

HAND HYGIENE SOLUTIONS

Good hand hygiene protects you and those around you. One of the most important contributions we can make to slowing down transmission of COVID-19 and keeping ourselves and our communities safe is to wash our hands.

Protect yourself during Covid-19

- · Clean your hands regularly.
- · Wash your hands with soap and water for 20 seconds and dry them thoroughly.
- · Use hand sanitiser if you don't have immediate access to soap and water.



Wet hands



Soap up



Lather and scrub hands for 20 seconds



Rinse hands for another 10 seconds



Dry hands



Turn off tap with towel



Apply hand sanitiser



Cover all hands, inbetween fingers and wrists

How do hand sanitisers work?

Alcohols in hand sanitisers alter (denature) the structure of proteins. They destroy viral and bacterial cells walls and membranes. Alcohol sanitisers with >70% alcohol are effective against coronavirus (COVID-19).





ANTIBAC LIQUID SOAP



