



Free Knitting Pattern
Lion Brand® LB Collection® Cashmere - LB Collection® Cotton
Bamboo
Neck Pillow
Pattern Number: L10059



We filled ours with buckwheat, which is easily heated in the microwave for uber relaxation.
For a lighter, plane friendly version, try filling with fiberfill.

Free Knitting Pattern from Lion Brand Yarn
Lion Brand® LB Collection® Cashmere - LB Collection® Cotton
Bamboo
Neck Pillow
Pattern Number: L10059

SKILL LEVEL: Intermediate

SIZE: One Size
11 1/2 x 18 in. (29 x 46.5 cm)

CORRECTIONS: None as of Apr 15, 2011. To check for later updates, click [here](#).

MATERIALS

- 483-124 Lion Brand LB Collection Cashmere: Toffee
3 Balls (A)
- 487-126 Lion Brand LB Collection Cotton Bamboo: Chocolate Dahlia
1 Ball (B)
- Lion Brand Knitting Needles- Size 5 [3.75 mm]
- Lion Brand Split Ring Stitch Markers
- Large-Eye Blunt Needles (Set of 6)
- Additional Materials
1/2 yd. (1/2 m) of cotton fabric, washed dried and pressed Sewing needle and thread
Sewing machine (optional)
Straight pins
Scissors
12 cups buckwheat groats (available at health food stores, also called kasha) OR fiberfill stuffing

GAUGE:

24 sts + 32 rows = 4 in. (10 cm) in St st (k on RS, p on WS) with A or B. BE SURE TO CHECK YOUR GAUGE. When you match the gauge in a pattern, your project will be the size specified in the pattern and the materials specified in the pattern will be sufficient. If it takes you less stitches and rows to make a 4 in. [10 cm] square, try using a smaller size hook or needles; if more stitches and rows, try a larger size hook or needles.

STITCH EXPLANATION:

m1 (make 1) An increase worked by lifting the horizontal thread lying between needles and placing it onto left needle. Knit this new stitch through the back loop - 1 st increased.

ssk (sl, sl, knit) Sl next 2 sts as if to knit, one at a time, to right needle, insert left needle into fronts of these 2 sts and knit them together - 1 st decreased.

NOTES:

1. Pillow is worked in 2 halves; each half has a left and a right side.
2. Knit Pillow is slipped over a fabric insert. Insert can be hand or machine sewn.



First Half

Left Side

With A, cast on 28 sts.

Row 1 (RS): Knit.

Row 2: Purl.

Row 3: K2, m1, k to last 2 sts, m1, k2 - 30 sts at the end of this row.

Row 4: Purl.

Rows 5-12: Rep Rows 1-4 twice - 34 sts.

Continue in St st (k on RS, p on WS) until piece measures about 5 1/2 in. (14 cm) from beg, end with a WS row.

Note: End with a WS row means that the last row you work should be a WS (purl) row.

Next Row: K2, m1, k to end of row - 35 sts at the end of this row.

Next Row: Purl.

Rep the last 2 rows 5 more times - 40 sts.

Cut yarn and sl sts to a holder.

Right Side

With A, cast on 28 sts.

Row 1 (RS): Knit.

Row 2: Purl.

Row 3: K2, m1, k to last 2 sts, m1, k2 - 30 sts at the end of this row.

Row 4: Purl.

Rows 5-12: Rep Rows 1-4 twice - 34 sts.

Continue in St st until piece measures about 5 1/2 in. (14 cm) from beg, end with a WS row.

Next Row: K to last 2 sts, m1, k2 - 35 sts at the end of this row.

Next Row: Purl.

Rep the last 2 rows 5 more times - 40 sts.

Join Left and Right Sides

Next Row: K across 40 sts of right side, cast on 18 sts, sl sts for left side from holder back to needle and k across these sts - 98 sts at the end of this row.

Beg with a purl row, work in St st for 2 in. (5 cm), end with a WS row.

Next Row: K2, ssk, k to last 4 sts, k2tog, k2 - 96 sts.

Next Row: Purl.

Rep last 2 rows until 74 sts rem.

Second Half

Change to B.

Row 1: K2, m1, k to last 2 sts, m1, k2 - 76 sts.

Row 2: Purl.

Rep last 2 rows 11 more times - 98 sts.

Beg with a RS (knit) row, work in St st for 2 in. (5 cm), end with a WS row.

Next Row: K40 for right side and sl these sts to a holder, bind off 18 sts, k to end - 40 sts rem for left side.

Left Side

Note: Continue on 40 sts for left side only.

Next Row: Purl.

Next Row: K2, ssk, k to end of row - 39 sts.

Next Row: Purl.

Rep last 2 rows until 34 sts rem.

Beg with a RS (knit) row, work in St st for 5 1/2 in. (14 cm), end with a WS row.

Next Row: K2, ssk, k to last 4 sts, k2tog, k2 - 32 sts.

Next Row: Purl.

