Free Knitting Pattern
Lion Brand® Heartland®
Curvy Girl Cowl Neck Tunic
Pattern Number: L50166

Designed by Jodi Lewanda.

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Curvy Girl
Cowl Neck Tunic
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Free Knitting Pattern from Lion Brand Yarn
Lion Brand® Heartland®
Curvy Girl Cowl Neck Tunic
Pattern Number: L50166

Easy + (Level 3)

1X, 2X, 3X, 4X

48 (51, 55, 59) in. (122 (129.5, 139.5, 150) cm)
43 (47, 50, 54) in. (109 (119.5, 127, 137) cm)
51 (55, 59, 63) in. (129.5 (140, 150, 160) cm)
30 (30 1/2, 31, 31 1/2) in. (76 (77.5, 78.5, 80) cm)

Pattern is written for smallest size with changes for larger sizes in parentheses. When only one number is given, it applies to all sizes. To follow pattern more easily, circle all numbers pertaining to your size before beginning.
None as of Jul 4, 2016. To check for later updates, click here.

- 136-135 Lion Brand Heartland Yarn: Yosemite
  5 6, 6, 7 Balls
- Boye Aluminum Circular Knitting Needles 29 inches Size 8
- Boye Aluminum Circular Knitting Needles 29 inches Size 9
- Boye Aluminum Circular Knitting Needles 29 inches Size 10
- Lion Brand Split Ring Stitch Markers
- Lion Brand Large-Eye Blunt Needles (Set of 6)
- Additional Materials
  Circular needles should be at least 29 in. (73.5 cm) long,
  but can also be any length longer than 29 in. (73.5 cm).

*Heartland (Article #136).
Solids: 100% Acrylic
Tweeds: 94% Acrylic,
6% Rayon; package size:
Solids: 5oz/142g
(251yd/230m)
Tweeds: 4oz/113g
(200yd/183m)

16 1/2 sts + 22 rows = about 4 in. (10 cm) in St st (k on RS, p on WS) with smallest needle.
16 1/2 sts + 20 rows = about 4 in. (10 cm) in Openwork pattern with smallest needle.

When you match the gauge in a pattern, your project will be the size specified in the pattern and the materials specified in the pattern will be sufficient. The needle or hook size called for in the pattern is based on what the designer used, but it is not unusual for gauge to vary from person to person. If it takes you fewer stitches and rows to make your swatch, try using a smaller size hook or needles; if more stitches and rows, try a larger size hook or needles.

Making a Gauge Swatch

An increase worked by lifting the horizontal strand lying between needles and placing it onto the left hand needle. Knit this new stitch through the back loop – 1 stitch increased.
Slip next 2 sts as if to knit, one at a time, to right hand needle; insert left hand needle into fronts of these 2 sts and knit them tog – 1 st decreased.

An increase that also creates a small decorative hole (eyelet) in the fabric, worked as follows:
1. Bring yarn to front, between the needles.
2. Take yarn to back, over the right hand needle. This creates the new st. You are now ready to proceed with the next st as instructed.

*K2, yo, k2tog; rep from * across.
Rep Row 1 for Openwork pattern.

1. Tunic is made in 4 pieces: Back, Front, and 2 Sleeves. Each piece is worked from the lower edge up.
2. The Back and Front of the Tunic are worked in St st (k on RS, p on WS) with Garter st (k every row) borders. The Sleeves and Cowl are worked in an Openwork pattern.
3. The Back and Front include side shaping for a flattering fit. The shaping is done with simple decreases.
4. The Cowl is worked from stitches picked up along the neck edge of the Tunic.
5. This pattern includes some knitter's lingo. When the pattern says to 'work even' this means that you continue in the specified st or pattern and keep the number of sts the same – without increasing or decreasing. When you see '– 12 sts' at the end of a sentence, this is the number of sts you will have after working that row.
6. Our pattern includes diagrams to help you visualize how the Tunic is made and put together. Take the time to review the diagrams before you start knitting. The Tunic is easy to make, but having the big picture will make it even easier!

Curvy Girl Cowl Neck Tunic

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With smallest circular needle, cast on 106 (114, 122, 130) sts.

Working back and forth on circular needle as if working with straight needles, work in Garter st (k every row) for 8 rows.

K5 for Garter st side slit border, place marker (pm), p to last 5 sts, pm, k5 for side slit border.
K to first marker, slip marker (sm), work in St st (k on RS, p on WS) to next marker, sm, k to end of row.
Rep Row 1 until piece measures about 4 in. (10 cm) from beg, end with a WS row as the last row you work and remove markers.
K1, M1, k to last st, M1, k1 – you will have 108 (116, 124, 132) sts at the end of this row.

