when done. Then slice, top with chimichurri sauce, and serve.



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### **Steak Sandwich**

**PREP TIME:** 5 minutes **COOK TIME:** 6 minutes

- 1 ribeye (473 g), boneless
- 20 mL olive oil
- 5 g salt
- 1 g black pepper
- 110 g sour cream
- 40 g prepared white horseradish, drained
- 2 g chives, freshly chopped
- 1 small shallot, minced
- ½ lemon, juiced
- Salt & pepper, to taste
- Toasted sesame seed buns, for
- serving
- Baby arugula, for serving Shallots, sliced, for serving

#### **YIELDS 2 SERVINGS**

- SELECT Preheat on the Cosori Air Fryer and press Start/Pause.
- 2 **COAT** your steak with olive oil and season with the salt and pepper.
- **3 PLACE** the steak into the preheated air fryer.
- 4 **SELECT** Steak and press Start/Pause.
- 5 MIX together the sour cream, horseradish, chives, shallots, and lemon juice in a small bowl.
- **6 SEASON** the horseradish cream with salt and pepper to taste.
- 7 **REMOVE** the meat from the air fryer when done cooking, and let rest for 5 to 10 minutes before slicing.
- 8 ASSEMBLE a sandwich by adding some of the horseradish cream to the bottom bun along with the baby arugula, sliced shallots, and the sliced steak.



### **Balsamic Mustard Flank Steak**

#### **YIELDS 2 SERVINGS**

**PREP TIME:** 2 hours 10 minutes **1 COOK TIME:** 6 minutes

60 mL olive oil 60 mL balsamic vinegar 36 g Dijon mustard 473 g flank steak Salt & pepper, to taste 4 basil leaves, sliced

- **COMBINE** olive oil, balsamic vinegar, and mustard. Whisk together to make a marinade.
- 2 PLACE steak directly into the marinade. Cover with plastic wrap and marinate in the fridge for 2 hours or overnight.
- **3 REMOVE** from fridge and let it come to room temperature.
- 4 SELECT Preheat on the Cosori Air Fryer and press Start/Pause.
- 5 PLACE steak into the preheated air fryer, select *Steak*, and press *Start/Pause*.
- 6 SLICE at an angle to cut through the toughness of the muscle. Season with salt and pepper, then garnish with basil and serve.



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### **Italian Meatballs**

**PREP TIME:** 15 minutes **COOK TIME:** 8 minutes

#### 227 g ground beef (75/25)

28 g panko breadcrumbs

- 30 mL milk
- 1 eqq
- 3 g garlic powder 2 g onion powder
- 2 g dried oregano
- 2 g dried parsley
- Salt & pepper, to taste 15 g Parmesan cheese,
- grated, plus more for serving Nonstick cooking spray
- Marinara sauce, for serving

#### **YIELDS 1-2 SERVINGS**

- **COMBINE** the ground beef, breadcrumbs, milk, egg, spices, salt, pepper, and Parmesan and mix well.
- 2 **ROLL** the meat mixture into medium-sized balls. Set aside in the fridge for 10 minutes.
- 3 **SELECT** *Preheat* on the Cosori Air Fryer and press Start/Pause.
- **4 REMOVE** meatballs from the fridge and add to the preheated air fryer baskets. Spray the meatballs with cooking spray and cook at 205°C for 8 minutes.
- 5 SERVE with marinara sauce and more grated Parmesan.



### Mediterranean Lamb Meatballs

#### **YIELDS 3 SERVINGS**

**PREP TIME:** 35 minutes COOK TIME: 10 minutes

454 g ground lamb

- 3 garlic cloves, minced
- 5 q salt
- 1 g black pepper
- 2 g mint, freshly chopped
- 2 g ground cumin
- 3 mL hot sauce 1 q chili powder 1 scallion, minced
- 8 g parsley, finely chopped 15 mL fresh lemon juice
- 2 g lemon zest
- 10 mL olive oil

- 1 MIX together the lamb, garlic, salt, pepper, mint, cumin, hot sauce, chili powder, scallion, parsley, lemon juice, and lemon zest until well combined.
- **2 FORM** the lamb into 9 balls and chill in the fridge for 30 minutes.
- 3 SELECT Preheat on the Cosori Air Fryer and press Start/Pause.
- **4 COAT** the meatballs in olive oil and place in the preheated air fryer.
- 5 SELECT Steak, adjust time to 10 minutes, and press Start/Pause.



### Japanese Meatballs

#### **YIELDS 4 SERVINGS**

- **PREP TIME:** 15 minutes **COOK TIME:** 10 minutes
- 473 g ground beef 15 mL sesame oil 18 mL miso paste 10 fresh mint leaves, finely chopped 4 scallions, finely chopped 5 g salt 1 g black pepper 45 mL soy sauce 45 mL mirin 45 mL water 3 g brown sugar
- MIX together the ground beef, sesame oil, miso paste, mint leaves, scallions, salt, and pepper until everything is well incorporated.
  - 2 ADD a small amount of sesame oil to your hands and form mixture into 51-mm meatballs. You should have about 8 meatballs.
  - **3 ALLOW** the meatballs to set in the fridge for 10 minutes.
  - 4 **CREATE** the glaze for the meatballs by mixing together the soy sauce, mirin, sake, water, and brown sugar. Set aside.
  - **5 SELECT** *Preheat* on the Cosori Air Fryer and press *Start/Pause.*
  - 6 **ARRANGE** the chilled meatballs in the preheated air fryer.
  - 7 SELECT Steak, adjust time to 10 minutes, and press Start/Pause.
  - 8 LIBERALLY BRUSH the meatballs with the glaze every 2 minutes.



### Roasted Garlic & Herb Chicken

#### YIELDS 3 SERVINGS

**PREP TIME:** 35 minutes **COOK TIME:** 20 minutes

3 chicken thighs, bone-in, skin on

3 chicken legs, skin on 30 mL olive oil 20 g garlic powder 6 g salt 1 g black pepper 1 g dried thyme 1 g dried rosemary 1 g dried tarragon

- **1 COAT** the chicken thighs and legs in olive oil and all seasonings. Allow to marinate for 30 minutes.
- 2 SELECT Preheat on the Cosori Air Fryer, adjust to 195°C, and press Start/Pause.
- 3 PLACE the chicken into the preheated air fryer.
- 4 SELECT Chicken, adjust time to 20 minutes, and press Start/Pause.



### **Barbecue Chicken**

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### **PREP TIME:** 30 minutes **COOK TIME:** 20 minutes

- 2 g smoked paprika
- 5 g powder
- 3 g onion powder
- 4 g chili powder
- 7 g brown sugar
- 18 g kosher salt
- 2 g cumin
- 1 g cayenne pepper
- 1 g black pepper
- 1 g white pepper
- 454 g chicken legs, skin on
- 227 g chicken wings
- Barbecue sauce, for basting &
- serving

#### **YIELDS 4 SERVINGS**

- **COMBINE** all the seasonings together in a small bowl.
- 2 **SPRINKLE** the seasoning over the chicken and allow to marinate for 30 minutes.
- **3 SELECT** *Preheat* on the Cosori Air Fryer, adjust to 195°C, and press *Start/Pause*.
- 4 PLACE the wings in the preheated air fryer.
- 5 SELECT Chicken, adjust time to 20 minutes, and press Start/Pause.
- **6 BRUSH** the chicken with some barbecue sauce every 5 minutes.
- 7 **REMOVE** the chicken from the air fryer when done cooking.
- 8 SERVE with some more barbecue sauce on the side.



### Garlic Lemon Chicken Legs

### YIELDS 3 SERVINGS

**PREP TIME:** 3 minutes **COOK TIME:** 20 minutes

30 mL olive oil

1 lemon, juiced & zested

- 10 g garlic powder
- 5 g paprika
- 9 g salt
- 1 g dried oregano
- 1 g black pepper
- 2 g brown sugar
- 6 chicken legs, skin on

- 1 MIX together the olive oil, lemon juice, lemon zest, garlic powder, paprika, salt, oregano, black pepper, and brown sugar in a small bowl.
- **2 COVER** the chicken legs in the marinade and let sit for 30 minutes.
- 3 SELECT Preheat on the Cosori Air Fryer, adjust to 195°C, and press Start/Pause.
- **4 PLACE** the chicken thighs in the preheated air fryer.
- 5 SELECT Chicken, adjust time to 20 minutes, and press Start/Pause.



### Mustard-Roasted Chicken Thighs YIELDS 4 SERVINGS

1

**PREP TIME:** 3 minutes **COOK TIME:** 20 minutes

- 30 g Dijon mustard
- 15 mL maple syrup
- 1 g onion powder
- 2 g garlic powder
- 1 g paprika
- 2 g salt
- 1 g black pepper
- 4 chicken thighs, bone-in, skin on

- **MIX** together the mustard, maple syrup, onion powder, garlic powder, paprika, salt, and black pepper in a small bowl.
- COAT the chicken thighs in the mustard glaze and set aside.
- 3 SELECT Preheat on the Cosori Air Fryer, adjust to 195°C, and press Start/Pause.
- **4 PLACE** the chicken thighs in the preheated air fryer and top with any left over glaze.
- 5 SELECT Chicken, adjust time to 20 minutes, and press Start/Pause.



### Chicken Tikka Drumsticks

#### **PREP TIME:** 1 hour **COOK TIME:** 20 minutes

79 mL coconut milk

- 24 g tomato paste
- 3 g garam marsala
- 2 g cumin
- 3 g turmeric
- 2 g cardamom
- 3 g garlic powder 25 g ginger, grated
- 5 g salt

#### 4 chicken drumsticks

- 1 **COMBINE** everything except chicken into a bowl and mix.
- **2 SOAK** chicken legs in the coconut marinade and toss until legs are well covered. Marinate for up to 1 hour.
- **3 SELECT** *Preheat* on the Cosori Air Fryer, adjust to 175°C, and press *Start/Pause*.
- **4 REMOVE** the chicken legs from the fridge and put them into the preheated air fryer.
- 5 COOK at 175°C for 20 minutes.
- 6 SERVE with steamed basmati rice.



### Honey Lemon Chicken

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**PREP TIME:** 1 hour **COOK TIME:** 15 minutes

- 45 mL honey, plus more for drizzle 15 mL soy sauce
- 1 lemon, juiced 2 garlic cloves, minced
- 4 chicken thighs, bone-in, skin on
- Salt, to taste
- Lemon slices, for garnish

#### **YIELDS 2 SERVINGS**

- **COMBINE** honey, soy sauce, lemon juice, and garlic in a bowl and mix. Soak chicken thighs and marinate for up to 1 hour.
- 2 SELECT Preheat on the Cosori Air Fryer, adjust to 195°C, and press Start/Pause.
- **3 PLACE** chicken thighs into the preheated air fryer.
- 4 SELECT Chicken, adjust time to 15 minutes, and press Start/Pause.
- 5 REMOVE the baskets from the air fryer when 5 minutes remain on the timer. Baste the chicken with more marinade and return baskets to finish cooking.
- **6 SEASON** with salt, drizzle some honey, and garnish with lemon slices.



### **Five-Spice Sticky Chicken**

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#### **YIELDS 2 SERVINGS**

**PREP TIME:** 2 hours 5 minutes **COOK TIME:** 12 minutes

48 g hoisin sauce

- 18 g oyster sauce
- 3 garlic cloves, finely grated
- 5 g Chinese five-spice
- powder
- 60 mL honey, divided

30 mL dark soy sauce,

divided

4 chicken thighs, boneless, skin on

- **COMBINE** the hoisin, oyster sauce, garlic, Chinese five-spice powder, 30 mL honey, and 20 mL dark soy sauce in a large bowl. Add the chicken thighs and mix until well coated. Marinate for at least 2 hours.
- 2 SELECT Preheat on the Cosori Air Fryer, adjust to 195°C, and press Start/Pause.
- **3 PLACE** chicken thighs into the preheated air fryer baskets.
- 4 SELECT Chicken, adjust time to 12 minutes, and press Start/Pause.
- 5 MIX the remaining honey and soy sauce together in a small bowl.
- 6 BRUSH top of chicken with the honey-soy sauce after 8 minutes of cooking, then return to the air fryer and finish cooking for 4 minutes.
- 7 **SERVE** with steamed Chinese broccoli and rice.



