



**Free Knitting Pattern**  
**Lion Brand® Heartland®**  
**Next Generation V-Neck Cardigan Vest**  
Pattern Number: L40404



*This is part of our Next Generation series. To see all projects, [click here](#). Designed by Irina Poludnenko.*

# Free Knitting Pattern from Lion Brand Yarn

## Lion Brand® Heartland®

### Next Generation V-Neck Cardigan Vest

Pattern Number: L40404

**SKILL LEVEL:** [Easy \(Level 2\)](#)

**SIZE:** 2-3 yrs, Child 3-7, Child 8-10, Child 11-12, Child 13-14

Child's XS (S, M, L, XL)

**Finished Chest** 23 (25, 28, 32, 34) in. (58.5 (63.5, 71, 81.5, 86.5) cm)

**Finished Length** 13 1/2 (14 1/2, 16, 19 1/2, 22) in. (34.5 (37, 40.5, 49.5, 56) cm)

**Note:** Pattern is written for smallest size with changes for larger sizes in parentheses. When only one number is given, it applies to all sizes. To follow pattern more easily, circle all numbers pertaining to your size before beginning.

**CORRECTIONS:** None as of Oct 12, 2016. To check for later updates, click [here](#).

#### MATERIALS

- 136-169 [Lion Brand Heartland Yarn: Shenandoah](#)  
1 1, 1, 2, 2 Ball (A)
- 136-124 [Lion Brand Heartland Yarn: Big Bend](#)  
1 1, 1, 2, 2 Ball (B)
- 136-180 [Lion Brand Heartland Yarn: Kings Canyon](#)  
1 1, 1, 2, 2 Ball (C)
- [Lion Brand Knitting Needles- Size 9 \[5.5 mm\]](#)
- [Clover Bamboo Circular Knitting Needles 36" Size 9](#)
- [Lion Brand Split Ring Stitch Markers](#)
- [Lion Brand Large-Eye Blunt Needles \(Set of 6\)](#)
- Additional Materials  
4 (4, 4, 5, 6) buttons, about 1/2 in. (13 mm) diameter

*\*Heartland (Article #136). Solids: 100% Acrylic  
Tweeds: 94% Acrylic, 6% Rayon; package size:  
Solids: 5oz/142g (251yd/230m)  
Tweeds: 4oz/113g (200yd/183m)*

#### GAUGE:

16 sts + 22 rows = 4 in. (10 cm) in St st (k on RS, p on WS).

When you match the [gauge](#) in a pattern, your project will be the size specified in the pattern and the materials specified in the pattern will be sufficient. The needle or hook size called for in the pattern is based on what the designer used, but it is not unusual for gauge to vary from person to person. If it takes you fewer stitches and rows to make your swatch, try using a smaller size hook or needles; if more stitches and rows, try a larger size hook or needles.

[Making a Gauge Swatch](#)

#### STITCH EXPLANATION:

**ssk (slip, slip, knit)** Slip next 2 sts as if to knit, one at a time, to right needle; insert left needle into fronts of these 2 sts and knit them tog – 1 st decreased.

**yo (yarn over)**

An increase that also creates a small decorative hole (eyelet) in the fabric, worked as follows:

1. Bring yarn to front, between the needles.
2. Take yarn to back, over the right needle. This creates the new st. You are now ready to proceed with the next st as instructed.

#### NOTES:

1. Vest is worked in 3 pieces – Back, Left Front and Right Front - in St st (k on RS, p on WS), changing color to create stripes.
2. Lower edge of Vest is worked in Garter st (knit every row).
3. Back and Left Front of Vest are worked in one stripe pattern, Right Front is worked in a different stripe pattern.
4. Stitches for front and armhole bands are picked up around edges of Vest, then worked in Garter st.
5. Back and Fronts are worked on straight needles and the circular needle is used to work the front bands. If desired, you can work the Back and Fronts on the circular needle, working back and forth in rows just as if using straight needles.

## BACK

### Stripe Sequence for Back

Work in St st (k on RS, p on WS), working 4 rows with B, then 4 rows with C.

Rep these 8 rows for Stripe Sequence for Back.

With straight needles and C, cast on 46 (52, 56, 64, 68) sts.

Work in Garter st (k every row) for 5 rows.

### Beg Stripe Sequence

Work in St st and Stripe Sequence for Back until piece measures about 8 1/2 (9, 10, 13, 15) in. (21.5 (23, 25.5, 33, 38) cm) from beg, end with a WS row as the last row you work.

