



**Free Knitting Pattern**  
**Lion Brand® Lion Cotton**  
**Simple Sports Band**  
Pattern Number: BK4K-0609001



This simple sports band is a great first project!

# Free Knitting Pattern from Lion Brand Yarn

## Lion Brand® Lion Cotton

### Simple Sports Band

Pattern Number: BK4K-0609001

**SKILL LEVEL:** Beginner

**SIZE:** Child 11-12, Adult Medium

2½ inches x 6 (7) inches [6 cm x 15(18) cm ]

**Note:** Pattern is written for smallest size with changes for larger sizes in parentheses. When only one number is given, it applies to all sizes. To follow pattern more easily, circle all numbers pertaining to your size before beginning.

**CORRECTIONS:** None

#### MATERIALS

- 760-100 Lion Brand Lion Cotton: White  
1 Skeins
- Lion Brand Knitting Needles - Size 7 [4.5 mm]
- Large-Eye Blunt Needles (Set of 6)

#### GAUGE:

16 St sts + 24 rows = 4 inches square [10 cm] BE SURE TO CHECK YOUR GAUGE.

#### WRISTBAND

Cast on 10 stitches

#### Row 1 Knit.

Repeat row 1 until band is 6 (7) inches [6 cm x 15 (18) cm]long. Bind off, leaving an end of 8 inches [20.5 cm] for sewing.

#### FINISHING

Thread the large-eyed blunt needle with the end of the yarn and sew the ends of the wristband together. Weave in end of yarn and trim.

#### ABBREVIATIONS / REFERENCES

Click for explanation and illustration

k = knit

st(s) = stitch(es)

Learn to knit instructions: <http://learnToKnit.LionBrand.com>

Every effort has been made to have the knitting and crochet instructions accurate and complete. We cannot be responsible for variance of individual knitters and crocheters, human errors, or typographical mistakes.



*\*Lion Cotton formerly 'Kitchen Cotton' (Articles #760) is an all-natural, 4-ply worsted-weight yarn of 100% cotton, made in the U.S. Solids are packaged in 5 oz./140g (236yd/212m) balls; multi-colors are in 4 oz/113 gm. (189 yd/170m) balls. Product is also available in some colors in a 1 pound (16oz/453g 755 yd/690m) money-saving size as Item #750.*

We want your project to be a success! If you need help with this or any other Lion Brand pattern, e-mail support is available 7 days per week. Just click [here](#) to explain your problem and someone will help you!

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