### "Fried" Chicken

**PREP TIME:** 2 hours **COOK TIME:** 25 minutes

- 2 chicken legs
- 2 chicken thighs, bone-in, skin on 224 mL buttermilk 180 g all-purpose flour
- 3 g garlic powder
- 3 g onion powder
- 3 g paprika
- 2 g black or white pepper
- 5 g salt
- 40 mL oil
- Nonstick cooking spray

### **YIELDS 2 SERVINGS**

- 1 **COMBINE** chicken legs, thighs, and buttermilk in a ziplock bag. Marinate for 1-1<sup>1</sup>/<sub>2</sub> hours.
- 2 MIX flour, spices, and salt in a bowl.
- **3 TAKE** chicken legs and thighs straight from the bag and dredge in flour. Make sure chicken is completely covered. Then place on a cooling rack for 15 minutes.
- 4 SELECT Preheat on the Cosori Air Fryer, adjust to 195°C, and press Start/Pause.
- **5 DAB** a kitchen brush into the oil and gently brush onto the chicken legs and thighs on each side.
- 6 PLACE the legs and thighs into the preheated air fryer.
- 7 SELECT Chicken and press Start/Pause.
- 8 **FLIP** the chicken halfway through cooking and spray with cooking spray.
- **9 ALLOW** to cool for 5 minutes when done cooking, then serve.



### Chicken Parmesan

**PREP TIME:** 10 minutes **COOK TIME:** 12 minutes

56 g Italian style breadcrumbs
20 g Parmesan cheese, grated
2 chicken breasts (454 g), boneless, skinless
60 g all-purpose flour
2 eggs, beaten
Nonstick cooking spray

2 slices mozzarella cheese Marinara sauce, for serving 2 sprigs parsley, freshly chopped, for garnish

- 1 SELECT Preheat on the Cosori Air Fryer, adjust to 180°C, and press Start/Pause.
- 2 MIX the breadcrumbs and Parmesan cheese in a bowl.
- **3 DREDGE** each chicken breast in the flour, then dip in the beaten eggs, and then roll in breadcrumb mixture.
- 4 SPRAY the top of the chicken breasts and the inside of preheated air fryer with cooking spray and place chicken breasts in the baskets.
- 5 COOK the chicken breasts at 180°C for 12 minutes.
- 6 PLACE 1 slice of mozzarella cheese onto each breast when 2 minutes remain on the timer.
- 7 SERVE with marinara sauce and garnish with freshly chopped parsley.



### North Carolina Style Pork Chops

- **PREP TIME:** 5 minutes **COOK TIME:** 10 minutes
- 2 pork chops, boneless
- 15 mL vegetable oil
- 25 g dark brown sugar, packed
- 6 g Hungarian paprika
- 2 g ground mustard
- 2 g freshly ground black pepper
- 3 g onion powder
- 3 g garlic powder
- Salt & pepper, to taste

- 1 **SELECT** *Preheat* on the Cosori Air Fryer and press *Start/Pause*.
- 2 COAT the pork chops with oil.
- **3 COMBINE** all the spices and liberally season the pork chops, almost as if it were breading.

**YIELDS 2 SERVINGS** 

- 4 PLACE the pork chops into the preheated air fryer.
- 5 SELECT Steak, adjust to 10 minutes, and press Start/Pause.
- 6 REMOVE the pork chops when done cooking, allow to rest for 5 minutes, then serve.



### Pork Katsu

**PREP TIME:** 10 minutes **COOK TIME:** 14 minutes

#### 2 pork chops (170 g), boneless

- 56 g panko breadcrumbs
- 3 g garlic powder
- 2 g onion powder
- 6 g salt
- 1 g white pepper

60 g all-purpose flour 2 eggs, beaten

Nonstick cooking spray

1 PLACE pork chops into a ziplock bag or cover with plastic wrap.

- **2 POUND** the pork with a rolling pin or meat hammer until it has a 13-mm thickness.
- 3 COMBINE the breadcrumbs and seasonings in a bowl. Set aside.
- 4 **DREDGE** each pork chop in the flour, then dip in the beaten eggs, and roll in the breadcrumb mixture.
- 5 SELECT Preheat on the Cosori Air Fryer, adjust to 180°C, and press Start/Pause.
- **6 SPRAY** both sides of the pork with cooking spray and place into the preheated air fryer.
- 7 COOK the pork chops at 180°C for 14 minutes.
- 8 **REMOVE** from air fryer when done cooking, and allow to rest for 5 minutes.
- 9 SLICE into pieces and serve.



### Prosciutto-Wrapped Pork Roulade YIELDS 4-5 SERVINGS

#### **PREP TIME:** 10 minutes **COOK TIME:** 9 minutes

- 2
- 6 pieces prosciutto, thinly sliced 1 pork tenderloin (454 g), cut in half, butterflied & pounded flat
- 6 q salt
- 1 g black pepper
- 227 g fresh spinach leaves, divided
- 4 slices mozzarella cheese, divided 18 g sun-dried tomatoes, divided
- 10 mL olive oil, divided

- 1 LAY OUT 3 pieces of prosciutto on baking paper, slightly overlapping one another. Place 1 pork half on the prosciutto. Repeat with the other half.
- **SEASON** the inside of the pork roulades with salt and pepper. LAYER half the amounts of spinach, cheese, and sun-dried 3
- tomatoes atop the pork tenderloin, leaving a 13-mm border on all sides.
- **ROLL** the tenderloin around the filling tightly and tie 4 together with kitchen string to keep closed.
- 5 **REPEAT** the process for the other pork tenderloin. Place the roulades in the fridge.
- 6 **SELECT** *Preheat* on the Cosori Air Fryer and press Start/Pause.
- 7 BRUSH 5 mL of olive oil onto each wrapped tenderloin and place the wrapped pork in the preheated air fryer.
- SELECT Steak, adjust time to 9 minutes, and press 8 Start/Pause.
- 9 ALLOW roulades to rest for 10 minutes before slicing.



### **Cajun-Blackened Catfish**

#### **PREP TIME:** 3 minutes **COOK TIME:** 7 minutes

5 g paprika

- 3 g garlic powder
- 2 g onion powder
- 2 g ground dried thyme 1 g ground black pepper
- 1 g cayenne pepper
- 1 g dried basil
- 1 g dried oregano
- 2 catfish fillets (177 g)
- Nonstick cooking spray

- 1 **SELECT** *Preheat* on the Cosori Air Fryer, adjust to 175°C, and press Start/Pause.
- 2 MIX all of the seasonings together in a bowl.
- **3 COAT** the fish liberally on each side with the seasoning mix.
- **SPRAY** each side of the fish with cooking spray and place 4 into the preheated air fryer.
- 5 **SELECT** Seafood and press Start/Pause.
- **REMOVE** carefully when done cooking and serve over grits. 6



### **Chipotle Tuna Melt**

1

**PREP TIME:** 5 minutes **COOK TIME:** 8 minutes

1 can (142 g) tuna 45 g La Costeña Chipotle Sauce 4 slices white bread

2 slices pepper jack cheese

#### **YIELDS 2 SERVINGS**

- **SELECT** *Preheat* on the Cosori Air Fryer, adjust to 160°C, and press Start/Pause.
- 2 MIX the tuna and chipotle sauce until combined.
- **SPREAD** half of the chipotle tuna mixture onto each of 2 3 bread slices.
- **4 ADD** a slice of pepper jack cheese onto each and top with the remaining 2 bread slices, making 2 sandwiches.
- 5 **PLACE** the sandwiches into the preheated air fryer.
- **6 SELECT** *Bread*, adjust time to 8 minutes, and press Start/Pause.
- 7 CUT diagonally and serve.



### **Cornmeal-Crusted Fish Tacos**

#### **YIELDS 4-5 SERVINGS**

**PREP TIME:** 10 minutes **COOK TIME:** 7 minutes

454 g tilapia, cut into 38-mm

thick strips

52 g yellow cornmeal

- 1 g ground cumin 1 g chili powder
- 2 g garlic powder

1 g onion powder 3 q salt

1 g black pepper

Nonstick cooking spray Corn tortillas, for serving Tartar sauce, for serving Lime wedges, for serving

- CUT the tilapia into 38-mm thick strips. 1
- 2 MIX the commeal and seasonings together in a shallow dish.
- 3 COAT the fish strips with the seasoned commeal. Set aside in the fridge.
- 4 SELECT Preheat on the Cosori Air Fryer, adjust to 175°C, and press Start/Pause.
- **5 SPRAY** the coated fish liberally with cooking spray and place them in the preheated air fryer.
- 6 **SELECT** Seafood, adjust time to 7 minutes, and press Start/Pause.
- FLIP the fish halfway through cooking. 7
- SERVE the fish on corn tortillas with tartar sauce and a 8 squeeze of lime.



### Teriyaki-Glazed Salmon

### **PREP TIME:** 10 minutes **COOK TIME:** 8 minutes

#### **TERIYAKI SAUCE**

118 mL soy sauce 50 g sugar 1 g grated ginger 1 garlic clove, crushed 60 mL orange juice

#### SALMON

2 salmon fillets (148 g) 20 mL vegetable oil Salt & white pepper, to taste

### **COMBINE** all teriyaki sauce ingredients in a small sauce pot.

- COMBINE all teriyaki sauce ingredients in a small sauce
   BRING the sauce to a boil, reduce by half, then let cool.
- **3 SELECT** *Preheat* on the Cosori Air Fryer, adjust to 175°C, and press *Start/Pause*.

**YIELDS 2 SERVINGS** 

- 4 COAT the salmon with oil and season with salt and white pepper.
- 5 PLACE the salmon into the preheated air fryer, skin-side down. Select *Seafood*, adjust to 8 minutes, and press *Start/Pause*.
- 6 REMOVE the salmon from the air fryer when finished. Let the salmon rest for 5 minutes, then glaze with teriyaki sauce.
- 7 SERVE over a bed of white rice or with grilled vegetables.



### Lemon Butter Salmon

**PREP TIME:** 3 minutes **COOK TIME:** 8 minutes

2 salmon fillets (177 g) Salt & pepper, to taste

Nonstick cooking spray 30 g butter 30 mL fresh lemon juice 1 garlic clove, grated 6 mL Worcestershire sauce

- 1 SEASON the salmon to taste with salt and pepper.
- 2 SELECT Preheat on the Cosori Air Fryer, adjust to 175°C, and press Start/Pause.
- **3 SPRAY** the preheated air fryer baskets with cooking spray and place the fish inside.
- **4 SELECT** Seafood and press Start/Pause.
- 5 COMBINE the butter, lemon juice, garlic, and Worcestershire sauce in a small sauce pan and melt on low heat, about 1 minute.
- **6 SERVE** the salmon fillets with rice and top with the lemon butter sauce.



### Cajun-Style Shrimp

1

### **PREP TIME:** 3 minutes **COOK TIME:** 5 minutes

#### 6 g salt

- 2 g smoked paprika
- 2 g garlic powder
- 2 g Italian seasoning
- 2 g chili powder
- 1 g onion powder
- 1 g cayenne pepper
- 1 g black pepper
- 1 g dried thyme
- 454 g large shrimp, peeled &
- deveined
- 30 mL olive oil
- Lime wedges, for serving

### YIELDS 2-3 SERVINGS

- **SELECT** *Preheat* on the Cosori Air Fryer, adjust to 190°C, and press *Start/Pause*.
- 2 **COMBINE** all the seasonings together in a large bowl. Set aside
- **3 TOSS** the shrimp with olive oil until the shrimp is evenly coated.
- 4 SPRINKLE the seasoning mix onto the shrimp and toss until well coated.
- **5 PLACE** the shrimp into the preheated air fryer.
- **6 SELECT** *Shrimp*, adjust time to 5 minutes, and press *Start/Pause*.
- 7 SHAKE the baskets halfway through cooking (the Shake Reminder function will let you know when!).
- 8 SERVE with lime wedges.

