



Free Knitting Pattern
Lion Brand® Heartland
Zig Zag Dress
Pattern Number: L32160



Knit this chevron-striped dress if you love stripes and want to try a new way to wear your favorite pattern. *Designed by Irina Poludhenko.*

Free Knitting Pattern from Lion Brand Yarn

Lion Brand® Heartland

Zig Zag Dress

Pattern Number: L32160

SKILL LEVEL: Intermediate (Level 3)

SIZE: Varies

S/M (L/1X)

Finished Bust 34 (41) in. (86.5 (104) cm)

Finished Length 29 1/2 (30 1/2) in. (75 (77.5) cm)

CORRECTIONS: (applied May 13, 2014)

Schematic changed.

MATERIALS

- 136-189 Lion Brand Heartland Yarn: Isle Royale
1 2 Ball (A)
- 136-158 Lion Brand Heartland Yarn: Yellowstone
1 2 Ball (B)
- 136-126 Lion Brand Heartland Yarn: Sequoia
2 3 Balls (C)
- 136-174 Lion Brand Heartland Yarn: Joshua Tree
1 2 Ball (D)
- 136-109 Lion Brand Heartland Yarn: Olympic
1 2 Ball (E)
- 136-135 Lion Brand Heartland Yarn: Yosemite
1 2 Ball (F)
- Clover Bamboo Circular Knitting Needles 36" Size 9
- Lion Brand Stitch Holders
- Lion Brand Split Ring Stitch Markers
- Lion Brand Large-Eye Blunt Needles (Set of 6)
- Additional Materials
Circular knitting needle size 9 (5.5 mm), 24 in. (61 cm) long
Circular knitting needle size 9 (5.5 mm), 40 in. (101.5

**Heartland (Article #136). 100% Acrylic;
package size: 5.00oz/142.00 gr.
(251yds/230m) pull skeins*



cm) long
Circular knitting needle size
9 (5.5 mm), 60 in. (152.5
cm) long

GAUGE:

15 sts + 22 rows = 4 in. (10 cm) in Garter st (k every row).

When you match the gauge in a pattern, your project will be the size specified in the pattern and the materials specified in the pattern will be sufficient. The needle or hook size called for in the pattern is based on what the designer used, but it is not unusual for gauge to vary from person to person. If it takes you fewer stitches and rows to make your swatch, try using a smaller size hook or needles; if more stitches and rows, try a larger size hook or needles.

Making a Gauge Swatch

STITCH EXPLANATION:

kfb (knit in front and back) Knit next st without removing it from left needle, then k through back of same st - 1 st increased.

ssk (slip, slip, knit) Slip next 2 sts as if to knit, one at a time, to right needle; insert left needle into fronts of these 2 sts and knit them tog - 1 st decreased.

PATTERN STITCH

Zig Zag Pattern (multiple of 16 sts)

Rnd 1: *Yo, p6, p3tog, p6, yo, p1; rep from * around.

Rnd 2: Purl.

Rnds 3 and 4: Rep Rnds 1 and 2.

Rnd 5: *Yo, k6, k3tog, k6, yo, k1; rep from * around.

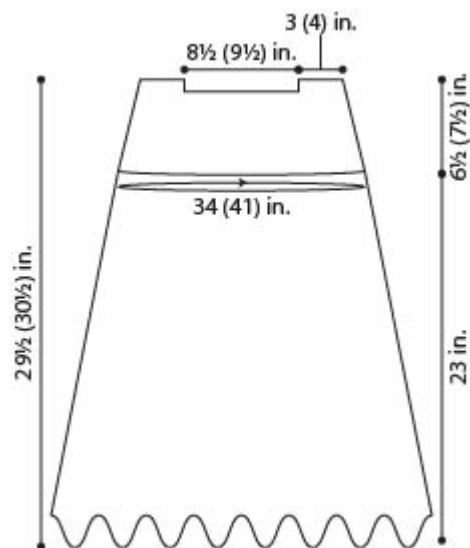
Rnd 6: Knit.

Rnds 7 and 8: Rep Rnds 5 and 6.

Rep Rnds 1-8 for Zig Zag pattern.

NOTES:

1. Skirt is worked in the rnd to make a large circle. The circle is worked in rnds beg at the outer edge using the longest circular needle.
2. Stitches are decreased to work towards the center of the circle. When the number of sts will no longer spread comfortably around the length of the circular needle, change to the next shorter needle.
3. Piece is divided to form armholes and back and front worked separately back and forth in rows.



SKIRT STRIPE SEQUENCE

Work *4 rnds with A, 4 rnds with B, 4 rnds with C, 4 rnds with D, 4 rnds with E, and 4 rnds with F; rep from * for Stripe Sequence.

BACK STRIPE SEQUENCE

Work *2 rows with C, 2 rows with D, 2 rows with C, 2 rows with F, 2 rows with C, 2 rows with E, 2 rows with C, 2 rows with B, 2 rows with C, 2 rows with A; rep from * for Back Stripe Sequence.

DRESS

Skirt

With longest needle and A, cast on 496 (592) sts. Place marker for beg of rnd. Join by working the first st on left hand needle with the working yarn from the right hand needle and being careful not to twist sts.

Rnds 1-48: Work in Zig Zag pattern for 48 rnds changing color as in Skirt Stripe Sequence. **Note:** The last rnd you work should be a 2nd rnd worked with F.

Continue to change color as in Skirt Stripe Sequence throughout. When the number of sts will no longer spread comfortably around the length of the circular needle, change to the next shorter circular needle.

