



Free Knitting Pattern
Lion Brand® Fishermen's Wool
Oversized Aran Pullover

Pattern Number: L80389
Designed by Vladimir Teriokhin



SKILL LEVEL – Experienced

SIZES

S-L (1X/2X)

Finished Bust About 52 (60) in. (132 (152.5) cm)

Finished Length About 27 (28) in. (68.5 (71) cm)

Note: Pattern is written for smaller size with changes for larger size in parentheses. When only one number is given, it applies to both sizes. To follow pattern more easily, circle all numbers pertaining to your size before beginning.

MATERIALS

- Lion Brand® Fishermen's Wool (Art. #150)
 - 098 Natural 5 (6) skeins
- Lion Brand® cable needle
- Lion Brand® stitch markers
- Lion Brand® stitch holders
- Lion Brand® large-eyed blunt needle



ADDITIONAL MATERIALS

Circular knitting needle size 10 (6 mm), 29 in. (73.5 cm) long

GAUGE

20 1/2 sts + 22 rows = about 4 in. (10 cm) in Cable patterns.

BE SURE TO CHECK YOUR GAUGE.

STITCH EXPLANATIONS

3/3 LC (3 over 3 left cross) Slip 3 sts to cable needle and hold in front, k3, then k3 from cable needle.

3/3 RC (3 over 3 right cross) Slip 3 sts to cable needle and hold in back, k3, then k3 from cable needle.

3/3 LPC (3 over 3 left purl cross); Slip 3 sts to cable needle and hold in front of work, p3, k3 from cable needle.

3/3 RPC (3 over 3 right purl cross): Slip 3 sts to cable needle and hold in back of work, k3, p3 from cable needle.

4/4 LC (4 over 4 left cross) Slip 4 sts to cable needle and hold in front, k4, then k4 from cable needle.

4/4 RC (4 over 4 right cross) Slip 4 sts to cable needle and hold in back, k4, then k4 from cable needle.

6/6 LC (6 over 6 left cross) Slip 6 sts to cable needle and hold in front, k6, then k6 from cable needle.

6/6 RC (6 over 6 right cross) Slip 6 sts to cable needle and hold in back, k6, then k6 from cable needle.

LT3 (Left Twist over 3 sts) (Slip next st on left needle as if to knit) 3 times, insert tip of left needle from right to left into front loops of 3 slipped sts on right needle and return to left needle, knit the first st on left needle but do not remove st from needle, knit the first 2 sts on left needle together but do not remove sts

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from needle, knit the first 3 sts on left needle together and remove sts from needle.

M1 (make 1) An increase worked by lifting the horizontal strand lying between needles and placing it onto the left needle. Knit this new stitch through the back loop – 1 st increased.

PATTERN STITCHES

K3, p2 Rib (worked over a multiple of 5 sts + 3 additional sts)

Row 1 (RS): K3, *p2, k3; rep from * to end of row.

Row 2: K the knit sts and p the purl sts.

Rep Row 2 for K3, p2 Rib.

Center Cable Pattern (worked over 24 sts)

Rows 1 and 2: Beg with a RS (knit) row, work in St st (k on RS, p on WS) for 2 rows.

Row 3 (RS): K4, 4/4 RC, 4/4 LC, k4.

Rows 4-6: Beg with a WS (purl) row, work in St st for 3 rows.

Row 7: 4/4 LC, k8, 4/4 RC.

Row 8: Purl.

Rep Rows 1-8 for Center Cable Pattern.

Left Double Cross Cable Pattern (worked over 18 sts)

Row 1 (RS): K6, p6, k6.

Row 2: P6, k6, p6.

Row 3: 3/3 LC, p6, 3/3 LC.

Rows 4-8: K the knit sts and p the purl sts.

Row 9: Rep Row 3.

Row 10: K the knit sts and p the purl sts.

Row 11: K3, 3/3 LPC, 3/3 RPC, k3.

Row 12: P3, k3, p6, k3, p3.

Row 13: K3, p3, 3/3 RC, p3, k3.

Rows 14-18: K the knit sts and p the purl sts.

