



**Free Knitting Pattern**  
**Lion Brand® Heartland Thick & Quick®**  
**Deep V Cabled Vest**  
**Pattern Number: L32267**



# Free Knitting Pattern from Lion Brand Yarn

## Lion Brand® Heartland Thick & Quick®

### Deep V Cabled Vest

Pattern Number: L32267

**SKILL LEVEL:** Intermediate (Level 3)

**SIZE:** One Size

**Finished Bust** 48 in. (122 cm)

**Finished Length** 32 in. (81.5 cm)

**CORRECTIONS:** None as of Mar 21, 2014. To check for later updates, click [here](#).

#### MATERIALS

- 137-151 Lion Brand Heartland Thick & Quick  
Yarn: Katmai 10 Balls *\*Heartland Thick & Quick (Article #137). 100% acrylic; package size: 5.00oz/141.75 gr. (125yds/114m) pull skeins*
- Lion Brand Knitting Needles Size 15 [10 mm]
- Lion Brand Cable Needles (Set of 2)
- Lion Brand Split Ring Stitch Markers
- Lion Brand Large-Eye Blunt Needles (Set of 6)



#### GAUGE:

15 sts + 14 rows = 3 in. (7.5 cm) in St st (k on RS, p on WS).

When you match the gauge in a pattern, your project will be the size specified in the pattern and the materials specified in the pattern will be sufficient. The needle or hook size called for in the pattern is based on what the designer used, but it is not unusual for gauge to vary from person to person. If it takes you fewer stitches and rows to make your swatch, try using a smaller size hook or needles; if more stitches and rows, try a larger size hook or needles.

Making a Gauge Swatch

#### STITCH EXPLANATION:

**4 / 4 LC (4 over 4 left cross)** Slip 4 sts to cable needle and hold in front, k4, then k4 from cable needle.

**4 / 4 RC (4 over 4 right cross)** Slip 4 sts to cable needle and hold in back, k4, then k4 from cable needle.

**5 / 5 LC (5 over 5 left cross)** Slip 5 sts to cable needle and hold in front, k5, then k5 from cable needle.

**5 / 5 RC (5 over 5 right cross)** Slip 5 sts to cable needle and hold in back, k5, then k5 from cable needle.

**M1 (make 1)** An increase worked by lifting the horizontal strand lying between needles and placing it onto the left hand needle. Knit this new stitch through the back loop – 1 st increased.

## PATTERN STITCHES

**K1, p1 Rib (worked over a multiple of 2 sts)**

**Row 1 (WS):** \*K1, p1; rep from \* to end of row.

**Row 2:** K the knit sts and p the purl sts.

Rep Row 2 for K1, p1 Rib.

**Cable A (worked over a multiple of 15 sts)**

**Row 1 (RS):** Knit.

**Row 2 and All WS Rows:** Purl.

**Row 3:** 5/5 LC, k5.

**Row 5:** Knit.

**Row 7:** K5, 5/5 RC.

**Row 8:** Purl.

Rep Rows 1-8 for Cable A.

**Cable B (multiple of 12 sts)**

**Row 1 (RS):** Knit.

**Row 2 and All WS Rows:** Purl.

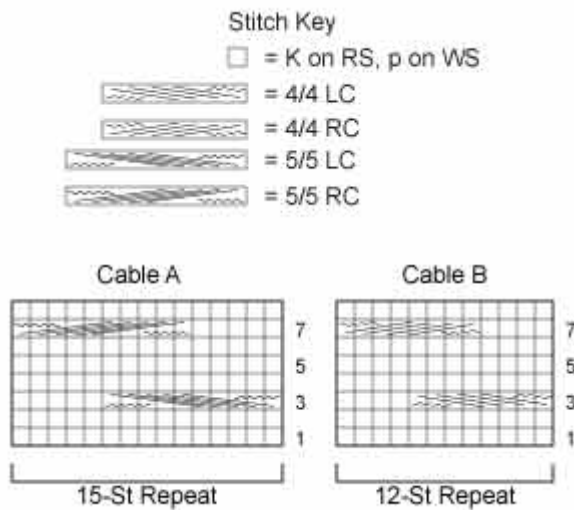
**Row 3:** 4/4 LC, k4.

