GROW WITH ME GROWTH CHART

SAMPLE PROJECT: Effie's Woods by Deb Strain for Moda Fabrics

PROJECT SIZE
18″ x 60″

BLOCK SIZES
8½″ x 12½″ unfinished, 8″ x 12″ finished

6½″ x 12½″ unfinished, 6″ x 12″ finished

4½″ x 10½″ unfinished, 4″ x 10″ finished

4½″ x 8½″ unfinished, 4″ x 8″ finished

4½″ x 6½″ unfinished, 4″ x 6″ finished

PROJECT TOP
1 package of 5″ print squares
1 yard of background fabric* - includes
    sashing, inner border, & pieced border

BINDING
¾ yard

BACKING
1 yard - horizontal seam(s)

1 junior roll of 2½″ background strips can be substituted.

1 cut

From the 5″ print squares:
- ☐ Select 15 squares for the letters. Cut each selected square in half vertically and horizontally to yield 2½″ squares. A **total of (59)** 2½″ squares are needed. **1A**
    - ☐ Set (17) 2½″ squares aside for the half-square triangles.
    - ☐ Set (42) 2½″ squares aside for the block construction.

- ☐ Set 10 squares aside for the flying geese.

- ☐ Set 1 square aside for the tree trunks.

- ☐ Set the 16 remaining squares aside for another project.

From the background fabric, cut (14) 2½″ strips across the width of the fabric.
- ☐ From 4 strips, subcut (16) 2½″ squares from each strip. **1B**

- ☐ From 1 strip, subcut (10) 2½″ squares and add them to those previously cut for a **total of (74)** 2½″ squares. **1B**

- ☐ Set the remaining strips aside for now.

1A

2½″ square	2½″ square
2½″ square	2½″ square

1B

2½″ squares

2½″ strip
2½″ strip
2½″ strip
2½″ strip
2½″ strip
2½″ strip
2½″ strip
2½″ strip
2½″ strip

2 make half-square triangles

Mark a diagonal line on the reverse side of (55) 2½″ background squares. Set 38 of the marked squares aside for the flying geese. **2A**

Place a marked background square on top of 2½″ print square, right sides facing. Sew on the marked line, then trim the excess fabric ¼″ from the sewn seam. Press. **Make 17** half-square triangles. Trim to 2½″ if necessary. **2B 2C**
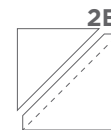
Tip: You can sew ½″ away from the seam line before trimming the excess fabric and make smaller bonus half-square triangles to use on a different project. **2D**
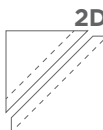
3 letter blocks construction

Letter G
Select 5 half-square triangles, (9) 2½″ print squares, and (4) 2½″ background squares.

Arrange the selected pieces in 6 rows of 3 as shown. Sew the pieces together to form rows. Press the seams in opposite directions. Nest the seams and sew the rows together. Press. **3A**

Letter G Block Size: 6½″ x 12½″ unfinished, 6″ x 12″ finished

Letter R
Select 4 half-square triangles, (11) 2½″ print squares, and (3) 2½″ background squares.

Arrange the selected pieces in 6 rows of 3 as shown. Sew the pieces together to form rows. Press the seams in opposite directions. Nest the seams and sew the rows together. Press. **3B**

Letter R Block Size: 6½″ x 12½″ unfinished, 6″ x 12″ finished

Letter O
Select 4 half-square triangles, (10) 2½″ print squares, and (4) 2½″ background squares.

Arrange the selected pieces in 6 rows of 3 as shown. Sew the pieces together to form rows. Press the seams in opposite directions. Nest the seams and sew the rows together. Press. **3C**

Letter O Block Size: 6½″ x 12½″ unfinished, 6″ x 12″ finished

Letter W
Select 4 half-square triangles, (12) 2½″ print squares, and (8) 2½″ background squares.

Arrange the selected pieces in 6 rows of 4 as shown. Sew the pieces together to form rows. Press the seams in opposite directions. Nest the seams and sew the rows together. Press. **3D**
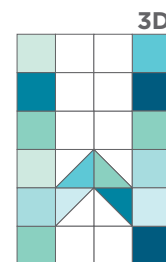
**Letter W Block Size**: 8½″ x 12½″ unfinished, 8″ x 12″ finished

4 make flying geese

Pick up the (10) 5″ print squares set aside for the flying geese. Cut each selected square in half horizontally to yield 2½″ x 5″ rectangles. Trim each rectangle to 2½″ x 4½″. A **total of (19)** 2½″ x 4½″ rectangles are needed. **4A**

4A

2½″ x 4½″

2½″ x 4½″
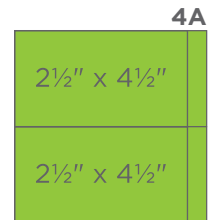
Pick up the 38 marked background squares.