Row 19: Rep Row 13.

Row 20: K the knit sts and p the purl sts.

Row 21: K3, 3/3 RPC, 3/3 LPC, k3.

Row 22: P6, k6, p6.

Rep Rows 3-22 for Left Double Cross Cable pattern.

Left Wide Cable Pattern (worked over 12 sts)

Rows 1-4: Beg with a RS (knit) row, work in St st for 4 rows.

Row 5 (RS): 6/6 LC.

Rows 6-20: Work in St st for 15 rows.

Rep Rows 5-20 for Left Wide Cable pattern.

Left Twist Pattern (worked over 7 sts)

Row 1 (RS): P2, k3, p2.

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Row 2: K2, p3, k2.

Row 3: P2, LT3, p2.

Row 4: K2, p3, k2.

Rep Rows 3 and 4 for Left Twist pattern.

Right Double Cross Cable Pattern (worked over 18 sts)

Row 1 (RS): K6, p6, k6.

Row 2: P6, k6, p6.

Row 3: 3/3 RC, p6, 3/3 RC.

Rows 4-8: K the knit sts and p the purl sts.

Row 9: Rep Row 3.

Row 10: K the knit sts and p the purl sts.

Row 11: K3, 3/3 LPC, 3/3 RPC, k3.

Row 12: P3, k3, p6, k3, p3.

Row 13: K3, p3, 3/3 LC, p3, k3.

Rows 14-18: K the knit sts and p the purl sts.

Row 19: Rep Row 13.

Row 20: K the knit sts and p the purl sts.

Row 21: K3, 3/3 RPC, 3/3 LPC, k3.

Row 22: P6, k6, p6.

Rep Rows 3-22 for Right Double Cross Cable pattern.

Right Wide Cable Pattern (worked over 12 sts)

Rows 1-4: Beg with a RS (knit) row, work in St st for 4 rows.

Row 5 (RS): 6/6 RC.

Rows 6-20: Work in St st for 15 rows.

Rep Rows 5-20 for Right Wide Cable pattern.

Sleeve Extension Cable Pattern (worked over 10 sts)

Row 1 (RS): P2, k6, p2.

Row 2: K2, p6, k2.

Row 3: P2, 3/3 RC, p2.

Rows 4-8: K the knit sts and p the purl sts.

Rep Rows 1-8 for Sleeve Extension Cable pattern.

Neck Cable Pattern (worked over 10 sts)

Row 1 (RS): Knit.

Row 2: K2, p6, k2.

Row 3: K2, 3/3 RC, k2.

Row 4: K2, p6, k2.

Rows 5-8: Rep Rows 1 and 2 twice.

Rep Rows 1-8 for Neck Cable pattern.

NOTES

1. Pullover is worked in 4 pieces, Back, Front and 2 Sleeves.
2. Each piece is worked back and forth in rows from lower edge upwards.
3. Cable patterns can be worked by following written instructions or the Charts. Read RS rows of Charts from right to left and WS rows from left to right.
4. A circular needle is used to accommodate the large number of sts. Work back and forth on the circular needle as if working on straight needles.
5. Sleeves are worked with extensions which become the front shoulder and front neck trim. A separate piece is worked for back neck trim.
6. When you see 'as established' in the instructions, this means to continue in the current pattern sts, lining up sts as in previous rows.
7. When you see work 'even' in the instructions, this means to continue on in the pattern st you have established without changing the st count by increasing, decreasing, or binding off.

BACK

Cast on 125 (145) sts.

Lower Ribbing

Row 1 (Set-Up Row – RS): (P1, k1) 2 (7) times, place marker (pm), work Row 1 of Left Twist pattern over next 7 sts, pm, work Row 1 of K3, p2 Rib over next 8 sts, pm, work Row 1 of Left Twist pattern over next 7 sts, pm, work Row 1 of K3, p2 Rib over next 18 sts, pm, work Row 1 of Left Twist pattern over next 7 sts, pm, work Row 1 of K3, p2 Rib over next 23 sts, pm, work Row 1 of Left Twist pattern over next 7 sts, pm, work Row 1 of K3, p2 Rib over next 18 sts, pm, work Row 1 of Left Twist pattern over next 7 sts, pm, work Row 1 of K3, p2 Rib over next 8 sts, pm, work Row 1 of Left Twist pattern over next 7 sts, pm, (k1, p1) 2 (7) times.

