



Protecting your pēpi from

Whooping Cough

starts during pregnancy

Whooping cough is highly contagious and can cause serious harm to newborn babies.

Getting your whooping cough vaccine during pregnancy protects your pēpi when they are born.

It is most effective when given from 16-26 weeks of pregnancy, but is available and **FREE** from 13 weeks of every pregnancy.

You can get a **FREE** vaccine from a participating pharmacy, your GP or a local community vaccination centre.

Te Aka Whai Ora
Māori Health Authority

immunise.health.nz/pregnancy

Te Whatu Ora
Health New Zealand