### Crab Cakes

**PREP TIME:** 35 minutes **COOK TIME:** 8 minutes

### RÉMOULADE

55 g mayonnaise 15 g capers, washed & drained 5 g sweet pickles, minced 5 g red onion, finely diced 8 mL lemon juice 8 g Dijon mustard Salt & pepper, to taste

#### **CRAB CAKES**

1 large egg, beaten 17 g mayonnaise 11 g Dijon mustard 5 mL Worcestershire sauce 2 g Old Bay seasoning 2 g salt A pinch white pepper A pinch cayenne pepper 26 g celery, finely diced 45 g red bell pepper, finely diced 8 g fresh parsley, finely chopped 227 g lump crab meat 28 g panko breadcrumbs Nonstick cooking spray

#### **YIELDS 4 CRAB CAKES**

- 1 MIX together rémoulade ingredients until everything is well incorporated. Set aside.
- 2 WHISK together the egg, mayonnaise, mustard, Worcestershire, Old Bay, salt, white pepper, cayenne pepper, celery, bell pepper, and parsley.
- **3 GENTLY FLAKE** the crab meat into the egg mixture and fold together until well mixed.
- 4 **SPRINKLE** the breadcrumbs over the crab mixture and fold gently until breadcrumbs are well incorporated.
- **5 FORM** the crab mixture into 4 cake patties and chill in the fridge for 30 minutes.
- 6 SELECT Preheat on the Cosori Air Fryer and press Start/Pause.
- 7 LINE the preheated cooking baskets with a sheet of baking paper. Spray the crab cakes with cooking spray and lay them gently onto the paper.
- 8 **COOK** the crab cakes at 205°C for 8 minutes until golden brown.
- 9 FLIP the crab cakes halfway through cooking.
- 10 SERVE with the rémoulade.



## **Crispy Tofu**

**PREP TIME:** 15 minutes COOK TIME: 18 minutes

#### 225 g firm tofu, cut into 25-mm cubes 30 mL soy sauce 10 mL rice vinegar 10 mL sesame oil

40 g cornstarch

#### **YIELDS 2 SERVINGS**

- TOSS the tofu, soy sauce, rice vinegar, and sesame oil 1 together in a shallow bowl. Allow to marinate for 10 minutes.
- SELECT Preheat on the Cosori Air Fryer, adjust to 190°C, and 2 press Start/Pause.
- **3 DRAIN** the tofu of the marinade and then toss the tofu in cornstarch until evenly coated.
- **PLACE** the tofu into the preheated air fryer. 4
- 5 SELECT Shrimp, adjust the time to 18 minutes, and press Start/Pause.
- **6 SHAKE** the baskets halfway through cooking (the Shake Reminder function will let you know when!).



### Aubergine Schnitzel

**PREP TIME:** 8 minutes **COOK TIME:** 8 minutes

1 egg, beaten

15 mL milk

- 112 g Italian style breadcrumbs
- 3 g salt
- 1 g black pepper

1 Japanese aubergine, cut into 13-mm thick slices 60 g all-purpose flour

Olive oil, for brushing

- WHISK together the egg and milk in a shallow dish. 1 Combine the panko breadcrumbs, salt, and pepper in a separate dish.
- 2 CUT the aubergine into 13-mm thick slices.
- **3 COAT** the aubergine slices with flour, then dip in egg, and roll in breadcrumbs. Dip in egg and breadcrumbs again.
- 4 SELECT Preheat on the Cosori Air Fryer and press Start/Pause.
- BRUSH each side of the aubergine slices with olive oil. 5
- 6 **PLACE** the breaded aubergine into the preheated air fryer in a single layer and cook at 205°C for 8 minutes. You may need to work in batches.
- 7 FLIP the aubergine halfway through cooking.



### **Grilled Cheese**

**PREP TIME:** 5 minutes **COOK TIME:** 8 minutes

43 g butter, melted 4 slices white bread 57 g sharp cheddar cheese, shredded, divided

#### **YIELDS 2 SERVINGS**

- 1 **SELECT** *Preheat* on the Cosori Air Fryer, adjust to 160°C, and press *Start/Pause*.
- 2 BRUSH butter on each side of the bread slices.
- **3 SPLIT** the cheese evenly on 2 slices of bread and top with remaining slices to make 2 sandwiches.
- 4 PLACE the grilled cheese sandwiches in the preheated air fryer.
- 5 **SELECT** Bread and press Start/Pause.
- 6 **CUT** diagonally and serve.



hours or overnight.

### Cajun Chicken Tenders

#### **PREP TIME:** 5 hours 15 minutes **1 COOK TIME:** 10 minutes

454 g chicken tenderloins 355 mL buttermilk 10 mL Louisiana hot sauce 180 g all-purpose flour 15 g salt 4 g black pepper 7 g garlic powder 5 g onion powder 5 g paprika 3 g ground mustard 2 g cayenne pepper

12 g cornstarch

Nonstick cooking spray

- well.
  3 DREDGE the marinated chicken tenders in the breading mixture and shake off any excess.
  MIX <sup>1</sup>/<sub>2</sub> of the marinade into the seasoned flour and mix is
- 4 MIX ½ of the marinade into the seasoned flour and mix well. This will create little flakes.

2 ADD all the remaining ingredients in a large bowl and mix

**MARINATE** chicken tenders in buttermilk and hot sauce for 4

- 5 ALLOW the chicken to sit out for an hour until the coating gets tacky and dredge the tenders back in the flour. Set aside.
- **6 SELECT** *Preheat* on the Cosori Air Fryer and press *Start/Pause.*
- 7 **SPRAY** a liberal coating of cooking spray on each side of the chicken tenders and place in the preheated air fryer.
- 8 **COOK** the tenders at 205°C for 10 minutes, until golden brown and crispy.



### Stromboli

**PREP TIME:** 35 minutes **COOK TIME:** 20 minutes

#### 283 g pizza dough,

- refrigerated All-purpose flour, for dusting
- 8 slices ham, cooked
- 3 slices provolone cheese
- 3 slices mozzarella cheese
- 50 g roasted red bell peppers,
- chopped
- 1 g Italian seasoning
- 1 egg, beaten
- 15 mL milk
- 1 g salt
- 1 g dried oregano
- 1 g garlic powder
- 1 g black pepper

#### YIELDS 4-5 SERVINGS

- 1 ALLOW the dough to rest at room temperature for 30 minutes.
- **2 DUST** the dough with flour and roll the dough out to 6-mm thickness.
- **3 LAYER** the ham, cheeses, peppers, and Italian seasoning on half of the dough. Fold over to seal.
- **4 MIX** the egg and milk together. Brush the top of the dough with egg wash.
- **5 SPRINKLE** salt, oregano, garlic powder, and pepper over the top. Set aside.
- 6 SELECT Preheat on the Cosori Air Fryer, adjust to 175°C, and press Start/Pause.
- 7 **PLACE** the stromboli into the preheated air fryer.
- 8 COOK at 175°C for 20 minutes. Flip the stromboli every 5 minutes during cooking.



### Crispy "Fried" Fish Nuggets

#### YIELDS 4 SERVINGS

**PREP TIME:** 6 minutes **COOK TIME:** 6 minutes

454 g whitefish, or other mild

- fish, cut into 38 x 13-mm long
- strips
- 30 g all-purpose flour
- 7 g Old Bay seasoning
- 2 eggs, beaten

180 g panko breadcrumbs Nonstick cooking spray Tartar sauce, for servings

- 1 CUT fish into 38 x 13-mm long strips.
- 2 MIX together the flour and Old Bay seasoning in a bowl.
- **3 COAT** each piece of fish with the seasoned flour, then dip in beaten eggs, and roll in breadcrumbs.
- 4 SELECT Preheat on the Cosori Air Fryer, adjust to 175°C, and press Start/Pause.
- **5 SPRAY** the coated fish on both sides with cooking spray and place into the preheated air fryer.
- 6 SELECT Frozen Foods, adjust time to 6 minutes, and press Start/Pause.
- 7 SHAKE the baskets halfway through cooking (the Shake Reminder function will let you know when!).
- 8 SERVE with tartar sauce.



### Fiesta Mini Pizzas

1

**PREP TIME:** 3 minutes **COOK TIME:** 10 minutes

- 1 pre-made pizza crust (178 mm)
- Olive oil, for brushing
- 57 g salsa
- 85 g Mexican cheese blend, shredded
- 20 g frozen corn, thawed
- 30 g cooked black beans
- 8 g frozen peas, thawed

#### YIELDS 1 SERVING

- **SELECT** *Preheat* on the Cosori Air Fryer, adjust to 160°C, and press *Start/Pause*.
- 2 BRUSH the top of the pizza crust with olive oil.
- **3 PLACE** the pizza crust in the preheated air fryer, and cook for 10 minutes at 160°C.
- **4 ADD** the salsa, cheese, corn, black beans, and peas 5 minutes before cooking is finished.



### Pepperoni Mini Pizzas

### **PREP TIME:** 3 minutes **COOK TIME:** 10 minutes

1 pre-made pizza crust (178 mm) Olive oil, for brushing

- 60 g marinara sauce 5-6 slices pepperoni 85 g mozzarella cheese, shredded
- 25 g Parmesan cheese

- 1 SELECT Preheat on the Cosori Air Fryer, adjust to 160°C, and press Start/Pause.
- 2 BRUSH the top of the pizza crust with olive oil.
- **3 PLACE** the pizza crust in the preheated air fryer, and cook for 10 minutes at 160°C.
- **4 ADD** the marinara sauce, pepperoni slices, mozzarella, and Parmesan 5 minutes before cooking is finished.



### **Cheeseburger Sliders**

#### **YIELDS 4 SERVINGS**

**PREP TIME:** 1 hour 5 minutes **COOK TIME:** 8 minutes

#### 454 g ground beef (80/20) 3 g salt

- 1 g black pepper
- 6 mL Worcestershire sauce
- 5 g Dijon mustard
- 1 small onion, grated
- 1 egg, beaten
- 40 mL olive oil
- 4 slices cheddar cheese
- Slider buns, for serving

- MIX together the ground beef, salt, black pepper, Worcestershire sauce, Dijon mustard, grated onion, and egg until well combined.
- **2 FORM** the beef into 4 even patties and chill in the fridge for 1 hour.
- **3 SELECT** *Preheat* on the Cosori Air Fryer and press *Start/Pause.*
- **4 RUB** the patties with olive oil and place the burgers into the preheated air.
- **5 SELECT** *Steak*, adjust the time to 8 minutes, and press *Start/Pause*.
- 6 FLIP the burgers halfway through cooking to ensure even browning.
- 7 ADD the slices of cheddar cheese to each of the burgers with 1 minute of cooking left.
- 8 SERVE on mini slider buns.



### Turkey Burgers with Asian Slaw

#### **YIELDS 4 SERVINGS**

**PREP TIME:** 35 minutes **COOK TIME:** 10 minutes

#### ASIAN SLAW

175 g cabbage, shredded ½ small red onion, thinly sliced ½ carrot, grated 2 green onions, thinly sliced 2 g cilantro, chopped 30 mL rice wine vinegar 30 mL soy sauce 28 g brown sugar 15 mL sesame oil 14 g mayonnaise Salt & pepper, to taste

### PATTY

454 g ground turkey (85/15) 2 garlic cloves, minced 25-mm piece ginger, grated 2 green onions, chopped 32 g hoisin 15 mL soy sauce 10 g sambal oelek 3 g salt 1 g black pepper 90 g panko breadcrumbs

#### **ASIAN SLAW**

- 1 MIX together the cabbage, onion, carrots, green onions, and cilantro in a large bowl.
- 2 WHISK together the vinegar, soy sauce, brown sugar, sesame oil, mayonnaise, salt, and pepper in a small bowl.
- **3 TOSS** the vegetables with the vinegar dressing and let the Asian slaw marinate for 30 minutes.