Work in St st for 5 rows.
K1, ssk, k to last 3 sts, k2tog, k1 – 106 (114, 122, 130) sts.
Rep last 6 rows 3 more times – 100 (108, 116, 124) sts.
Work in St st for 3 rows.
Rep Decrease Row – 98 (106, 114, 122) sts.
Rep last 4 rows 5 more times – 88 (96, 104, 112) sts.
Work even in St st until piece measures about 15 1/2 in. (39.5 cm) from beg, end with a WS row as the last row you work.
K1, M1, k to last st, M1, k1 – 90 (98, 106, 114) sts.
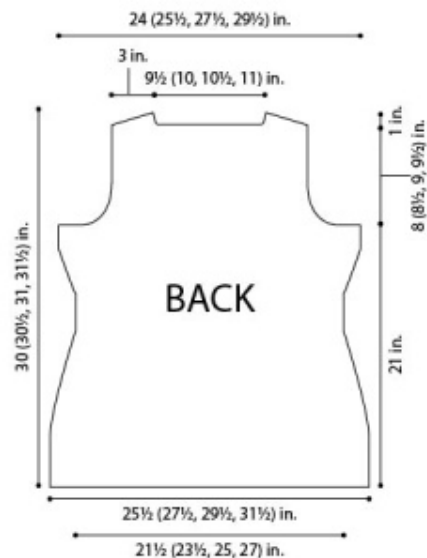Work in St st for 3 rows.
Rep Increase Row – 92 (100, 108, 116) sts.
Work in St st for 5 rows.
Rep Increase Row – 94 (102, 110, 118) sts.
Rep last 6 rows 2 more times – 98 (106, 114, 122) sts.
Work even in St st until piece measures about 21 in. (53.5 cm) from beg, end

24 (25½, 27½, 29½) in.

3 in.

9½ (10, 10½, 11) in.

1 in.

8 (8½, 9, 9½) in.

30 (30½, 31, 31½) in.

BACK

21 in.

25½ (27½, 29½, 31½) in.

21½ (23½, 25, 27) in.

with a WS row as the last row you work.

Bind off 9 (9, 10, 10) sts, k to end of row – 89 (97, 104, 112)
sts.
Bind off 9 (9, 10, 10) sts, p to end of row – 80 (88, 94, 102) sts.
K1, ssk, k to last 3 sts, k2tog, k1 – 78 (86, 92, 100)
sts.
Purl.
Rep last 2 rows 7 (10, 12, 15) more times – 64 (66, 68, 70) sts.
Work even in St st until piece measures about 29 (29 1/2, 30, 30 1/2) in.
(73.5 (75, 76, 77.5) cm) from beg, end with a WS row as the last row you
work.

In the next section, you'll be shaping the neck and the shoulders AT THE
SAME TIME, using 2 separate balls of yarn. Just keep track of what row you're
on and you'll find this easy to do!
Bind off 4 sts, k8 (for a total of 9 sts on right needle), join a 2nd
ball of yarn and bind off center 38 (40, 42, 44) sts for neck, k to end of row –
9 sts rem for one shoulder and 13 sts for the other.
You will now work both sides AT THE SAME TIME using separate balls of
yarn.
On first side, bind off 4 sts, p to end of side; on 2nd side, bind off 1 st,
p to end of side – 9 sts on one side and 8 sts on the other.
On first side, bind off 4 sts, k to end of side; on 2nd side, bind off 1 st,
k to end of side – 4 sts on one side and 8 sts on the other.
On first side, bind off 4 sts, p to end of side; on 2nd side, p to end of
side – 4 sts on both sides.
On first side, bind off rem 4 sts; on 2nd side k to end of side.
Bind off rem 4 sts.

Cast on and work same as Back to Shape Armholes, end with a WS row as the
last row you work – 98 (106, 114, 122) sts.

Bind off 9 (9, 10, 10) sts, k to end of row – 89 (97, 104, 112)
sts.
Bind off 9 (9, 10, 10) sts, p to end of row – 80 (88, 94, 102) sts.
K1, ssk, k to last 3 sts, k2tog, k1 – 78 (86, 92, 100)
sts.
Purl.
Rep last 2 rows 7 (8, 8, 8) more times – 64 (70, 76, 84) sts.

To make this part of the pattern clear, we've divided the instructions into
separate sections. Be sure to follow the specific instructions for the size you
are making.