Rnd 49 (Dec Rnd): *P6, p3tog, p7; rep from * around – 434 (518) sts.

Rnd 50: Purl.

Rnd 51: *Yo, p5, p3tog, p5, yo, p1; rep from * around.

Rnd 52: Purl.

Rnd 53: *Yo, k5, k3tog, k5, yo, k1; rep from * around.

Rnd 54: Knit.

Rnds 55 and 56: Rep last 2 rnds.

Rnds 57-60: Rep Rnds 51 and 52 twice.

Rnd 61 (Dec Rnd): *K5, k3tog, k6; rep from * around – 372 (444) sts.

Rnd 62: Knit.

Rnd 63: *Yo, k4, k3tog, k4, yo, k1; rep from * around.

Rnd 64: Knit.

Rnd 65: *Yo, p4, p3tog, p4, yo, p1; rep from * around.

Rnd 66: Purl.

Rnds 67 and 68: Rep last 2 rnds.

Rnds 69-72: Rep Rnds 63 and 64 twice.

Rnd 73 (Dec Rnd): *P4, p3tog, p5; rep from * around – 310 (370) sts.

Rnd 74: Purl.

Rnd 75: *Yo, p3, p3tog, p3, yo, p1; rep from * around.

Rnd 76: Purl.

Rnd 77: *Yo, k3, k3tog, k3, yo, k1; rep from * around.
Rnd 78: Knit.
Rnds 79 and 80: Rep last 2 rnds.
Rnds 81–84: Rep Rnds 75 and 76 twice.
Rnd 85 (Dec Rnd): *K3, k3tog, k4; rep from * around – 248 (296) sts.
Rnd 86: Knit.
Rnd 87: *Yo, k2, k3tog, k2, yo, k1; rep from * around.
Rnd 88: Knit.
Rnd 89: *Yo, p2, p3tog, p2, yo, p1; rep from * around.
Rnd 90: Purl.
Rnds 91 and 92: Rep last 2 rnds.
Rnds 93–96: Rep Rnds 87 and 88 twice.
Rnd 97 (Dec Rnd): *p2, p3tog, p3; rep from * around – 186 (222) sts.
Rnds 98: Purl.
Rnd 99: *Yo, p1, p3tog, p1, yo, p1; rep from * around.
Rnd 100: Purl.
Rnd 101: *Yo, k1, k3tog, k1, yo, k1; rep from * around.
Rnd 102: Knit.
Rnds 103 and 104: Rep last 2 rnds.
Rnd 105: *Yo, p1, p3tog, p1, yo, p1; rep from * around.
Rnd 106: Purl.
Rnds 107 and 108: Rep last 2 rnds.
Rnd 109 (Dec Rnd): *K1, k3tog, k2; rep from * around – 124 (148) sts.
Rnd 110: Knit.
Rnd 111: *Yo, k3tog, yo, k1; rep from * around.
Rnd 112: Knit.
Rnd 113: *Yo, p3tog, yo, p1; rep from * around.
Rnd 114: Purl.
Rnds 115 and 116: Rep last 2 rnds.
Rnds 117–120: Rep Rnds 111 and 112 twice.

Divide for Armholes

Row 1 (RS): With C, k62 (74) sts for back, place remaining 62 (74) sts on a holder for front.

Back

Work back and forth in rows over 62 (74) back sts only and continue to change color as in Back Stripe Sequence.

Row 2: Knit.

Row 3 (Dec Row): K1, ssk, k to last 3 sts, k2tog, k1 – 60 (72) sts.

Rep last 2 rows 5 more times – 50 (62) sts.

Work even in Garter st (k every row) and continuing to follow Back Stripe Sequence until back measures about 5 1/2 (6 1/2) in. (14 (16.5) cm) from divide, end with a RS row.

Note: End with a RS row means that the last row you work should be a RS row, and the next row that you are ready to work will be a WS row.

Shape Neck

Row 1 (RS): K10 (14) and place these sts on holder for right shoulder, bind off center 30 (34) sts for neck, k to end of row – 10 (14) sts rem.

Left Shoulder

Work in Garter st for 5 rows.

Bind off.

Right Shoulder

Return right front shoulder sts to needle and work in Garter st for 5 rows.

Bind off.

Front

Return Front sts to needle ready to work a WS row.

Work Front same as Back.

FINISHING

Armhole Edging

From RS with shortest needle and C, pick up and k48 (56) sts evenly spaced across one armhole edge.
Knit 1 row.

Bind off. Rep around opposite armhole edge.

Sew right shoulder seam, including armhole edging.

Neck Edging

Note: Although front and back neck edges are the same length, different numbers of sts are picked up along each for the edging, to create an attractive neck shape.

From RS with shortest needle and C, pick up and k40 (44) sts evenly spaced across front neck and 36 (40) sts across back neck.

Knit 1 row.

Bind off.

Sew remaining shoulder seam, including neck and armhole edging.

Weave in ends.

ABBREVIATIONS / REFERENCES	
Click for explanation and illustration	
<u>beg = begin(s)(ning)</u>	<u>dec = decreas(e)(s)(ing)</u>
<u>k = knit</u>	<u>k3tog = knit 3 together</u>
<u>p = purl</u>	<u>p3tog = purl 3 together</u>
<u>rep = repeat(s)(ing)</u>	<u>rnd(s) = round(s)</u>
<u>RS = right side</u>	<u>st(s) = stitch(es)</u>
<u>WS = wrong side</u>	<u>yo = yarn over</u>

Learn to knit instructions: <http://learnToKnit.LionBrand.com>

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