



Free Knitting Pattern

LION BRAND® BASIC STITCH ANTI-PILLING™

ALBY WAY PULLOVER

Pattern Number: M20408 BSAP



SKILL LEVEL – INTERMEDIATE

SIZES

S (M, L, 1X, 2X, 3X)

Finished Bust: About 39 (43, 47, 51, 54, 59) in. (99 (109, 119.5, 129.5, 137, 150) cm)

Finished Length: About 21 (21 1/2, 22, 22 1/2, 23, 23 1/2) in. (53.5 (54.5, 56, 57, 58.5, 59.5) cm)

Note: Pattern is written for smallest size with changes for larger sizes in parentheses. When only one number is given, it applies to all sizes. To follow pattern more easily, circle all numbers pertaining to your size before beginning.

MATERIALS

- LION BRAND® BASIC STITCH ANTI-PILLING™ (Art. #202)
#121 Almond 6 (6, 7, 8, 9, 9) balls
- LION BRAND® knitting needles size 7 (4.5 mm)
- LION BRAND® stitch markers
- LION BRAND® large-eyed blunt needle



ADDITIONAL MATERIALS

Circular knitting needle size 7 (4.5 mm), 16 in. (40.5 cm) long

GAUGE

18 sts + 28 rows = about 4 in. (10 cm) in Stitch Pattern #1.

22 sts + 28 rows = about 4 in. (10 cm) in Stitch Pattern #2.

BE SURE TO CHECK YOUR GAUGE.

STITCH EXPLANATIONS

M1 (make 1) An increase worked by lifting the horizontal strand lying between needles and placing it onto the left needle. Knit this new stitch through the back loop – 1 st increased.

ssk (slip, slip, knit) Slip next 2 sts as if to knit, one at a time, to right needle; insert left needle into fronts of these 2 sts and knit them tog – 1 st decreased.

PATTERN STITCHES

K1, p1 Rib (worked over an odd number of sts)

Row 1 (RS): P1, * k1, p1; rep from * to end.

Row 2: K the knit sts and p the purl sts.

Rep Row 2 for K1, p1 Rib.

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Stitch Pattern #1 (worked over a multiple of 4 sts + 1 additional st)

Row 1 (RS): Knit.

Row 2: * P1, k1; rep from * to last st, p1.

Row 3: Knit.

Row 4: * P1, k3; rep from * to last st, p1.

Rep Rows 1-4 for Stitch Pattern #1.

Stitch Pattern #2 (worked over an odd number of sts)

Row 1 (RS): * P1, sl 1 wyib; rep from * to last st, p1.

Row 2: * K1, p1; rep from * to last st, k1.

Rep Rows 1 and 2 for Stitch Pattern #2.

TECHNIQUE EXPLANATIONS

Tubular Bind-Off

Tubular Bind-Off is a sewn bind-off that produces a stretchy edge that looks like K1, p1 Rib.

1. Cut the yarn, leaving a tail at least 2-3 times longer than the width of the piece. Thread the tail onto a yarn needle. Place the knitting needle holding the stitches in your left hand.
2. Insert the yarn needle, as if to knit, into the first stitch on the knitting needle and draw the yarn all the way through. Drop the first stitch from the knitting needle. **Note:** If first stitch is a purl, insert yarn needle into first 2 stitches, draw yarn through and drop both stitches from knitting needle.
3. Insert the yarn needle, as if to purl, into the 2nd stitch on the knitting needle and draw the yarn all the way through. Do not drop any stitches from the knitting needle.
4. Insert the yarn needle, as if to purl, into the first stitch on the knitting needle and draw the yarn all the way through. Drop the first stitch from the knitting needle.
5. Insert the yarn needle from the back to the front between the first 2 stitches on the knitting needle and draw the yarn all the way through.
6. Insert the yarn needle, as if to knit, into the 2nd stitch and draw the yarn all the way through to the back of the work.
7. Repeat steps #2-#6 until there are only 1 or 2 stitches remaining on the knitting needle. Repeat step #2. If there is still a stitch remaining on the knitting needle, insert the yarn needle as if to purl, draw through and drop the stitch from the needle.

