



Free Knitting Pattern
Lion Brand® Wool-Ease® Thick & Quick®
2 Color Arm Knit Cowl
Pattern Number: L40017



Free Knitting Pattern from Lion Brand Yarn

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SKILL LEVEL: Beginner (Level 1)

SIZE:

CORRECTIONS: None as of Jan 28, 2014. To check for later updates, click [here](#).

MATERIALS

- 640-143 Lion Brand Wool-Ease Thick & Quick Yarn: Claret
2 Balls (A)
- 640-600 Lion Brand Wool-Ease Thick & Quick Yarn: Hoosiers
2 Balls (B)
- Lion Brand Large-Eye Blunt Needles (Set of 6)

**Wool-Ease® Thick & Quick® (Article #640).*

Solids, Heathers, Twists: 80% Acrylic, 20% Wool

Wheat & Wood: 86% Acrylic; 10% Wool; 4% Rayon

Oatmeal & Barley & Grey Marble: 82% Acrylic; 10% Wool; 8% Rayon

Metallics: 79% Acrylic, 20% Wool, 1% Metallic Poly; package size: Solids, Heathers, Twists, Tweeds: 6 oz./170g (106 yd/97 m)

Prints (Sequoia, Mesquite, Granite): 5 oz./140g (87 yd/80 m)

Metallics: 5 oz./140g (92 yd/84 m)



GAUGE:

Exact gauge is not essential to this project.

NOTES:

1. Arm knitting is a fun, fast technique that creates a wonderfully open fabric using only your arms! The openness of the fabric can be altered by how tight or loose you choose to make your stitches.
2. The Cowl is arm knit as a simple rectangle with 4 strands of yarn held together.

COWL

With 2 strands each of A and B (4 strands total), cast on 7 stitches following Lion Brand Yarn video instructions, "How To Arm Knit":

<http://www.youtube.com/watch?v=WAgJ354UxQM>

Arm knit until about 36 in. (91.5 cm) of yarn remains.
Bind off.

FINISHING

Sew cast on edge to bind off edge to make Cowl.

Thread each yarn end into blunt needle, then weave through stitches.

Learn to knit instructions: <http://learnToKnit.LionBrand.com>

Every effort has been made to have the knitting and crochet instructions accurate and complete. We cannot be responsible for variance of individual knitters and crocheters, human errors, or typographical mistakes.

We want your project to be a success! If you need help with this or any other Lion Brand pattern, e-mail support is available 7 days per week. Just click [here](#) to explain your problem and someone will help you!

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To order visit our website www.lionbrand.com or call: (800) 258-YARN (9276) any time!

When in New York City, visit the Lion Brand Yarn Studio where we have the largest selection of our yarns anywhere and over 100 classes and events monthly.

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