



**Bowel screening is easy**

**Do it for your whānau!**

Talk to your doctor or  
**Free Phone 0800 924 432**



Free bowel screening is available to people aged 60 to 74, and from the age of 50 for Māori and Pacific people in some areas. A bowel screening test kit will be sent to your home every two years. This simple test can help find bowel cancer early when it can often be successfully treated. It could save your life.

To find out more go to **timetobowelscreen.nz** or talk to your doctor

**Te Kāwanatanga o Aotearoa**  
New Zealand Government

**Health New Zealand**  
Te Whatu Ora

**Time to screen**

National Bowel Screening Programme