Tubular Cast-On

This Tubular Cast-On is a long tail cast-on that produces a neat, rounded, and stretchy edge that works well with K1, p1 Rib.

To Begin: Pull out a length of yarn that is 3 or 4 times the width of the piece you are about to knit (see schematic for measurements). Tie a slip knot and place it on the needle. Hold the needle in your right hand and grasp the working yarn with your left hand as for a long tail cast on. The slip knot counts as the first stitch. As you cast on, use the fingers of your right hand to hold the stitches on the right needle so that they do not slide around the needle.

1. Moving the needle tip away from you, take it over the yarn coming off your index finger. Moving the needle tip towards you, take it under the yarn coming off your index finger and over the yarn coming off your thumb. Moving the needle away from you, bring it under the yarn coming off your thumb

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and draw that yarn under the yarn coming off your index finger, forming a loop on the needle. Draw the loop up so that it is above both yarns. Gently tighten the yarns. You have cast-on one purl stitch.

2. Moving the needle tip towards you, bring it over the yarn coming off your thumb. Moving the needle tip away from you, take it under the yarn coming off your thumb and over the yarn coming off your index finger. Moving the needle tip towards you, bring it under the yarn coming off your index finger and draw that yarn under the yarn coming off your thumb, forming a loop on the needle. Draw the loop up so that it is above both yarns. Gently tighten the yarns. You have cast-on one knit stitch.
3. Repeat steps #1 and #2 until you have cast on the desired number of stitches. Take care to keep the tension of the last cast on stitch snug. To secure the last cast on stitch, twist the tail around the working yarn one or two times. If you are casting on an even number of stitches you will end with a step #1 (having just cast-on a purl stitch). If you are casting on an odd number of stitches you will end with a step #2 (having just cast-on a knit stitch).
4. Turn the work and work the following foundation rows.
Foundation Row 1: Slip the purl sts wyif, k the knit sts through the back loop.
Foundation Row 2: K the knit sts, sl the purl sts wyif.
5. Proceed with K1, p1 Rib as instructed.

NOTES

1. Pullover is made in 4 pieces: Back, Front, and 2 Sleeves.
2. With yarn in front (wyif) refers to the side of the work facing you as you work the row; with yarn in back (wyib) refers to the side of the work that is away from you as you work the row. To move yarn from front to back or back to front, bring yarn between needles. Take care not to wrap yarn over a needle, this could create an additional st.
3. When you see 'work in pattern as established' in the instructions, this means to work the next row of the pattern(s), lining up sts as in previous rows.
4. When you see work 'even' in the instructions, this means to continue on in the pattern st you have established without changing the st count by increasing, decreasing, or binding off.

BACK

With straight needles and using Tubular Cast-On technique, cast on 91 (103, 111, 123, 131, 143) sts.

Lower Ribbing

Beg with Row 1 of pattern, work in K1, p1 Rib for 4 rows.

Row 1 (RS): Work Row 1 of Stitch Pattern #2 over first 11 (15, 17, 23, 25, 31) sts, place marker (pm), work Row 1 of Stitch Pattern #1 to last 11 (15, 17, 23, 25, 31) sts, pm, work Row 1 of Stitch Pattern #2 to end of row.

Row 2: Work next row of Stitch Pattern #2 to marker, slip marker (sm), work next row of Stitch Pattern #1 to next marker, sm, work next row of Stitch Pattern #2 to end of row.

Continue in pattern as established, slipping markers as you come to them, until piece measures about 13 in. (33 cm) from beg, end with a WS row as the last row you work.

Shape Armholes

Next 2 (2, 2, 4, 6, 6) Rows: Bind off 4 sts, work in pattern as established to end of row – you will have 83 (95, 103, 107, 107, 119) sts when both bind offs have been completed.

Next 2 (4, 4, 4, 4, 6) Rows: Bind off 3 sts, work in pattern as established to end of row – 77 (83, 91, 95, 95, 101) sts when all bind offs have been completed.

Next 2 (2, 4, 6, 4, 6) Rows: Bind off 2 sts, work in pattern as established to end of row – 73 (79, 83, 83, 87, 89) sts when all bind offs have been completed.

