



# Mā tēnei whakamātautau iti nei te mate pukupuku ki ngā whēkau e kite tōmua.

Kōrero ki tō tākuta, waea atu rānei ki te nama  
waea utukore **0800 924 432**



He māmā noa iho te whakamātautau, he utukore, ka taea hoki te mahi ki te  
kāinga. Ka taea e koe ngā whakamātautau whēkau utukore te mahi i ia rua  
tau, mēnā kua 60 ki te 74 tau tō pakeke.



[timetobowelscreen.nz](https://timetobowelscreen.nz)

**Te Kāwanatanga  
o Aotearoa**  
New Zealand Government

**Health New Zealand**  
Te Whatu Ora



National  
Bowel  
Screening  
Programme