

Free health advice
when you need it



Healthline

0800 611 116

www.healthline.govt.nz

If you or a whānau member
is unwell, and you're not sure
what to do, call Healthline.



**Healthline is a 24-hour
telephone health advice service.
We're available when you need us
and we're FREE.**



You can call Healthline on 0800 611 116
any time, 24 hours a day, 7 days a week:

- for trusted health advice, treatment and information about what to do next from nurses, paramedics and advisors
- doctors (who can help with prescriptions) are available 7am – 11pm
- you can choose to speak with a Māori clinician if you're calling between 8am and 8pm
- interpreter services and NZ Relay support are available

**For FREE, 24-hour
health advice, call
HEALTHLINE on
0800 611 116.**

Available from
[Healthed.govt.nz](https://www.health.govt.nz)

Te Aka Whai Ora
Māori Health Authority

Te Whatu Ora
Health New Zealand