



**Free Knitting Pattern**  
**Lion Brand® Fishermen's Wool**  
**Cabled Cowl**  
Pattern Number: 90589AD



This lightly felted aran-inspired cowl features beautiful cable stitches, making it a great unisex accessory.

# Free Knitting Pattern from Lion Brand Yarn

## Lion Brand® Fishermen's Wool

### Cabled Cowl

Pattern Number: 90589AD

**SKILL LEVEL:** Intermediate

**SIZE:** One Size

**Finished Circumference** About 26 in. (66 cm), after felting

**Finished Height** About 15 in. (38 cm), after felting

**CORRECTIONS:** None as of Feb 10, 2010. To check for later updates, click [here](#).

#### MATERIALS

- 150-098 Lion Brand Fisherman's Wool Yarn: Natural  
1 Ball
- Lion Brand Stitch Markers
- Large-Eye Blunt Needles (Set of 6)
- Additional Materials  
Circular knitting needle size 9 (5.5 mm), 24 in. (61 cm) long

#### GAUGE:

18 sts = 4 in. (10 cm) over pattern before felting. BE SURE TO CHECK YOUR GAUGE. When you match the gauge in a pattern, your project will be the size specified in the pattern and the materials specified in the pattern will be sufficient. If it takes you less stitches and rows to make a 4 in. [10 cm] square, try using a smaller size hook or needles; if more stitches and rows, try a larger size hook or needles.

#### STITCH EXPLANATION:

**kfb (knit in front and back)** Knit next st without removing it from left needle, then k through back of same st – 1 st increased.

**3/3 LC (3 over 3 left cross)** Slip 3 sts to cable needle and hold in front, k3, then k3 from cable needle.

**2/2 LC (2 over 2 left cross)** Slip 2 sts to cable needle and hold in front, k2, then k2 from cable needle.

**2/2 RC (2 over 2 right cross)** Slip 2 sts to cable needle and hold in back, k2, then k2 from cable needle.

#### PATTERN STITCH

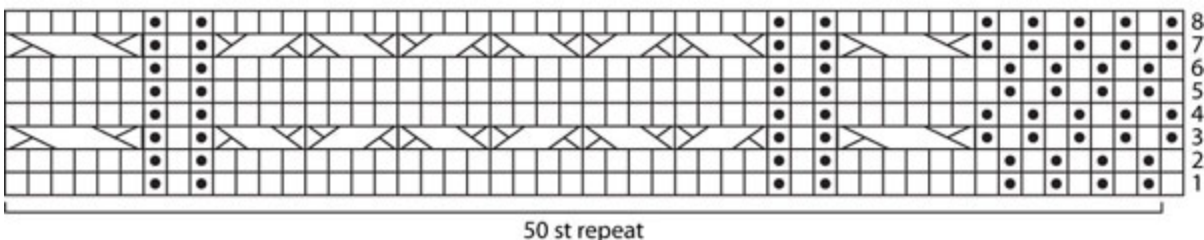
**K2, p2 Rib (worked in the rnd, multiple of 4 sts)**

**Rnd 1:** \*K2, p2, rep from \* around.

**Rnd 2:** K the knit sts, and p the purl sts.

Rep Rnd 2 for K2, p2 Rib.

90589 FW  
Lightly Felted Cowl



- knit
- ◼ purl
- ▧ 2/2 RC: SI 2 sts onto cable needle and hold in back, k2, k2 from cable needle
- ▨ 2/2 LC: SI 2 sts onto cable needle and hold in front, k2, k2 from cable needle
- ▩ 3/3 LC: SI 3 sts onto cable needle and hold in front, k3, k3 from cable needle

**COWL**

Cast on 152 sts. Place marker for beg of rnd. Join, being careful not to twist sts. Work in K2, p2 Rib for 1 in. (2.5 cm).

**Next Rnd:** Work in K2, p2 Rib to last 2 sts, p2tog – 151 sts at the end of this rnd.

**Begin Cable Pattern**

**Rnds 1 and 2:** K1, \*(p1, k1) 4 times, k6, p1, k1, p1, k24, p1, k1, p1, k6; rep from \* around.

**Rnd 3:** P1, \*(k1, p1) 4 times, 3/3 LC, p1, k1, p1, (2/2 RC, 2/2 LC) 3 times, p1, k1, p1, 3/3 LC; rep from \* around.

**Rnd 4:** P1, \*(k1, p1) 4 times, k6, p1, k1, p1, k24, p1, k1, p1, k6; rep from \* around.

**Rnds 5 and 6:** Rep Rnds 1 and 2.

**Rnd 7:** P1, \*(k1, p1) 4 times, 3/3 LC, p1, k1, p1, (2/2 LC, 2/2 RC) 3 times, p1, k1, p1, 3/3 LC; rep from \* around.

**Rnd 8:** Rep Rnd 4.

Rep Rnds 1-8 until piece measures 19 in. (48.5 cm) from beg.

**Next Rnd:** Kfb, \*p2, k2; rep from \* around – 152 sts at the end of this rnd.

Work in K2, p2 Rib as established for 1 in. (2.5 cm). Bind off.

**FINISHING**

Weave in ends.

**Felting**

Lightly felt piece by hand (sts will still be visible), using hot water and ice-cold water alternately with a small amount of detergent. Agitate and massage the piece until desired size. Roll into a towel and squeeze out excess water. Lay piece flat and allow to dry.

<b>ABBREVIATIONS / REFERENCES</b>	
Click for explanation and illustration	
<a href="#">beg = begin(s)(ning)</a>	<a href="#">k = knit</a>
<a href="#">p = purl</a>	<a href="#">p2tog = purl 2 together</a>
<a href="#">rep = repeat(s)(ing)</a>	<a href="#">rnd(s) = round(s)</a>
<a href="#">st(s) = stitch(es)</a>	

Learn to knit instructions: <http://learnToKnit.LionBrand.com>

We want your project to be a success! If you need help with this or any other Lion Brand pattern, e-mail support is available 7 days per week. Just click [here](#) to explain your problem and someone will help you!

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