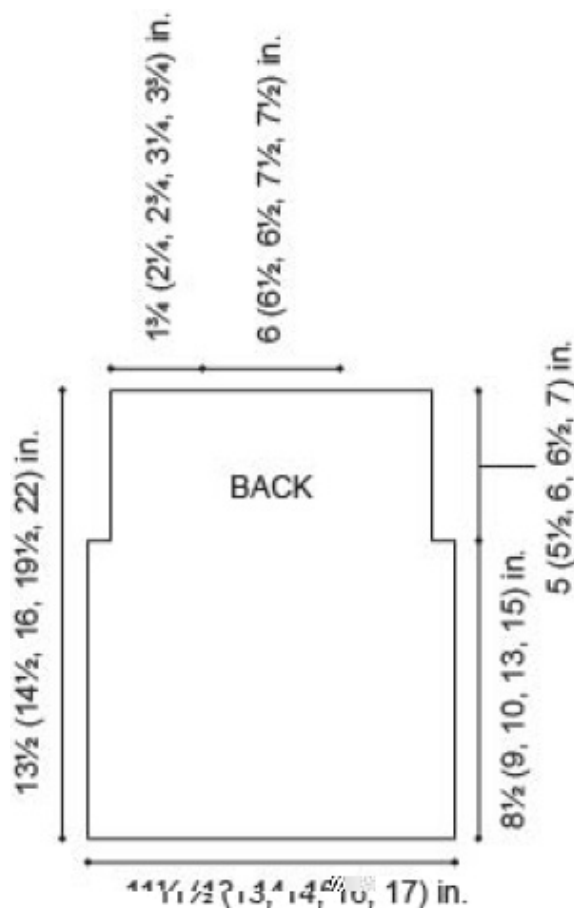
### Shape Armholes

**Next Row (RS):** Continuing in Stripe Sequence for Back, bind off 4 sts, k to end of row.

**Next Row:** Bind off 4 sts, p to end of row – you will have 38 (44, 48, 56, 60) sts at the end of this row.

Continue even in St st (without further bind offs) and Stripe Sequence for Back until piece measures about 13 1/2 (14 1/2, 16, 19 1/2, 22) in. (34.5 (37, 40.5, 49.5, 56) cm) from beg.

Bind off.



## LEFT FRONT

With straight needles and C, cast on 22 (24, 26, 30, 32) sts.

Work in Garter st for 5 rows.

### Beg Stripe Sequence

Work in St st and Stripe Sequence for Back until piece measures same length as Back to armholes, end with a WS row as the last row you work.

### Shape Armhole and Neck

**Next Row (RS):** Continuing in Stripe Sequence for Back, bind off 4 sts, k to last 3 sts, k2tog, k1 – 17 (19, 21, 25, 27) sts at the end of this row.

**Next Row:** Purl.

**Dec Row for Neck (RS):** K to last 3 sts, k2tog, k1 – 16 (18, 20, 24, 26) sts.

**Next Row:** Purl.

Rep last 2 rows 7 (6, 5, 8, 7) more times – 9 (12, 15, 16, 19) sts rem after all decreases have been completed.

**Next Row (RS):** Rep Dec Row for Neck – 8 (11, 14, 15, 18) sts.

Work in St st for 3 rows.

Rep last 4 rows 0 (1, 2, 1, 2) more time(s) – 8 (10, 12, 14, 16) sts rem.

**Note:** When you see '0' reps in the instructions, this means that for your specific size, you need not rep anything, simply continue to the next section of the instructions.

Rep Dec Row for Neck – 7 (9, 11, 13, 15) sts.

Work even in St st and Stripe Sequence for Back until piece measures same length as Back.

Bind off.

## RIGHT FRONT

### Stripe Sequence for Right Front

Work in St st, working 12 rows with A, then 12 rows with B. Rep these 24 rows for Stripe Sequence for Right Front.

With straight needles and C, cast on 22 (24, 26, 30, 32) sts.

Work in Garter st for 5 rows.

Work in St st and Stripe Sequence for Right Front until piece measures same length as Left Front to armhole, end with a RS row as the last row you work.

### Shape Armhole and Neck

**Next Row (WS):** Continuing in Stripe Sequence, bind off 4 sts, p to end of row – 18 (20, 22, 26, 28) sts.

**Dec Row for Neck (RS):** K1, ssk, k to end of row – 17 (19, 21, 25, 27) sts.

**Next Row:** Purl.

Rep last 2 rows 8 (7, 6, 9, 8) more times – 9 (12, 15, 16, 19) sts rem after all decs have been completed.