#### PATTY

- 1 MIX all of the patty ingredients together in a large bowl until combined.
- **2 FORM** the turkey mixture into 4 patties and set in the fridge to cool.
- **3 SELECT** *Preheat* on the Cosori Air Fryer and press *Start/Pause.*
- **4 PLACE** the turkey patties in the preheated air fryer.
- 5 COOK for 10 minutes at 205°C.
- 6 SERVE on buns with Asian slaw.



### **Prosciutto-Wrapped Asparagus**

**YIELDS 3 SERVINGS** 

**PREP TIME:** 5 minutes **COOK TIME:** 10 minutes

12 spears asparagus 12 mL olive oil Salt & pepper, to taste 12 slices prosciutto

- 1 SELECT Preheat on the Cosori Air Fryer, adjust to 150°C, and press Start/Pause.
- 2 CUT off the woody ends of the asparagus spears and discard.
- **3 DRIZZLE AND COAT** the asparagus spears with oil. Season with salt and pepper.
- **4 WRAP** 1 slice of prosciutto around each asparagus spear, top to bottom, and place into the preheated air fryer.
- **5 SELECT** *Vegetables*, set time for 10 minutes, and press *Start/Pause*.



# Appetizers



### **Dry Rubbed Chicken Wings**

#### **YIELDS 4 SERVINGS**

- **PREP TIME:** 5 minutes COOK TIME: 30 minutes
- 9 g granulated garlic
- 1 chicken bouillon cube, reduced sodium
- 5 q salt
- 3 g black pepper
- 1 g smoked paprika
- 1 g cayenne pepper
- 3 g Old Bay seasoning, less
- sodium
- 3 g onion powder
- 1 g dried oregano
- 453 g chicken wings
- Nonstick cooking spray
- Ranch, for serving

- 1 SELECT Preheat on the Cosori Air Fryer, adjust to 195°C, and press Start/Pause.
- 2 COMBINE seasonings in a bowl and mix well.
- **SEASON** the chicken wings with half of the seasoning blend 3 and spray liberally with cooking spray.
- **4 PLACE** the chicken wings into the preheated air fryer.
- SELECT Chicken, adjust time to 30 minutes, and press 5 Start/Pause.
- 6 SHAKE the baskets halfway through cooking.
- 7 **TRANSFER** the wings into a bowl and sprinkle with the other half of the seasoning until they are well coated.
- **SERVE** with a side of ranch. 8



### **Mongolian Chicken Wings**

1

**PREP TIME:** 15 minutes COOK TIME: 25 minutes

680 g chicken wings

30 mL vegetable oil Salt & pepper, to taste 60 mL low-sodium soy sauce 20 mL rice wine vinegar 15 g Sriracha

- 3 garlic cloves, minced
- 4 g fresh ginger, grated 1 green onion, chopped, for garnish

SELECT Preheat on the Cosori Air Fryer, adjust to 195°C, and press Start/Pause.

**YIELDS 2-4 SERVINGS** 

- 2 TOSS chicken wings, oil, salt, and pepper together until well coated.
- 3 **PLACE** coated chicken wings into the preheated air fryer.
- 4 SELECT Chicken and press Start/Pause.
- 5 **COMBINE** soy sauce, honey, rice wine vinegar, Sriracha, garlic, and ginger in a saucepan.
- **BRING** to a simmer until the flavors meld and the glaze 6 reduces slightly, about 10 minutes.
- 7 **TRANSFER** wings, after 20 minutes, into a large bowl and toss with the glaze.
- 8 **RETURN** wings to the air fryer baskets and finish cooking for the remaining 5 minutes.
- 9 GARNISH with green onions and serve.

85 g honey



### Honey-Sriracha Wings

1

**PREP TIME:** 5 minutes **COOK TIME:** 30 minutes

- 2 g smoked paprika
- 2 g garlic powder
- 2 g onion powder
- 2 g salt
- 2 g black pepper 25 g cornstarch
- 25 y corristarch
- 453 g chicken wings
- Nonstick cooking spray
- 90 g honey
- 100 g Sriracha
- 15 mL rice wine vinegar 5 mL sesame oil

### YIELDS 2-4 SERVINGS

- **SELECT** *Preheat*, adjust to 195°C, and press *Start/Pause*.
- 2 MIX together the smoked paprika, garlic powder, onion powder, salt, black pepper, and cornstarch.
- **3 TOSS** the wings in the seasoned cornstarch until all the wings are evenly coated.
- **4 SPRAY** the wings with cooking spray and mix around until all the wings are coated with oil.
- 5 **PLACE** the wings in the preheated air fryer.
- **6 SELECT** *Chicken*, adjust time to 30 minutes, and press *Start/Pause*.
- 7 SHAKE the baskets halfway through cooking.
- 8 WHISK together the honey, Sriracha, rice wine vinegar, and sesame oil in a large bowl.
- **9 TOSS** the cooked wings in the sauce until the are well coated and serve.



### Garlic Parmesan Chicken Wings

#### **YIELDS 3 SERVINGS**

**PREP TIME:** 5 minutes **COOK TIME:** 25 minutes

25 g cornstarch 20 g Parmesan, grated 9 g garlic powder Salt & pepper, to taste 680 g chicken wings Nonstick cooking spray

- 1 **SELECT** *Preheat* on the Cosori Air Fryer, adjust to 195°C, and press *Start/Pause*.
- **2 COMBINE** the cornstarch, Parmesan, garlic powder, salt, and pepper in a bowl.
- 3 TOSS the chicken wings into the seasoning and dredge until the wings are well coated.
- **4 SPRAY** the air fryer baskets with cooking spray and add the wings, spraying the top of the chicken wings as well.
- 5 SELECT Chicken and press Start/Pause. Make sure to shake the baskets halfway through cooking.
- 6 SPRINKLE with the leftover Parmesan mix and serve.



### Jerk Chicken Wings

**PREP TIME:** 5 minutes **COOK TIME:** 25 minutes

- 1 g ground thyme
- 1 g dried rosemary
- 2 g allspice
- 4 g ground ginger
- 3 g garlic powder
- 2 g onion powder
- 1 g cinnamon
- 2 g paprika
- 2 g chili powder
- 1 g nutmeg
- Salt, to taste
- 30 mL vegetable oil
- 0.5-1 kg chicken wings
- 1 lime, juiced

### YIELDS 2-3 SERVINGS

- 1 SELECT Preheat on the Cosori Air Fryer, adjust to 195°C, and press Start/Pause.
- **2 COMBINE** all spices and oil together in a bowl to make a marinade.
- **3 TOSS** the chicken wings in the marinade until wings are well coated.
- **4 PLACE** the chicken wings into the preheated air fryer.
- 5 SELECT Chicken and press Start/Pause.
- 6 SHAKE the baskets halfway through cooking.
- 7 **REMOVE** the wings and place on a serving platter.
- 8 SQUEEZE fresh lime juice over wings and serve.



### Homemade Tortilla Crisps

**PREP TIME:** 2 minutes **COOK TIME:** 8 minutes

3 corn tortillas (152-mm), cut into 8

- pieces each
- 20 mL olive oil 2 g salt
- z g salt Salsa, for com
- Salsa, for serving

- 1 **CUT** the tortillas in half, then each half into quarters, making a total of 8 pieces per tortilla.
- 2 SELECT Preheat on the Cosori Air Fryer, adjust to 150°C, and press Start/Pause.
- **3 TOSS** the tortillas in the olive oil and salt until all the crisps are well coated.
- 4 **PLACE** the tortillas crisps in the preheated air fryer and cook for 8 minutes at 150°C.
- 5 SHAKE the baskets halfway through cooking.
- 6 SERVE with salsa.



1

### Pigs in a Blanket

**PREP TIME:** 5 minutes **COOK TIME:** 10 minutes

½ sheet puff pastry, thawed 16 cocktail-size smoked link sausages 15 mL milk

#### **YIELDS 4 SERVINGS**

- **SELECT** *Preheat* on the Cosori Air Fryer and press *Start/Pause*.
- 2 CUT the puff pastry into 64 x 38-mm strips.
- 3 PLACE a cocktail sausage on one end of the puff pastry and wrap the dough around the sausage, sealing the dough together with some water.
- 4 BRUSH the upside (seam-side down) of the wrapped sausages with milk and place in the preheated air fryer.
- **5 COOK** at 205°C for 10 minutes, or until golden brown.



### Sausage-Stuffed Mushrooms

#### **YIELDS 3 SERVINGS**

**PREP TIME:** 5 minutes **COOK TIME:** 23 minutes

6 extra-large crimini mushrooms

- 45 mL olive oil, divided
- ¼ large onion, diced
- 1 garlic clove, minced
- 113 g sweet Italian sausage, casing removed
- 14 g Italian style breadcrumbs 58 g mozzarella cheese, shredded,
- plus more for topping 20 g Parmesan cheese, grated
- 4 g parsley, freshly chopped
- Salt & pepper, to taste

- 1 **REMOVE** the mushroom stems from the caps. Mince the stems and set aside.
- 2 **SPOON** out the insides of the mushroom caps to create more room for the stuffing. Set aside.
- **3 HEAT** a pan on medium-high heat and allow to heat up.
- 4 ADD 20 mL olive oil, minced mushrooms stems, and diced onions. Cook for 5 minutes.
- 5 ADD the garlic and cook for 1 minute.
- 6 ADD in the Italian sausage and cook until brown, about 5 minutes. Set aside.
- 7 MIX the sausage with the breadcrumbs, mozzarella, Parmesan, and parsley.
- 8 SEASON to taste with salt and pepper.
- 9 **STUFF** the mushrooms until full and top with more mozzarella cheese.
- 10 DRIZZLE the rest of the oil on the mushrooms.
- **11 SELECT** *Preheat* on the Cosori Air Fryer, adjust to 160°C, and allow to heat up.
- **12 PLACE** the stuffed mushrooms into the preheated air fryer.
- **13 COOK** the mushrooms at 160°C for 12 minutes until cheese is golden brown and bubbly.



### "Fried" Mozzarella Bites

1

**PREP TIME:** 10 minutes **COOK TIME:** 8 minutes

- 6 pieces string cheese 16 g all-purpose flour 3 g cornstarch
- 3 q salt
- 1 g black pepper
- 2 eggs, beaten
- 15 mL milk
- 50 g panko breadcrumbs 2 g dried parsley flakes Nonstick cooking spray
- Marinara sauce or ranch, for serving

### **YIELDS 3 SERVINGS**

- CUT the string cheese into thirds, making 18 pieces.
- 2 MIX together the flour, cornstarch, salt, and pepper in a bowl. Whisk together the eggs and milk in a separate bowl. Combine the panko breadcrumbs and parsley flakes in an additional bowl.
- **3 COAT** each piece of cheese with flour, then dip in egg, and then roll in breadcrumbs. Dip in egg and breadcrumbs again.
- SELECT Preheat on the Cosori Air Fryer, adjust to 175°C, and 4 press Start/Pause.
- **5 SET** the mozzarella bites in the freezer while the air fryer is preheating.
- 6 PLACE the coated mozzarella bites into the preheated air fryer and spray liberally with cooking spray.
- 7 SELECT Frozen Foods, set time for 8 minutes, and press Start/Pause.
- 8 **SHAKE** the baskets halfway through cooking (the Shake Reminder function will let you know when!).
- **9 SERVE** with a side of your favorite marinara sauce, or even better, ranch.



### "Fried" Pickles

**PREP TIME:** 10 minutes **COOK TIME:** 8 minutes

4 large dill pickles 60 g all-purpose flour 2 eggs, beaten 25 g breadcrumbs 2 g paprika 1 g cayenne pepper

Nonstick cooking spray

Salt & pepper, to taste

- **DRY** the dill pickles very well with a clean kitchen towel and 1 cut into spears.
- 2 SET UP a dredging station using 3 shallow bowls. Fill the first shallow dish with flour. Beat the egg in the second dish. Then combine the breadcrumbs and spices until well incorporated in the last dish.
- 3 SELECT Preheat on the Cosori Air Fryer, adjust to 180°C, and press Start/Pause.
- **4 COAT** the pickles by dredging them first in the flour, then the egg, and then the breadcrumbs, pressing the crumbs on gently with your hands. Set the coated pickles on a tray and spray them on all sides with cooking spray.
- 5 ADD the pickles to the preheated air fryer and cook at 180°C for 10 minutes, turning them over halfway through cooking and spraying lightly again, if necessary.
- 6 **SERVE** with your favorite dipping sauce.