**Row 5:** Knit.

**Row 7:** K4, 4/4 RC.

**Row 8:** Purl.

Rep Rows 1-8 for Cable B.



## NOTES:

1. Design is meant to be oversize for smaller sizes.
2. Vest is worked in 2 pieces, Back and Front.
3. Front is divided, then each side is worked separately to create a deep v-neck.
4. When you see '— 12 sts' in the instructions, this lets you know how many sts you will have at the end of that specific row.

## BACK

Cast on 92 sts.

Beg with Row 1, work in K1, p1 Rib for 2 rows.

**Next Row (WS):** K1, p1, k1, p9, \*p2, M1; rep from \* to last 12 sts, p9, k1, p1, k1 – 126 sts at the end of this row.

**Next Row:** P1, k1, p1, beg with Row 1, work Cable A across to last 3 sts, p1, k1, p1.

**Next Row:** K1, p1, k1, work next row of Cable A across to last 3 sts, k1, p1, k1.

Keeping first and last 3 sts in K1, p1 rib and rem sts in Cable A, work until piece measures about 18 in. (45.5 cm) from beg, end with a Row 6 as the last row you work.

### Shape Armholes

**Next Row (RS):** P1, k1, p1, k5, slip next 5 sts to a cable needle and hold in back, (knit next st on left hand needle tog with next st on cable needle) 5 times, continuing in Cable A, work to last 18 sts, k5, slip next 5 sts to a cable needle and hold in back, (knit next st on left hand needle tog with next st on cable needle) 5 times, p1, k1, p1 – 116 sts rem.

**Next 5 Rows:** K the knit sts and p the purl sts over the first and last 13 sts and continue in Cable A, as established over rem sts.

**Next Row (RS):** K2, p1, slip next 5 sts to a cable needle and hold in front, (knit next st on left hand needle tog with next st on cable needle) 5 times, place marker (pm), continuing in Cable A, work to last 13 sts, pm, slip next 5 sts to a cable needle and hold in front, (knit next st on left hand needle tog with next st on cable needle) 5 times, p1, k2 – 106 sts rem.

**Next Row:** K the knit sts and p the purl sts as they appear, slipping markers as you come to them.

Place markers at each end of last row for beg of armholes.

**Row 1 (RS):** K2, p2tog, k to marker, work in Cable A to marker, k to last 4 sts, p2tog, k2 – 104 sts rem.

**Row 2:** P2, k2tog, p3, work in Cable A to last 7 sts, p3, k2tog, p2 – 102 sts rem.

Rep Rows 1 and 2 once, then Row 1 once – 96 sts when all decreases have been completed.

Keeping in patterns as established, work until piece measures 10 in. (25.5 cm) from armhole markers, end with a Row 2 as the last row you work.

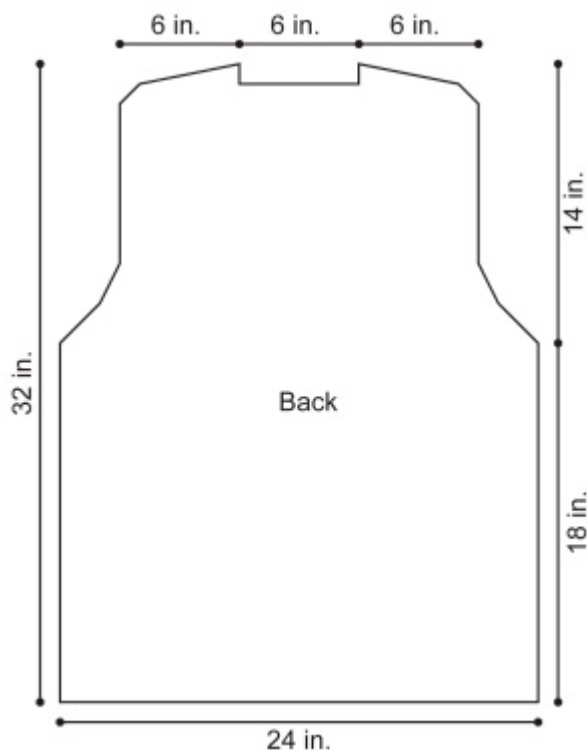
**Next Row (RS):** K2, p1, \*slip next 5 sts to a cable needle and hold in front, (knit next st tog with first st on cable needle) 5 times, k5; rep from \* to last 3 sts, p1, k2 – 66 sts rem.

