



Free Knitting Pattern
Lion Brand® Unique
Arm Knit Cowl
Pattern Number: L40326



Free Knitting Pattern from Lion Brand Yarn

Lion Brand® Unique

Arm Knit Cowl

Pattern Number: L40326

SKILL LEVEL: Beginner (Level 1)

SIZE:

CORRECTIONS: None as of Aug 21, 2014. To check for later updates, click [here](#).

MATERIALS

- 755-203 [Lion Brand Unique Yarn: Passion Fruit](#)
3 Balls
- [Lion Brand Large-Eye Blunt Needles \(Set of 6\)](#)

**Unique (Article #755). 100% Acrylic; package size: 3.50oz/100.00 gr. (109yds/100m) pull skeins*



GAUGE:

Exact gauge is not essential to this project.

NOTES:

1. Arm knitting is a fun, fast technique that creates a wonderfully open fabric using only your arms! The openness of the fabric can be altered by how tight or loose you choose to make your stitches.
2. The Cowl is arm knit as a simple rectangle with 3 strands of yarn held together.

COWL

With 3 strands of yarn held together, cast on 14 stitches following Lion Brand Yarn video instructions, "How To Arm Knit":

<http://www.youtube.com/watch?v=WAgJ354UxQM>

Arm knit until about 72 in. (183 cm) of yarn remains.

Bind off.

FINISHING

Sew cast on edge to bind off edge to make Cowl.

Thread each yarn end into blunt needle, then weave through stitches.

Learn to knit instructions: <http://learnToKnit.LionBrand.com>

Every effort has been made to have the knitting and crochet instructions accurate and complete. We cannot be responsible for variance of individual knitters and crocheters, human errors, or typographical mistakes.

We want your project to be a success! If you need help with this or any other Lion Brand pattern, e-mail support is available 7 days per week. Just click [here](#) to explain your problem and someone will help you!

For thousands of free patterns, visit our website www.LionBrand.com

To order visit our website www.lionbrand.com or call: (800) 258-YARN (9276) any time!

When in New York City, visit the Lion Brand Yarn Studio where we have the largest selection of our yarns anywhere and over 100 classes and events monthly.

34 West 15th Street, NY, NY 10011

Copyright ©1998-2014 Lion Brand Yarn Company, all rights reserved. No pattern or other material may be reproduced -- mechanically, electronically, or by any other means, including photocopying -- without written permission of Lion Brand Yarn Company.