### Bacon-Wrapped Stuffed Jalapeños YIELDS 2 SERVINGS

**PREP TIME:** 10 minutes **COOK TIME:** 16 minutes

- 6 medium jalapeños, halved lengthwise & deseeded
  112 g ground pork
  57 g cheddar cheese
  Salt & pepper, to taste
  6 strips bacon, halved
- 1 **CUT** the jalapeños in half, lengthwise, and remove all seeds. Set aside.
- **2 COMBINE** ground pork, cheddar, salt, and pepper in a bowl and mix until well combined.
- **3 SPOON** about 20 mL of pork mixture into each jalapeño half.
- **4 PUT** the jalapeño halves back together and wrap each jalapeño with bacon.
- 5 SELECT *Preheat* on the Cosori Air Fryer, adjust to 160°C, and press *Start/Pause*.
- 6 PLACE the bacon-wrapped jalapeños into the preheated air fryer.
- **7 SELECT** *Bacon*, adjust time to 16 minutes, and press *Start/Pause*.
- 8 SERVE with your favorite dipping sauce.



### **Bacon-Wrapped Shrimp**

**PREP TIME:** 5 minutes **COOK TIME:** 16 minutes

16 jumbo shrimp, peeled &

deveined

- 3 g garlic powder
- 2 g paprika
- 2 g onion powder
- 1 g ground black pepper
- 8 strips bacon, sliced lengthwise

#### **YIELDS 4-5 SERVINGS**

- 1 PLACE the jumbo shrimp in a bowl and season with spices.
- **2 WRAP** the bacon around the shrimp, starting at the top and finishing at the tail, and secure them with toothpicks.
- **3 SELECT** *Preheat* on the Cosori Air Fryer, adjust to 160°C, and press *Start/Pause*.
- **4 ADD** half the shrimp to the preheated air fryer.
- 5 SELECT Bacon and press Start/Pause. When cooking finishes, set aside.
- 6 **REPEAT** with the other batch of shrimp.
- 7 **DRAIN** any excess grease on a paper towel and serve.



### **Coconut Shrimp**

**PREP TIME:** 8 minutes **COOK TIME:** 8 minutes

- 30 g all-purpose flour
- 5 q salt, divided
- 1 g black pepper, divided
- 1 q garlic powder, divided
- 2 g paprika, divided
- 2 large eggs, beaten
- 15 mL milk
- 28 g panko breadcrumbs
- 40 g unsweetened flaked coconut
- 227 g large shrimp, peeled (tails left on) & deveined

Nonstick cooking spray

### **YIELDS 3 SERVINGS**

- MIX together the flour and half of the seasonings and spices in one bowl. Whisk together the eggs and milk in a separate bowl.
- 2 COMBINE the panko breadcrumbs, coconut, and the other half of the seasonings and spices in an additional bowl.
- 3 COAT each shrimp with flour, then dip in egg, and then roll in breadcrumbs and coconut. Dip in egg and crumbs again. Set aside.
- 4 SELECT Preheat on the Cosori Air Fryer, adjust to 175°C, and press Start/Pause.
- 5 ADD the shrimp evenly into the preheated air fryer and spray with nonstick cooking spray.
- 6 SELECT Frozen Foods, adjust time to 8 minutes, and press Start/Pause.
- 7 FLIP the shrimp halfway through cooking (the Shake Reminder function will let you know when!).



### Scotch Egg

**PREP TIME:** 10 minutes **COOK TIME:** 15 minutes

283 g ground pork sausage

- 2 g garlic powder
- 1 g onion powder
- 1 g dried sage
- 2 g salt
- 1 g black pepper
- 4 eggs, medium boiled, peeled
  - 60 g all-purpose flour
  - 1 egg, beaten 40 g Italian style breadcrumbs
  - Nonstick cooking spray
  - Notistick cooking spray

- 1 MIX together the sausage, garlic powder, onion powder, sage, salt, and pepper. Divide into four balls.
- 2 WRAP the sausage around each of the peeled medium boiled eggs until the egg is fully covered.
- **3 COAT** each sausage-covered egg with flour, then dip in beaten egg, and roll in breadcrumbs. Dip in the egg and breadcrumbs again.
- 4 SELECT Preheat on the Cosori Air Fryer, adjust to 175°C, and press Start/Pause.
- **5 SPRAY** the scotch eggs liberally with cooking spray.
- 6 **PLACE** the scotch eggs in the preheated air fryer.
- 7 SELECT Frozen Foods, adjust time to 15 minutes, and press Start/Pause. Make sure to flip the eggs halfway through cooking (the Shake Reminder function will let you know when!).



### Garlic & Herb Chicken Skewers

1

#### **YIELDS 2-4 SERVINGS**

#### **PREP TIME:** 1 hour 5 minutes **COOK TIME:** 10 minutes

- 60 mL olive oil
- 3 garlic cloves, grated
- 2 g dried oregano
- 1 g dried thyme
- 2 g salt
- 1 g black pepper
- 1 lemon, juiced
- 454 g chicken thighs, boneless,
- skinless, cut into 38-mm pieces
- 2 wooden skewers, halved

- MIX together the olive oil, garlic, oregano, thyme, salt, black pepper, and lemon juice together in a large bowl. 2 ADD the chicken to the marinade and marinate for 1 hour.
- SELECT Preheat, adjust to 195°C, and press Start/Pause. 3
- CUT the marinated chicken into 38-mm pieces and skewer 4 them onto the halved skewers.
- 5 PLACE the skewers in the preheated air fryer.
- 6 SELECT Chicken, set time for 10 minutes, and press Start/Pause.



### **Yogurt Chicken Skewers**

- **PREP TIME:** 4 hours 10 minutes 1 **COOK TIME:** 10 minutes
- 123 g plain whole milk Greek
- vogurt
- 20 mL olive oil
- 2 g paprika
- 1 g cumin
- 1 g crushed red pepper
- 1 lemon, juiced & zested
- 5 q salt
- 1 g freshly ground black pepper
- 4 garlic cloves, minced
- 454 g chicken thighs, boneless,
- skinless, cut into 38-mm pieces
- 2 wooden skewers, halved
- Nonstick cooking spray

- MIX together the yogurt, olive oil, paprika, cumin, red pepper, lemon juice, lemon zest, salt, pepper, and garlic in a large bowl.
- 2 ADD the chicken to the marinade and marinate in the fridge for at least 4 hours.
- **3 SELECT** *Preheat* and press *Start/Pause*.
- 4 CUT the marinated chicken thighs into 38-mm pieces and skewer them onto the halved skewers.
- **5 PLACE** skewers into the preheated air fryer and spray with cooking spray.
- 6 COOK at 205°C for 10 minutes.


### Korean-Style Beef Skewers

1

**PREP TIME:** 1 hour 5 minutes **COOK TIME:** 6 minutes

- 20 g ssamjang 20 g gochujang 15 mL soy sauce 15 mL sesame oil 15 mL honey 5 mL rice wine vinegar 454 g beef flap meat, cut into 38-mm pieces
- 2 wooden skewers, halved

### **YIELDS 2-4 SERVINGS**

- **MIX** the ssamjang, gochujang, soy sauce, sesame oil, honey, and vinegar in a bowl.
- **2 TOSS** the cut beef into the marinade and marinate for 1 hour.
- **3 SELECT** *Preheat* on the Cosori Air Fryer and press *Start/Pause*.
- 4 **SKEWER** the pieces of beef onto the halved skewers and place the skewers into the preheated air fryer.
- **5 SELECT** *Steak* and press *Start/Pause*.



### Teriyaki Pork Skewers

**PREP TIME:** 35 minutes **COOK TIME:** 8 minutes

#### 8 g cornstarch

- 118 mL water
- 60 mL soy sauce
- 55 g light brown sugar, lightly packed
- 1 garlic clove, minced
- 2 g grated ginger
- Black pepper, to taste
- 454 g pork loin chop, cut into
- 38-mm cubes 2 wood skewers, halved
- Nonstick cooking spray Salt & pepper, to taste

- 1 WHISK the cornstarch and water together.
- 2 **COMBINE** the cornstarch slurry, soy sauce, brown sugar, garlic, and ginger in a small saucepan. Cook the sauce on high heat until it boils and thickens, about 5 minutes.

- 3 **SEASON** the sauce to taste with black pepper and allow to cool.
- **4 SKEWER** the pork evenly between the wooden skewers.
- 5 MARINATE the skewered pork in some of the teriyaki sauce for 30 minutes.
- **6 SELECT** *Preheat* on the Cosori Air Fryer and press *Start/Pause.*
- 7 **PLACE** the skewers in the preheated air fryer and spray with cooking spray.
- 8 SELECT Steak, adjust to 8 minutes, and press Start/Pause.
- **9 BRUSH** the skewers with the teriyaki sauce every 2 minutes during cooking.
- **10 SEASON** to taste with salt and pepper, and serve.



### Lamb Shawarma Skewers

1

#### **YIELDS 2 SERVINGS**

- **PREP TIME:** 12 minutes **COOK TIME:** 8 minutes
- 340 g ground lamb
- 2 g cumin
- 2 g paprika
- 3 g garlic powder
- 2 g onion powder
- 1 g cinnamon
- 1 g turmeric
- 1 g fennel seeds
- 1 g ground coriander seed
- 3 g salt
- 4 bamboo skewers (229-mm)

- **COMBINE** all ingredients in a bowl and mix well.
- **2 SKEWER** 85 g of meat onto each stick, then place in the fridge for 10 minutes.
- **3 SELECT** *Preheat* on the Cosori Air Fryer and press *Start/Pause.*
- 4 **PLACE** skewers into the preheated air fryer, select *Steak*, adjust time to 8 minutes, and press *Start/Pause*.
- 5 SERVE with lemon yogurt dressing or by itself.



Sides



# Homemade Chips

**YIELDS 4 SERVINGS** 

- **PREP TIME:** 30 minutes **COOK TIME:** 28 minutes
- 2 russet potatoes, cut into 76 x 25-mm strips
- 1 L cold water, for soaking
- potatoes 15 mL oil
- 3 g garlic powder
- 2 g paprika
- Salt & pepper, to taste
- Ketchup or ranch, for serving

- 1 **CUT** the potatoes into 76 x 25-mm strips and soak in the water for 15 minutes.
- **2 DRAIN** the potatoes, rinse with cold water, and pat dry with paper towels.
- **3 ADD** oil and spices to the potatoes, tossing until they are coated evenly.
- 4 SELECT Preheat on the Cosori Air Fryer, adjust to 195°C, and press Start/Pause.
- **5 ADD** the potatoes to the preheated air fryer.
- 6 SELECT French Fries, adjust the time to 28 minutes, and press *Start/Pause*. Make sure to shake the baskets halfway through cooking (the Shake Reminder function will let you know when!).
- 7 REMOVE the baskets from the air fryer when done cooking, and season the chips with salt and pepper.
- 8 SERVE with ketchup or ranch.



# **Sweet Potato Chips**

**PREP TIME:** 5 minutes **COOK TIME:** 10 minutes

2 large sweet potatoes, cut into

- 25-mm thick strips
- 15 mL oil
- 10 g salt
- 2 g black pepper
- 2 g paprika
- 2 g garlic powder
- 2 g onion powder

- 1 **CUT** the sweet potatoes into 25-mm thick strips. 2 **SELECT** Probation the Cosori Air Environment
- 2 **SELECT** *Preheat* on the Cosori Air Fryer and press *Start/Pause*.
- **3 ADD** the cut sweet potatoes to a large bowl and toss with the oil until the sweet potatoes are all coated evenly.
- 4 **SPRINKLE** in the salt, black pepper, paprika, garlic powder, and onion powder. Mix well.
- 5 PLACE Chips in the preheated baskets and cook for 10 minutes at 205°C. Make sure to shake the baskets halfway through cooking.



