

TRADITIONAL BRAAI BROODJIE

It's not a braai without a braai Broodjie

It's not a braai if there's not braai broodjies, and what a controversial topic. To add chutney or not? Red onion or white onion? More than one cheese? Doesn't really matter which side you're on, as long as there's braai broodjies on the table.



As seen on TV



Prep time: 15 Minutes
Cook time: 10 - 15 Minutes
Total Time: 30 Minutes
Serves 6 People

INGREDIENTS

- 1 pre-sliced loaf white bread(usually contains at least 18 useable slices)
- 300 g cheddar cheese (sliced – grate if you want to, but it falls out easier)
- 1 large onion (sliced into rings)
- 4 tomatoes, sliced (you need 2 slices per braaibroodjie and there are on average 5 useable slices per tomato)
- Chutney
- Butter
- Salt and pepper

INSTRUCTIONS:

1. Butter all the slices of bread on one side. Slice the cheese, onion, and tomatoes.
2. Place half the bread slices butter side down, spread chutney on them, and evenly distribute all the cheese, tomato, and onion on top. Grind salt and pepper over that. Cover with the remaining bread slices, butter side facing up. Some people try and make an issue out of whether to butter the braai broodjies on the outside or inside. There is no debate; you butter it on the outside. This makes a golden-brown finished product, and also keeps the braai broodjies from sticking to the grid.
3. Braai broodjies are always braaied in a toeklaprooster(hinged grid). Using an open grid for this is silly to the point of stupid. You want very gentle heat and you need to turn them often. They are ready when the outsides are golden brown, the cheese has melted and all the other ingredients are properly heated all the way through. If the outsides are burnt before the cheese is melted you've failed.
4. Many people braai the broodjies right at the end, after the meat. The advantage is that the coals are then quite gentle but the disadvantage is that your meat then rests until it is cold. An alternative trick is to have two identical braai grids. Braai your meat in the bottom one and your braai broodjies in the other, resting right on top of the meat grid. When you want to turn the meat, first remove the top grid with the braai broodjies in it. Turn both grids and then replace the meat grid below, and the bread grid on top. The heat will reach the bread and start to melt the cheese but the meat will protect the bread from the direct heat and getting burnt. Right at the end, when you remove the meat, give the bread solid direct heat for about a minute on each side to get some colour.

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MEGAMASTER RECIPE TIPS



TIP 01

Swap out the white to brown bread, or if you're feeling fancy, brioche bread.



TIP 02

Always layer your braai broodjie with the cheese first, then the rest of the ingredients.



TIP 03

For a bit of heat, add a sprinkle of chilli flakes.