



Free Knitting Pattern

LION BRAND® BASIC STITCH ANTI-PILLING™

SYLVAN SHORTS

Pattern Number: M20407 BSAP



SKILL LEVEL – EASY

SIZES

S (M, L, 1X)

Finished Waist: 28 1/2 (32 1/2, 36 1/2, 40 1/2) in. (72.5 (82.5, 92.5, 103) cm)

Finished Length: 14 (14, 14 1/2, 14 1/2) in. (35.5 (35.5, 37, 37) cm)

Note: Pattern is written for smallest size with changes for larger sizes in parentheses. When only one number is given, it applies to all sizes. To follow pattern more easily, circle all numbers pertaining to your size before beginning.

MATERIALS

- LION BRAND® BASIC STITCH ANTI-PILLING™ (Art. #202)
#123 Cedarwood 3 (3, 4, 4) balls
- LION BRAND® knitting needles size 7 (4.5 mm)
- LION BRAND® stitch markers
- LION BRAND® large-eyed blunt needle



GAUGE

20 sts + 26 rows = about 4 in. (10 cm) in St st (k on RS, p on WS).

BE SURE TO CHECK YOUR GAUGE.

STITCH EXPLANATION

M1 (make 1) An increase worked by lifting the horizontal strand lying between needles and placing it onto the left needle. Knit this new stitch through the back loop – 1 st increased.

ssk (slip, slip, knit) Slip next 2 sts as if to knit, one at a time, to right needle; insert left needle into fronts of these 2 sts and knit them tog – 1 st decreased.

PATTERN STITCHES

K1, p1 Rib (worked over an odd number of sts)

Row 1 (RS): K1, *p1, k1; rep from * to end.

Row 2: K the knit sts and p the purl sts.

Rep Row 2 for K1, p1 Rib.

Twisted Rib (worked over an odd number of sts)

Row 1 (RS): K1 tbl, *p1, k1 tbl; rep from * to end.

Row 2: K the knits sts tbl, and p the purl sts.

Rep Row 2 for Twisted Rib.

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TECHNIQUE EXPLANATION

Tubular Bind-Off

Tubular Bind-Off is a sewn bind-off that produces a stretchy edge that looks like K1, p1 Rib.

1. Cut the yarn, leaving a yarn tail at least 2-3 times longer than the width of the piece. Thread the tail onto yarn needle. Place the knitting needle holding the stitches in your left hand.
2. Insert the yarn needle, as if to knit, into the first stitch on the knitting needle and draw the yarn all the way through. Drop the first stitch from the knitting needle. **Note:** If first stitch is a purl, insert yarn needle into first 2 stitches, draw yarn through and drop both stitches from knitting needle.
3. Insert the yarn needle, as if to purl, into the 2nd stitch on the knitting needle and draw the yarn all the way through. Do not drop any stitches from the knitting needle.
4. Insert the yarn needle, as if to purl, into the first stitch on the knitting needle and draw the yarn all the way through. Drop the first stitch from the knitting needle.
5. Insert the yarn needle from the back to the front between the first 2 stitches on the knitting needle and draw the yarn all the way through.
6. Insert the yarn needle, as if to knit, into the 2nd stitch and draw the yarn all the way through to the BACK of the work.
7. Repeat steps #2-#6 until there are only 1 or 2 stitches remaining on the knitting needle. Repeat step #2. If there is still a stitch remaining on the knitting needle, insert the yarn needle as if to purl, draw through and drop the stitch from the needle.

NOTES

1. Shorts are made in 2 pieces: Left Half and Right Half.
2. Halves are worked in St st (k on RS, p on WS) with ribbed cuffs and waistband. The two Halves are mirror images of each other.

LEFT HALF

Cast on 97 (107, 117, 127) sts.

Cuff

Purl 1 row (this is a RS row).

Knit 2 rows.

Work in K1, p1 Rib for 3 rows.