**Next Row:** K the knit sts and p the purl sts as they appear.

### Shape Neck and Shoulders

Mark center 16 sts for neck.

**Next Row (RS):** K2, p1, work in St st (k on RS, p on WS)



to marked center 16 sts, join a second ball of yarn and bind off center 16 sts, work in St st to last 3 sts, p1, k2 – 25 sts remain on each side.

Working both sides AT THE SAME TIME with separate balls of yarn, work one row.

**Next 2 Rows:** On first side, bind off first 7 sts, work to end of side; on second side, bind off first 2 sts, work to end of side – 16 sts each side.

**Next 2 Rows:** On first side, bind off first 7 sts, work to end of side; on second side, dec 1 st (k2tog on RS, p2tog on WS), work to end of side – 8 sts remain on each side. Bind off rem sts on each side.

## FRONT

Cast on and work same as Back until piece measures about 14 in. (35.5 cm) from beg, end with Row 8 as the last row you work.

### Shape Neck

**Next Row (RS):** P1, k1, p1, work Row 1 of Cable A over next 45 sts, k12, p1, k2, join a second ball of yarn, k2, p1, k12, work Cable A over next 45 sts, p1, k1, p1 – 63 sts rem on each side.

**Next Row:** On first side, k1, p1, k1, work Row 2 of Cable A over next 45 sts, beg with Row 2, work Cable B over next 12 sts, k1, p2; on second side, p2, k1, work Row 2 of Cable B over next 12 sts, work Row 2 of Cable A to last 3 sts, k1, p1, k1.

Working both sides AT THE SAME TIME with separate balls of yarn and continuing in patterns as established, work until piece measures about 18 in. (45.5 cm) from beg, end with a Row 6 as the last row you work.

### Shape Armholes

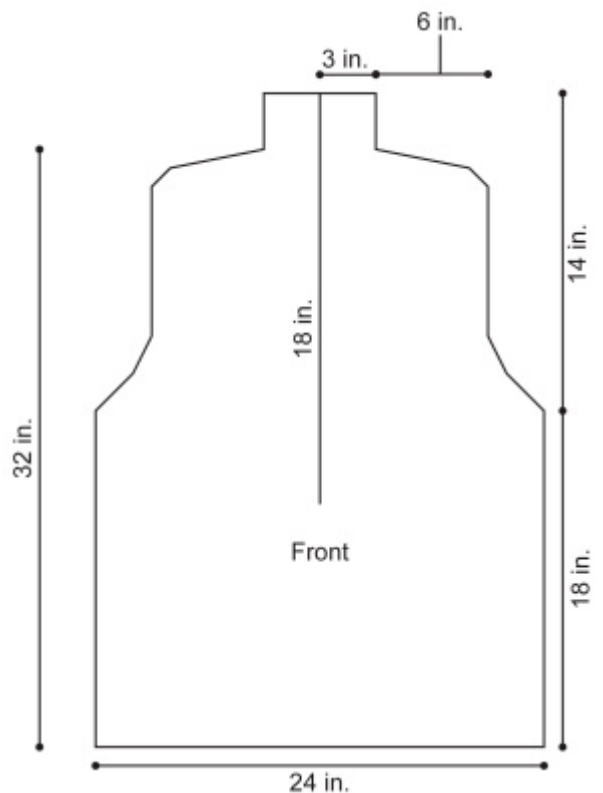
**Next Row (RS):** On first side, p1, k1, p1, k5, slip next 5 sts to a cable needle and hold in back, (knit next st tog with next st on cable needle) 5 times, work in patterns as established to end of side; on second side, work in patterns as established to last 18 sts, k5, slip next 5 sts to a cable needle and hold in back, (knit next st tog with next st on cable needle) 5 times, p1, k1, p1 – 58 sts rem each side.

**Next 5 Rows:** K the knit sts and p the purl sts over the first and last 13 sts and continue in patterns, as established over rem sts.