**Next Row (RS):** Rep Dec Row for Neck – 8 (11, 14, 15, 18) sts.

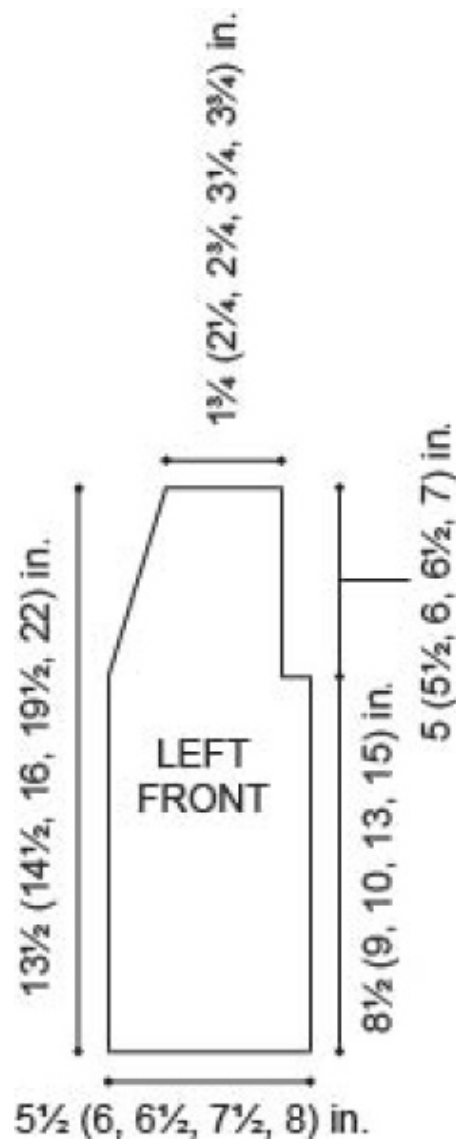
Work in St st for 3 rows.

Rep last 4 rows 0 (1, 2, 1, 2) more time(s) – 8 (10, 12, 14, 16) sts.

Rep Dec Row for Neck – 7 (9, 11, 13, 15) sts.

Work even in St st and Stripe Sequence for Right Front until piece measures same length as Left Front.

Bind off.



## FINISHING

Sew shoulder seams.

### Armhole Bands

From RS, with circular needle and C, pick up and k36 (40, 44, 47, 51) sts evenly spaced around armhole edge.

Work in Garter st for 4 rows.

Bind off.

Rep on opposite armhole.

### Neck and Front Bands

Place markers for 4 (4, 4, 5, 6) buttonholes evenly spaced along right front edge for girl's Vest or along left front edge for boy's Vest.

From RS, with circular needle and C, and beginning at lower edge of Right Front, pick up and k31 (33, 37, 48, 56) sts evenly spaced along front edge of Right Front, 21 (23, 25, 27, 29) sts along right front neck, 18 (20, 22, 24, 24) sts across back neck, 21 (23, 25, 27, 29) sts along left front neck, and 31 (33, 37, 48, 56) sts along front edge of Left Front – 122 (132, 146, 174, 194) sts.

Working back and forth on circular needle as if working on straight needles, work in Garter st for 1 (1, 1, 2, 2) row(s).

**Note:** After working a few rows, you may decide that your band would look better if you had picked up more or fewer sts than the amount indicated for your size. Since a well-balanced band adds a beautiful finishing touch to your Vest, we strongly recommend that if you've any doubts, simply pull out the sts and adjust the number that you pick up. The pattern instruction reflects the number that the designer picked up – but everyone's knitting is a bit different.

**Next Row:** Knit, working (k2tog, yarn over) at each marker to make buttonholes.

Continue in Garter st for 2 (2, 2, 3, 3) more rows.

Bind off.

Sew side seams including edges of armhole bands.

Sew buttons to buttonband opposite buttonholes.

Weave in ends.

## ABBREVIATIONS / REFERENCES

Click for explanation and illustration

<u>beg = begin(s)(ning)</u>	<u>dec = decreas(e)(s)(ing)</u>
<u>k = knit</u>	<u>k2tog = knit 2 together</u>
<u>p = purl</u>	<u>rem = remain(s)(ing)</u>
<u>rep = repeat(s)(ing)</u>	<u>RS = right side</u>
<u>St st = Stockinette stitch</u>	<u>st(s) = stitch(es)</u>
<u>WS = wrong side</u>	

Learn to knit instructions: <http://www.lionbrand.com/learn/how-to-knit>

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