



Bowel screening is easy

**You've
got this!**

Free - Do it at home



If you're aged 60 to 74, you can have free bowel screening. A bowel screening test kit will be sent to your home every two years. This simple test can help find bowel cancer early when it can often be successfully treated. **When you get the test, just do it! It could save your life.**

To find out more go to **timetobowelscreen.nz** or talk to your doctor

Te Kāwanatanga o Aotearoa
New Zealand Government

Te Whatu Ora
Health New Zealand



National
Bowel
Screening
Programme