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Designed and manufactured by:
Interplay UK Ltd.

Artisan, Hillbottom Road
High Wycombe, HP12 4HJ
Tel: +44 (0) 1628 488944

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NAIL DESIGNS BY CATHERINE JIMENEZ
WWW.SIGNATURENAILSHIGHWYCOMBE.CO.UK

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CREATE FASHIONABLE
OMBRE NAILS!

INSTRUCTIONS



WARNING!

Only for use by children over 8 years old.

Not suitable for children under 36 months due to small parts that may represent a choking hazard. Adult supervision is recommended. Read the instructions before use, follow them and keep them for reference.

Do not apply to the skin, or close to the eyes or mouth.

Do not swallow or inhale the contents.

Use contents within 6 months of opening the individual containers.

In case of an adverse reaction, wash off immediately with soap and water, and rinse the affected area well with plenty of clean water. If swallowed: Do not induce vomiting. Drink some fresh water and seek medical advice should you suffer any symptoms.

In case of eye contact: Wash out eye with plenty of water, holding eye open. Seek immediate medical advice.

Clean any spills with kitchen paper and clean water. Dispose of any surplus materials in the household waste.

Advice for supervising adults:

This toy is for use only for children over the age of 8 years. Read and follow these instructions, the safety rules and the first aid information and keep them for reference. Incorrect use of chemicals can cause injury and damage to health. Only carry out those activities which are listed in the instructions. Because children's abilities vary so much, even within age groups, supervising adults should exercise discretion as to which activities are suitable and safe for them. The instructions should enable supervisors to assess any activity to establish its suitability for a particular child. The supervising adult should discuss the warnings, safety information and the possible hazards with the child or children before commencing the activities.

The area surrounding the activity should be kept clear of any obstructions and away from the storage of food. It should be well lit and ventilated and close to a water supply. The working area should be cleaned immediately after carrying out the activity.



INGREDIENTS:

Aqua (water), Polyvinyl Alcohol, Styrene/Acrylamide Copolymer, Polysorbate 20, Mica, Propylene Glycol, Phenoxyethanol, Triethanolamine, Sodium Benzoate, CI 77891 (Titanium Dioxide), +/- May Contain: D&C Red No. 7 CI 15850: 1, FD&C Yellow No. 5 Al. Lk. CI 19140, FD&C Blue No. 1 Al. Lk CI 42090, Iron Oxide CI 77499 & CI 77492, FD&C Red No 27 Al. Lk. CI 45410.

Nail Art Deluxe

CONTENTS

- 1 Transparent Nail Varnish
- 1 Red Nail Varnish
- 1 Hot Pink Nail Varnish
- 1 Sky Blue Nail Varnish
- 1 Turquoise Nail Varnish
- 1 Lilac Nail Varnish
- 1 Purple Nail Varnish
- 1 Orange Nail Varnish
- 1 White Nail Varnish
- 2 Sheets of Nail Stickers
- 4 Ombre Sponges
- 5 Nail Masks (1 large, 3 medium, 1 small)
- 1 Fine Nail-Art Brush
- 1 Toe Separator
- 1 Emery Board



PREPARATION

Wash your hands and nails well, making sure to remove any dirt under your nails using soap, a nail brush, and warm water.

Trim your nails with a finger-nail cutter if they are too long, and file them gently using the nail file supplied to remove any sharp edges. Only file the tip of the nail, not the top surface, as filing the surface will weaken the nail.

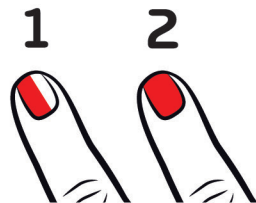
After filing your nails, always wash and thoroughly dry your hands to make sure that nail dust cannot spoil your nail polish.

PAINTING YOUR NAILS - BASE COAT

Always shake the nail polish before use to ensure that the colours are evenly mixed. For best results you should paint your nails with smooth, continuous

strokes of the brush, starting at the base of the nail (the cuticle) and painting towards the tip of the nail in a single stroke, using the brush supplied inside the lid of each nail polish. After dipping the brush in the nail polish, wipe the brush on the inside of the bottle neck to remove the excess paint and form the bristles of the brush into a good shape.