Work even in St st for 2 rows.
K22, join 2nd ball of yarn and bind off center 20 sts for front
neck, k to end of row – 22 sts on each side of neck.
You will now work both sides AT THE SAME TIME using separate balls of
yarn.
On first side, p to end of side; on 2nd side, p to end of side.
On first side, k to last 3 sts, k2tog, k1; on 2nd side, k1, ssk, k to end
of side – 21 sts on each side of neck.
Rep last 2 rows 9 more times – 12 sts on each side of neck.
Work even in St st until piece measures same as Back to beg of shoulder
shaping, end with a WS row as the last row you work.

On first side, bind off 4 sts, k to end of side; on 2nd side, k to
end of side – 8 sts on one side of neck and 12 sts on the other.
On first side, bind off 4 sts, p to end of side; on 2nd side, p to end of
side – 8 sts on each side of neck.
Rep Rows 1 and 2 – 4 sts on each side of neck.
On first side, bind off rem 4 sts; on 2nd side, k to end of side.
Bind off rem 4 sts of rem side.
Now, continue following the pattern, beg at   (below).

24 (25½, 27½, 29½) in.

3 in.

9½ (10, 10½, 11) in.

5½ (6, 6½, 7) in.

1 in.

8 (8½, 9, 9½) in.

30 (30½, 31, 31½) in.

FRONT

21 in.

25½ (27½, 29½, 31½) in.

21½ (23½, 25, 27) in.

Armhole shaping continues AT THE SAME TIME as neck shaping begins.
K1, ssk, k21 (23, 26), join 2nd ball of yarn and bind off center 22 (24, 26) sts for front neck, k to last 3 sts, k2tog, k1 – 23 (25, 28) sts on each side of neck.
You will now work both sides AT THE SAME TIME using separate balls of yarn.
On first side, p to end of side; on 2nd side, p to end of side.
On first side, k1, ssk, k to last 3 sts, k2tog, k1; on 2nd side, k1, ssk, k to last 3 sts, k2tog, k1 – 21 (23, 26) sts on each side of neck.
Rep last 2 rows 0 (2, 5) more times – 21 (19, 16) sts on each side of neck.
When you see '0' repeats in an instruction, this means that you should not perform that particular instruction, just skip to the next part of the instruction.
On first side, p to end of side; on 2nd side, p to end of side.
On first side, k to last 3 sts, k2tog, k1; on 2nd side, k1, ssk, k to end of side – 20 (18, 15) on each side of neck.
Rep last 2 rows 8 (6, 3) more times – 12 sts on each side of neck.
Work even in St st until piece measures same as Back to beg of shoulder shaping, end with a WS row as the last row you work.

On first side, bind off 4 sts, k to end of side; on 2nd side, k to end of side – 8 sts on one side of neck and 12 sts on the other.
On first side, bind off 4 sts, p to end of side; on 2nd side, p to end of side – 8 sts on each side of neck.
Rep Rows 1 and 2 – 4 sts on each side of neck.
On first side, bind off rem 4 sts; on 2nd side, k to end of side.
Bind off rem 4 sts of rem side.
Now, continue following the pattern, beg at   (below).

With smallest circular needle, cast on 42 (46, 46, 50) sts.

Work in Garter st for 8 rows.

P1 (for St st edge st), work in Openwork pattern to last st, p1 (for St st edge st).
K1, work in Openwork pattern to last st, k1.
Keeping first and last st in St st and rem sts in Openwork pattern, work 3 (3, 1, 1) more rows.
K1, M1, work in Openwork pattern to last st, M1, k1 – 44 (48, 48, 52) sts.
As sts are increased, work the new sts into the Openwork pattern as established.
Keeping first and last st in St st and rem sts in Openwork pattern, work 5 (5, 3, 3) more rows.
Rep Increase Row – 46 (50, 50, 54) sts.
Rep last 6 (6, 4, 4) rows 1 (4, 6, 8) more times – 48 (58, 62, 70) sts.
Keeping first and last st in St st and rem sts in Openwork pattern, work 7 (7, 5, 5) more rows.
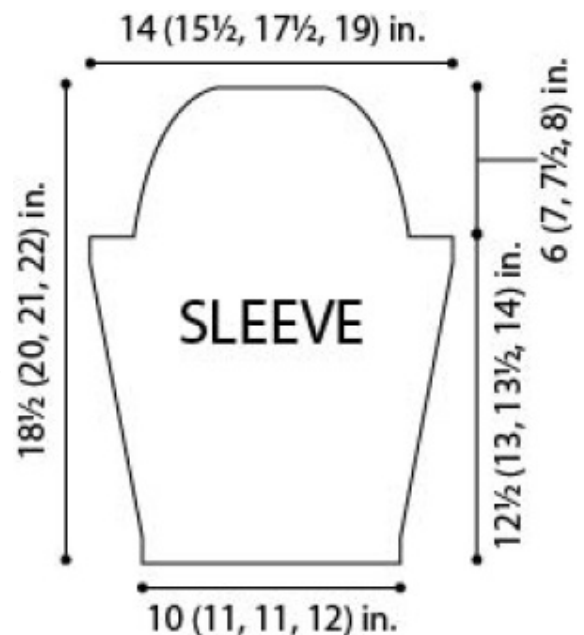Rep Increase Row – 50 (60, 64, 72) sts.
Rep last 8 (8, 6, 6) rows 4 (2, 4, 3) more times – 58 (64, 72, 78) sts.
Keeping in patterns as established, work even until piece measures about 12 1/2 (13, 13 1/2, 14) in. (32 (33, 34.5, 35.5) cm) from beg, end with a WS row as the last row you work.

