



Free Knitting Pattern
Lion Brand®
LB Collection® Superwash Merino
Psyche Pullover
Pattern Number: L80379
Designed by Zabeth



SKILL LEVEL – Intermediate

SIZES

S (M, L)

Finished Bust About 38 (43, 47) in. (96.5 (109, 119.5) cm)

Finished Length About 28 1/2 (30 1/2, 31 1/2) in. (72.5 (77.5, 80) cm)

Note: Pattern is written for smallest size with changes for larger sizes in parentheses. When only one number is given, it applies to all sizes. To follow pattern more easily, circle all numbers pertaining to your size before beginning.

MATERIALS

- Lion Brand® LB Collection® Superwash Merino (Art. #486)
 - 123 Hemp 4 (5, 6) balls
- Lion Brand® knitting needles size 4 (3.5 mm) for 3-Needle Bind Off
- Lion Brand® stitch markers
- Lion Brand® stitch holders
- Lion Brand® large-eyed blunt needle



ADDITIONAL MATERIALS

Circular knitting needle size 3 (3.25 mm), 16 in. (40.5 cm) long

Circular knitting needle size 3 (3.25 mm), 29 in. (73.5 cm) long

Circular knitting needle size 4 (3.5 mm), 29 in. (73.5 cm) long

GAUGE

24 sts + 32 rows = about 4 in. (10 cm) in St st (k on RS, p on WS) with larger needles.

BE SURE TO CHECK YOUR GAUGE.

STITCH EXPLANATIONS

kfb (knit in front and back) Knit next st without removing it from left needle, then k through back of same st – 1 st increased.

ssk (slip, slip, knit) Slip next 2 sts as if to knit, one at a time, to right needle; insert left needle into fronts of these 2 sts and knit them tog – 1 st decreased.

yo (yarn over)

An increase that also creates a small decorative hole (eyelet) in the fabric, worked as follows:

1. Bring yarn to front, between the needles.
2. Take yarn to back, over the right needle. This creates the new st. You are now ready to proceed with the next st as instructed.

TECHNIQUE EXPLANATION

w&t (wrap and turn):

W&t is a technique used to ensure that a small hole doesn't form at the end of a short row. How you work a w&t depends on whether you are working a knit (RS)

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row or a purl (WS) row. Follow the specific instructions below to work a w&tK (a wrap and turn for a knit row) or a w&tP (wrap and turn for purl row).

w&tK (for knit row)

1. Bring the yarn between the needles to the front of the work (the front is the side that is facing you). Take care not to wrap the yarn over a needle, this would create a new st.
2. Slip the next st from the left hand needle to the right hand needle as if to purl.
3. Bring the yarn between the needles to the back of the work.
4. Slip the first st on right needle, as if to purl, back onto left needle.
5. Turn the work. You will now have one stitch on the right needle with a wrap of yarn around the base of the st. The yarn will be at the front of the work ready to work the next (purl) row.

w&tP (for purl row)

1. Bring the yarn between the needles to the back of the work (the back is the side that is facing away from you). Take care not to wrap the yarn over a needle, this would create a new st.
2. Slip the next st from the left hand needle to the right hand needle as if to purl.
3. Bring the yarn between the needles to the front of the work.
4. Slip the first st on right needle, as if to purl, back onto left needle.
5. Turn the work. You will now have one stitch on the right needle with a wrap of yarn around the base of the st. The yarn will be at the back of the work ready to work the next (knit) row.

NOTES

1. Pullover is made from 2 identical pieces: Back and Front.
2. Each piece is worked in alternating sections of short rows worked in St st (k on RS, p on WS) and eyelet patterns.
3. Short rows are rows that are worked over a portion of the sts in a row, leaving the remaining sts unworked. To work short rows, the pattern instructions will tell you to 'turn' before you reach the end of the row.
4. Short rows add height to one side of a piece without adding height to the other, making the eyelet patterns appear to be sloping upwards or downwards.
5. Longer circular needles are used to accommodate the number of sts. Work back and forth on the circular needle as if working on straight needles.
6. Slip the first st of every row as if to purl. On RS rows, slip first st with yarn in back and on WS rows slip first st with yarn in front. With yarn in front (wyif) refers to the side of the work facing you as you work the row; with yarn in back (wyib) refers to the side of the work that is away from you as you work the row.