Next 2 (4, 4, 4, 4, 6) Rows: Bind off 1 st, work in pattern as established to end of row – 71 (75, 79, 79, 83, 83) sts when all bind offs have been completed.

Work even in pattern as established until armholes measure about 7 1/2 (8, 8 1/2, 9, 9 1/2, 10) in. (19 (20.5, 21.5, 23, 24, 25.5) cm), end with a WS row as the last row you work.

Shape Neck and Shoulders

Place a marker on each side of center 33 (33, 35, 35, 37, 37) sts for back neck.

Row 1 (RS): Bind off 5 (6, 6, 6, 7, 7) sts, work in pattern to first marker for right side of neck, join 2nd ball of yarn and bind off sts between markers for back neck and remove neck markers, work in pattern to end of row for left side of neck – 14 (15, 16, 16, 16, 16) sts for right side and 19 (21, 22, 22, 23, 23) sts for left side.

You will now work both sides of neck AT THE SAME TIME using separate balls of yarn.

Row 2: On left side, bind off 5 (6, 6, 6, 7, 7) sts, work in pattern to end of side; on right side, bind off 2 sts, work in pattern to end of side – 12 (13, 14, 14, 14, 14) sts for right side and 14 (15, 16, 16, 16, 16) sts for left side.

Row 3: On right side, bind off 6 (6, 7, 7, 7, 7) sts, work in pattern to end of side; on left side, bind off 2 sts, work in pattern to end of side – 6 (7, 7, 7, 7, 7) sts for right side and 12 (13, 14, 14, 14, 14) sts for left side.

Row 4: On left side, bind off 6 (6, 7, 7, 7, 7) sts, work in pattern to end of side; on right side, work even in pattern to end of side – 6 (7, 7, 7, 7, 7) sts for each side.

Row 5: On right side, bind off rem 6 (7, 7, 7, 7, 7) sts; on left side, work even in pattern to end of side – 6 (7, 7, 7, 7, 7) sts rem for left side only.

Bind off rem 6 (7, 7, 7, 7, 7) sts of left side.

FRONT

Work same as Back until armholes measure about 5 1/2 (6, 6 1/2, 7, 7 1/2, 8) in. (14 (15, 16.5, 18, 19, 20.5) cm), end with a WS row as the last row you work.

Shape Neck

Place a marker on each side of center 17 (17, 19, 19, 21, 21) sts for front neck.

Row 1 (RS): Work in pattern to first marker for left side of neck, join 2nd ball of yarn and bind off sts between markers for front neck and remove neck markers, work in pattern to end of row for right side of neck – 27 (29, 30, 30, 31, 31) sts for each side of neck.

You will now work both sides of neck AT THE SAME TIME using separate balls of yarn.

Row 2: On right side, work even in pattern to end of side; on left side, bind off 4 sts, work in pattern to end of side.

Row 3: On left side, work even in pattern to end of side; on right side, bind off 4 sts, work in pattern to end of side – 23 (25, 26, 26, 27, 27) sts for each side.

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Row 4: On right side, work even in pattern to end of side; on left side, bind off 3 sts, work in pattern to end of side.

Row 5: On left side, work even in pattern to end of side; on right side, bind off 3 sts, work in pattern to end of side – 20 (22, 23, 23, 24, 24) sts for each side.

Row 6: On right side, work even in pattern to end of side; on left side, bind off 2 sts, work in pattern to end of side.

Row 7: On left side, work even in pattern to end of side; on right side, bind off 2 sts, work in pattern to end of side – 18 (20, 21, 21, 22, 22) sts for each side.

Row 8: On right side, work even in pattern to end of side; on left side, bind off 1 st, work in pattern to end of side.

Row 9: On left side, work even in pattern to end of side; on right side, bind off 1 st, work in pattern to end of side – 17 (19, 20, 20, 21, 21) sts for each side.

Work even in pattern on both sides, using separate balls of yarn until armholes measure about 7 1/2 (8, 8 1/2, 9, 9 1/2, 10) in. (19 (20.5, 21.5, 23, 24, 25.5) cm), end with a WS row as the last row you work.

Shape Shoulders

Row 1 (RS): On left side, bind off 5 (6, 6, 6, 7, 7) sts, work in pattern to end of side; on right side, work even in pattern to end of side.