Knit 2 rows.

Beg with a RS (knit) row, work in St st (k on RS, p on WS) for 2 rows.

Increase Row (RS): K2, M1, k to last 2 sts, M1, k2 – you will have 99 (109, 119, 129) sts in this row.

Next Row: Purl.

Rep last 2 rows for 4 (4, 5, 5) more times – 107 (117, 129, 139) sts.

Gusset Bind Off

Next Row (RS): Bind off 4 sts, k to end of row – 103 (113, 125, 135) sts.

Next Row: Bind off 4 sts, p to end of row – 99 (109, 121, 131) sts.

Shape Body

Row 1 (RS): Knit.

Row 2 and all WS rows: Purl.

Row 3: Knit to last 4 sts, k2tog, k2 – 98 (108, 120, 130) sts.

Row 5: K2, ssk, k to last 4 sts, k2tog, k2 – 96 (106, 118, 128) sts.

Row 7: Rep Row 3 – 95 (105, 117, 127) sts.

Row 9: K2, ssk, k to end of row – 94 (104, 116, 126) sts.

Row 11: Knit.

Row 13: Rep Row 5 – 92 (102, 114, 124) sts.

Row 15: Knit.

Row 17: Rep Row 9 – 91 (101, 113, 123) sts.

Rows 19-25: Rep Rows 7-13 – 87 (97, 109, 119) sts.

Rows 27 and 29: Knit.

Row 31: Rep Row 5 – 85 (95, 107, 117) sts.

Row 32: Purl.

Rep Rows 27-32 for 2 more times – 81 (91, 103, 113) sts.

Place a marker on each side of center 3 sts.

Beg with a RS row, work in St st for 2 rows, slipping markers as you come to them.

Decrease Row (RS): K to 2 sts before first marker, k2tog, slip marker (sm), k3, sm, ssk, k to end of row – 79 (89, 101, 111) sts.

Work in St st for 3 rows.

Rep Decrease Row – 77 (87, 99, 109) sts.

Rep last 4 rows for 3 (3, 4, 4) more times – 71 (81, 91, 101) sts.

Purl 1 row.

Work in Twisted Rib for 8 rows.

Bind off using Tubular Bind-Off technique.

RIGHT HALF

Cast on 97 (107, 117, 127) sts.

Work same as Left Half to Shape Body.

Shape Body

Row 1 (RS): Knit.

Row 2 and all WS rows: Purl.

Row 3: K2, ssk, k to end of row – 98 (108, 120, 130) sts.

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Row 5: K2, ssk, k to last 4 sts, k2tog, k2 – 96 (106, 118, 128) sts.

Row 7: Rep Row 3 – 95 (105, 117, 127) sts.

Row 9: Knit to last 4 sts, k2tog, k2 – 94 (104, 116, 126) sts.

Row 11: Knit.

Row 13: Rep Row 5 – 92 (102, 114, 124) sts.

Row 15: Knit.

Row 17: Rep Row 9 – 91 (101, 113, 123) sts.

Rows 19-25: Rep Rows 7-13 – 87 (97, 109, 119) sts.

Rows 27 and 29: Knit.

Row 31: Rep Row 5 – 85 (95, 107, 117) sts.

Row 32: Purl.

Rep Rows 27-32 for 2 more times – 81 (91, 103, 113) sts.

Complete same as Left Half.

FINISHING

Fold each piece in half lengthwise and sew side edges together from lower edge to gusset bind off, about 3 in. (7.5 cm).

Sew Halves together along center front and back.

Weave in ends.

Block to measurements.

ABBREVIATIONS

beg = begin(ning)(s)

k = knit

k2tog = knit 2 stitches together

p = purl

rep = repeat

RS = right side

st(s) = stitch(es)

WS = wrong side

Every effort has been made to produce accurate and complete instructions. We cannot be responsible for variance of individual knitters or crocheters, human error, or typographical mistakes.

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