

CARAVAN

► AUTUMN | WINTER
BREAKFAST MENU

- **Bloody mary:** east london vodka, caravan bloody mary mix, soy, tomato, celery 9.5
- **Blood orange bellini:** prosecco, blood orange puree 9

All day breakfast martini:
east london vodka, triple sec, orange marmalade, lemon 10

Hugo spritz: st-germain elderflower, prosecco, soda, mint 11.5

JUICES

- Turmeric, ginger, apple, cayenne shot 3.5
Carrot, apple, turmeric, ginger, lemon 6
Beetroot, apple, lemon 6
Cucumber, apple, pear, avocado, rocket, spinach, mint 6
Cold pressed orange 5
Cold pressed apple 5
Cold pressed pink grapefruit 5

SMOOTHIES

- Banana, peanut butter, date, cocoa, almond milk 6.8
ADD: everystate calm + glow boost: cacao, reishi, tremella 2
Mixed berry, banana, coconut milk, agave 6.8
ADD: everystate focus + energy boost: lion's mane, cordyceps, b vitamins, acacia fibre 2

FRUIT + CEREAL

- Bowl of fresh fruit
apple, banana, kiwi, clementine, pear, grapes, lemongrass and bay leaf syrup [pb, wg] 8
ADD: yoghurt: greek [v, wg] 2.5 | coconut [pb, wg] 2.5
Maple sesame granola
golden spiced yoghurt, poached morello cherries, toasted hazelnuts [v, wg] 9
Steel-cut oat porridge
medjool dates, black sesame, tahini, cinnamon [pb] 7.5
ADD: cherry compote [pb] 2.5

ON TOAST

- Toasted sourdough [pb] or our house made 'without gluten' [wg] bread - with
Hot-smoked salmon and scrambled eggs 15.5
Smashed avocado
spiced crispy chickpeas, sprouts, chilli, lemon [pb] ① 10.5
ADD: poached egg [v] 2.2
Spreads
salted butter, fruit jam [v] 4.5
2 free-range eggs:
scrambled [v] 9.5 | poached or fried [v] 8.5

BREAKFAST PLATES

- Vanilla pancakes
with | crispy bacon, butter, maple syrup 15 |
cream cheese, poached cherries, pumpkin seed praline [v] 14
Sage and onion cornbread, fried egg
smashed avocado, curd cheese, pickled red onion, hot honey, spring onion [v] ① 14
ADD: chorizo 3.5
Poached eggs, whipped yoghurt
garlic, fenugreek-chilli butter, gunpowder, parsley, sesame, house flatbread [v] 13.5
Chorizo and potato hash
poached eggs, spinach, tomato fresca, saffron buttermilk dressing [wg] 14.5
Baked eggs
spiced tomato, pepper and chickpea ragu, rose harissa, greek yoghurt, parsley, flatbread [v] 13.8
ADD: lamb merguez 2.5
The fry
2 eggs, thick cut bacon, pork sausage, slow roasted tomato, roasted mushroom, house spiced black beans, toasted sourdough 16.5
Veggie fry
2 eggs, grilled halloumi, smashed avocado, slow roasted tomato, roasted mushroom, house spiced black beans, toasted sourdough [v] 16.2

SIDES

- Slow roasted tomatoes [pb, wg] 4
Thyme-roasted field mushrooms [pb, wg] 4
Smashed avocado, chilli, lemon [pb, wg] 4.5
Grilled halloumi [v, wg] 4.5
Thick cut bacon [wg, wd] 5 | Grilled chorizo [wg] 4.5
Pork sausage [wd] 5 | Lamb merguez [wg, wd] 5



pb - plant based | wg - without gluten
wd - without dairy | v - vegetarian
① - cooked in a fryer that may contain allergen traces or non-plant based matter

We are unable to guarantee any food or drink is totally allergen-free and items marked 'wg' may not be suitable for guests with coeliac disease. Please use the QR code to access our nutritional and allergen information for this menu. Allergens are subject to regular updates, so please check before ordering. For those who suffer serious allergies, please speak with a manager for further information. Our alcohol licenses vary, please ask our team when you can order. A discretionary 12.5% service charge will be added to your bill.

FERMENTS + SODAS

House lemonade 4.5
You + I kombucha, ginger 5.5
Agua de madre water kefir, pink grapefruit + lime 5.5
Living things prebiotic soda, peach + blood orange 5.5
Coca cola | diet coke | coke zero 4
Gingerella ginger ale 4

WATER

Belu mineral water (750ml) 5
still or sparkling

*Good water doing good,
with 100% of net profits going to WaterAid.*

COFFEE: FRESHLY ROASTED BY US

All our espresso based drinks come with our **HOUSE** blend as standard. This blend showcases bright, fruit notes from east africa paired with coffees that provide a velvety mouthfeel and balanced body.

Upgrade to our single origin espresso +0.5
Sourced from across the full coffee belt. Every lot is profiled and roasted to highlight the flavours, ensuring each coffee expresses characteristics of its origin at its best.

Ask your server for more details.

Seasonal filter
(free flowing mon - fri until 4pm)

Filter 3.6
Espresso 3
Macchiato 3.3
Piccolo 3.3
Long black 3.5
Iced long black 3.5
Flat white 3.9
Cappuccino 3.9
Latte 3.9
Iced latte 3.9
Mocha with islands hot chocolate 4.3
Focus flat white 5
*with everystate focus + energy boost:
lion's mane, cordyceps, b vitamins,
acacia fibre*

Choose a different milk:
soy | almond | oat | coconut

NOT COFFEE

Fresh turmeric, ginger, cayenne tea 4
Fresh mint tea 3.2
Matcha latte 4.5
Golden spiced milk 3.9
almond milk, turmeric, cinnamon, honey
Chai latte 4.1
black tea, jaggery, spices, milk
Dirty chai latte 4.6
chai latte with a shot of espresso
Islands hot chocolate 4.1
Salt-caramel hot chocolate 4.1
Calm cacao 5
everystate calm + glow boost:
warm soothing chocolate, reishi, tremella

Good + proper loose leaf teas:
Earl grey 3.2
English breakfast 3.2
Jade tips 3.2
Rooibos 3.2
Lemongrass 3.2
Peppermint 3.2
Hibiscus 3.2

CARAVAN

COFFEE ROASTERS

Since 2010, we've sourced and roasted our own coffee, growing from a basement to a full team and roastery.

We partner with indigenous and women-led farms that practise agroforestry, supporting growers who cultivate outstanding coffee and invest in their own land and communities.



We ensure 50% of our coffee comes from women-led farms and donate 10p per kilo to related charities



We're verified by B Lab to meet high social and environmental performance standards, transparency, and accountability

CARAVAN AT HOME

Buy coffee to take home or stock up
anytime at caravanandco.com

Whole bean 200g
Daily, an all-rounder 10
House, blended for vibrancy 10.5
Vista, a fruity filter 11
Decaf, it has no caffeine 12
Single origin seasonal rotation (from) 12

Caravan coffee pods
The daily or decaf (box of 10) 5