

even for Antidepressants

A medical food for the dietary management of nutrient depletions related to reuptake inhibitors such as selective serotonin reuptake inhibitors (SSRI), selective norepinephrine reuptake inhibitors (SNRI) selective serotonin norepinephrine reuptake inhibitors (SSNRI).

Addressing medication induced nutrient depletions (M.I.N.D.)™ may help to alleviate common complaints due to nutrient depletions.



Active Ingredients	
French maritime bark extract	50mg
Bacillus coagulans SNZ 1969	10mg
Glucoraphanin	10mg
Vitamin C (ascorbic acid)	500mg
Magnesium (dimagnesium malate)	75mg
Zinc (zinc bisglycinate chelate)	15mg
Iodine (potassium iodide)	300mcg
Thiamin (thiamin mononitrate)	1.5 mg
Riboflavin (riboflavin-5-phosphate)	3mg
Niacin (niacinamide)	20mg
Vitamin B6 (pyridoxal-5-phosphate)	5mg
Folate (5-L-methyltetrahydrofolate, calcium)	800mcg DFE
Vitamin B12 (methylcobalamin)	5mcg
Biotin (d-biotin)	30mcg
Pantothenic acid (d-calcium-pantothenate)	5mg

Common Side Effects of Antidepressants

30 day supply  60 capsules	Nausea	Digestive distress
	Headache	Sleep disruption
	Sexual dysfunction	Weight gain

Take under the supervision of a physician.



INGREDIENTS

Ascorbic Acid, Dimagnesium Malate, Hypromellose, BroccoRaphanin® Broccoli Seed Extract, Microcrystalline Cellulose, Zinc Bisglycinate, Pine Bark Extract (Pinus Pinaster), Bacillus Coagulans SNZ 1969, Organic Rice Extract Blend, Niacinamide, Organic Rice Hull Concentrate, Pyridoxal-5-Phosphate, D-Calcium Pantothenate, Riboflavin-5-Phosphate Sodium, D-Biotin, Thiamin Hydrochloride, L-5-Methyltetrahydrofolate Calcium, Methylcobalamin, Potassium Iodide, capsule color [Titanium Dioxide, FD&C 3, FD&C Blue 1].

INDICATIONS AND USE

Even for Antidepressants is formulated to manage the nutrient depletions related to reuptake inhibitors such as selective serotonin reuptake inhibitors (SSRI), selective norepinephrine reuptake inhibitors (SNRI) selective serotonin norepinephrine reuptake inhibitors (SSNRI).

DIETARY MANAGEMENT of M.I.N.D.™ FOR ANTIDEPRESSANTS

Reuptake inhibitors deplete several nutrients including B vitamins, zinc, magnesium and vitamin C. Biochemical changes in microbiome pH and composition, REM sleep and sexual performance have been observed with reuptake inhibitor use.

PATIENT INFORMATION

Even for Antidepressants is a medical food to be used under the supervision of a physician. For more information please visit [feeleven.com/products/even-for-antidepressants](https://www.feeleven.com/products/even-for-antidepressants)

CONTRAINDICATIONS

Even for Antidepressants is contraindicated for patients with known hypersensitivity to any components contained in this product.

PRECAUTIONS

Due to pine bark extract's vasodilatory action, patients with low blood pressure should use **Even for Antidepressants** with caution and monitor blood pressure. Patients with other medical conditions or patients taking other medications should consult with their physician before use.

RECOMMENDED USE

Take two **Even for Antidepressants** capsules daily with or without food or as directed under medical supervision.

HOW SUPPLIED

Even for Antidepressants is a 60 capsule, 30 day supply aluminum bottle. Each Even for Antidepressants capsule has an opaque white body and opaque blue cap. It is imprinted with "Even" in white ink on the blue cap. Even can be accessed at [feeleven.com](https://www.feeleven.com) or a physician's office.

STORAGE

Store at a controlled room temperature 15-30°C (59-86°F). Protect from light, heat and moisture.

REFERENCES

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Questions? We are here to help. care@feeleven.com