You should be able to paint smaller nails in two strokes of the brush, as shown:



Larger nails will need three strokes of the brush:



It is better to apply several thin coats of nail polish, rather than one thick coat, because this will produce a more even application. Most colours will only need two coats, but light colours, such as white, may need three coats. Allow each coat to dry before applying the next coat - if you apply the next coat too soon, the nail polish may lack gloss, or become streaky.

If you make a mistake, wait for the nail

polish to dry, peel it off the nail or wash it off the skin with soap and warm water), or dry the nail and start again.

TOP TIP:

Lighter colours work best as base colours as applying a light colour on top of a dark colour may make it appear less vivid!



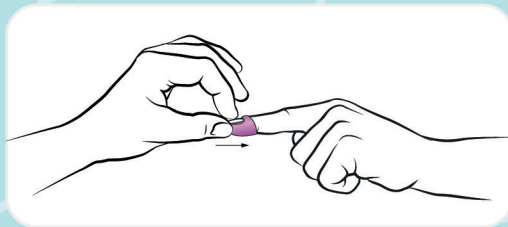
OMBRE NAIL ART

To achieve the best ombre effect start with a white base coat, this will help the colours to stand out more when being applied on top. Make sure that this is completely dry before placing the nail masks onto your fingers.

USING THE NAIL MASKS

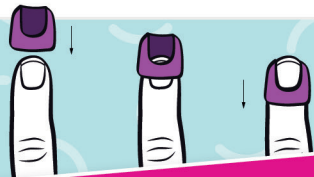
There are three different sizes of masks: the large one for your thumb, the medium ones for your index, middle and ring finger and the small one for your little finger.

The masks are soft, so they'll mould to the shape of your finger; the aim is to position the mask snugly around your nail to prevent any varnish from getting onto the skin surrounding your nail.



POSITIONING THE MASKS

To correctly position the masks, pull each one down your finger with the opening facing upwards, the crosspiece should sit just under your nail.



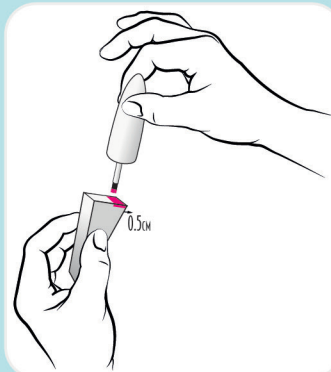
TOP TIP:

There should be enough masks for one hand as your other hand will need to do all the work!

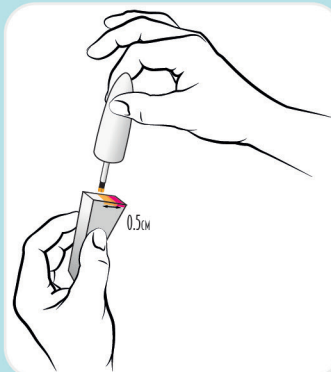


APPLYING THE NAIL COLOUR

Choose two contrasting nail varnish colours, for example, bright pink and orange. Using opposing colours will make the ombre effect more striking. Holding the sponge steady, paint about 0.5 cm wide stripe of the first lighter colour in a sweeping motion, moving in one direction.

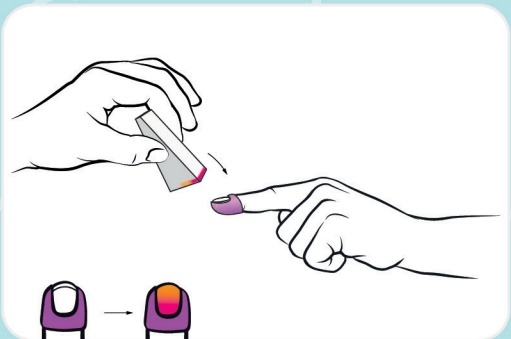


Make sure you apply a generous amount as the sponge can absorb a lot of the varnish. Repeat this process again with your second colour, overlapping the stripes slightly to blend the colours.



