



**BASIC**  
*stitch*<sup>®</sup>

...anti-microbial...



*Twisted Headband*

FREE CROCHET PATTERN

M23004 BSAMTQ

©2023 Lion Brand Yarn Company, all rights reserved.

## SKILL LEVEL – EASY

## SIZE

**Finished Circumference** About 20 in. (51 cm)

**Finished Width** About 4 in. (10 cm)

## MATERIALS

- LION BRAND® BASIC STITCH ANTI-MICROBIAL THICK&QUICK® (Art. #209)  
#106 Bluestone 1 ball
- LION BRAND® large-eyed blunt needle

## ADDITIONAL MATERIALS

Crochet hook size L (8 mm)

## GAUGE

10 sts + 11 rows = about 4 in. (10 cm) over Rows 1-11.

BE SURE TO CHECK YOUR GAUGE.



## STITCH EXPLANATION

**hdc2tog (hdc 2 sts together)** (Yarn over, insert hook in next st and draw up a loop) twice, yarn over and draw through all 5 loops on hook – 1 st decreased.

## NOTE

Headband is worked in one piece, then ends are sewn together.

## HEADBAND

Ch 11.

**Row 1:** Sc in 2nd ch from hook and in each ch across – you will have 10 sc in this row.

**Row 2:** Ch 1 (counts as first st), turn, \*hdc in next st, sl st in next st, rep from \* until you have 1 st left, hdc in last st – 10 sts.

Rows 3-22: Rep Row 2.

### ***Prepare for twist PART 1:***

**Row 23:** Ch 1 (counts as first st), turn, \*hdc in next st, sl st in next st, rep from \* once more, hdc in same st as last stitch worked – 6 sts.

**Rows 24-32:** Rep Row 2.

Fasten off.

### ***Prepare for twist PART 2:***

Make a slip knot and sl st in next unworked st of Row 22.

**Row 23:** Ch 1 (counts as 1st st), turn, hdc 1 in same as sl st just made, sl st in next st, hdc in next st, sl st in next st, hdc in last st – 6 sts.

**Rows 24-32:** Rep Row 2.

Do not fasten off, continue to Row 33.

### ***Twist***

On Row 33 you will work across the 6 sts of Prepare for twist Part 1, then across the sts from Prepare for twist Part 2. This creates the twist.

**Row 33:** Ch 1 (counts as first st), turn, \*hdc in next st, sl st in next st, rep from \* once more, sk last st from Part 2, cross Part 2 in front of Part 1, then crochet the following sts on Part 1: hdc2tog over the first 2 sts, sl st in next st, hdc in next st, sl st in next st, hdc in last st – 10 sts.

Do not fasten off, continue to Row 34.

**Rows 34-54:** Rep Row 2.

Fasten off.

## FINISHING

Seam the ends of Headband together.

Weave in yarn ends.

## ABBREVIATIONS

**ch** = chain

**hdc** = half double crochet

**rep** = repeat

**sc** = single crochet

**sk** = skip

**sl st** = slip stitch

**st(s)** = stitch(es)



*Every effort has been made to produce accurate and complete instructions. We cannot be responsible for variance of individual knitters or crocheters, human error, or typographical mistakes.*

*©2023 Lion Brand Yarn Company, all rights reserved.*

For thousands of free patterns, visit our website [www.LionBrand.com](http://www.LionBrand.com)

To order visit our website [www.lionbrand.com](http://www.lionbrand.com) or call: (800) 258-YARN (9276) any time!

Copyright ©1998-2023 Lion Brand Yarn Company, all rights reserved. No pattern or other material may be reproduced -- mechanically, electronically, or by any other means, including photocopying - without written permission of Lion Brand Yarn Company.