# **Cajun French Chips**

**PREP TIME:** 30 minutes **COOK TIME:** 28 minutes

- 2 russet potatoes, peeled & cut into
- 76 x 25-mm strips
- 1 L cold water
- 15 mL oil
- 7 g Cajun seasoning
- 1 g cayenne pepper
- Ketchup or ranch, for serving

### **YIELDS 4 SERVINGS**

- 1 **CUT** the potatoes into 76 x 25-mm strips and soak them in the water for 15 minutes.
- 2 DRAIN them, rinse with cold water, and pat dry with paper towels.
- **3 SELECT** *Preheat* on the Cosori Air Fryer, adjust to 195°C, and press *Start/Pause*.
- 4 ADD oil to the potato slices, and toss until they are coated evenly.
- 5 ADD the potatoes to the preheated air fryer.
- 6 SELECT French Fries, change the time to 28 minutes, and press Start/Pause. Make sure to shake the baskets halfway through cooking (the Shake Reminder function will let you know when!).
- 7 REMOVE the baskets from the air fryer when done cooking, and season the chips with the Cajun seasoning and cayenne pepper.
- 8 SERVE with ketchup or ranch.



### **Courgettes Chips**

**PREP TIME:** 10 minutes **COOK TIME:** 8 minutes

2 medium courgettes, cut into 19-mm

thick strips

- 60 g all-purpose flour
- 12 g salt
- 2 g black pepper
- 2 eggs, beaten
- 15 mL milk
- 84 g Italian seasoned panko

breadcrumbs

25 g Parmesan cheese, grated Nonstick cooking spray Ranch, for serving

- 1 CUT the courgettes into 19-mm thick strips.
- 2 MIX together the flour, salt, and pepper in a dish. Whisk together the eggs and milk in a separate dish. Combine the breadcrumbs and Parmesan cheese in another dish.

- 3 COAT each piece of courgette with flour, then dip in egg, and roll in breadcrumbs. Set aside.
- 4 SELECT Preheat on the Cosori Air Fryer, adjust to 175°C, and press Start/Pause.
- **5 PLACE** the coated courgettes evenly into the preheated air fryer and spray with nonstick cooking spray.
- 6 SELECT Frozen Foods, adjust time to 8 minutes, and press Start/Pause.
- 7 SHAKE the baskets halfway through cooking (the Shake Reminder function will let you know when!).
- 8 SERVE with a side of ranch.



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# Avocado Chips

**PREP TIME:** 15 minutes **COOK TIME:** 10 minutes

#### 2 avocados, cut into 25-mm thick

- wedges 50 g panko breadcrumbs
- 2 g garlic powder
- 2 g gai tie powder 2 g onion powder
- 1 g smoked paprika
- 1 g cayenne
- Salt & pepper, to taste
- 60 g all-purpose flour
- 2 eggs, beaten
- Nonstick cooking spray
- Ketchup or ranch, for serving

### **YIELDS 2 SERVINGS**

- **CUT** the avocados into 25-mm thick wedges.
- 2 **COMBINE** the breadcrumbs, garlic powder, onion powder, smoked paprika, cayenne, salt, and pepper in a bowl.
- **3 DREDGE** each avocado wedge in the flour, then dip in the beaten eggs, and roll in the breadcrumb mixture.
- 4 SELECT Preheat on the Cosori Air Fryer and press Start/Pause.
- 5 PLACE avocado chips into the preheated air fryer baskets, spray with cooking spray, and cook at 205°C for 10 minutes.
- 6 FLIP the avocado chips halfway through cooking time and spray with more cooking spray.
- 7 SERVE with ketchup or ranch for dipping.



# **Greek Chips**

**PREP TIME:** 30 minutes **COOK TIME:** 28 minutes

2 russet potatoes, cut into

- 76 x 13-mm strips
- 1 L cold water, for soaking potatoes
- 40 mL vegetable oil
- 3 g garlic powder
- 2 g paprika
  - 56 g feta cheese, crumbled 4 g flat leaf parsley, chopped
- 3 g fresh oregano
- Salt & pepper, to taste
- Lemon wedges, for serving

1 **CUT** the potatoes into 76 x 13-mm strips and soak in the water for 15 minutes.

- **2 DRAIN** the potatoes, rinse with cold water, and pat dry with paper towels.
- **3 ADD** the oil, garlic powder, and paprika to the potatoes, tossing until they are coated evenly.
- 4 SELECT Preheat on the Cosori Air Fryer, adjust to 195°C, and press Start/Pause.
- **5 ADD** the potatoes to the preheated air fryer.
- 6 SELECT French Fries, adjust the time to 28 minutes, and press *Start/Pause*. Make sure to shake the baskets halfway through cooking (the Shake Reminder function will let you know when!).
- 7 REMOVE the baskets from the air fryer when done cooking, and top the chips with feta cheese, parsley, oregano, salt, and pepper.
- 8 SERVE with lemon wedges.



1

# **Potato Wedges**

**PREP TIME:** 3 minutes **COOK TIME:** 20 minutes

- 2 large russet potatoes, rinsed & cut into 102-mm long wedges
- 23 mL olive oil
- 3 g garlic powder
- 1 g onion powder
- 3 g salt
- 1 g black pepper
- 5 g Parmesan cheese, grated
- Ketchup or ranch, for serving

### **YIELDS 4 SERVINGS**

- **CUT** the potatoes into 102-mm long wedges.
- 2 SELECT Preheat on the Cosori Air Fryer, adjust to 195°C, and press Start/Pause.
- **3 COAT** the potatoes in olive oil and toss with the seasonings and Parmesan cheese until well coated.
- **4 ADD** the potatoes to the preheated air fryer.
- 5 SELECT French Fries, set time to 20 minutes, and press Start/Pause.
- **6 SHAKE** the baskets halfway through cooking (the Shake Reminder function will let you know when!).
- 7 SERVE with ketchup or ranch.



salt dissolves.

press Start/Pause.

3

4

# **Potato Crisps**

**PREP TIME:** 40 minutes **COOK TIME:** 25 minutes

2 L water

15 g salt

2 large russet potatoes, thinly sliced

20 mL olive oil

Salt & pepper, to taste

- 6 COAT the potato slices with olive oil.
  7 LAYER the oil-coated potatoes in the preheated air fryer.
- 8 COOK the potatoes at 165°C for 25 minutes. Make sure to shake the baskets halfway through cooking.

1 MIX together the water and salt in a large bowl until all the

2 **THINLY SLICE** the potatoes. Using a mandolin is highly

**SOAK** the potatoes in the salt water for 30 minutes.

5 SELECT Preheat on the Cosori Air Fryer, adjust to 165°C, and

recommended (use a 1.5-mm blade).

**DRAIN** the potatoes and pat them dry.

**YIELDS 4 SERVINGS** 

**9 SEASON** the potatoes with salt and pepper when done cooking.



# **Onion Rings**

**PREP TIME:** 10 minutes **COOK TIME:** 20 minutes

- 1 small white onion, cut into 13-mm thick rounds & separated into rings 84 g panko breadcrumbs
- 2 g smoked paprika
- 5 g salt
- 2 eqqs
- 224 mL buttermilk
- 60 g all-purpose flour
- Nonstick cooking spray

### **YIELDS 2 SERVINGS**

- 1 **SLICE** the onion into 13-mm thick rounds and separate the layers into rings.
- **2 COMBINE** the breadcrumbs, paprika, and salt in a bowl. Set aside.
- **3 WHISK** the eggs and buttermilk together until fully mixed.
- 4 **DREDGE** each onion ring into the flour, then dip in the beaten eggs, and then the breadcrumb mixture.
- 5 SELECT Preheat on the Cosori Air Fryer, adjust to 190°C, and press Start/Pause.
- 6 SPRAY the onion rings liberally with cooking spray.
- 7 PLACE onion rings in a single layer in the preheated air fryer baskets, and cook in batches at 190°C for 10 minutes until golden brown. Be sure to use cooking spray in between to make sure they are uniformly cooked.
- 8 SERVE with your favorite dipping sauce.



# **Blooming Onion**

**PREP TIME:** 2 hours 15 minutes **COOK TIME:** 25 minutes

1 large onion 120 g all-purpose flour

- 7 g paprika
- 12 g salt
- 7 g garlic powder
- 3 g chili powder
- 1 g black pepper
- 1 g dried oregano
- 295 mL water

56 g Italian style breadcrumbs Nonstick cooking spray **PEEL** onion and cut off the top. Place cut-side down onto a cutting board.

- 2 **CUT** downward, from the centre outward, all the way to the cutting board. Repeat to make 8 evenly spaced cuts around the onion. Make sure your slit cuts through all of the layers, but leave the onion connected in the centre. Set aside.
- **3 COVER** the onion in ice water for at least 2 hours, then dry.
- 4 MIX together the flour, paprika, salt, garlic powder, chili powder, black pepper, oregano, and water until it forms a batter.
- 5 SELECT Preheat on the Cosori Air Fryer and press Start/Pause.
- 6 COAT the onion with the batter, spreading out the layers and making sure every layer is covered with the batter. Then sprinkle the top and bottom of the onion with breadcrumbs.
- 7 SPRAY the bottom of the air fryer with cooking spray and place the onion inside, cut-side up. Spray the upside of the onion liberally with cooking spray.
- **8 COOK** the onion at 205°C for 10 minutes, then cook for an additional 15 minutes at 175°C.



### Hasselback Potatoes

**PREP TIME:** 3 minutes **COOK TIME:** 40 minutes

4 medium russet potatoes, washed

- & scrubbed 30 mL olive oil
- 30 mL ouv
- 12 g salt
- 1 g black pepper
- 1 g garlic powder 28 g butter, melted
- 8 g freshly chopped
- parsley, for garnish

### **YIELDS 4 SERVINGS**

- 1 WASH AND SCRUB the potatoes. Pat them dry with a paper towel.
- 2 **CUT** slits, 6-mm apart, into the potato, stopping just before you cut all the way through, so that the slices stay connected by about 13-mm at the bottom of the potato.
- **3 SELECT** *Preheat* on the Cosori Air Fryer, adjust to 175°C, and press *Start/Pause*.
- **4 COVER** the potatoes with olive oil, and season evenly with the salt, black pepper, and garlic powder.
- **5 ADD** the potatoes into the preheated air fryer, and cook for 30 minutes at 175°C.
- 6 BRUSH the melted butter onto the potatoes and cook for another 10 minutes at 175°C.
- 7 GARNISH with freshly chopped parsley.



### **Roasted Potatoes**

**PREP TIME:** 3 minutes **COOK TIME:** 20 minutes

227 g small new potatoes,

cleaned & halved

30 mL olive oil

- 3 g salt 1 g black pepper
- 2 g garlic powder
- 1 g dried thyme
- 1 g dried rosemary

- 1 SELECT Preheat on the Cosori Air Fryer, adjust to 195°C, and press Start/Pause.
- **2 COAT** the halved potatoes in olive oil and toss with the seasonings.
- **3 PLACE** the potatoes into the preheated air fryer.
- 4 SELECT French Fries, set time for 20 minutes, and press Start/Pause. Make sure to shake the baskets halfway through cooking (the Shake Reminder function will let you know when!).



### **Honey-Roasted Carrots**

**PREP TIME:** 5 minutes **COOK TIME:** 12 minutes

454 g heirloom rainbow carrots, peeled & washed 15 mL olive oil 30 mL honey 2 sprigs fresh thyme Salt & pepper, to taste

- YIELDS 2-4 SERVINGS
- **1 PAT DRY** the carrots with a paper towel. Set aside.
- **2 SELECT** *Preheat* on the Cosori Air Fryer and press *Start/Pause*.
- **3 TOSS** the carrots in a bowl with olive oil, honey, thyme, salt, and pepper.
- 4 ADD the carrots to the preheated air fryer.
- 5 SELECT Root Vegetables and press Start/Pause. Make sure to shake the baskets halfway through cooking (the Shake Reminder function will let you know when!).
- 6 SERVE hot.