CREATING THE BLEND

Once both colours have been applied orientate the stripes horizontally and gently dab the sponge down on to your masked nail. Keep dabbing lightly and move slightly up and down your nail to ensure the colours blend in the middle. Make sure not to wipe the sponge away whilst still in contact with your nail.



FINISHING THE OMBRE DESIGN

Repeat for all of your nails and finish with a transparent topcoat which will prevent your designs from chipping or scratching.

Once your nails are dry, wash your nail masks and sponges with warm water and soap to reuse again and again!

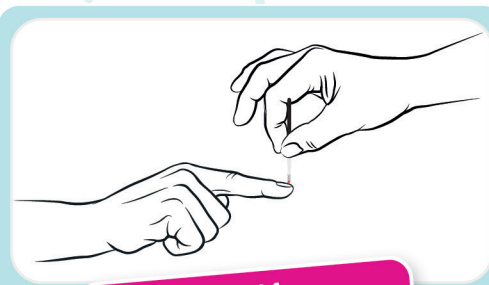


NAIL ART

Make sure that the base coat of nail polish is completely dry before painting designs onto it.

Use the small paint brush to paint the designs onto your nails. Apply a tiny amount of paint to the brush, wipe the brush on the inside of the bottle neck to remove the excess paint and form the bristles of the brush into a good shape, then hold the brush vertically (as shown) and lower it gently onto the nail to begin painting.

It requires patience to get this exactly right, so you may need to try a couple of times before you get it right!



TOP TIPS:

- Do not overload the brush.
- Paint using only the tip of the brush.
- Keep the brush vertical at all times.



Where possible, it is best to paint paler colours onto the nail first, so to paint a pink heart design onto a black background, it is best to paint the nail pink first, then paint the black outline of the heart shape onto the nail, then paint black around the heart shape.

REMOVING THE NAIL POLISH

Once the nail varnish is dry, it can be peeled off your nail in a single sheet. Any excess that is stuck to the skin can be removed using soap and warm water.

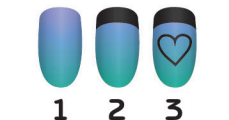
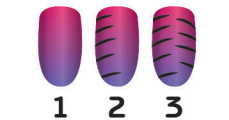
UNICORN AND STARS STICKERS

Peel the sticker from the backing sheet by folding the sheet, and apply carefully to the nail. Once your design is complete, paint with transparent varnish as described.

DESIGN YOUR OWN

Here (right) are some designs that we like, shown step by step. You can use these as inspiration and then go on to design your own.

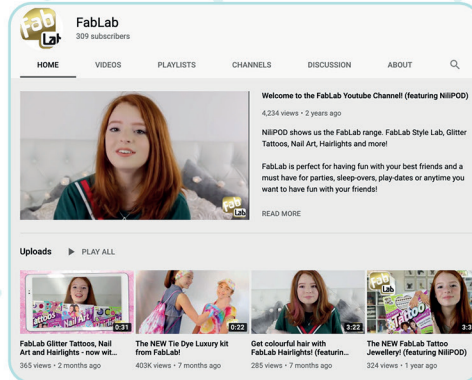
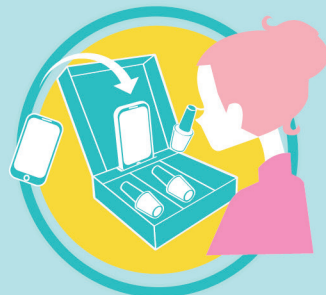
TOP TIP:
To paint a dot, it is best to paint in a very small circle on the nail.



MOBILE PHONE HOLDER

Included in your Fablab Nail Art Deluxe Kit is a mobile phone holder, which lets you easily view our cool "how-to" videos packed with exciting content to discover new techniques and styles.

Simply place your phone into the holder and go to our channel at youtube.com/fablabuk. This handy holder will allow you to paint your nails and watch the videos all at the same time!



SHARE YOUR FAVOURITE DESIGNS!

We would love to see your creations! Share your nail art designs with us on social media using [#fablabnails](https://twitter.com/fablabnails).