

# Spicer + Cole Sample Menu for RWA

*Fillings & Flavours may change from Day to Day*

## **Breakfast (From 8.30)**

House Granola with Greek Yogurt, Summer Berries & Honey (Nuts, GF)  
Porridge Oats with Berry Compote  
Smoked Salmon Bagel with Cream Cheese & Dill Pickles  
Smoked Tofu, Avocado and Sundried Tomato Bagel (Vegan)  
Bacon Sourdough Toasted Sandwich  
Sausage Sourdough Toasted Sandwich  
Halloumi, Mushroom, Cherry Tomato & Aioli Sourdough Toasted Sandwich  
See Counter for Selection of Pastries, Granola Bars, Banana Bread, Power Balls & More...

## **Lunch: Deli Counter (Available from 11.45am)**

Small / Large Selection of 3 Seasonal Salads with Mixed leaf and Homemade Hummus (GF)  
Salad+Savoury: Selection of Salads, Hummus and a Homemade Savoury: Tart of the Day, Sausage Roll, Veggie Tortilla (GF, V) or Filo (Vegan)  
Homemade Soup of The Day, With or Without Bread (v)  
All Savouries also Available Individually

## **Lunch: Sandwiches & Toasties (Available from 11.45am)**

Honey Roast Ham & Gruyere with Vine Tomato, Rocket & Mayonnaise in a Crusty White Baguette  
Jamon Serrano with Whipped Manchego, Roast Peppers & Rocket in a Crusty White Baguette  
Cheddar & Homemade Piccalilli with Vine Tomatoes in a Crusty White Baguette (v)  
Za'atar Roasted Seasonal Veg with Butterbean Hummus, Muhammara & Rocket in Focaccia (Vegan)  
Hot Smoked Salmon with Lemon and Herb Whipped Ricotta, Pickled Cucumber & Mixed Leaf in Focaccia  
Tuna Melt: Tuna with Gherkins, Capers, Parsley & Keens Cheddar in Toasted Rosemary Focaccia  
Caponata & Buffalo Mozzarella with Sundried Tomato Pesto in Toasted Rosemary Focaccia (v)  
Spicy Jerk Chicken with Hummus and Mango Chutney in a Toasted Sourdough Flatbread (contains sesame)  
Pulled Beef Brisket with Cheddar, Dijon Mustard and Homemade Pickles in Toasted Sourdough

## **Cakes**

Rich Chocolate Brownie (GF)  
Millionaire Shortbread  
Banana Bread with Chocolate Chips (Vegan, GF)  
Granola Bar with Nuts, Fruit & Seeds (GF)  
Passion Fruit Cheesecake (Vegan)  
Tunisian Orange & Almond Cake with Star Anise and Cinnamon Syrup (GF, Dairy Free)  
Courgette Lime Cake with Lemon Curd and Citrus Cream Cheese Frosting  
Carrot & Walnut Cake with Maple Cream Cheese Frosting  
Ginger Powerball, Packed with Oats, Fruit and Nuts (Raw, GF, Vegan)  
Double Choc Chip Cookie / Raisin & Oat Cookie

## **We also have a children's 'lunch bag' menu – please ask**

Please note that our kitchens are small & busy places and we cannot guarantee that there will not be small traces of ANY ALLERGENS in any of our dishes