

# Ko te Fakahuhu

*Ko koe foki ko he  
vāega o te ata.*

Ko te fakahuhu ko te  
filifiliga ia e hili ona maua  
ai te ola mālōlō e  
te mātua ma te pepe.  
Ko te i ei o he lagolago  
ki te mātua ka  
fehoahoani tēnā ki  
ei ke tūmau ai.

 **Breastfeeding**

Mo he fehoahoani ma ni fakamatalaga  
fakamolemole telefoni te

**0800 611 116**

Pe kikila a tu ki te  
[www.breastfeeding.org.nz](http://www.breastfeeding.org.nz)

**Feeding  
our Futures**



New Zealand Government