BACK

With smaller long circular needle, cast on 114 (128, 142) sts.

Work back and forth as if working on straight needles.

Row 1 (RS): Sl 1, *k1, p1; rep from * to last st, k1.

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Row 2: Sl 1, *p1, k1; rep from * to last st, k1.

Rows 3-6: Rep Rows 1 and 2 twice.

Row 7: Sl 1, k to end of row.

First Short Row Section

Change to larger circular needle.

Row 1 (WS): Sl 1, p23 (21, 20), place marker (pm), p to end of row.

Row 2: Sl 1, k to marker, slip marker (sm), w&tK.

Row 3: P22 (21, 20), pm, p to end of row.

Row 4: Sl 1, k to marker, sm, w&tK.

Rows 5-8 (10, 12): Rep Rows 3 and 4 for 2 (3, 4) more times.

Next Row (WS): P to end of row.

Next Row: Sl 1, *k to next marker, remove marker, lift the wrap with the tip of your right hand needle and knit it tog with the wrapped st; rep from * until all markers have been removed, k to end of row.

Next Row: Sl 1, k to last st, p1.

Next Row: Sl 1, k to end of row.

Next Row: Sl 1, p to end of row.

First Eyelet Section

Row 1 (RS): Sl 1, *k2tog, yo; rep from * to last st, k1.

Rows 2-4: Slipping first st, work in St st (k on RS, p on WS) for 3 rows.

Second Short Row Section

Row 1 (RS): Sl 1, k23 (21, 20), pm, k to end of row.

Row 2: Sl 1, p to marker, sm, w&tP.

Row 3: K22 (21, 20), pm, k to end of row.

Row 4: Sl 1, p to marker, sm, w&tP.

Rows 5-8 (10, 12): Rep Rows 3 and 4 for 2 (3, 4) more times.

Next Row (RS): K to end of row.

Next Row: Sl 1, *p to next marker, remove marker, lift the wrap with the tip of your right hand needle and purl it tog with the wrapped st; rep from * until all markers have been removed, p to end of row.

Second Eyelet Section

Row 1 (RS): Sl 1, *k2tog, yo; rep from * to last st, k1.

Rows 2 and 3: Slipping first st, work in St st for 2 rows.

Third Short Row Section

Row 1 (WS): Sl 1, p14 place marker (pm), p to end of row.

Row 2: Sl 1, k to marker, sm, w&tK.

Row 3: P14 pm, p to end of row.

Row 4: Sl 1, k to marker, sm, w&tK.

Rows 6-14 (16, 18): Rep Rows 3 and 4 for 5 (6, 7) more times.

Next Row (WS): P to end of row.

Next Row: Sl 1, *k to next marker, remove marker, lift the wrap with the tip of

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your right hand needle and knit it tog with the wrapped st; rep from * until all markers have been removed, k to end of row.

Next Row: Sl 1, k to last st, p1.

Next 2 Rows: Slipping first st, work in St st for 2 rows.

Third Eyelet Section

Row 1 (RS): Sl 1, *k2tog, yo; rep from * to last st, k1.

Rows 2-4: Slipping first st, work in St st for 3 rows.

Row 5: Sl 1, k1, *k2tog, yo; rep from * to last 2 sts, k2.

Row 6: Sl 1, p to end of row.

Fourth Short Row Section

Row 1 (RS): Sl 1, k14, pm, k to end of row.

Row 2: Sl 1, p to marker, sm, w&tP.

Row 3: K14, pm, k to end of row.

Row 4: Sl 1, p to marker, sm, w&tP.

Rows 5-14 (16, 18): Rep Rows 3 and 4 for 5 (6, 7) more times.