### **Roasted Garlic Broccoli**

**PREP TIME:** 3 minutes **COOK TIME:** 10 minutes

1 large head broccoli, cut into

florets

- 15 mL olive oil
- 3 g garlic powder
- 3 g salt
- 1 g black pepper

- 1 SELECT Preheat on the Cosori Air Fryer, adjust to 150°C, and press Start/Pause.
- 2 DRIZZLE the broccoli with olive oil and toss together until evenly coated.
- **3 TOSS** the broccoli with the seasonings.
- **4 ADD** the broccoli to the preheated air fryer.
- 5 **SELECT** Vegetables and press Start/Pause.



# Honey-Soy Carrots

1

**PREP TIME:** 5 minutes **COOK TIME:** 12 minutes

- 454 g young carrots (152-mm), rinsed, scrubbed clean & patted dry 15 mL olive oil 5 mL honey 5 mL soy sauce Salt & pepper, to taste
- **SELECT** *Preheat* on the Cosori Air Fryer and press *Start/Pause*.

**YIELDS 4 SERVINGS** 

- 2 COAT the carrots in olive oil and toss in the honey and soy sauce
- **3 PLACE** the carrots in the preheated air fryer.
- 4 SELECT Root Vegetables and press Start/Pause. Make sure to shake the baskets halfway through cooking (the Shake Reminder function will let you know when!).
- **5 SEASON** with salt and pepper when done cooking.



### **Roasted Cauliflower**

**PREP TIME:** 2 minutes **COOK TIME:** 10 minutes

284 g cauliflower florets

10 mL olive oil 3 g salt

3 g salt 1 g black pepper

- YIELDS 2-3 SERVINGS
- 1 SELECT Preheat on the Cosori Air Fryer, adjust to 150°C, and press Start/Pause.
- 2 **PLACE** the cauliflower florets into a bowl, drizzle with olive oil, and season with salt and pepper, tossing to coat the florets evenly.
- **3 ADD** the cauliflower into the preheated air fryer.
- 4 SELECT Vegetables, then press Start/Pause.



### Roasted Turmeric Cauliflower

**PREP TIME:** 2 minutes **COOK TIME:** 10 minutes

- 284 g cauliflower florets
- 10 mL olive oil
- 2 g turmeric powder
- 2 g garlic powder
- 1 g onion powder
- 3 g salt
- 1 g black pepper

1 **SELECT** *Preheat* on the Cosori Air Fryer, adjust to 150°C, and press *Start/Pause*.

**YIELDS 2-3 SERVINGS** 

- 2 PLACE the cauliflower florets into a bowl and drizzle with olive oil until all the cauliflower is well coated.
- **3 TOSS** the cauliflower with the seasonings.
- **4 ADD** the cauliflower into the preheated air fryer.
- 5 **SELECT** Vegetables, then press Start/Pause.



# **Roasted Corn**

**PREP TIME:** 2 minutes **COOK TIME:** 10 minutes

1 ear of corn, husks & silks

removed, cut in half 14 g butter, melted 2 g salt

- **YIELDS 2 SERVINGS**
- 1 **SELECT** *Preheat* on the Cosori Air Fryer and press *Start/Pause.*
- 2 BRUSH the melted butter all over the corn and season with salt.
- **3 PLACE** the corn in the preheated air fryer.
- 4 **SELECT** *Root Vegetables*, adjust time to 10 minutes, and press *Start/Pause*.
- **5 FLIP** the corn halfway through cooking (the Shake Reminder function will let you know when!).



# **Roasted Butternut Squash**

1

Start/Pause.

**YIELDS 2-4 SERVINGS** 

- **PREP TIME:** 10 minutes COOK TIME: 12 minutes
- 1 butternut squash, peeled, seeded & cut into 25-mm cubes 15 mL olive oil, plus more for drizzling 1 g thyme leaves
- 6 g salt
- 1 g black pepper

- 1 **SELECT** *Preheat* on the Cosori Air Fryer and press Start/Pause.
  - 2 CUT the peeled aubergine into 13-mm thick slices.
  - **3 COMBINE** the oil and seasonings in a large bowl until well combined and toss the aubergine until all pieces are well coated.

**YIELDS 1-2 SERVINGS** 

**4 PLACE** the aubergine into the preheated air fryer and cook at 205°C for 10 minutes.

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**PREP TIME:** 5 minutes COOK TIME: 10 minutes

1 Japanese aubergine, peeled & cut

**Roasted Aubergine** 

- into 13-mm thick slices 30 mL olive oil
- 3 q salt
- 2 g garlic powder
- 1 g black pepper
- 1 g onion powder
- 1 g ground cumin

- **SELECT** *Preheat* on the Cosori Air Fryer and press
- 2 COAT the butternut squash cubes with olive oil and season with thyme, salt, and pepper.
- 3 ADD the seasoned squash to the preheated air fryer.
- 4 **SELECT** Root Vegetables and press Start/Pause. Make sure to shake the baskets halfway through cooking (the Shake Reminder function will let you know when!).
- 5 **DRIZZLE** with olive oil when done cooking and serve.





# **Garlic Bread**

**PREP TIME:** 5 minutes **COOK TIME:** 8 minutes

- 1 French baguette (305-mm), cut lengthwise & widthwise 4 garlic cloves, minced 43 g butter, room temperature
- 15 mL olive oil
- 10 g Parmesan cheese,
- grated
- 8 g parsley, freshly chopped

### **YIELDS 4 SERVINGS**

- 1 **SLICE** the baguette in half lengthwise, then each piece in half widthwise, creating four 152-mm long slices.
- 2 SELECT Preheat on the Cosori Air Fryer, adjust to 160°C, and press Start/Pause.
- 3 **COMBINE** garlic, butter, and olive oil together to form a paste.
- 4 **SPREAD** the paste evenly onto the bread and sprinkle with Parmesan cheese.
- 5 **PLACE** the bread into the preheated air fryer.
- **SELECT** Bread and press Start/Pause. 6
- **GARNISH** with freshly chopped parsley when done cooking. 7



### **Cheesy Cornbread Muffins**

**PREP TIME:** 8 minutes COOK TIME: 15 minutes

#### 60 g all-purpose flour

- 79 g cornmeal 38 g white sugar
- 6 g salt 7 g baking powder
- 118 mL milk
- 45 g butter, melted

1 egg

165 g corn

3 scallions, chopped

120 g cheddar cheese, grated Nonstick cooking spray

#### **YIELDS 6 MUFFINS**

- **COMBINE** flour, commeal, sugar, salt, and baking powder in 1 a bowl. Mix together.
- 2 WHISK together milk, butter, and egg until well combined.
- 3 MIX dry ingredients into wet ingredients. Fold in corn, scallions, and grated cheddar cheese.
- 4 SELECT Preheat on the Cosori Air Fryer, adjust to 160°C, and press Start/Pause.
- 5 **GREASE** muffin cups with cooking spray and pour batter in until cups are ¾ full.
- 6 ADD the muffins into the preheated air fryer.
- 7 SELECT Bread, adjust time to 15 minutes, and press Start/Pause.
- 8 SERVE muffins with more butter, or enjoy as is.



### **Cheddar Buttermilk Biscuits**

**YIELDS 4 BISCUITS** 

- **PREP TIME:** 10 minutes COOK TIME: 12 minutes
- 5 g baking powder
- 5 g kosher salt
- 4 g sugar
- 1 g baking soda
- 210 g all-purpose flour, plus
- more for surface 113 g (1 stick) unsalted butter,
- chilled, cut into 6-mm pieces
- 62 g cheddar cheese, shredded 112 g buttermilk, chilled
- Butter, melted, for brushing

- 1 SIFT together the baking powder, salt, sugar, baking soda, and flour.
- 2 **CUT** in the chilled butter by using a pastry blender or food processor until it resembles coarse crumbs.
- 3 **MIX** in the cheddar cheese and buttermilk until it combines into dough. The dough should look dry.
- **4 FORM** dough into a 13-mm thick square.
- 5 SELECT Preheat, adjust to 175°C, and press Start/Pause.
- CUT biscuits using a round biscuit/cookie cutter. 6
- LINE the preheated air fryer baskets with baking paper. 7
- 8 **BRUSH** top of the biscuits with melted butter and place atop the baking paper.
- 9 COOK the biscuits at 175°C for 12 minutes.



### **Brussel Sprouts with Pancetta**

1

#### **YIELDS 2-4 SERVINGS**

**PREP TIME:** 5 minutes **COOK TIME:** 8 minutes

284 g brussel sprouts, halved

2 strips pancetta, diced 20 mL olive oil 2 q garlic powder Salt & pepper, to taste 5 g Parmesan cheese, freshly grated

- **SELECT** *Preheat* on the Cosori Air Fryer and press Start/Pause 2 CUT the stems off of the brussel sprouts, then cut in half.
- 3 **COMBINE** brussel sprout halves, diced pancetta, olive oil, garlic powder, salt, and pepper in a bowl and mix together.
- 4 ADD mixture to the preheated air fryer.
- 5 SELECT Root Vegetables, adjust time to 8 minutes, then press *Start/Pause*. Make sure to shake the baskets halfway through cooking (the Shake Reminder function will let you know when!).
- **6 GRATE** Parmesan cheese for garnish, then serve.



### **Cinnamon Rolls**

**PREP TIME:** 1 hour 20 minutes **COOK TIME:** 12 minutes

#### **CREAM CHEESE FROSTING**

120 g cream cheese, room temperature

- 120 g powdered sugar
- 114 g unsalted butter, room
- temperature 3 mL vanilla extract

### **CINNAMON ROLLS**

237 mL milk, warm
57 g unsalted butter, melted
50 g white sugar
½ packet active dry yeast
280 g all-purpose flour, plus more for dusting
2 g baking powder
6 g salt
57 g unsalted butter, softened
100 g dark brown sugar
7 g ground cinnamon

#### **YIELDS 8-10 CINNAMON ROLLS**

- **1 MIX** together all the frosting ingredients until well combined and there are no lumps. Set aside.
- 2 COMBINE the warm milk, melted butter, white sugar, and active dry yeast in a large bowl and allow to bloom for 1 minute.
- 3 MIX in 6-mm all-purpose flour until well combined and cover with a towel for 1 hour and place in a warm area of your house.
- **4 MIX** in the remaining flour, baking powder, and salt.
- 5 KNEAD the dough on a floured surface and roll out to a ¼-inch thickness.
- **6 SPREAD** the softened butter on the dough, and sprinkle the dark brown sugar and cinnamon on top.
- 7 ROLL the cinnamon rolls tightly beginning at the long edge, until a log of dough has been formed.
- 8 **CUT** the dough into 25 to 38-mm slices, place onto a lightly buttered sheet pan, and cover with a towel for 30 minutes.
- 9 SELECT Preheat on the Cosori Air Fryer, adjust to 165°C, and press Start/Pause.
- **10 PLACE** the cinnamon rolls on baking paper and into the preheated air fryer.
- 11 COOK the cinnamon rolls at 165°C for 12 minutes.
- **12 SPREAD** the cream cheese frosting on top when done cooking.



# Desserts



# Chocolate Soufflé

**PREP TIME:** 10 minutes **COOK TIME:** 13 minutes

Butter, for greasing Sugar, for coating 85 g bittersweet chocolate, chopped 28 g unsalted butter 2 eggs, yolks separated from whites 3 mL pure vanilla extract

- 18 g all-purpose flour
- 36 g sugar
- Powdered sugar, for dusting

### **YIELDS 2 SERVINGS**

- GREASE two 170 g ramekins with butter. Sprinkle sugar into the ramekins, shaking to spread around, then dumping out the excess.
- 2 MELT chocolate and butter together in the microwave in 30 second intervals until the chocolate is fully melted, about 30 seconds to 1 minute.
- **3** WHISK the egg yolks and vanilla extract vigorously into the melted chocolate to prevent scrambling. Stir in the flour until there are no lumps and set aside to cool.
- 4 BEAT the egg whites in a large bowl with an electric mixer at medium speed until they just hold soft peaks.
- 5 ADD the sugar, a little at a time, continuing to beat at medium speed, then increasing to high speed until whites just hold stiff peaks. Set aside.
- 6 SELECT Preheat on Cosori Air Fryer, adjust to 165°C, and press Start/Pause.
- 7 STIR about 60 g of the whites into chocolate mixture to lighten. Then, add chocolate mixture to the remaining whites, folding gently but thoroughly.
- 8 **SPOON** batter into the ramekins and place into the preheated air fryer.
- 9 BAKE the soufflés at 165°C for 13 minutes.
- **10 DUST** the soufflés with powdered sugar and serve immediately.