To make this part of the pattern clear, we've divided the instructions into separate sections. Be sure to follow the specific instructions for the size you are making.

Bind off 9 (9, 10) sts, work in Openwork pattern to end of row – 49 (55, 62) sts.
Bind off 9 (9, 10) sts, work in Openwork pattern to end of row – 40 (46, 52) sts.

14 (15½, 17½, 19) in.

6 (7, 7½, 8) in.

18½ (20, 21, 22) in.

SLEEVE

12½ (13, 13½, 14) in.

10 (11, 11, 12) in.

Work even in Openwork pattern for 3 rows.

K1, ssk, work in Openwork pattern to last 3 sts, k2tog, k1 – 38 (44, 50) sts.

Rep last 4 rows 3 (3, 1) more time(s) – 32 (38, 48) sts.

Work even in Openwork pattern for 1 row.

K1, ssk, work in Openwork pattern to last 3 sts, k2tog, k1 – 30 (36, 46) sts.

Rep last 2 rows 3 (6, 11) more times – 24 sts.

Bind off 4 sts, work in Openwork pattern to end of row – 20 sts.

Rep last row – 16 sts.

Bind off.

Now, continue following the pattern, beginning at   (below).

Bind off 10 sts, work in Openwork pattern to end of row – 68 sts.

Bind off 10 sts, work in Openwork pattern to end of row – 58 sts.

Work even in Openwork pattern for 1 row.

K1, ssk, work in Openwork pattern to last 3 sts, k2tog, k1 – 56 sts.

Rep last 2 rows 16 more times – 24 sts.

Bind off 4 sts, work in Openwork pattern to end of row – 20 sts.

Rep last row – 16 sts.

Bind off.

Now, continue following the pattern, beginning at   (below).

Sew Front and Back together at shoulders.

STEP 1

BACK

FRONT

From RS with smallest circular needle, beg at center back of neck edge, pick up and k22 (23, 23, 25) sts across back neck to left shoulder seam, 23 (23, 24, 23) sts along left front, 20 (22, 24, 26) sts across front neck, 23 (23, 24, 23) sts along right front and 22 (23, 23, 25) sts across rem back neck – 110 (114, 118, 122) sts.

Work back and forth on circular needle as if working with straight needles.

P1, work in Openwork pattern to last st, p1.

K1, work in Openwork pattern to last st, k1.

Keeping first and last st in St st and rem sts in Openwork pattern, work until piece measures about 5 in. (12.5 cm) from beg.

Change to middle-size circular needle.

Keeping in patterns as established, work until piece measures about 8 (8, 9, 9) in. (20.5 (20.5, 23, 23) cm) from beg.

Change to largest circular needle.

Keeping in patterns as established, work until piece measures about 10 (11, 12, 13) in. (25.5 (28, 30.5, 33) cm) from beg.

