



Bowel screening is easy

You've got this!

Free - Do it at home



If you're aged 60 to 74, you can have free bowel screening. A bowel screening test kit will be sent to your home every two years. This simple test can help find bowel cancer early when it can often be successfully treated. **When you get the test, just do it! It could save your life.**

To find out more go to
timetobowelscreen.nz
or talk to your doctor



**Te Kāwanatanga
o Aotearoa**
New Zealand Government



National
Bowel
Screening
Programme