Row 2: K the knit sts and p the purl sts to next marker, *slip marker (sm), work in Left Twist pattern as established to next marker, sm, k the knit sts and p the purl sts to next marker; rep from * to end of row.

Rep Row 2 until piece measures about 3 1/2 in. (9 cm) from beg, end with a WS row as the last row you work.

Cable Patterns

Row 1 (Set-Up Row – RS): K the knit sts and p the purl sts to first marker, sm, work in Left Twist pattern as established to next marker, sm, (k2, M1, k1, M1) twice, k2 (for Row 1 of Right Wide Cable pattern), sm, work in Left Twist pattern as established to next marker, sm, work Row 1 of Right Double Cross Cable pattern to next marker, sm, work in Left Twist pattern as established to next marker, sm, k12, M1, k11 (for Row 1 of Center Cable pattern), sm, work in Left Twist pattern as established to next marker, sm, work Row 1 of Left Double Cross Cable pattern to next marker, sm, work in Left Twist pattern as established to next marker, sm, (k2, M1, k1, M1) twice, k2 (for Row 1 of Left Wide Cable

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pattern), sm, work in Left Twist pattern as established to last marker, sm, k the knit sts and p the purl sts to end of row – you will have 134 (154) sts in this row.

Row 2: K the knit sts and p the purl sts to first marker, sm, work in Left Twist pattern as established to next marker, sm, work Row 2 of Left Wide Cable pattern, sm, work in Left Twist pattern as established to next marker, sm, work Left Double Cross Cable pattern as established to next marker, sm, work in Left Twist pattern as established to next marker, sm, work Row 2 of Center Cable pattern, sm, work in Left Twist pattern as established to next marker, sm, work in Right Double Cross Cable pattern as established to next marker, sm, work in Left Twist pattern as established to next marker, sm, work Row 2 of Right Wide Cable pattern, sm, work in Left Twist pattern as established to last marker, sm, k the knit sts and p the purl sts to end of row.

Work in patterns as established until piece measures about 17 in. (43 cm) from beg, end with a WS row as the last row you work.

Shape Armholes

Rows 1 and 2: Bind off 6 (8) sts, work in patterns as established to end of row – 122 (138) sts in Row 2.

Rows 3 and 4: Bind off 5 (7) sts, work in patterns as established to end of row – 112 (124) sts in Row 4.

Rows 5 and 6: Bind off 4 (6) sts, work in patterns as established to end of row – 104 (112) sts in Row 6.

Rows 7 and 8: Bind off 3 (4) sts, work in patterns as established to end of row – 98 (104) sts in Row 8.

Rows 9-12: Bind off 2 sts work in patterns as established to end of row – 90 (96) sts in Row 12.

Work even in patterns as established until armholes measure about 8 (9) in. (20.5 (23) cm) from beg of armhole shaping, end with a WS row as the last row you work.

Shape Shoulders

Rows 1-4: Bind off 5 (6) sts, work in patterns as established to end of row – 70 (72) sts in Row 4.

Shape Neck and Continue Shaping Shoulders

Place marker on each side of center 26 (28) sts for back neck.

Row 5 (RS): Bind off 5 sts, work in patterns as established to first neck marker for right side of neck; join a 2nd ball of yarn and bind off center 26 (28) sts removing back neck markers, work in patterns as established to end for left side of neck – 17 sts on right side and 22 sts on left side.

You will now work both side of neck AT THE SAME TIME with separate balls of yarn.

Row 6: On left side, bind off 5 sts, work in patterns as established to end of side; on right side, bind off 4 sts, work in patterns as established to end – 13 sts on right side and 17 sts on left side.

Row 7: On right side, bind off 5 sts, work in patterns as established to end of side; on left side, bind off 4 sts, work in patterns as established to end – 8 sts on right side and 13 sts on left side.

