

# even for Statins

Even for Statins is a medical food for the dietary management of nutrient depletions related to cholesterol lowering medications in the statin class.

Addressing medication induced nutrient depletions (M.I.N.D.)™ may help to alleviate common complaints due to nutrient depletions.

Common Side Effects of Statins		
30 day supply ↻ 60 capsules	Muscle pain Weakness Brain fog	Headaches Digestive distress Sleep disruption



Active Ingredients	
Glucoraphanin	10mg
Resveratrol	50mg
CoQ10 (ubiquinone)	100mg
Vitamin K2 (menaquinone-4 and menaquinone-7)	300mcg
Thiamine (thiamine mononitrate)	30mg
Riboflavin (riboflavin-5-phosphate)	10mg
Niacin (niacinamide)	50mcg
Magnesium (dimagnesium malate)	125mg
Zinc (dimagnesium malate)	15mg
Selenium (L-selenomethionine)	100mcg
Vitamin D3 (cholecalciferol)	20mcg





## INGREDIENTS

Dimagnesium malate, Hypromellose, Microcrystalline Cellulose, BroccoRaphanin® Broccoli Seed Extract, Coenzyme Q10, Trans-Resveratrol, Zinc Bisglycinate, Niacinamide, Thiamin Mononitrate, Organic Rice Extract Blend, Menaquinone-4, Menaquinone-7, L-Selenomethionine, Organic Rice Hull Concentrate, Riboflavin-5-Phosphate Sodium, Cholecalciferol, capsule color [Titanium Dioxide, FD&C 3, FD&C Blue 1].

## INDICATIONS AND USE

**Even for Statins** is formulated to manage the nutrient depletions related to statin medications.

## DIETARY MANAGEMENT of M.I.N.D.™ FOR STATINS

Statins deplete several nutrients including CoQ10, vitamin K2, zinc, selenium. Biochemical changes in mitochondrial function, matrix GLA proteins, voltage gated calcium channels have been observed with statin use.

## PATIENT INFORMATION

**Even for Statins** is a medical food to be used under the supervision of a physician.

For more information please visit [feelevan.com/products/even-for-statins](http://feelevan.com/products/even-for-statins)

## CONTRAINDICATIONS

**Even for Statins** is contraindicated for patients with known hypersensitivity to any components contained in this product.

## PRECAUTIONS

Patients using blood thinners such as Warfarin or Coumadin should consult with their physician before use due to potential interactions with vitamin K2 (menaquinone-4 and menaquinone-7) and blood clotting activity.

## RECOMMENDED USE

Take two **Even for Statins** capsules daily with or without food or as directed under medical supervision.

## HOW SUPPLIED

**Even for Statins** is a 60 capsule, 30 day supply aluminum bottle. Each Even for Statins capsule has an opaque white body and opaque blue cap. It is imprinted with "Even" in white ink on the blue cap. Even can be accessed at [feelevan.com](http://feelevan.com) or a physician's office.

## STORAGE

Store at a controlled room temperature 15-30°C (59-86°F). Protect from light, heat and moisture.

## REFERENCES

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Questions? We are here to help. [care@feelevan.com](mailto:care@feelevan.com)