Row 2: On right side, bind off 5 (6, 6, 6, 7, 7) sts, work in pattern to end of side; on left side, work even in pattern to end of side – 12 (13, 14, 14, 14, 14) sts for each side.

Row 3: On left side, bind off 6 (6, 7, 7, 7, 7) sts, work in pattern to end of side; on right side, work even in pattern to end of side.

Row 4: On right side, bind off 6 (6, 7, 7, 7, 7) sts, work in pattern to end of side; on left side, work even in pattern to end of side – 6 (7, 7, 7, 7, 7) sts for each side.

Row 5: On left side, bind off rem 6 (7, 7, 7, 7, 7) sts; on right side, work even in pattern to end of side.
Bind off rem 6 (7, 7, 7, 7, 7) sts of right side.

SLEEVES (make 2)

With straight needles and using Tubular Cast-On technique, cast on 43 (47, 47, 51, 51, 51) sts.

Lower Ribbing

Beg with Row 1 of pattern, work in K1, p1 Rib for 4 rows.

Row 1 (RS): Sl 1 (selvedge st), work Row 1 of Stitch Pattern #1 to last st, p1 (selvedge st)

Row 2: Sl 1, work next row of Stitch Pattern #1 to last st, p1.

Continue in pattern as established, slipping first st and purling last st for selvedges, for 16 (16, 10, 8, 4, 4) more rows.

Increase Row (RS): Sl 1, M1, work in pattern as established to last st, M1, p1 – 45 (49, 49, 53, 53, 53) sts.

Continue even in pattern as established, slipping first st and purling last st for selvedges and working new sts into pattern, for 17 (17, 11, 9, 5, 5) rows.

Rep Increase Row – 47 (51, 51, 55, 55, 55) sts.

Rep last 18 (18, 12, 10, 6, 6) rows for 4 (4, 6, 8, 13, 16) more times – 55 (59, 63, 71, 81, 87) sts when all increases have been completed.

Work even in pattern as established until piece measures about 18 (18, 18 1/2, 18 1/2, 19, 19) in. (45.5 (45.5, 47, 47, 48.5, 48.5) cm) from beg, end with a WS row as the last row you work.

Shape Cap

Next 2 (2, 2, 4, 6, 6) Rows: Bind off 4 sts, work in pattern to end of row – 47 (51, 55, 55, 57, 63) sts.

Next 2 (2, 4, 4, 4, 6) Rows: Bind off 3 sts, work in pattern to end of row – 41 (45, 43, 43, 45, 45) sts.

Next 2 Rows: Bind off 2 sts, work in pattern to end of row – 37 (41, 39, 39, 41, 41) sts.

Next 2 Rows: Bind off 1 st, work in pattern to end of row – 35 (39, 37, 37, 39, 39) sts.

Work even in pattern as established for 4 rows.

Decrease Row (RS): K1, ssk, work in pattern to last 3 sts, k2tog, k1 – 33 (37, 35, 35, 37, 37) sts.

Work even in pattern as established for 3 rows.

Rep Decrease Row – 31 (35, 33, 33, 35, 35) sts.

Rep last 4 rows for 4 more times – 23 (27, 25, 25, 27, 27) sts.

Work even in pattern as established for 1 row.

Next 4 Rows: Bind off 3 sts, work in pattern to end of row.

Bind off rem 11 (15, 13, 13, 15, 15) sts.

FINISHING

Sew shoulder seams.

Neckband

From RS with circular needle, beg at a shoulder seam, pick up and k102 (102, 106, 106, 112, 112) sts evenly spaced along neck edge. Place marker for beg of rnd. Join by working the first st on left hand needle with the working yarn from the right hand needle.

Purl 1 rnd.

Knit 1 rnd.

Next 4 Rnds: *K1, p1; rep from * around.

Bind off using Tubular Bind-Off technique.

Sew in Sleeves.

Sew side and Sleeve seams.

Weave in ends. Block to measurements.