Row 8: On left side, bind off 5 sts, work in patterns as established to end of side; on right side, bind off 3 sts, work in patterns as established to end – 5 sts on right side and 8 sts on left side.

Row 9: On right side, bind off rem 5 sts; on left side, bind off 3 sts, work in patterns as established to end – 5 sts rem on left side.

Bind off rem left side sts.

FRONT

Cast on and make same as Back until armholes measure about 7 (8) in. (18 (20.5) cm) from beg of armhole shaping, end with a WS row as the last row you work.

Shape Neck

Place a marker on each side of center 18 (20) sts for front neck.

Row 1 (RS): Work in patterns as established to first neck marker for left side of neck; join a 2nd ball of yarn and bind off center 18 (20) sts removing front neck markers, work in patterns as established to end for right side of neck – 36 (38) sts on each side.

You will now work both side of neck AT THE SAME TIME with separate balls of yarn.

Row 2: On right side, work in pattern as established to end of side; on left side, bind off 3 sts, work in patterns as established to end.

Row 3: On left side, work in patterns as established to end of side; on right side, bind off 3 sts, work in patterns as established to end – 33 (35) sts on each side.

Row 4: On right side, work in pattern as established to end of side; on left side, bind off 2 sts, work in patterns as established to end.

Row 5: On left side, work in patterns as established to end of side; on right side, bind off 2 sts, work in patterns as established to end – 31 (33) sts on each side.

Row 6: Rep Row 4 – 29 (31) sts on left side and 31 (33) sts on right side.

Shape Shoulders and Continue Shaping Neck

Row 7 (RS): On left side, bind off 5 (6) sts, work in patterns as established to end of side; on right side, bind off 2 sts, work in patterns as established to end – 24 (25) sts on left side and 29 (31) sts on right side.

Row 8: On right side, bind off 5 (6) sts, work in patterns as established to end of side; on left side, bind off 1 st, work in patterns as established to end – 23 (24) sts on left side and 24 (25) sts on right side.

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Row 9: On left side, bind off 5 (6) sts, work in patterns as established to end of side; on right side, bind off 1 st, work in patterns as established to end – 18 sts on left side and 23 (24) sts on right side.

Row 10: Rep Row 8 – 17 sts on left side and 18 sts on right side.

Row 11: On left side, bind off 5 sts, work in patterns as established to end of side; on right side, bind off 1 st, work in patterns as established to end – 12 sts on left side and 17 sts on right side.

Row 12: On right side, bind off 5 sts, work in patterns as established to end of side; on left side, bind off 1 sts, work in patterns as established to end – 11 sts on left side and 12 sts on right side.

Rows 13 and 14: Rep Rows 11 and 12 – 5 sts on left side and 6 sts on right side.

Row 15: On left side, bind off rem 5 sts; on right side, bind off 1 st, work in patterns as established to end – 5 sts rem on right side.

Row 16: Bind off rem 5 sts on right side.

SLEEVES (make 2)

Cast on 42 (52) sts.

Cuff Ribbing

Row 1 (Set-Up Row – RS): (P2, k3) 1 (2) time(s), pm, work Row 1 of Left Twist pattern over next 7 sts, pm, work Row 1 of K3, p2 Rib over next 18 sts, pm, work Row 1 of Left Twist pattern over next 7 sts, pm, (k3, p2) 1 (2) time(s).

Row 2: K the knit sts and p the purl sts to next marker, *sm, work in Left Twist pattern as established to next marker, sm, k the knit sts and p the purl sts to next marker; rep from * to end of row.

Rep Row 2 until piece measures about 3 1/2 in. (9 cm) from beg, end with a WS row as the last row you work.

Cable Patterns

Row 1 (Set-Up Row – RS): K to first marker, sm, work in Left Twist pattern as established to next marker, sm, work Row 1 of Left Double Cross Cable pattern to next marker, sm, k to end of row.

Row 2: Work in St st (k on RS, p on WS) to first marker, sm, work in Left Twist pattern as established to next marker, sm, work Left Double Cross Cable pattern as established to next marker, sm, work in Left Twist pattern as established to next marker, sm, work in St st to end of row.