Next Row: Knit.

Next Row: Purl.

Rep last 4 rows until 28 sts rem.

Bind off.

Right Side

Sl sts for right side from holder back to needle and join B, ready to work a WS row.

Next Row (WS): Purl.

Next Row: K to last 4 sts, k2tog, k2 - 39 sts.

Next Row: Purl.

Rep last 2 rows until 34 sts rem.

Beg with a RS (knit) row, work in St st for 5 1/2 in. (14 cm), end with a WS row.

Next Row: K2, ssk, k to last 4 sts, k2tog, k2 - 32 sts.

Next Row: Purl.

Next Row: Knit.

Next Row: Purl.

Rep last 4 rows until 28 sts rem.

Bind off.

FINISHING

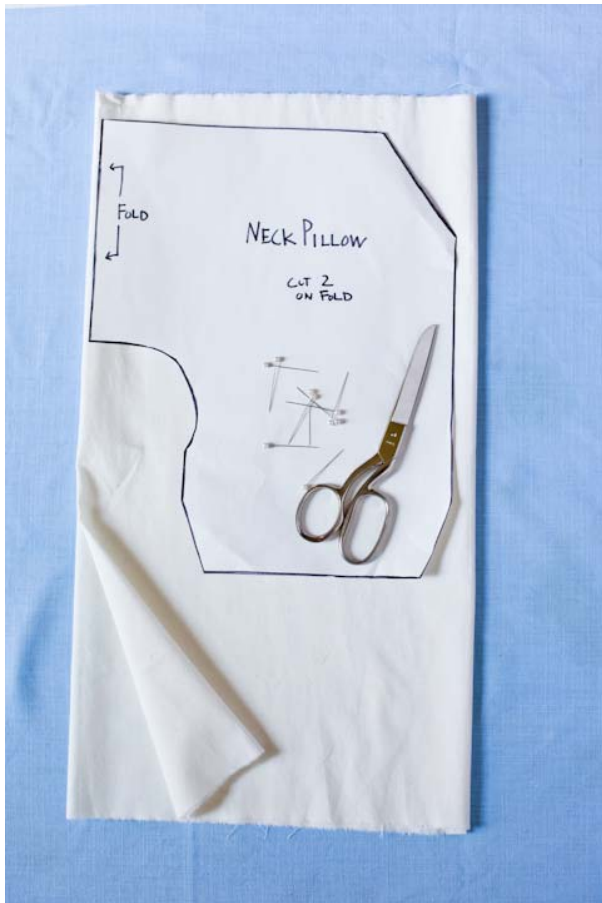
Dampen Pillow, then stretch flat into shape and allow to dry.

Weave in ends.

Fabric Insert

Fold fabric in half with RS together. Lay knit Pillow onto WS of fabric, having the middle of the pillow (the line along which the color changes from A to B) lining up with the folded edge. With pencil, trace around outer edge of knit pillow.

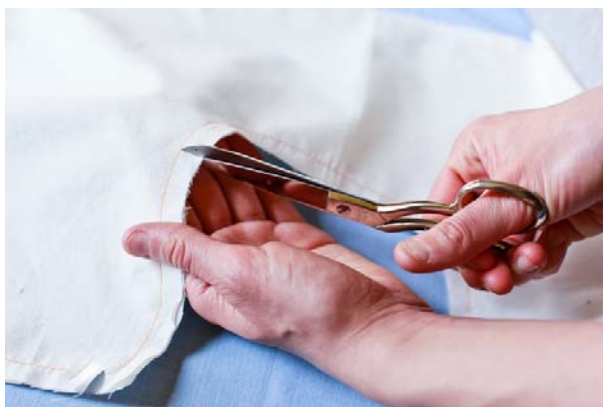




Cut traced shape from doubled fabric, cutting 1/2 in. (1.3 cm) outside traced line.
Using a 1/2 in. (1.3 cm) seam allowance, and leaving a 2-3 in. (5-7.5 cm) opening, seam fabric pieces for insert.



Clip curved edges, then turn insert RS out through opening.



Insert a funnel or paper cone into opening, then fill insert with buckwheat.

If using fiberfill, stuff insert.

Sew opening closed.

FINISHING

Use mattress stitch to partially seam knit Pillow Halves along outer edges. Slip knit Pillow over insert and finish seaming knit Pillow.

Weave in ends.

ABBREVIATIONS / REFERENCES	
Click for explanation and illustration	
<u>beg = begin(s)(ning)</u>	<u>k = knit</u>
<u>k2tog = knit 2 together</u>	<u>p = purl</u>
<u>rem = remain(s)(ing)</u>	<u>rep = repeat(s)(ing)</u>
<u>RS = right side</u>	<u>sl = slip</u>
<u>St st = Stockinette stitch</u>	<u>st(s) = stitch(es)</u>
<u>WS = wrong side</u>	

Learn to knit instructions: <http://learnToKnit.LionBrand.com>

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