Next Row (RS): K to end of row.

Next Row: Sl 1, *p to next marker, remove marker, lift the wrap with the tip of your right hand needle and purl it tog with the wrapped st; rep from * until all markers have been removed, p to end of row.

Fourth Eyelet Section

Row 1 (RS): Sl 1, *k1, (k2tog, yo) 3 times; rep from * to last st, k1.

Row 2: Sl 1, p to end of row.

Row 3: Sl 1, k2, *(k2tog, yo) twice, k3; rep from * to last 6 sts, (k2tog, yo) twice, k2.

Row 4: Rep Row 2.

Row 5: Sl 1, k3, *k2tog, yo, k5; rep from * to last 5 sts, k2tog, yo, k3.

Fifth Short Row Section

Rows 1-14 (16, 18): Work same as Rows 1-14 (16, 18) of Third Short Row Section.

Next Row (WS): P to end of row.

Next Row: Sl 1, *k to next marker, remove marker, lift the wrap with the tip of your right hand needle and knit it tog with the wrapped st; rep from * until all markers have been removed, k to end of row.

Next Row: Sl 1, p to end of row.

Fifth Eyelet Section

Row 1 (RS): Sl 1, *k2tog, yo, k5; rep from * to last st, k1.

Row 2: Sl 1, p to end of row.

Sixth Short Row Section

Work same as Fourth Short Row Section.

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Sixth Eyelet Section

Rows 1-6: Work same as Rows 1-6 of Third Eyelet Section.

Row 7: Sl 1, k to end of row.

Seventh Short Row Section

Row 1 (WS): Sl 1, p11 (9, 10), place marker (pm), p to end of row.

Row 2: Sl 1, k to marker, sm, w&tK.

Row 3: P9 (9, 10), pm, p to end of row.

Row 4: Sl 1, k to marker, sm, w&tK.

Rows 6-22 (26, 26): Rep Rows 3 and 4 for 9 (11, 11) more times.

Next Row (WS): P to end of row.

Next Row: Sl 1, *k to next marker, remove marker, lift the wrap with the tip of your right hand needle and knit it tog with the wrapped st; rep from * until all markers have been removed, k to end of row.

Next Row: Sl 1, p to end of row.

Seventh Eyelet Section

Row 1 (RS): Sl 1, k3, *k2tog, yo, k5; rep from * to last 5 sts, k2tog, yo, k3.

Row 2: Sl 1, p to end of row.

Row 3: Sl 1, k2, *(k2tog, yo) twice, k3; rep from * to last 6 sts, (k2tog, yo) twice, k2.

Row 4: Rep Row 2.

Row 5: Sl 1, k1, *(k2tog, yo) 3 times, k1; rep from * to end of row.

Row 6: Rep Row 2.

Row 7: Sl 1, k to end of row.

Rows 8-10: Rep Rows 4-6.

Eighth Short Row Section

Row 1 (RS): Sl 1, k11 (9, 10), pm, k to end of row.

Row 2: Sl 1, p to marker, sm, w&tP.

Row 3: K9 (9, 10), pm, k to end of row.

Row 4: Sl 1, p to marker, sm, w&tP.

Rows 5-22 (26, 26): Rep Rows 3 and 4 for 9 (11, 11) more times.

Next Row (RS): K to end of row.

Next Row: Sl 1, *p to next marker, remove marker, lift the wrap with the tip of your right hand needle and purl it tog with the wrapped st; rep from * until all markers have been removed, p to end of row.

Next Row: Sl 1, k to end of row.

Next Row: Sl 1, k to last st, p1.

Next 2 Rows: Slipping first st, work in St st for 2 rows.

Eighth Eyelet Section

Row 1 (RS): Sl 1, *k2tog, yo; rep from * to last st, k1.

Rows 2-4: Slipping first st, work in St st for 3 rows.

Row 5: Sl 1, k1, *k2tog, yo; rep from * to last 4 sts, k2tog, yo, k2.

Rows 6-8: Slipping first st, work in St st for 3 rows.