Increase Row (RS): K1, M1, k to first marker, sm, work in patterns as established to last marker slipping markers as you come to them, sm, k to last st, M1, k1 – 44 (54) sts.

Next 5 (3) Rows: Work even in patterns as established, slipping markers as you come to them.

Rep Increase Row – 46 (56) sts.

Rep last 6 (4) rows for 8 (12) more times – 62 (80) sts.

Work even in patterns as established until piece measures about 15 1/2 (16 1/2) in. (39.5 (42) cm) from beg, end with a WS row as the last row you work.

Shape Underarms

Rows 1-4: Bind off 3 (4) sts, work in patterns as established to end of row – 50 (64) sts.

Work even in patterns as established until piece measures about 5 in. (12.5 cm) from beg of underarm, end with a WS row as the last row you work.

Shape Top of Sleeve

Rows 1 and 2: Bind off 20 (27) sts, work in patterns as established to end of row – 10 sts in Row 2.

Sleeve Extension

Work even in Sleeve Extension Cable pattern until extension measures about same as front shoulder edge (about 5 1/2 (6) in. (14 (15) cm)), end with a WS row as the last row you work.

Place a marker on each side of last row worked.

Front Neck Extension

Work even in Neck Cable pattern until neck extension, measured from markers, measures about one half of front neck edge (about 5 1/2 in. (14 cm)), end with a Row 6 of pattern as the last row you work.

Place rem 10 sts on a holder. Cut yarn, leaving a long tail for grafting extensions together.

FINISHING

Graft Front Neck Extensions Together

Return held neck extension sts to 2 needles.

Holding the 2 needles parallel with WS of fabric together, thread a large-eyed blunt needle with one of the yarn ends and work as follows:

1. Insert needle as if to purl into first st on front piece. Insert needle as if to knit into first st on back piece. Pull yarn through, leaving sts on needles.
2. Insert needle as if to knit through first st on front needle and let the st drop from needle.
3. Insert needle into 2nd st on front needle as if to purl and pull the yarn through, leaving st on the needle.
4. Insert needle into first st on back needle as if to purl and let it drop from the needle.
5. Insert needle as if to knit through 2nd st on back needle and pull the yarn through, leaving st on needle.

Rep steps 2-5 until all sts are gone. When finished, adjust tension as necessary. Weave in ends.

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Sew front shoulders along sides of Sleeve extensions. Sew front neck extensions along front neck edge.

Back Neck Trim

Cast on 10 sts.

Work in Neck Cable pattern until piece measures about same as back neck edge.

Bind off.

Sew long edge of piece along back neck edge.

Sew back shoulders along sides of Sleeve extensions.

Tuck ends of back neck trim under front neck extensions and sew in place.

Sew Sleeves into armholes.

Sew side and Sleeve seams.

Weave in ends.

ABBREVIATIONS

beg = begin(ning)

k = knit

p = purl

rem = remain(ing)

rep = repeat

RS = right side

St st = Stockinette stitch

st(s) = stitch(es)