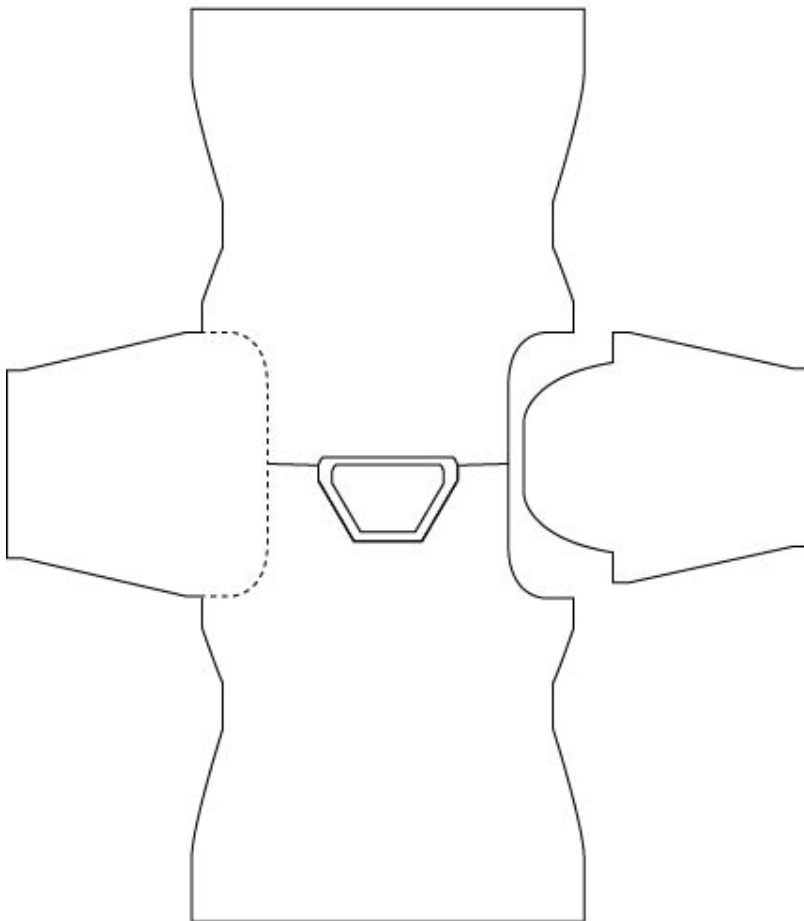Work in Garter st for 6 rows.

Bind off loosely.

Sew side edges of Cowl together. This seam is meant to show on the RS of the Cowl and thus be hidden when the Cowl is folded over. If sewing with mattress st, sew from WS and if straight stitching the seam, sew from RS.

STEP 2

work around neck
edge for cowl

Sew in Sleeves, matching the center of the Sleeve cap to the shoulder seam of the Tunic.
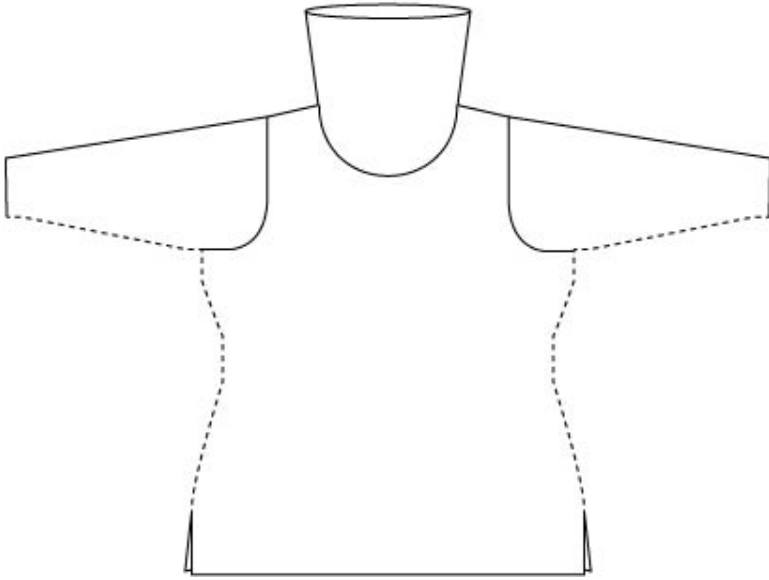
STEP 3

Matching the underarm seams, sew side and Sleeve seams, leaving 4 in. (10 cm) at lower edge of each side unsewn for

side slits.

STEP 4

Weave in ends.

Click for explanation and illustration	
beg = begin(s)(ning)	k = knit
k2tog = knit 2 together	p = purl
rem = remain(s)(ing)	rep = repeat(s)(ing)
RS = right side	St st = Stockinette stitch
st(s) = stitch(es)	WS = wrong side

Learn to knit instructions:***http://www.lionbrand.com/learn/how-to-knit***

Every effort has been made to have the knitting and crochet instructions accurate and complete. We cannot be responsible for variance of individual knitters and crocheters, human errors, or typographical mistakes.

We want your project to be a success! If you need help with this or any other Lion Brand pattern, e-mail support is available 7 days per week. Just click here to explain your problem and someone will help you!

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