

# How to make your own Pour Medium and Pour Paintings



# Materials List...

The materials for this lesson can be found at a Gold or above Art Centre.

Go to [www.montmarte.net](http://www.montmarte.net) to find the one nearest to you.

## Pouring Medium:

MACR0013 Mont Marte Craft Glue 1 Litre

MAMD0001 Mont Marte Acrylic Medium Gloss

MAMD0003 Mont Marte Acrylic Retarder 75ml

## Also Required:

Water Measuring Jug

Storage Jar Plastic Cups

CMRD0050 Mont Marte Round Canvas 50cm x2

PMSA0010 Mont Marte Satin Acrylic Titanium White

PMSA0004 Mont Marte Satin Acrylic Lemon yellow

PMSA0022 Mont Marte Satin Acrylic Yellow Orange

PMSA0006 Mont Marte Satin Acrylic Phthalo Blue

PMSA0023 Mont Marte Satin Acrylic Purple

PMSA0027 Mont Marte Satin Acrylic Rose Madder

PMSA0029 Mont Marte Satin Acrylic Cerulean Blue

PMSA0026 Mont Marte Satin Acrylic Light Green

PMSA0013 Mont Marte Satin Acrylic Viridian

PMSA0011 Mont Marte Satin Acrylic Lamp Black

PMDA0024 Mont Marte Dimension Acrylic Acrylic Turquoise

PMHS0012 Mont Marte Metallic Acrylic 50mls 4pce

PMGL0001 Mont Marte Acrylic Gold Glitter

PMGL0005 Mont Marte Acrylic Red Glitter

PMGL0003 Mont Marte Acrylic Blue Crystal Glitter





### Creating the pouring Medium.

The pouring medium is made from:

1 Part of Mont Marte Acrylic Medium Gloss

3 Parts of Mont Marte PVA Craft glue

1.5 Parts of Water

Half a tube of Retarder gel

Start by adding the PVA Craft Glue, In my case I have used 405 mls of PVA, 135 mls Acrylic Gloss Medium and 203 mls of cold water.

Once the medium has been mixed it should be the viscosity of pouring cream.

If a larger batch is required then the measurements could be increased as required. By the same token if a smaller batch was required then smaller measurements would be used.

### Mixing the paint

The paint is mixed to the ratio of :

1 Part Acrylic Paint

2 Parts Pouring Medium

1 Part Water

It is best to use disposable cups to mix the paint in and use a wooden stirrer to amalgamate it. Add the paint first, then add the Pouring Medium followed lastly by the water.

In the accompanying video lesson I show how to create a measurement ladle to ensure the measurement is correct for every cup.

Once the paint has been mixed it should be the viscosity of pouring cream.

Mix up all the paint in separate cups prior to commencing the pour.

# JOE'S JEM

*When mixing up Glitter paints and Fluro Paints it is best to use them straight from the tube as these emulsions are already at an ideal pouring viscosity.*





1



### Galaxy Pour.

In this pour we used a mixture of colours to suggest the various colours of space clouds.

To create the pour first fill the cup with small amounts of the paint previously mixed with Pouring Medium. The order you use is not that important but some nice results are achieved if you pour the colours into the cup in colour groups: for example warm colours and then cool colours.

My order of colours is outlined below;

Titanium White, Gold, Purple, Phthalo Blue, Cerulean Blue, Blue Crystal Glitter, Turquoise, Veridian, Light Green, Lemon Yellow, Glitter Gold, Orange, Rose Madder, Red Glitter. Repeat until the desired level.

Once the pouring cup is filled. Hold the cup in your hand and lay the canvas face side down on top of the cup. Ensure the cup is relatively centralised. Hold the cup and the canvas tightly together and flip the canvas face side up. You can then gently lift the cup and release the paint.

Manipulate the paint around by tilting the canvas until it is covered.

# JOE'S JEM

Pour painting is a messy style of painting so thought must be given to the area one uses. I have created a booth in which to pour these works. For information on how to assemble one of these view the 'Spin Painting Lesson', that can be found at the Mont Marte Web site in the TV category.



2



### Autumn pour.

This pour uses the warm colours associated with Autumn as well as Turquoise because it compliments the Autumn colours so well.

The colours are laid into the cup in the same way as the previous pour, only we spray a coat of cooking spray over the top of each layer of paint in the cup. Another layer of paint can be poured into the cup and so on until the cup is filled to the desired amount.

The order of paint we used is outlined below;

Gold, Rose Madder, Red Glitter, Copper, Oragge, Gold Glitter, Lemon Yellow,, Turquoise, Lamp Black. Repeat.

The pouring Technique is the same as the Previous pour.

# JOE'S JEM

*In the Autumn Pour we use oil in between each coat to create cells. The cells are created due to the occurrence of oil and water being unable to mix. If a more predominant cell is required one could omit the cooking spray and instead use silicon.*

