



Sands

support pack

information for when
your baby dies



Sands

Sands is a parent-run nationwide group supporting whānau/families who have experienced the death of a baby. Most of our members are also bereaved parents. We promote awareness, as well as providing information and support for those dealing with the death of a baby during pregnancy, at birth, as a newborn or into infancy. We are non-judgemental and provide support under any circumstances. Your local Sands group may offer the following forms of support: support group meetings, telephone support, one to one visits and provide resources and information. Sands groups may also provide support and memory making items through the hospitals. We extend our sincere sympathy to you at this very sad time and invite you to make contact with us if you wish.

For local and national contact details or to request this resource, visit our website on

www.sands.org.nz

Te Whatu Ora
Health New Zealand

Te Kāwanatanga o Aotearoa
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