ABBREVIATIONS

beg = begin(ning)(s)

k = knit

k2tog = knit 2 stitches together

p = purl

rem = remaining

rep = repeat

rnd(s) = round(s)

RS = right side

sl = slip

st(s) = stitch(es)

WS = wrong side

Every effort has been made to produce accurate and complete instructions. We cannot be responsible for variance of individual knitters or crocheters, human error, or typographical mistakes.

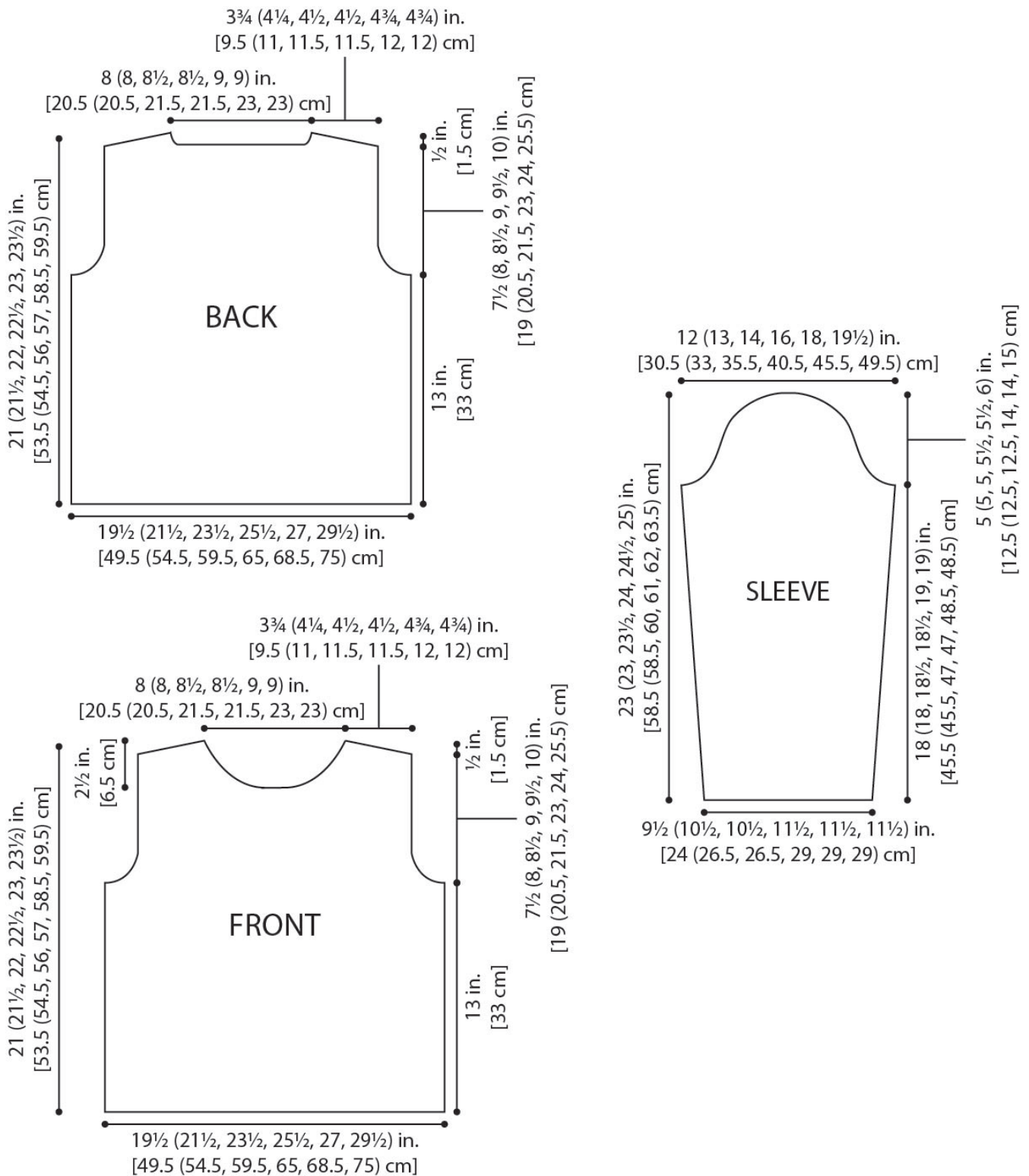
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Schematic



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