WS = wrong side

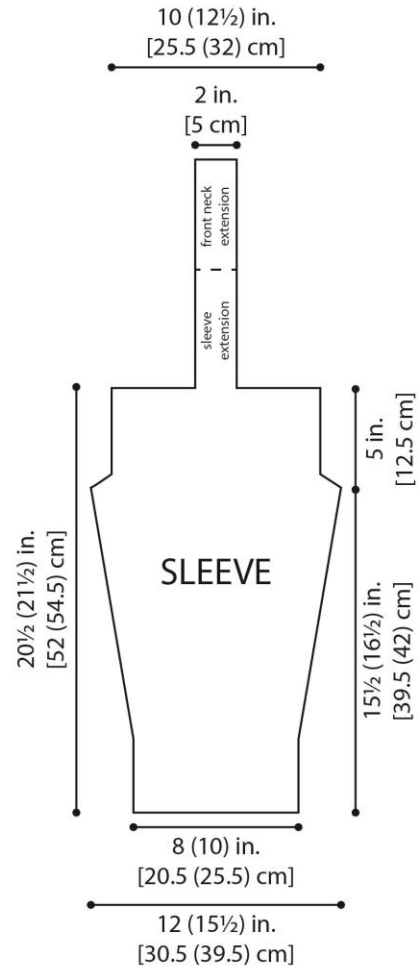
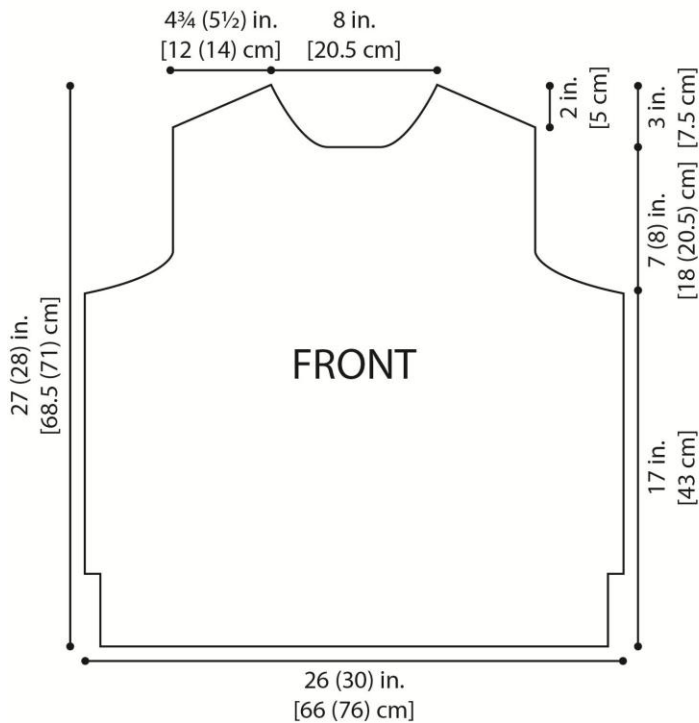
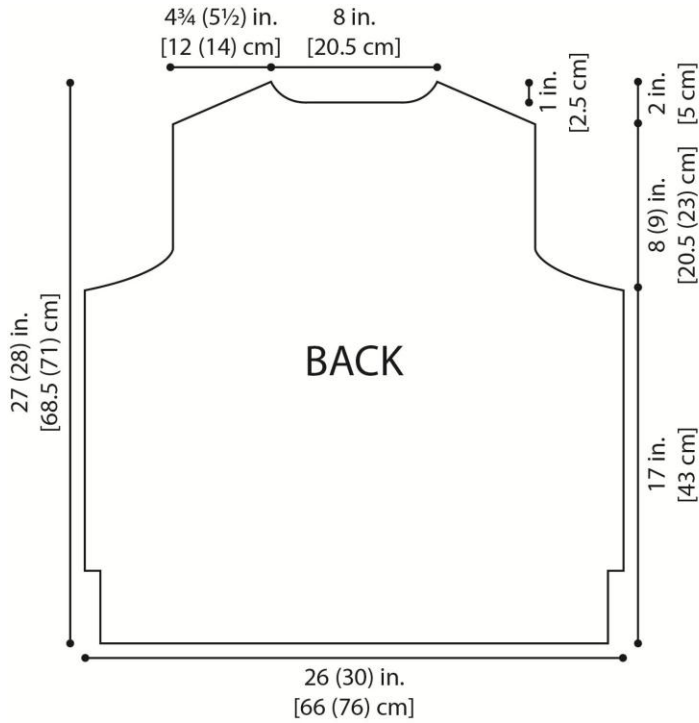
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KEY	
	knit on RS, purl on WS
	purl on RS, knit on WS
	3/3 LC (3 over 3 left cross)
	3/3 RC (3 over 3 right cross)
	3/3 LPC (3 over 3 left purl cross)
	3/3 RPC (3 over 3 right purl cross)
	4/4 LC (4 over 4 left cross)
	4/4 RC (4 over 4 right cross)
	6/6 RC (6 over 6 right cross)
	6/6 LC (6 over 6 left cross)
	LT3 (Left Twist over 3 sts)

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