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Rows 9-11: Rep Rows 1-3.
Row 12: Sl 1, k to last st, p1.
Row 13: Sl 1, k to end of row.

Ninth Short Row Section

Rows 1-14 (16, 18): Work same as Rows 1-14 (16, 18) of Third Short Row Section.

Next Row (WS): P to end of row.

Next Row: Sl 1, *k to next marker, remove marker, lift the wrap with the tip of your right hand needle and knit it tog with the wrapped st; rep from * until all markers have been removed, k to end of row.

Next Row: Sl 1, p to end of row.

Ninth Eyelet Section

Rows 1-5: Work same as Rows 1-5 of Fourth Eyelet Section.

Row 6: Sl 1, p to end of row.

Tenth Short Row Section

Work all rows of Fourth Short Row Section.

Next 2 Rows: Slipping first st, work in St st for 2 rows.

Tenth Eyelet Section

Row 1 (RS): Sl 1, *k2tog, yo, k5; rep from * to last st, k1.

Row 2: Sl 1, p to end of row.

Row 3: Sl 1, k1, *k2tog, yo, k5; rep from * to end of row.

Row 4: Rep Row 2.

Row 5: Sl 1, k2, *k2tog, yo, k5; rep from * to last 6 sts, k2tog, yo, k4.

Row 6: Rep Row 2.

Rows 7-10: Slipping first st, work in St st for 4 rows.

Place a marker at beg and end of last row worked, for armholes.

Eleventh Eyelet Section and Beg Shaping Armholes

Row 1 (RS): Sl 1, k3, *k2tog, yo, k5; rep from * to last 5 sts, k2tog, yo, k3.

Row 2: Sl 1, p to end of row.

Row 3: Sl 1, k3, *yo, ssk, k5; rep from * to last 5 sts, yo, ssk, k3.

Row 4: Rep Row 2.

Rows 5 and 6: Rep Rows 1 and 2.

Row 7 (Increase Row – RS): Sl 1, kfb, k2, *yo, ssk, k5; rep from * to last 5 sts, k2, kfb, k2 – you will have 116 (130, 144) sts in this row.

Row 8: Rep Row 2.

Row 9: Sl 1, k4, *k2tog, yo, k5; rep from * to last 6 sts, k2tog, yo, k4.

Row 10: Rep Row 2.

Row 11: Sl 1, k4, *yo, ssk, k5; rep from * to last 6 sts, yo, ssk, k4.

Rows 12-16: Slipping first st, work in St st for 5 rows.

Row 17 (Increase Row – RS): Sl 1, kfb, k to last 3 sts, kfb, k2 – 118 (132, 146)

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sts.

Row 18: Rep Row 2.

Twelfth Eyelet Section and Continue Shaping Armholes

Row 1 (RS): Sl 1, k2, *k2tog, yo, k5; rep from * to last 3 sts, k3.

Row 2: Sl 1, p to end of row.

Row 3: Sl 1, k3, *k2tog, yo, k5; rep from * to last 2 sts, k2.

Row 4: Rep Row 2.

Row 5: Sl 1, k4, *k2tog, yo, k5; rep from * to last st, k1.

Rows 6-8: Slipping first st, work in St st for 3 rows.

Eleventh Short Row Section and Continue Shaping Armholes

Row 1 (Increase Row – RS): Sl 1, kfb, k15, pm, k to last 3 sts, kfb, k2 – 120 (134, 148) sts.

Row 2: Sl 1, p to marker, sm, w&tP.

Row 3: K14, pm, k to end of row.

Row 4: Sl 1, p to marker, sm, w&tP.

Rows 5-8: Rep Rows 3 and 4 twice.

Row 9 (Increase Row – RS): K14, pm, k to last 3 sts, kfb, k2 – 121 (135, 149) sts total.

Row 10: Sl 1, p to marker, sm, w&tP.

Rows 11-14 (16, 18): Rep Rows 3 and 4 for 2 (3, 4) more times.

Next Row (RS): K to end of row.