**Next Row (RS):** On first side, p1, k1, p1, k5, slip next 5 sts to a cable needle and hold in back, (knit next st tog with next st on cable needle) 5 times, pm, work in patterns as established to end of side; on second side, work in patterns as established to last 18 sts, pm, k5, slip next 5 sts to a cable needle and hold in back, (knit next st tog with next st on cable needle) 5 times, p1, k1, p1 – 53 sts rem each side.

**Next Row:** K the knit sts and p the purl sts as they appear. Place marker at each end of last row for beg of armholes.

**Row 1 (RS):** On first side, k2, p2tog, k to marker, work in patterns as established to end of side; on second side, work in patterns as established to marker, k to last 4 sts, p2tog, k2 – 52 sts rem each side.



**Row 2:** On first side, p2, k2tog, p to marker, work in patterns as established to end of side; on second side, work in patterns as established to marker, p to last 4 sts, k2tog, p2 – 51 sts rem each side.

Rep Rows 1 and 2 once, then Row 1 once – 48 sts each side when all decreases have been completed.

After decreases have been completed removed markers as you work the next row.

Continuing in patterns as established, work until piece measures about 10 in. (25.5 cm) from armhole markers, end with a Row 2 as the last row you work.

### Shape Shoulders

**Next Row (RS):** K2, p1, \*slip next 5 sts to a cable needle and hold in front, (knit next st tog with next st on cable needle) 5 times, k5; rep from \* once more, work in pattern as established to end of side; on second side, work in patterns as established over first 15 sts, \*\*slip next 5 sts to a cable needle and hold in front, (knit next st tog with next st on cable needle) 5 times, k5; rep from \*\* once more, p1, k2 – 43 sts rem each side.

**Next Row:** K the knit sts and p the purl sts as they appear.

**Next Row (RS):** On first side, k2, p1, work in St st to last 15 sts, work in pattern as established to end of side; on second side, work in pattern as established over first 15 sts, work in St st to last 3 sts, p1, k2 – 38 sts each side.

**Next 4 Rows:** On first side, bind off 7 sts, work to end of side; on second side, work to end of side.

**Next 2 Rows:** On first side, bind off 8 sts, work to end of side; on second side, work to end of side – 16 sts remain on each side when all bind offs have been completed.

### Shape Back Neck Trim

Working both sides AT THE SAME TIME, work as established on 16 sts each side until pieces measures about 3 in. (7.5 cm) from last shoulder bind-off row OR same length as to center of back neck.

Bind off each side separately.

## FINISHING

Sew shoulder seams. Sew bound off ends of back neck trim together, then sew lower edge of trim along back neck edge.

Sew side seams from lower edge to armhole markers.

Weave in ends.

| ABBREVIATIONS / REFERENCES             |                             |
|----------------------------------------|-----------------------------|
| Click for explanation and illustration |                             |
| <u>beg = begin(s)(ning)</u>            | <u>k = knit</u>             |
| <u>k2tog = knit 2 together</u>         | <u>p = purl</u>             |
| <u>p2tog = purl 2 together</u>         | <u>rem = remain(s)(ing)</u> |
| <u>rep = repeat(s)(ing)</u>            | <u>RS = right side</u>      |
| <u>St st = Stockinette stitch</u>      | <u>st(s) = stitch(es)</u>   |
| <u>tog = together</u>                  | <u>WS = wrong side</u>      |

Learn to knit instructions: <http://learnToKnit.LionBrand.com>

---

Every effort has been made to have the knitting and crochet instructions accurate and complete. We cannot be responsible for variance of individual knitters and crocheters, human errors, or typographical mistakes.

We want your project to be a success! If you need help with this or any other Lion Brand pattern, e-mail support is available 7 days per week. Just click [here](#) to explain your problem and someone will help you!

**For thousands of free patterns, visit our website [www.LionBrand.com](http://www.LionBrand.com)**

**To order visit our website [www.lionbrand.com](http://www.lionbrand.com) or call: (800) 258-YARN (9276) any time!**

**When in New York City, visit the Lion Brand Yarn Studio where we have the largest selection of our yarns anywhere and over 100 classes and events monthly.**

**34 West 15th Street, NY, NY 10011**

Copyright ©1998-2013 Lion Brand Yarn Company, all rights reserved. No pattern or other material may be reproduced -- mechanically, electronically, or by any other means, including photocopying -- without written permission of Lion Brand Yarn Company.