Place a marked background square on the left end of a 2½″ x 4½″ print rectangle. Sew on the marked line, then trim the excess fabric ¼″ from the sewn seam. Press. **4B 4C**

4B **4C**
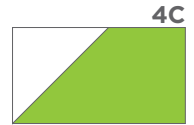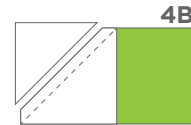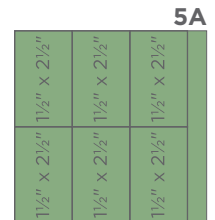
Place another marked background square on the right end of the rectangle. Sew on the marked line, then trim the excess fabric ¼″ from the sewn seam. Press. **Make 19** flying geese units. **4D 4E**

4D **4E**
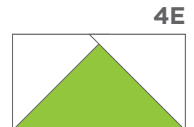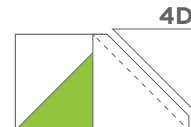
5 make the tree trunks

Select (1) 5″ print square.
- ☐ Cut (3) 1½″ strips along the length of the square.
  - ☐ Subcut a **total of (6)** 1½″ x 2½″ rectangles. **5A**

5A

1½″ x 2½″ 1½″ x 2½″ 1½″ x 2½″
1½″ x 2½″ 1½″ x 2½″ 1½″ x 2½″

Pick up (1) 2½″ background strip set aside earlier.
- ☐ Cut a **total of (12)** 2½″ x 2″ rectangles. **5B**

5B

2½″ x 2″

Sew a 2½″ x 2″ background rectangle to either side of a 1½″ x 2½″ print rectangle. Press. **Make 6** tree trunks. **5C**
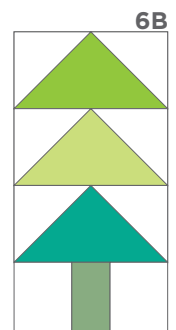
5C
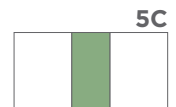
6 tree blocks construction

Select 2 flying geese, and 1 tree trunk. Arrange them in a vertical row as shown. Sew the units together and press. **6A**

Block Size: 4½″ x 6½″ unfinished, 4″ x 6″ finished

6A
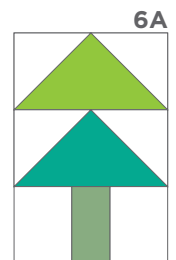
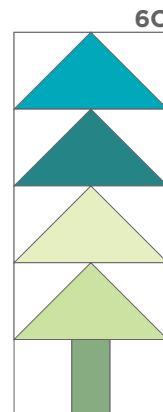Select 3 flying geese, and 1 tree trunk. Arrange them in a vertical row as shown. Sew the units together and press. **Make 3**. **6B**

Block Size: 4½″ x 8½″ unfinished, 4″ x 8″ finished

6B

Select 4 flying geese, and 1 tree trunk. Arrange them in a vertical row as shown. Sew the units together and press. **Make 2**. **6C**

Block Size: 4½″ x 10½″ unfinished, 4″ x 10″ finished

6C

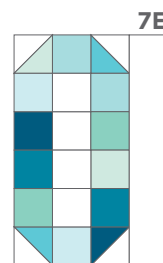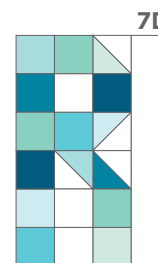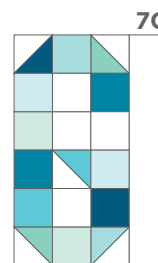## 7 sashing
Pick up (2) 2½″ background strips set aside earlier.

☐ From 1 strip, cut a **total of (3)** 2½″ x 12½″ rectangles. **7A**

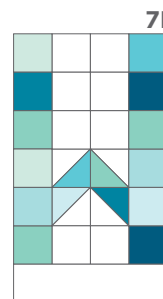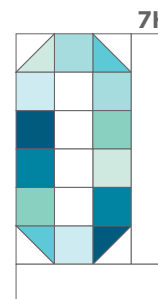| 2½″ x 12½″	2½″ x 12½″	2½″ x 12½″	

7A

☐ From 1 strip, cut a **total of (4)** 2½″ x 8½″ rectangles. **7B**

2½″ x 8½″	2½″ x 8½″	2½″ x 8½″	2½″ x 8½″	

7B

Sew a 2½″ x 12½″ background rectangle to the right edge of the G, R, and O blocks. Press. **7C 7D 7E**

7C   7D   7E

Sew a 2½″ x 8½″ background rectangle to the bottom edge of the G, R, O, and W blocks. Press. **7F 7G 7H 7I**

7F   7G   7H   7I
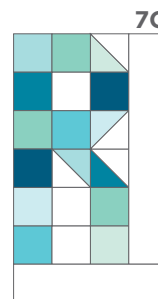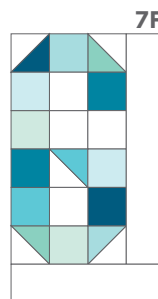
8 arrange & sew

Arrange the sashed G, R, O, and W blocks in a vertical row as shown. Sew them together and press. **8A**

9 inner border

Pick up (6) 2½″ background strips set aside earlier. Sew them together to form a long strip. Trim the inner borders from this strip. Measure the length of the project 3 times vertically, then find the average measurement—approximately 56½″. Trim 2 side borders to that length. Sew the side borders to the project. Measure the width of the project 3 times horizontally, then find the average measurement—approximately 12½″. Trim a top and bottom border to that length. Set the remainder of the long strip aside, then sew the top and bottom borders to the project.

10 pieced border

Pick up the long 2½″ background strip set aside earlier. Cut a **total of (5)** 2½″ x 4½″ rectangles from the strip.

Pick up the tree blocks. Reference diagram **8A** to arrange the tree blocks and the 2½″ x 4½″ background rectangles in a vertical row. Sew the vertical row together and press. **Note**: Make any adjustments needed to your seam allowances so that the vertical row of trees measures the same as the rest of your project.

Sew the pieced border to the right edge of the project. Press.

11 outer border

Pick up the long 2½″ background strip set aside earlier. Measure the length of the project 3 times vertically, then find the average measurement—approximately 60½″. Trim 1 side outer border to this length, then sew it to the right side of the proejct. Press to complete.

12 quilt & bind

Layer the project with batting and backing, then quilt. After the quilting is complete, trim the excess batting and backing, and add binding to finish your project.

8A