Next Row: Sl 1, *p to next marker, remove marker, lift the wrap with the tip of your right hand needle and purl it tog with the wrapped st; rep from * until all markers have been removed, p to end of row.

Thirteenth Eyelet Section

Rows 1-5: Work same as Rows 1-5 of Fourth Eyelet Section.

Twelfth Short Row Section and Continue Shaping Armholes

Row 1 (WS): Sl 1, p18, place marker (pm), p to end of row.

Row 2: Sl 1, k to marker, sm, w&tK.

Row 3: P14, pm, p to end of row.

Row 4 (Increase Row – RS): Sl 1, kfb, k to marker, w&tK – 122 (136, 150) sts total.

Row 5: P14, pm, p to end of row.

Row 6: Sl 1, k to marker, sm, w&tK.

Rows 7-14 (16, 18): Rep Rows 5 and 6 for 4 (5, 6) more times.

Next Row (WS): P to end of row.

Next Row (Increase Row – RS): Sl 1, kfb, *k to next marker, remove marker, lift the wrap with the tip of your right hand needle and knit it tog with the wrapped st; rep from * until all markers have been removed, k to last 3 sts, kfb, k2 – 124 (138, 152) sts.

Fourteenth Eyelet Section and Continue Shaping Armholes

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Rows 1-5: Work same as Rows 1-5 of Third Eyelet Section.

Rows 6-8: Slipping first st, work in St st for 3 rows.

Row 9 (Increase Row – RS): Sl 1, kfb, *k2tog, yo; rep from * to last 4 sts, k1, kfb, k2 – 126 (140, 154) sts.

Rows 10-12: Slipping first st, work in St st for 3 rows.

Row 13: Sl 1, *k2tog, yo; rep from * to last st, k1.

Rows 14-16: Slipping first st, work in St st for 3 rows.

Shape Shoulders

Row 1 (RS): K to last 6 (6, 7) sts, w&tK.

Row 2: P to 6 (6, 7) sts before last wrapped st, w&tP.

Row 3: K to 5 (5, 6) sts before last wrapped st, w&tK.

Row 4: P to last 5 (5, 6) sts, w&tP.

Rows 5-14 (16, 16): Rep Rows 3 and 4 for 5 (6, 6) more times.

Next Row (RS): K to end of row knitting wraps tog with wrapped sts.

Next Row: Sl 1, p to end of row purling wraps tog with wrapped sts.

Next Row: K36 (41, 49) and place these sts onto a st holder for right shoulder, bind off center 54 (58, 56) sts loosely, k to end of row for left shoulder – 36 (41, 49) sts.

Place rem sts onto a 2nd st holder.

FRONT

Make same as Back.

FINISHING

Seam Shoulders with 3-Needle Bind Off

Return right shoulder sts of Back to one needle so that you are ready to work a WS row. Return right shoulder sts of Front to 2nd needle so that you are ready to work a WS row.

With RS tog, hold 2 needles in one hand. With 3rd needle, knit tog 1 st from each needle, *knit tog 1 st from each needle, pass first st worked over 2nd to bind off; rep from * across. Cut yarn and pull through last st to secure. Rep to seam left shoulder.

Sew side seams from lower edge to armhole markers.

Armhole Edging

From RS with short circular needle, beg at underarm, pick up and knit sts evenly spaced around one armhole edge.

Bind off as if to purl.

Rep around 2nd armhole.

Neck Edging

From RS with short circular needle, beg at shoulder seam, pick up and knit sts evenly spaced around neck edge.

Bind off as if to knit.

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Weave in ends.

ABBREVIATIONS

beg = begin(ning)

k = knit

k2tog = knit 2 stitches together

p = purl

rem = remain(ing)(s)

rep = repeat

RS = right side

sl = slip

st(s) = stitch(es)

St st = Stockinette stitch

tog = together

WS = wrong side

Every effort has been made to produce accurate and complete instructions. We cannot be responsible for variance of individual crafters, human error, or typographical mistakes.

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