

What is a **kidney health check**:

There are **3** tests your GP or nurse needs to check to see how **healthy** your **kidneys** are:



Urine sample

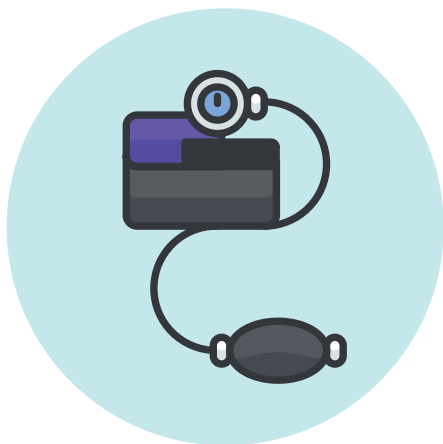
This urine test checks for protein, this can be a sign that your kidneys are not working as well as they should be.

This is different to the test you have if you have signs of a urine infection



Blood sample

This test will check how well your kidneys are cleaning your blood



Blood pressure

A cuff is placed on your upper arm, to check the pressure in your blood vessels is not too high.

Ask your nurse or doctor if you need a **kidney health check**: