



# Protecting you and your pēpi starts during pregnancy

Protecting your baby starts before they are born. There are **3 FREE vaccines** recommended during pregnancy to protect you and your pēpi against whooping cough, flu and covid.

For more information about getting immunised during pregnancy

- talk to your doctor, nurse, local pharmacist or healthcare provider
- call **Healthline** on **0800 611 116**
- visit [info.health.nz/pregnancy](https://info.health.nz/pregnancy)