



Free Knitting Pattern
Lion Brand® Lion Cotton
Rolled-Edge Sports Band
Pattern Number: BK4K-0609002



This simple sports band is a little more complicated than our simple band because you'll change colors on the edges! Use at the gym or to make those too-loose band gauntlets stay where they are supposed to. Because the edges are done in stockinette stitch, they roll for a neat finished edge.

Free Knitting Pattern from Lion Brand Yarn

Lion Brand® Lion Cotton Rolled-Edge Sports Band

Pattern Number: BK4K-0609002

SKILL LEVEL: Easy

SIZE: Child 11-12, Adult Medium

2½ inches x 6 (7) inches [6 cm x 15 (18) cm]

Note: Pattern is written for smallest size with changes for larger sizes in parentheses. When only one number is given, it applies to all sizes. To follow pattern more easily, circle all numbers pertaining to your size before beginning.

CORRECTIONS: None

MATERIALS

- 760-100 Lion Brand Lion Cotton: White
1 Skeins (A)
- 760-112 Lion Brand Lion Cotton: Poppy Red
1 Skeins (B)
- 760-108 Lion Brand Lion Cotton: Morning Glory Blue
1 Skeins (C)
- Lion Brand Knitting Needles - Size 7 [4.5 mm]
- Large-Eye Blunt Needles (Set of 6)

GAUGE:

16 St sts + 24 rows = 4 inches [10 cm] square BE SURE TO CHECK YOUR GAUGE.

NOTES:

When changing colors, don't forget to twist the old and new yarn together so that you don't get holes in your piece.

WRISTBAND

With (C) Cast on 2 stitches. Change to (A), cast on 6. Change to (B), cast on 2.

Row 1: With (B), knit 2. Change to (A), knit 6. Change to (C), knit 2.

Row 2: With (C), purl 2. Change to (A), knit 6. Change to (B), purl 2.

Repeat rows 1 and 2 until band is 6 (7) inches [6 cm x 15 (18) cm] long. Bind off, leaving an end of 8 inches [20.5 cm] for sewing.

FINISHING

Thread the large-eyed blunt needle with the end of the yarn and sew the ends of the wristband together. Weave in end of yarn and trim.

ABBREVIATIONS / REFERENCES

Click for explanation and illustration

k = knit

p = purl

st(s) = stitch(es)

Learn to knit instructions: <http://learnToKnit.LionBrand.com>

Every effort has been made to have the knitting and crochet instructions accurate and complete. We cannot be responsible for variance of individual knitters and crocheters, human errors, or typographical mistakes.



**Lion Cotton formerly 'Kitchen Cotton' (Articles #760) is an all-natural, 4-ply worsted-weight yarn of 100% cotton, made in the U.S. Solids are packaged in 5 oz./140g (236yd/212m) balls; multi-colors are in 4 oz/113 gm. (189 yd/170m) balls. Product is also available in some colors in a 1 pound (16oz/453g 755 yd/690m) money-saving size as Item #750.*

We want your project to be a success! If you need help with this or any other Lion Brand pattern, e-mail support is available 7 days per week. Just click [here](#) to explain your problem and someone will help you!

For hundreds of free patterns, visit our website www.LionBrand.com

To order visit our website www.e-yarn.com or call: (800) 258-YARN (9276) any time!

Copyright ©1998-2005 Lion Brand Yarn Company, all rights reserved. No pattern or other material may be reproduced -- mechanically, electronically, or by any other means, including photocopying -- without written permission of Lion Brand Yarn Company. If you would like to send a copy of this page to someone, click [here](#) and we will be happy to do it for you.