

Me auahi kore tō waka



Image courtesy of NZ Transport Agency

Te Whatu Ora
Health New Zealand



Te Kāwanatanga o Aotearoa
New Zealand Government

Me auahi kore tō waka

Hei whakaiti i te pānga o te momi hāngū ki ngā tamariki, i te 28 o Whiringa-ā-rangi 2021 i aukatia ā-ture te kai paipa i roto i tētahi waka mehemea he tamariki kei raro i te 18 tau i roto i te waka.

He mea mōrearea ki ō tamariki te kai paipa i te waka nā te mea:

- Ka pā te auahi hāngū ki ngā tamariki, ā, he nui ake te tūponotanga ka pāngia ngā tamariki ka momi hāngū e te mate, pēnei i te pokenga uma, te taringa hoi, te mate huangō rānei.
- Ko ngā rangatahi, he hoa, he whanaunga kai paipa ō rātou, he nui ake te tūponotanga ka kai paipa rātou.

Te auahi hāngū i roto i tō waka

- Ahakoa ka whakahekeka te wini e kore ngā paihana katoa e puta.
- Ka noho tonu ngā paihana ahakoa kua ngaro noa atu te auahi me te haunga.
- Kāore e taea e ngā tamariki te neke tawhiti atu i te auahi hāngū, i roto i tētahi waka.

He huarahi māmā e auahi kore ai tō waka

- Whakaritea he ture – me auahi kore tō waka i ngā wā katoa, mō te katoa.
- Horoia te papa pungarehu o tō waka.
- Tangohia rawatia te tahu hikareti o tō waka.
- Whakamōhiotia te tangata – meatia he tāpiri Auahi Kore ki te wini o tō waka.
- Inoi atu ki tō whānau kia tautokona koe, mā te noho auahi kore ki roto i tō waka.

He ranunga tēnei mea te auahi hāngū o ngā auahi e puta mai ana i te pito kā o tētahi hikareti, me te auahi ka pūhia e te tangata kai paipa ki waho. E 200 rau neke atu ngā paihana ō roto, ko ētahi o ēnei he pūtake mate pukupuku.

Māu e whakaatu te mahi tika, kua e kai paipa i mua i te tamariki ahakoa ki whea. Ka iti ake te tūponotanga ka kai paipa rātou.

smokefree.org.nz/secondhandsmoke