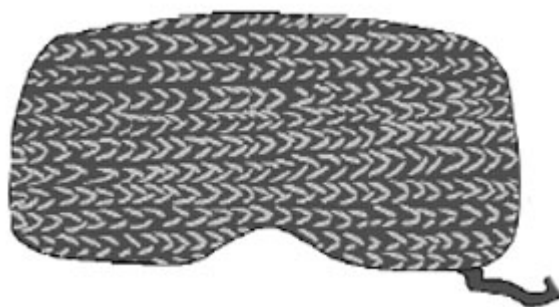




Free Knitting Pattern
Lion Brand® Microspun
Aromatic Eye Pillow
Pattern Number: cws-eyepillow



For many of us, the very act of knitting is soothing. But sometimes you need more than needles to de-stress. On those trying days, sling this nicely weighty, flower-scented pillow over your eyes and check out for a few minutes. In keeping with the whole relaxation theme, this pattern is easy and breezy. It's basically two rectangles sewn together, with a slight curve built in to fit your face. If you're feeling less confident with the sticks, just leave out the shaping and make a squarer pillow. Ahhhhh!

Free Knitting Pattern from Lion Brand Yarn

Lion Brand® Microspun

Aromatic Eye Pillow

Pattern Number: cws-eyepillow

SKILL LEVEL: Beginner

SIZE: One Size

CORRECTIONS: None

MATERIALS

- 910-150 Lion Brand Microspun: Sterling
 - 1 Ball
- Lion Brand Knitting Needles- Size 6 [4.00 mm]
- Large-Eye Blunt Needles (Set of 6)
- Additional Materials
 1. An old pair of tights or knee-highs
 2. 2 cups of uncooked rice
 3. Dried lavender (optional)
 4. Sewing needle
 5. Thread

GAUGE:

24 stitches and 32 rows = 4 inches (10 cm) in stockinette stock BE SURE TO CHECK YOUR GAUGE.

FRONT

Cast on 20 stitches.

Row 1: Knit.

Row 2: Purl.

Continue working in stockinette, knit one row, purl one row, until work measures 3 inches, approximately 22 rows. End on a purl row.

Begin shaping with decreases:

Row 1: K1, k2tog, k across.

Row 2: Purl across.

Repeat these two rows four times more for a total of 5 decreases. 15 stitches will be on the needles. Work even for two rows.

Begin shaping with increases.

Row 1: (RS) K1, m1, k across.

Row 2: (WS) P across.

Repeat these two rows four times more for a total of 5 increases.

20 stitches will be on the needles. Work even for approximately

22 more rows, or until work measures 7½ inches from the beginning.

Bind off.

BACK

Cast on 20 stitches. Work in stockinette as for the front, until work measures 3 inches, approximately 22 rows. End on a purl row.

Begin shaping with decreases:

Row 1 (RS): K12, k2tog, k1.

Row 2 (WS): Purl across.

Row 3: K11, k2tog, k1.

Row 4: Purl.

Row 5: K10, k2tog, k1.

Row 6: Purl.

Row 7: K9, k2tog, k1.

Row 8: Purl.

Row 9: K8, k2tog, k1.

Row 10: Purl.

You have made a total of 5 decreases and 15 stitches will be on the needles. Work even for two rows.

Begin shaping increases:

Row 1 (RS): K10, m1, k across.

Row 2 (WS): P across.

Row 3: K11, m1, k across.

Row 4: P across.

Row 5: K12, m1, k across.

Row 6: P across.

Row 7: K13, m1, k across.

Row 8: P across.

Row 9: K14, m1, k across.

Row 10: P across.

You have made a total of 5 increases and 20 stitches will be on the needles. Work even for approximately 22 more rows, or until work measures 7 ½ inches from the beginning. Bind off.

Finishing

Weave in ends. Spritz pieces with water, pat into shape, and lay flat to dry.

Using tapestry needle and yarn, sew the front and back pieces, leaving one of the small sides open to stuff the pillow. Make sure you have the right sides facing out.

Cut off the foot of the tights or knee highs. Pour the rice and lavender into the foot. If you want a drape-y pillow, don't stuff the foot full; for a firmer pillow, pace in the rice and herbs. Sew across the cut edge of the foot with the sewing needle and thread. Make sure that no rice can escape!

Place the rice-stuffed foot into the eye pillow, and using the tapestry needle and yarn, sew the open end of the pillow shut using mattress stitch.

Learn to knit instructions: <http://learnToKnit.LionBrand.com>

Every effort has been made to have the knitting and crochet instructions accurate and complete. We cannot be responsible for variance of individual knitters and crocheters, human errors, or typographical mistakes.



**Microspun (Article #910) is a super-soft sport-weight micro-fiber acrylic yarn. It comes in 2.5 oz./70g (168yd/154m) balls*

We want your project to be a success! If you need help with this or any other Lion Brand pattern, e-mail support is available 7 days per week. Just click [here](#) to explain your problem and someone will help you!

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