### **Banana Nut Bread**

**PREP TIME:** 10 minutes **COOK TIME:** 40 minutes

28 g unsalted butter, softened 100 g sugar 1 egg, beaten

2 overripe bananas, mashed 2 mL vanilla extract 20 g all-purpose flour 3 g baking soda 2 g salt 40 g chopped walnuts

Nonstick cooking spray

CREAM together the butter and sugar.
 MIX in the egg, mashed bananas, and

MIX in the egg, mashed bananas, and vanilla. Set aside.
 SELECT Preheat on the Cosori Air Fryer, adjust to 150°C, and press Start/Pause.

**YIELDS 1 MINI LOAF** 

- 4 SIFT together the flour, baking soda, and salt.
- **5 FOLD** the dry ingredients into the wet until combined. Mix in the chopped walnuts.
- 6 **GREASE** 1 mini loaf pan and then fill with batter. Place into the preheated air fryer.
- **7 SELECT** *Desserts*, adjust to 40 minutes, and press *Start/Pause*.

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# Mini Apple Pies

**PREP TIME:** 35 minutes **COOK TIME:** 10 minutes

- 1 medium apple, peeled & diced
- into bite-sized pieces 18 g granulated sugar
- 18 g unsalted butter
- 2 g ground cinnamon
- 1 g ground nutmeg
- 1 g ground allspice
- 1 sheet pre-made pie dough
- 1 egg, beaten
- 5 mL milk

### YIELDS 2 SERVINGS

- 1 **COMBINE** the diced apples, granulated sugar, butter, cinnamon, nutmeg, and allspice together in a medium saucepan or skillet over low-medium heat. Bring to a simmer.
- 2 **SIMMER** for 2 minutes, then remove from heat.
- **3 ALLOW** the apples to cool, uncovered at room temperature, for 30 minutes.
- 4 CUT the pie dough into 127-mm circles.
- 5 ADD the filling to the centre of each pie crust circle and use your finger to apply water to the outer ends. Some filling will be left over.
- 6 CRIMP the pie shut and cut a small slit on the top.
- 7 SELECT Preheat on the Cosori Air Fryer, adjust to 175°C, and press Start/Press.
- 8 MIX together the egg and milk to make an egg wash and brush the tops of each pie.
- 9 PLACE the pies into the preheated air fryer and cook at 175°C for 10 minutes, until pies are golden brown.



### **Rustic Pear Tart with Walnuts**

#### YIELDS 4 SERVINGS

**PREP TIME:** 1 hour 10 minutes **COOK TIME:** 45 minutes

### PASTRY

- 100 g all-purpose flour
- 1 g salt
- 12 g granulated sugar
- 84 g unsalted butter, cold, cut into 13-mm pieces
- 30 mL water, ice-cold
- 1 egg, beaten
- 12 g turbinado sugar
- Nonstick cooking spray
- 20 g honey
- 5 mL water
- Toasted walnuts, chopped, for
  - garnish

### FILLING

- 1 large pear, peeled, quartered &
- thinly sliced
- 5 g cornstarch
- 24 g brown sugar
- 1 g ground cinnamon
- A pinch salt

- 1 MIX 90 g flour, salt, and granulated sugar in a large bowl until well combined.
- 2 **CUT** the butter into the mixture using a pastry blender or food processor until it forms coarse crumbs.
- **3 ADD** the cold water and mix until it combines.
- 4 FORM the dough in a bowl, cover with plastic wrap, and chill in the fridge for 1 hour.
- 5 MIX together the filling ingredients in a bowl until well combined.
- 6 **ROLL** out your chilled dough until it is 216-mm in diameter.
- **7 ADD** the 10 g flour onto the top of the pastry leaving 38-mm unfloured.
- 8 LAY the pear slices in decorative, overlapping circles on top of the floured part of the crust. Spoon any remaining pear juice over the slices. Fold the border over the filling.
- **9 COVER** the borders with beaten egg and sprinkle the turbinado sugar all over the tart. Set aside.
- **10 SELECT** *Preheat* on the Cosori Air Fryer, adjust to 160°C, and press *Start/Pause*.
- **11 SPRAY** the preheated air fryer with cooking spray and place the tart inside.
- **12 SELECT** *Bread*, adjust time to 45 minutes, and press *Start/Pause*.
- **13 MIX** together the honey and water and brush the tart when it is done cooking.
- 14 GARNISH with toasted chopped walnuts.



# Lemon Pound Cake

**PREP TIME:** 10 minutes **COOK TIME:** 30 minutes

120 g all-purpose flour 4 g baking powder A pinch salt 84 g unsalted butter, softened 130 g granulated sugar 1 large egg 15 g fresh lemon juice 1 lemon, zested 56 g buttermilk

**YIELDS 1 MINI LOAF** 

- 1 MIX together the flour, baking powder, and salt in a bowl. Set aside.
- 2 ADD the softened butter to an electric mixer and beat until light and fluffy, about 3 minutes.
- **3 BEAT** the sugar into the whipped butter for 1 minute.
- **4 BEAT** the flour mixture into the butter until fully incorporated, about 1 minute.
- 5 ADD in the egg, lemon juice, and lemon zest. Mix on low until fully incorporated.
- 6 POUR in the buttermilk slowly while mixing at medium speed.
- 7 ADD the batter to a greased mini loaf pan all the way to the top. You may have some batter left over.
- 8 SELECT Preheat on the Cosori Air Fryer, adjust to 160°C, and press Start/Pause.
- **9 PLACE** the pound cake into the preheated air fryer.
- **10 SELECT** *Bread*, adjust time to 30 minutes, and press *Start/Pause*.



### **Blueberry Lemon Muffins**

5 mL lemon juice

4 g baking powder

60 mL coconut oil.

liquidated

1 lemon, zested

5 mL vanilla extract

75 g fresh blueberries

Nonstick cooking spray

2 g baking soda

1 q salt

120 g all-purpose flour

50 g granulated sugar

112 g coconut milk or soy milk

### YIELDS 6-8 SERVINGS

- PREP TIME: 10 minutes1COMBINE lemon juice and coconut milk in a small bowl,COOK TIME: 15 minutesthen set aside.
  - 2 MIX together flour, baking powder, baking soda, and salt in a separate bowl and set aside.
  - 3 BLEND together sugar, coconut oil, lemon zest, and vanilla extract in an additional bowl. Then, combine with coconutlemon mixture and stir to combine.
  - 4 MIX your dry mixture into your wet, gradually, until smooth. Gently fold in blueberries.
  - 5 SELECT Preheat on the Cosori Air Fryer, adjust to 150°C, and press Start/Pause.
  - 6 **GREASE** muffin cups with cooking spray and pour batter in until cups are <sup>3</sup>/<sub>4</sub> full.
  - 7 PLACE the muffin cups carefully into the preheated air fryer. Select *Desserts*, adjust time to 15 minutes, then press *Start/Pause*.
  - 8 **REMOVE** muffins when done cooking and let them cool down for 10 minutes. Then serve.



# **Chocolate Espresso Muffins**

**PREP TIME:** 10 minutes **COOK TIME:** 15 minutes

120 g all purpose flour 60 g cocoa powder 150 g light brown sugar 2 g baking powder 2 g espresso powder 3 g baking soda 1 g salt 1 large egg 170 mL milk 5 mL vanilla extract 5 mL cider vinegar

### 80 mL vegetable oil

Nonstick cooking spray

### **YIELDS 8 MUFFINS**

- 1 MIX together the flour, cocoa powder, sugar, baking powder, espresso powder, baking soda, and salt in a large bowl.
- **2** WHISK the egg, milk, vanilla, vinegar, and oil in a separate bowl.
- 3 MIX the wet ingredients into the dry until combined.
- **4 GREASE** the muffin cups with cooking spray and pour batter in until cups are <sup>3</sup>/<sub>4</sub> full.
- 5 SELECT Preheat on the Cosori Air Fryer, adjust to 150°C, and press Start/Pause.
- **6 PLACE** the muffin cups carefully into the preheated air fryer. You may need to work in batches.
- 7 SELECT Desserts, adjust time to 15 minutes, and press Start/Pause.



### **Coconut Macaroons**

**PREP TIME:** 10 minutes **COOK TIME:** 15 minutes

100 g sweetened condensed milk

1 egg white

- 2 mL almond extract
- 2 mL vanilla extract
- A pinch salt
- 175 g shredded, unsweetened coconut

#### **YIELDS 5-6 SERVINGS**

- 1 MIX together condensed milk, egg white, almond extract, vanilla extract, and salt in a bowl.
- 2 ADD in 160 g shredded coconut and mix until well combined. Mixture should be able to hold its shape.
- 3 FORM 38-mm balls with your hands. On a separate plate, add 25 g of shredded coconut.
- 4 ROLL the coconut macaroons into the shredded coconut until covered.
- 5 SELECT Preheat on the Cosori Air Fryer, adjust to 150°C, and press Start/Pause.
- 6 **ADD** the coconut macaroons to the preheated air fryer.
- 7 SELECT Desserts, adjust time to 15 minutes, and press Start/Pause.
- 8 LET macaroons cool for 5 to 10 minutes when done, then serve.



# **Orange Cranberry Muffins**

### **YIELDS 6-8 MUFFINS**

- **PREP TIME:** 10 minutes **COOK TIME:** 15 minutes
- 120 g all-purpose flour 66 g sugar 4 g baking powder 2 g baking soda A pinch salt 100 g cranberries 1 egg 80 mL orange juice 60 mL vegetable oil 1 orange, zested Nonstick cooking spray
- **1 MIX** together the flour, sugar, baking powder, baking soda, salt, and cranberries in a large bowl.
- 2 WHISK the egg, orange juice, oil, and orange zest in a separate bowl.
- 3 MIX the wet ingredients into the dry until combined.
- **4 GREASE** the muffin cups with cooking spray and pour batter in until cups are <sup>3</sup>/<sub>4</sub> full.
- 5 SELECT Preheat on the Cosori Air Fryer, adjust to 150°C, and press Start/Pause.
- **6 PLACE** the muffin cups carefully into the preheated air fryer. You may need to work in batches.
- 7 SELECT Desserts, adjust time to 15 minutes, and press Start/Pause.



### **Chocolate Chip Muffins**

**PREP TIME:** 10 minutes **COOK TIME:** 15 minutes

50 g granulated sugar

125 mL coconut milk or soy milk 60 mL coconut oil,

liquidated

- 5 mL vanilla extract
- 120 g all-purpose flour
- 14 g cocoa powder
- 4 g baking powder
- 2 g baking soda
- A pinch salt

85 g dark chocolate chips 25 g pistachios, cracked (optional) Nonstick cooking spray

### YIELDS 6-8 SERVINGS

- 1 **COMBINE** sugar, coconut milk, coconut oil, and vanilla extract in a small bowl, then set aside.
- 2 MIX together flour, cocoa powder, baking powder, baking soda, and salt in a separate bowl and set aside.
- 3 MIX your dry ingredients into your wet, gradually, until smooth. Then fold in chocolate chips and pistachios.
- 4 SELECT Preheat on the Cosori Air Fryer, adjust to 150°C, and press Start/Pause.
- 5 GREASE muffin cups with cooking spray and pour batter in until cups are <sup>3</sup>/<sub>4</sub> full.
- 6 PLACE the muffin cups carefully into the preheated air fryer. Select *Desserts*, adjust time to 15 minutes, then press *Start/Pause*.
- 7 **REMOVE** muffins when done cooking and let them cool down for 10 minutes before serving.





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